



# Clover CLIPS



University of Nevada  
Cooperative Extension

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After-school care for young people and youth is a concern for millions of American families. There is a broad range of activities and organizations that provide after-school programs. After-school programs don't always share a common time period; the term is used broadly to refer to any programs outside of school hours.

4-H Afterschool is a special effort to increase 4-H's capacity to develop and implement after-school programs, and to work with other youth-serving organizations to increase the quality and quantity of after-school programs in America's communities. The aim is to increase young people's opportunities to have fun while developing lifelong skills through experiential learning in safe, healthy, enriching environments.

There is a growing awareness that where youth spend their time, what they do, and with whom they do it are important to their overall development. Programs out of school hours can give youth safe, supervised places to spend time, along with chances to learn new skills, develop their interests, and spend meaningful time with peers and adults. Generally speaking, participation in high-quality after-school programs is thought to increase positive behaviors, both academic and social, and decrease problem behaviors.

Increased public attention has focused on the needs of youth during their out-of-school hours. 4-H Afterschool is designed to combine the resources of 4-H Youth Development and the Cooperative Extension System with community-based organizations that provide after-school

programs addressing community needs. As a cohesive, national system of disseminating youth development expertise, this dynamic initiative enables organizations to:

- ⌚ establish 4-H clubs at after-school sites
- ⌚ implement innovative "learn-by-doing" curricula for youth
- ⌚ provide outstanding staff training and resource materials
- ⌚ spread the word about the benefits of these after-school programs

4-H Afterschool can help identify a community's after-school needs and interests, and can assist organizations in responding to these priorities. As a result, this initiative helps build customized programs that reflect the uniqueness and diversity of America's communities – urban, suburban, and rural. Local 4-H professionals may assist with this effort and provide youth development training and curricula.

4-H curricula is developed to enhance the life skills that a child needs to transition successfully to adulthood. These proven, research-based curricula set 4-H After-school programs apart and can help young people gain active social, emotional, physical and academic success. Life skills include cooperating with others and feeling empathy, thinking critically, solving problems, and managing stress. These skills are an extension of the regular 4-H clover model – Head, Heart, Hands, and Health. Everything available from 4-H After-School is easily accessible for professionals, organizations, parents, and anyone else interested in this vital element of youth development.

4-H Afterschool offers curricula for youth in a broad spectrum of areas, including:

- ⌚ citizenship and civic education
- ⌚ communication and the expressive arts
- ⌚ consumer and family science
- ⌚ environmental and earth sciences
- ⌚ healthy living education
- ⌚ personal development and leadership
- ⌚ plants and animals
- ⌚ science engineering and technology

4-H Afterschool also helps staff and volunteers build their skills and knowledge they need to deliver quality education and developmental experiences. 4-H has the resources to provide these after-school opportunities. Check out the website [www.4-hafterschool.org](http://www.4-hafterschool.org) to review the user-friendly guides. They include:

- ⌚ Civic Engagement: After-School Activities for Citizenship, Leadership and Service
- ⌚ 4-H Youth Development Programming in Underserved Communities
- ⌚ Designing Workforce Preparation Programs
- ⌚ Increasing the Quality of After-School Programs
- ⌚ Starting 4-H Clubs in After-School Programs
- ⌚ Guiding Growth: Training Staff for Working with Youth in After-School Programs
- ⌚ Extraordinary Learning Opportunities: A Sampler of 4-H Afterschool Activities
- ⌚ Teens as Volunteer Leaders

*4-H and 4-H Afterschool are educational programs of Cooperative Extension. If you are interested in making 4-H After-school part of your educational program, please contact your local Cooperative Extension office.*

***4-H is a community of young people across America who are learning leadership, citizenship and life skills.***



## ★ Mini Skillathon ★

The Washoe County 4-H livestock leaders are holding a Mini Skillathon to kick off their 2007-08 year. All youth interested in swine, beef, goat or lamb projects are encouraged to check this out! The event is free and will be held 6 p.m., Nov. 12, at Sage Hills Clay Sports.

To register for the event, RSVP to Cindy Smullen, (775) 784-4848, with your club name and phone number by Nov. 7. This will be a great opportunity to meet others in Washoe County 4-H livestock projects and test your knowledge.



## Frozen Lava Science Experiment

All currently enrolled Douglas County 4-H members and their families are invited to attend monthly Community Club Nights, at 7 p.m., the third Monday of each month, at the Carson Valley Methodist Church, 1375 Centerville Lane in Gardnerville. Each month, members do a "mini-4-H project" and can include it in their record books for credit at the end of the 4-H year. The Nov. 19 project will be hosted by our 4-H Cool Science leader, David Winter, who will lead us in an exciting frozen lava experiment!

Please bring a \$2 fee per member (exact change or check) to the event. Youth must be accompanied by an adult. Contact Shannon Montana, (775) 782-9960, for more information.



## COMSTOCK HOT SHOTS NEW YEARS' KICKOFF

Rich and Tamara Knight have set the dates for 4-H Shooting Sports Safety Training, 9 a.m. – 4 p.m., Nov. 3 and 4. Safety training is mandatory for all youth planning to participate in 4-H Shooting Sports range shoots. Parents are required to participate with their 4-H members and attend all future range shoots.

This year, Hot Shots will meet at Virginia City Middle School library for morning classroom training. The afternoon range shoot will continue to be held at the Ice House Range in Gold Hill. The two-part training is for all five disciplines: air pistol, air rifle (includes .22 rifle), muzzleloader, shotgun and archery. Future trainings and shoots will be decided that weekend. Contact the Carson City Cooperative Extension office for more information, (775) 887-2252.

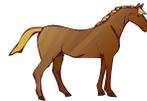


## SILVER SADDLE RANCH OPEN HOUSE

Carson City horse club leaders are hosting an open house at Silver Saddle Ranch for youth interested in joining the new Carson 4-H Horse Club. The event takes place 11 a.m. – 2 p.m., Nov. 10. Membership is open to Carson City and Storey County area youth, ages 9 – 19, whether you own a horse or not.

Leaders will be on hand to talk about their plans for the club, sign up new members, and introduce participants to the ranch layout. Plan to come by and see what this dynamic new Carson 4-H Horse Club has to offer. Refreshments will be served.

Silver Saddle Ranch is located east of the Fifth Street roundabout, south of Eagle Valley Middle School off Carson River Road in Carson City. Parking is available at the end of the one-way entrance road along the back of the pole barns. Contact Sandy Wallin at the Carson City Cooperative Extension office, (775) 887-2252, for more information.



## WINTER CONDITIONING



As we all prepare for winter we must not forget our equine friends! Washoe County 4-H horse leaders are offering a panel discussion, 6:30 p.m., Nov. 28, at the Washoe County Cooperative Extension office, on equine veterinary care, feeding and conditioning. David Thain, State Extension Veterinarian, Al Cirelli, State Extension Horse Specialist, and a representative from LMF Feeds will be here to present information on the needs of horses during the winter months to optimize their conditioning for the spring riding season.

This clinic is open to all 4-H leaders, parents, and older 4-H youth. Please call Cindy Vargas to RSVP, (775) 784-4848, by Nov. 21. We need the RSVP to ensure that we have enough handouts. Don't miss this opportunity to ensure that your horse gets the healthiest start for the winter!



## Celebrate the Season

Douglas County's 4-H annual holiday caroling community service project for the residents at Merrill Gardens Retirement Center (1565 Virginia Ranch Road in Gardnerville), will begin at noon on Dec. 1. Please wear your formal 4-H uniform and festive holiday hats and accessories.



## Gardnerville Parade of Lights and Pizza Party

Join in the fun and pizza as we decorate the 4-H float for the Annual Parade of Lights through downtown Minden and Gardnerville. Meet at 3:30 p.m., Dec. 1, at the Douglas County Extension office, 1329 Waterloo Lane in Gardnerville. Remember! Waterloo closes at 3:30 p.m. and won't reopen until after the parade! Wear warm clothes (hats, scarves, gloves) and bring hand and feet warmers. Parents are welcome to ride the float and all kids must be picked up at the office immediately following the parade. All riders must sign a waiver, which will be available at Community Club Night on Nov. 19. Contact Shannon Montana, (775) 782-9960, for information.

## Operation Postcard

In keeping with the pledge, "we pledge our hands to larger service for our club, our community, our country, and our world," please consider making holiday postcards for our military service members on duty around the world. These cards mean a lot to the military personnel who receive them. Supportive messages with holiday greetings and encouraging best wishes are best. The postcards can be nicely decorated with a drawing or collage and a note that makes each one unique. Ideas for beginning your message include, "Dear Soldier" or "Hello from Nevada." Dispatch a little of home to those who are far away. Please send your completed cards to the Washoe County Cooperative Extension office by Nov. 28. We will forward them to Blue Star Moms so they can be sent to commanders worldwide and reach military service personnel on Christmas morning.

If you have questions, contact Sarah Chvilicek, (775) 784-4848 or [chviliceks@unce.unr.edu](mailto:chviliceks@unce.unr.edu).



## Virginia City Parade of Lights & Holiday Party

All Carson City and Storey County 4-H clubs are invited to participate in the Virginia City Parade of Lights Holiday Kickoff, 5:30 – 8 p.m., Dec 1. 4-Hers and their families will meet at the Fourth Ward School parking lot on the south end of Virginia City for float decorating and hot chocolate prior to the parade. The parade begins at dusk and the weather can be blustery, so bundle up!

The Carson City/Storey County Annual 4-H Holiday Party takes place immediately following the parade at 128 N St. Plan to experience a small town parade and spend some time meeting, eating and warming up with other 4-H families. All refreshments are provided. Call Sandy Wallin at Cooperative Extension, (775) 887-2252, for more information.

## Portfolio & Record Book Workshop

Are you a 2006 – 2007 4-H member? Would you like to learn about putting together an excellent Douglas County 4-H Portfolio and Record Book? Join us 4:30 – 5:30 p.m., Nov. 6, for a brief overview of the essential elements of 4-H record keeping.

For last year's 4-H members, portfolios are due at the Nov. 19 Community Club Night. There will be another workshop for current 4-H members later in the year. Youth should be accompanied by an adult. Call Shannon Montana, (775) 782-9960, for more information.



## Do You Have a Dream?

Are you an outstanding student who wants to go to college but doesn't know how to make it happen? Your financial barriers can be overcome with the help of The Gates Millennium Scholars (GMS), funded by a grant from the Bill and Melinda Gates Foundation. GMS was set up to increase access to higher education for all of America's citizens (including legal permanent residents).

To learn about eligibility requirements and to receive application forms, visit [www.gmsp.org](http://www.gmsp.org). The deadline for submissions is Dec. 31 (paper applications), and Jan. 11, 2008 (online applications).



# Western Area November Dates to Remember

- Nov. 12**      **Veterans' Day - Offices Closed**
- Nov. 16-17**      **4-H & Open Poultry Show  
Fuji Park - Carson City**
- Nov. 22**      **Thanksgiving Day - Offices Closed**
- Nov. 23**      **Family Day - Offices Closed**



# Happy Thanksgiving



## COMMUNITY SERVICE

Now's the time to put together a club community service project. Some ideas include caroling in the neighborhood, adopting a family in need, and collecting clothing or food donations. Put it on the agenda for your next club meeting and see what your club would like to do.

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### WESTERN AREA OFFICES

<b>Carson City/ Storey County</b> <b>(775) 887-2252</b> 2621 Northgate Lane Suite 15 Carson City, NV 89701	<b>Douglas County</b> <b>(775) 782-9960</b> 1329 Waterloo Gardnerville, NV 89410 PO Box 338 Minden, NV 89423-0338	<b>Washoe County</b> <b>(775) 784-4848</b> 5305 Mill Street Reno, NV 89502 P.O. Box 11130 Reno, NV 89520-0027
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*Return Service Requested*

Unless stated differently, all meetings are held at your local Cooperative Extension office.

# 4-H Events Calendar November 2007



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
1				
2				
3		Comstock Hot Shots Safety Training Virginia City Middle School Library 9 a.m. – 4 p.m.		Home Arts Leaders' Blast Off Event 8:30 a.m. – noon
4				
5			Teen Institute 2:30 p.m.	Livestock Leaders' Kickoff Event Mini Skillathon 6 – 8:30 p.m.
6			Portfolio/Record Book Workshop 4:30 p.m.	
7				Conference Delegate Interviews 5 – 7 p.m.
8				
9		State 4-H Shooting Sports Leader Training & Certification Pahrump Nov. 9 – 11		
10				
11		Carson 4-H Horse Club Silver Saddle Ranch Open House Nov. 10 11 a.m. – 2 p.m.		
12	<b>VETERANS' DAY - OFFICES CLOSED</b>			
13				Horse Leaders' Mtg. 6 p.m.
14				
15				
16		4-H & Open Poultry Show Fuji Park Exhibit Hall		
17				
18				
19		4-H Council Mtg. 6:30 – 8 p.m.	Teen Institute 2:30 p.m.  Community Club Night Frozen Lava Science Experiment Portfolios Due 7 p.m.	
20				
21				
22	<b>THANKSGIVING DAY - OFFICES CLOSED</b>			
23	<b>FAMILY DAY - OFFICES CLOSED</b>			
24				
25				
26			Leaders' Council 7 p.m.	
27				
28				Horse Conditioning Clinic 6:30 p.m.
29				
30				
31				

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# Upcoming 4-H Events Calendar December 2007 and January 2008



## DECEMBER 2007

DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
1		Comstock Hot Shots Safety Training Virginia City Middle School Library 9 a.m. – 4 p.m.  Parade of Lights & Annual 4-H Holiday Party Virginia City 5:30 – 8 p.m.	Beef Weigh-in at The Gansberg's  Holiday Caroling  Parade of Lights Float Decorating & Pizza Party 3:30 p.m.	All Market Beef going to Nevada Junior Livestock Show must be ear-tagged and weighed today Time & Location TBA
2				
3			Teen Institute 2:30 p.m.	
7				
8		Comstock Hot Shots Safety Training Virginia City Middle School Library 9 a.m. – 4 p.m.		
9				
10		4-H Council Mtg. 6:30 – 8 p.m.	Teen Institute 2:30 p.m.	
11				Horse Leaders' Mtg. 6 p.m.
14				
15				Agility & Rally Dog Training Workshop for Youth Reno Livestock Events Center Pavilion 8:30 – noon
16				
17			Teen Institute 2:30 p.m.  Community Club Night & County Awards Night Holiday Party Carson Valley Methodist Church 6:30 – 8:30 p.m.	
24				
25	<b>CHRISTMAS DAY - OFFICES CLOSED</b>			
31				

## January 2008

1	<b>NEW YEAR'S DAY - OFFICES CLOSED</b>			
2				
3				
5		Carson/Storey Awards Ceremony Carson City Senior Center 5:30 – 8:30 p.m.		
8				Horse Leaders' Mtg. 6 p.m.
16				Livestock Leaders' Mtg. 6:30 p.m. Small Animals Leaders' Mtg. 7 p.m.
18				Year End Horse Awards Tentative
19				Horse Clinic Reno Livestock Events Center Pavilion 8 a.m.
21	<b>MARTIN LUTHER KING, JR. DAY - OFFICES CLOSED</b>			
25				Year End County Awards Tentative
29				
30				
31				