



University of Nevada  
Cooperative Extension

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# Clover CLIPS



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## Ethical Behavior Is the 4-H Way

It takes a 4-H community effort to teach and role-model ethical behavior and a personal commitment from our youth to do the right thing.

What kinds of role models are we adults serving as, before the observing eyes of our youth? What are young people's expectations regarding sportsmanship and ethical performance? Growing up has never been easy. Parenting and teaching are also difficult. As partners in our programming, we can face and surmount the ethical challenges and mixed messages our culture offers as signs of "success." Below are some gentle reminders of what all of us in the 4-H community can do to foster the growth of ethical behavior.

### What 4-H Leaders Can Do:

- ✱ Sportsmanship and ethics can be taught by example.
- ✱ Demonstrate good sportsmanship.
- ✱ Explain why ethical principles are important and needed.
- ✱ Provide practice on sportsmanship-like behavior.
- ✱ Coach, encourage, correct and teach young people and their families ethical skills needed for long-term success and satisfaction.

### Ethical Expectations for Youth:

Ethical development is an integral part of youth development. Youth cannot grow into self-directed and capable adults without the knowledge, skills and attitudes of ethical behavior. Members should exhibit the following elements of good sportsmanship to be considered an ethical participant in our programming:

- ✱ **CONDUCT:** Have high standards of personal behavior that highlight you as an individual and as a representative of your family, club, community and 4-H program.
- ✱ **FAIRNESS:** Be honest and just. Observe and follow all rules. Do not cheat.
- ✱ **HONESTY:** Be truthful, fair and straightforward in all you say and do. Do not lie or deceive people.
- ✱ **COURTESY:** Be well-mannered. Show respect and consideration for all.
- ✱ **GRACE:** Show kindness and compassion. Treat all people, animals and things kindly. If you are a winner, be happy, but do not gloat. But also, do not downplay your accomplishment.

### Parent Responsibilities:

- ✱ The best place to build ethical character in youth is at home with proper role-modeling.
- ✱ Try not to let your adult ego influence your child's behavior.
- ✱ Support and be present with your child at 4-H events and activities.
- ✱ Support and adhere to all codes of conduct at 4-H events.
- ✱ Gracefully accept all results.
- ✱ Show kindness and courtesy.

Sportsmanship and ethics are vital principles to teach through all 4-H activities and in the home. The example we set as adults in being honest, gracefully accepting competition results, and showing courtesy and kindness will help send the right message for youth to adopt and model.



4-H prides itself on its experiential learning model and striving for a true youth-adult partnership in all of its programming. Ethical behavior and sportsmanship are certainly moral assets that can be a part of the "learn-by-doing" 4-H principle and are the obligation of both youth and adults in our programming.

Every 4-H member who enters a show or fair must agree to adhere to a code of conduct that spells out expected specific ethical behavior. But, ethical expectations and good sportsmanship start long before a 4-H member attends a show or fair. Leaders, members and even parents should have had ample opportunities in our programs to witness and practice ethical behavior.

4-H takes a strong position on teaching ethics and good sportsmanship in 4-H-related activities. 4-H staff, volunteers, members and parents have opportunities through club activities to teach, learn and role-model the skills and attitudes that lead to ethical behavior. Young people do not naturally grow up to be morally competent people.

*4-H is a community of young people across America who are learning leadership, citizenship and life skills.*



## 4-H Dress and How to Get It!



The formal 4-H uniform is worn to animal shows, competitions and various functions designated by individual counties. The Nevada formal 4-H uniform consists of:

- Dark or black jeans/slacks
- White button-down shirt, long-sleeved, tucked in
- Kelly-green tie or ribbon
- Closed-toe shoes (boots for livestock and horse events, and no "fat babies" style of boots)
- Note: 4-H hats are *not* a part of the formal uniform in Nevada
- All uniform items should be clean, neatly pressed and in good repair

Some exceptions:

- Showing dairy animals is generally done in white pants
- Showing dogs can be done in black jeans, slacks or skirt

Individual counties might offer additional items (club jackets, t-shirts, hats etc.) that members can wear when not actually in a competition, such as after competitions; at project, county and state meetings; or outside of 4-H time.

If you plan to create a logo to use on your own club items, please remember that all items bearing the 4-H Clover must be preapproved by your county 4-H staff and meet federal requirements governing the use of the 4-H Clover.

### 4-H Tie

For competitions, a Kelly-green tie or ribbon is required. There are several styles of ties that are accepted as part of the formal 4-H uniform during competitions: tied or clip-on slip knot, bow ties or rosette styles, or scarf ties or ribbons tied in bows. All ties should be Kelly-green. You may purchase slip-knot and clip-on slip-knot 4-H ties for about \$7.50 from the 4-H supply catalog or online at <http://www.4-hmall.org>. Click on the CA 4-H Uniform link. Note: California and Nevada don't share the same uniform requirements. This tie, however, is acceptable nationwide. Bolo ties are also available through the 4-H supply. Though not acceptable in competitions, they can be worn to some less-formal events. Check with your county 4-H staff for guidelines.

Most department stores or ranch-wear stores carry white button-down shirts. Corral West Ranchwear, in Carson City, 1203 South Carson Street, (775) 885-1481, carries a 4-H scarf tie for about \$8. Corral West Ranchwear, in Reno, 3345 Kietzke Lane, (775) 825-0666, carries a clip-on bow tie, clip-on rosette tie and a scarf tie, ranging from about \$6 to \$10. 4-H members may be eligible for a discount at some stores.

You can also find a variety of uniform and other 4-H clothing options at 4-H Supply, <http://www.4-hmall.org>, along with a great selection of novelties. Your county 4-H staff may also have 4-H supply catalogs on hand for you to use or take home.



## CARSON CITY HOT SHOTS SECOND ANNUAL POKER RUN



Carson City Hot Shots Shotgun 4-H Shooting Sports Club is partnering with Capitol City Gun Club for their Second Annual Poker Run, 100-target sporting clay fundraising event, June 15, at Capitol City Gun Club, 3590 Arrowhead Drive, Carson City. Registration begins at 9 a.m., and the competition starts at 10 a.m. Participants need to reserve their spots by calling (775) 885-6145 or e-mailing [cshotshots@yahoo.com](mailto:cshotshots@yahoo.com). The fee is \$75 per person, with lunch and prizes provided.

Proceeds from the event benefit the Carson City Hot Shots 4-H Shooting Sports Shotgun Club. This year, several Carson Hot Shots 4-H members are planning to apply for the Nevada 4-H Shooting Sports Team that will be participating in the National 4-H Shooting Sports Competition in Nebraska. 4-H members are also looking for help with donations for the silent auction and prizes, as well as food items.



Sierra Riders  
4-H Horse Club  
Welcomes New Members



Douglas County 4-H Sierra Riders will host an orientation for new members, returning members and their parents, 6 – 8 p.m., April 3, at the Douglas County Cooperative Extension office. Calendars and information on upcoming workouts, shows and clinics will be distributed. For information or to enroll, contact Shannon Montana, (775) 782-9960.



## Earth Day 2008

You can make Earth Day happen!!! This year's celebration will be held April 20, at Reno's Idlewild Park. More than 200 volunteers are needed, 7 a.m. – 6:30 p.m. Volunteers typically work a two-hour shift. Volunteers who work four hours or more will receive a coupon for a free meal from Earth Day vendors. All volunteers will receive an Earth Day t-shirt. You can help by distributing posters (to be completed before Earth Day); setting up the day of the event; monitoring "green team" recycling and compost bins; cleaning up the dining area; directing traffic; or breaking down the event. Green team members must attend a mandatory half-hour training, 10:30 a.m., April 19.

Contact Chris LaCasse, (775) 784-3504, for your assignment. The 2008 Earth Day Celebration is organized locally by Nevada EcoNet. For more information about the event, please contact Lauren Siegel, (775) 323-3433, or [Lauren@nevadaeconet.org](mailto:Lauren@nevadaeconet.org).



## 4-H Shooting Sports Spring Safety Training

Carson City/Storey County 4-H Shooting Sports Leaders are scheduling their Spring 2008 4-H Shooting Sports Safety Training for returning and new 4-H members and their parents/guardians. 4-H Shooting Sports Safety training is mandatory for 4-Hers prior to attending and participating in range shoots. All members must fill out new membership, health and assumption-of-risk forms. Returning members need to bring their Safety Training Manuals so that leaders can sign off for the 2008 year.

Rich Knight offers training in air pistol, air rifle, .22 rifle, muzzle-loader, shotgun and archery in Storey County. Geoff Landry offers training in archery in Carson City. Greg Wright and Rusty Wolbers offer training in shotgun in Carson City at Capitol City Gun Club. Contact Rich, Geoff, Greg or Rusty through Sandy Wallin at the Carson Cooperative Extension office, (775) 887-2252.

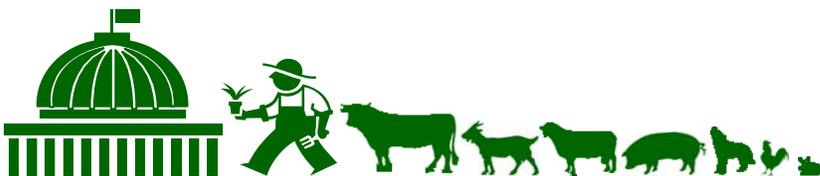
4-Hers are required to wear safety glasses, hearing protection, long-sleeved shirts, long pants and closed-toe shoes while shooting air pistol, air rifle, .22 rifle, shotgun and muzzle loader. Long-sleeved shirts, long pants and closed-toe shoes are required for archery participants. All safety equipment is supplied by the clubs.

## March Holstein Dairy Judging



### Rescheduled

Holstein Dairy Judging, which had been scheduled for March, has been rescheduled for 10 a.m., April 19, at the Carson Prison Dairy Farm, off Snyder, in South Carson City. Dress is whites. One adult must accompany and sign in for participating youth. Lunch will be served at the Works Ranch immediately following the judging. Hot dogs, hamburgers and drinks will be supplied and participants are asked to bring a side dish to share. For more information, contact Works Ranch, (775) 885-2021.



## Capital City Farm Days

Area elementary school children will soon descend on Fuji Park in Carson City for the annual Capital City Farm Days. This year's event will be held April 24 and 25. Capital City Farm Days celebrate the area's agricultural legacy through educational exhibits and interactive presentations.

Presentations and exhibits are geared for students in kindergarten through fifth grade. Simple talks and interactive demonstrations at each station will explain where and how we get our food and clothing, along with showcasing environmental issues and protections.

Capital City Farm Days is open to all area elementary school students and home-schooled children. However, reservations must be made by classroom and home-school teachers. For more information, please call Jim Barcellos or Sandy Wallin, (775) 887-2252.

# Get Ready For Camp!

Applications for teen counselors and adult chaperones for the Western Area 4-H Camp are available at area Cooperative Extension offices. Due date for teens is 5 p.m., April 21, to your local office. Teens must submit a complete application packet that includes all registration forms, two letters of recommendation, and a résumé. Incomplete applications will not be accepted. Interviews for teen counselors will be April 26, 9 a.m. – 3 p.m., location TBA. Teen counselor fees of \$150 are due upon notification of selection as a teen counselor.

Adult chaperones can turn in their completed registration forms anytime up to May 1. The more completed registration forms we have by May 1, the better. We base our camper lists on the number of chaperones registered for camp. There is no registration fee for adult chaperones.

Training dates are as follows:

New teen counselor and adult chaperone training is 9 a.m. – 3 p.m., June 7, location TBA. \$10 fee to cover the cost of training materials.

Chaperone meeting 5 p.m., June 12, location TBA.

All camp teens and adults will meet 5 p.m., June 19, location TBA.

Additional trainings may be offered depending on need. Check with your 4-H staff member.

Teens or adults can also contact their local office to request that a registration form be emailed.



## Community Club Night Edible Environments!

Edible Aquifers – A delicious Community Club Night project! Join our teen leaders as they take you on a scientific look at our environment with a tasty surprise ending. Explore, hands-on, the journey of watershed and aquifer cycles in our natural environment and learn how you can help keep our water safe. This mini-4-H project can be included in member record books for credit at the end of the 4-H year. Join us at 7 p.m., April 21, at the Carson Valley Methodist Church, 1375 Centerville Lane in Gardnerville. Bring a \$2 fee per member to the event. We do not have change, so please bring the exact amount.

Open to all currently enrolled Douglas County 4-H members. Youth must be accompanied by an adult. For more information, contact Shannon Montana, (775) 782-9960.

## Western Area April Dates to Remember

- April 5** Dog Fun Match  
Douglas County Fairgrounds Pavilion
- April 12** Carson City Livestock Qualifier  
Silver Saddle Ranch
- April 17** Dutch Garden flower bulb fundraiser  
packets due to Douglas office
- April 19** Holstein Dairy Judging  
Prison Dairy Farm Carson City
- April 24 & 25** Capital City Farm Days  
Fuji Park Exhibit Hall Carson City
- April 24 - 27** State 4-H Shooting Sports Leader  
Training & Certification Eureka
- April 27** Washoe County Livestock Show  
Reno Livestock Events Center Pavilion



## Web Resource Corner

Have you checked out the information available to you as a 4-H volunteer at University of Nevada Cooperative Extension website, [www.unce.unr.edu](http://www.unce.unr.edu)? From the main page, select "Programs/Impacts," and then select "4-H Youth Development" from the drop-down list. Find "Volunteers," and select "Volunteer Education" from the drop-down list. Under the heading, "Understanding and Working with Youth," these important topics are available for you to review:

- ✦ Positive Youth Development
- ✦ Essential Elements of 4-H
- ✦ Ages and Stages of Youth Development
- ✦ Vibrant Youth Groups
- ✦ Youth Engagement
- ✦ Approaches to Youth Engagement
- ✦ Youth Service
- ✦ Youth Leadership
- ✦ Youth Media/Research and Evaluation

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### WESTERN AREA OFFICES

**Carson City/  
Storey County**  
(775) 887-2252  
2621 Northgate Lane  
Suite 15  
Carson City, NV 89701

**Douglas County**  
(775) 782-9960  
1329 Waterloo  
Gardnerville, NV 89410  
PO Box 338  
Minden, NV 89423-0338

**Washoe County**  
(775) 784-4848  
5305 Mill Street  
Reno, NV 89502

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University of Nevada, Reno  
Cooperative Extension  
Washoe County Office  
UNR-Mail Stop 408  
Reno, NV 89557

Unless stated differently, all meetings are held at your local Cooperative Extension office.

# 4-H Events Calendar April 2008



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
1	National 4-H Conference Chevy Chase, Maryland	Arrowhead Livestock Clinic Silver Saddle Ranch 5 – 8 p.m.	NJLS/AJLS entries due to county 4 p.m.	
2				
3			Sierra Riders 4-H Horse Club New Member Night 6 p.m.	
4				
5			Happy Heelers Dog Fun Match 8 a.m.	
6				
7			Teen Institute 2:30 p.m. Speaking With Confidence 4 – 5 p.m.	
8		Arrowhead Livestock Clinic Silver Saddle Ranch 5 – 8 p.m.		Horse Leaders' Mtg. 6 p.m.
9				
10				NJLS entries due to county
11	Livestock Judging Contest entries due to the State 4-H office  Shooting Sports Certification Training registrations due to the State 4-H office		Scholarship applications due for Kiwans & Norm Sharkey 4 p.m.  All Nevada Junior Livestock Show Scholarship/ Advisory/Contest applications due to NJLS Board in Reno	
12		Carson City Livestock Qualifier Silver Saddle Ranch 7 a.m. – 5 p.m.	Area Junior Livestock Show Silver Saddle Ranch Carson City 7:30 a.m.	
13				
14		4-H Council 6:30 – 8 p.m.	Teen Institute 2:30 p.m.	
15		Arrowhead Livestock Clinic Silver Saddle Ranch 5 – 8 p.m.		
16				Livestock Leaders' Mtg. 5:30 p.m. Small Animal Leaders' Mtg. 7 p.m. Leaders' Council 8 p.m.
17	Camp Meeting Videoconference Reno & Douglas 6:30 p.m.		Dutch Garden Bulb fundraiser packets due 4 p.m.	
18			Livestock record books due to county 4 p.m.	
19		Holstein Dairy Judging Prison Dairy Farm Carson City 10 a.m. – 2 p.m.		
20				
21	Camp Teen Counselor applications due to your local office 5 p.m.		Community Club – Carson Valley Methodist Church 7 p.m.	Interview for NJLS Livestock Record Books
22		Arrowhead Livestock Clinic Silver Saddle Ranch 5 – 8 p.m.		
23		Setup for Capital City Farm Days Fuji Park Exhibit Hall 5 – 8 p.m.		
24				
25	State 4-H Shooting Sports Leader Training & Certification Eureka April 25 – 27	Capital City Farm Days Fuji Park Exhibit Hall 7 a.m. – 3:30 p.m.	NJLS Record Keeping due to NJLS Board in Reno	
26				Washoe County Livestock Show Reno Livestock Events Center Pavilion setup 9 a.m. – noon
27	Camp Teen Counselor Interviews location TBA 9 a.m. – 3 p.m. April 26			Washoe County Livestock Show Reno Livestock Events Center Pavilion 7 a.m. – 4 p.m.
28			Leaders' Council 7 p.m.	
29				
30	Horse Levels Training registrations due to the State 4-H office			
31				

# Upcoming 4-H Events Calendar May and June 2008



<b>May 2008</b>				
DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
1	Camp Chaperone registration due to your local office May 1			
2				
3				
4	Nevada Junior Livestock Show Reno Livestock Events Center May 1 – 3			
5			Teen Institute 2:30 p.m.	
7				
10				Spring Fling Horse Show Lemmon Valley Horseman's Arena 8 a.m.
11				
12		4-H Council 6:30 – 8 p.m.	Teen Institute 2:30 p.m.	
13		Equine Levels Training Elko		Horse Leaders' Mtg. 6 p.m.
14				
15				
16				
17				
18				
19			Teen Institute 2:30 p.m.  Community Club (last one until Sept. 15) Carson Valley Methodist Church 7 p.m.	
21		State 4-H Shooting Sports Committee Mtg. 6:30 – 8 p.m.		Livestock Leaders' Mtg. 5:30 p.m. Small Animal Leaders' Mtg. 7 p.m.
22				
23				
24		4 Paws Good Citizens Test Fuji Park 8 a.m. – 5 p.m.		
25				
26	<b>MEMORIAL DAY – OFFICES CLOSED</b>			
27				
28				
30				
<b>June 2008</b>				
1				
2			Teen Institute Year-end Party 2:30 p.m.	
3				
4				
5				
7	New Camp Teen Counselor and Adult Chaperone Training location TBA 9 a.m. – 3 p.m.		Carson Valley Days Parade and Snow Cone Booth  Carson Valley Days Ranch Rodeo	
9		4-H Council 6:30 – 8 p.m.		
10				Horse Leaders' Mtg. 6 p.m.
12	Camp Chaperone Mtg. location TBA 5 p.m.			
13				
14				Summer ReRuns Horse Show Lemmon Valley Horseman's Arena 8 a.m.
15		Carson Hot Shots 2nd Annual Poker Run fundraiser Capitol City Gun Club 9 a.m. – 2 p.m.		
18				Livestock Leaders' Mtg. 5:30 p.m. Small Animal Leaders' Mtg. 7 p.m.
19	All Camp Teens & Adults Mtg. location TBA 5 p.m.		4-H Camper/Parent Orientation 6:30 p.m.	
21				
23			Leaders' Council 7 p.m.	
24				
26				
31				