



University of Nevada
Cooperative Extension

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Clover CLIPS



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University of Nevada Cooperative Extension • Western Area

We Can Do It

A new year is upon us and with that comes a time to reflect as we step forward into a challenging and uncertain future. Times are tough, our Nation is still at war on two fronts, our economy is weak, friends are losing their jobs and homes and we have less wealth. It seems we are all living in a world with less light and dim hopes.

As we all prepare for the coming year and the associated changes that the future always holds; University of Nevada Cooperative Extension and the 4-H Youth Development Program is here to help you navigate.

National 4-H Headquarters is facilitating 4-H Youth Development Programs through three Mission Mandates to guide us forward. We can use these in our 4-H clubs, programs and events. Clover Clips will be highlighting these mandates each month with helpful tools that you can use in your 4-H program. We will also be sharing other information, as it becomes available, from National 4-H Headquarters and USDA.

The need for science, engineering and technology education is essential for our journey and so SET has become our first mandate. We can prepare our youth, enhance our environment and produce food in a healthy way for ourselves and the planet. The land grant university system provides direct access to the most current research and technological advances in agriculture, life sciences, child, youth and families, human development and nutrition.

We see this in our 4-H clubs, programs and county events. For example, those members in a livestock project are learning first hand how to produce food. In this process they are aware of the nutrients needed by the animals, the importance of genetics and the effect of environment for a finished product that betters our lives. We also have 4-H members participating in global

Science, Engineering and Technology

enhance our environment and produce food in a healthy way for ourselves and the planet. The land

events such as GIS Day. Global Informational Systems are way of every day life and this past fall Washoe County youth participated with rest of world learning to map with a computer, launching a rocket and learning how to navigate using GPS units.

4-H has also become a leader in information leading to healthy lifestyles, our second mandate. The 4-H program embraces this need with programs such as Health Rocks! and Bicycling to name a few. Recently several Nevada teens attended a national training on Health Rocks in Mississippi and have returned to teach these lessons to 4-H after school youth, clubs and 4-H camp.

Healthy Lifestyles

The third mandate is Citizenship. Since its inception 4-H has placed emphasis on the importance of young people being engaged and well informed citizens. By connecting to their role in civic affairs youth understand how to use their voice to bring change to their club, community, country and world. National 4-H Conference and Capital Days are great examples of events for youth to participate in government and learn citizenship.

Citizenship

In your club, youth learn citizenship with community service projects and by serving as officers or committee chairs/members.

Though times are tough and we are facing many challenges. We understand greatness is never given but earned. One step at a time we can learn to harness renewable energy, grow more and better foods, become engaged citizens for our country and our world and develop healthy lifestyles. These mission mandates: SET, Healthy Lifestyles and Citizenship will be useful tools to guide us to make this coming year a success. Join us as we explore these topics – each more in depth with helpful tools – every month this year in Clover Clips.

4-H is a community of young people across America who are learning leadership, citizenship and life skills.

Are You Ready To Ride?

Washoe County 4-H Horse Leaders are offering a Horse Clinic, February 7, 2009 at the Reno Livestock Event Center Pavilion. This Clinic is open to all area 4-H members. Sign-in begins at 8:30 clinic begins at 9 a.m. and will conclude at 2.p.m.

The clinic format will be as follows:

Opening presentation: "What is your horse thinking?" - Cynthia Nuckols

Followed by rotations of:

Flexing and stretching your horse

Showmanship (we know, but it is important!)

Lunch & Learn presentation: "A Natural Approach for Hoof Care." - Debbie Tayler

Ground Work & Desensitizing you and your horse

Adults only – Pulling and Parking that horse trailer



A Snack bar Coordinated by Spanish Springs Trail Blazers will be available during the clinic. 4-H dress is required and approved equestrian helmets must be worn, "Fatbaby" boots are prohibited.

On Sunday, February 8, same location, Silver Knolls Spurs will be again offering their annual consignment Tack Sale, starting at 8 a.m. Please contact Linda Zimmerman at 775-972-7241 for consignment information.

Addressing an Addressing Problem

Please note that the Washoe County Cooperative Extension Office no longer has a P.O. Box address. Anything sent to the office should go to the Mill St. address:

University of Nevada Cooperative Extension
Western Area / Washoe County Office
5305 Mill St.
Reno, NV 89502



Scholarships for Seniors

Douglas County 4-H High School Seniors can apply for our two 4-H scholarships: Carson Valley Kiwanis/4-H Scholarship and The Norm Sharkey Memorial Scholarship. Scholarship applications will be mailed to eligible seniors or are available for pick up on February 6, at the Douglas County Extension Office. Applications for both scholarships are due back to DCEO by April 3, by 4 p.m.

Contact Shannon at 782-9960 for more information.



Go Dutch at Spring Fundraiser

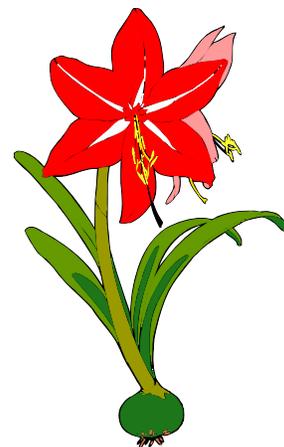
It is time for the annual Douglas County 4-H Dutch Garden Bulbs Spring Fundraiser! You must pick up your fundraising packets from your project leader at your March meetings.

Funds go to provide member scholarships for county and state activities, Award's Night, parade and party supplies and more! Participation in a fundraiser is essential to receive your year pin! Each family is asked to sell at least five items.

Prizes!!! The member that sells the most items will receive the following prize: Matinee tickets to Ironwood Cinema and An Ice Cream Party at Cold Stone Creamery for Four people!

Packets are due to the DC Extension by April 15, 4 p.m.! No Exceptions! These bulbs are planted in late spring and bloom in mid to late summer. Ask your leader for your packet and start your fundraising today! Makes great Mother's Day gifts!

Call 782-9960 for information.



Hands-on Fun with Energy

Power from potato chips! Electricity from apples! Want to have fun while learning and teaching the Science of Energy?

Then come do some experiments Friday, February 6, 11 a.m. to 3 p.m. at Washoe County Cooperative Extension office, 5305 Mill Street, Reno.

Enjoy "hands-on" fun with science using the renewable energy curriculum available through Washoe County 4-H Youth Development.

Cost is free! Please RSVP to Maureen O'Brien by February 4 at 784-4848 or obrienm@unce.unr.edu.

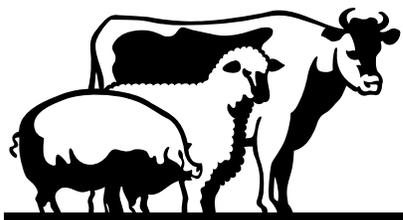
4 Paws Hosts March Fun Match

4 Paws 4-H Carson dog club is making plans for their Annual All Breed Conformation and Obedience Fun Match and Fundraiser. This is the event for you and your novice dog to compete in a user friendly atmosphere. The event is open to mixed breeds and takes place March 14, at Fuji Park Exhibit Hall. Registration is from 8:00 – 9:30 a.m. Judging begins immediately following registration.

Flyers and registration forms can be found at area Cooperative Extension offices and at www.4paws4h.org. All pre-entries must be postmarked by March 7. For more information contact Lori (775) 883-1898.

Market Animal Workshop

The Nevada Junior Livestock Show Board will present a two-part workshop on market swine, beef and sheep on February 15, from 9 a.m. to 2:30 p.m. at the RLEC. Registration is \$5 if turned in by February 11, or \$10 thereafter and at the door.



Information covered will be animal selection, proper nutrition and ethical care. Included are a field trip to UNR Meats Lab, transportation and lunch. If you have any questions, please call the NJLS office at 775-688-1180 ext 292.

4-H Fabulous Fabric and Rummage Sale Is Here

The Carson City/Storey County 4-H Council is holding its annual Fabric and Rummage Sale on Saturday February 7, and Sunday February 8, at Fuji Park Exhibit Hall in Carson City. Sale hours on Saturday, February 7 will run from 9 a.m. until 4 p.m. On Sunday, February 8, sale hours will run from 9 a.m. until noon. Fuji Park is located at 701 Clear Creek Road in Carson City, directly across from Costco.

The rummage sale will feature children's clothes, shoes and jackets. Adult clothing and numerous household items can also be found at the rummage sale at bargain prices.

A great many fabric pieces and whole bolts of cloth will be offered for sale; most at \$1 per yard. Craft items and sewing materials will also be available for sale. All monies raised from the sale will benefit the Council's scholarship efforts. For more information on the fabric and rummage sale, please call the Carson City/Storey County Cooperative Extension office at 775-887-2252.

K-9 Valentine Time

The Washoe County 4-H Dog Leaders are holding a special Valentine's Day K-9 Workshop, at the Reno Livestock Events Center pavilion on February 14, from 8:30 a.m. to 2:30 p.m.

The event is open to all youth 9-19 years of age and will cover information on grooming, common dog diseases, weave pole, showmanship and Saint Bernard Rescue. Participants will also be given the opportunity to judge an obedience heeling pattern.

Cost is \$2 per person with RSVP by February 9, or \$3 at the door. Bring your dog, crate, bait, leash, water dish, folding chair and lunch. To RSVP, or if you have any questions, call Cindy Smullen at 784-4848 or email smullenc@unce.unr.edu.



Share Memories of Past Livestock

On May 2, 2009, the Nevada Junior Livestock Show will celebrate its 70 year anniversary. To help celebrate the history of the show, the board is asking for photos and mementos relating to the show's history be showcased during a powerpoint presentation at the Unity Dinner.

So look under the bed and in the attic for all those old ribbons, photos, 4-H record books to share. If you have something of interest, contact either Randi Hunewill at 775-687-7284 or Jim and Lee Henry at 775-849-1456.

New Ideas for Portfolios

Now is the time to sign up to attend the Portfolio workshop and learn a fun new way to create your 4-H project portfolio. We will distribute our new template February 26, 6:30 – 8 p.m., at the Carson City UNCE conference room.

Bring your club pals and plan on having fun while you learn how to get engaged in this basic 4-H skill. Our new "borrowed" template is good for all ages and will grow with you and your project work.

Don't wait to get started recording what you do on a daily/weekly basis in your 4-H project and what you accomplish. Call Sandy Wallin at 887-2252 to sign up.

**Western Area
February dates to remember**

Feb. 4 & 18 Capital Days interactive Video
(6:30-8:30 p.m. at county offices)

Feb. 15 NJLS workshop, RLEC all day

Feb. 16 Presidents' Day
- Offices Closed



WEB RESOURCE CENTER

Have a dirty dog? Wonder if you are grooming your pooch the proper way? Making sure you get the ears clean and the fur washed without hurting Fido in the process is an important part of pet ownership.

The folks at Tutorials.com have a dandy website with all kinds of helpful tips; including Learn2 Wash Your Dog. (<http://www.tutorials.com/09/0914/0914.asp>).

The webpage tells you what you need and how to go about keeping your dog clean. And for you cat people, there is also a page for your kitty.

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WESTERN AREA OFFICES

**Carson City/
Storey County**
(775) 887-2252
2621 Northgate Lane
Suite 15
Carson City, NV 89701

Douglas County
(775) 782-9960
1329 Waterloo
Gardnerville, NV 89410
PO Box 338
Minden, NV 89423-0338

Washoe County
(775) 784-4848
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Reno, NV 89502

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4-H Events Calendar

Unless stated differently, all meetings are held at your local Cooperative Extension office.

February 2009



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
1			Dutch Garden Fundraiser packets available	
2			Speaking with Confidence 4 p.m.	
3				Horse Leaders' Mtg., 6 p.m.
4	Capital Days interactive video, 6:30-8:30 p.m.			
6			Senior Scholarships avail. for pick-up	
7		Fabric & Rummage sale, Fuji Exhibit Hall, 9 a.m. – 5 p.m.		Horse Clinic, RLEC Pavilion, 8:30 p.m.
8		Fabric & Rummage sale, Fuji Exhibit Hall, 9 a.m. – 5 p.m.		SKS Annual Tack Sale, RLEC Pavilion
9		4-H Council, 6:30 – 8 pm	Speaking with Confidence 4 p.m.	
14				Dog Workshop RLEC
15	NJLS workshop, RLEC, All day event			
16	PRESIDENT'S DAY - OFFICES CLOSED (No Speaking With Confidence, Douglas Co.)			
18	Capital Days interactive video, 6:30-8:30 p.m.			Livestock Leaders Mtg., 5:30 p.m. Small Animal Leaders Mtg., 7 p.m.
21				Lamb, Goat and Swine Weight Day for NJLS, RLEC, 2-4p.m.
23			Speaking with Confidence 4 p.m. Leaders' Council, 7:00 p.m.	
24		Portfolio workshop, 6:30-8 p.m.		

Upcoming 4-H Events Calendar



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
March 2009				
1			Sheep, Swine and Goat Weigh In for NJLS, 9 a.m.	
1&2	Capital Days			
2			Speaking with Confidence 4 p.m.	
4	Capital Days interactive video, 6:30-8:30 p.m.			
9			Teen Institute begins, 2:30 p.m. Speaking with Confidence 4 p.m.	Home Arts Leaders, 7 p.m.
10		4-H Council, 6:30 – 8 pm		Horse Leaders' Mtg., 6 p.m.
11		State 4-H Shooting Sports Committee, 6-8:30 p.m.		
13&14	Nevada State Leaders Forum, Fallon, NV			
14		Paws Fun Match, Fuji Park Exhibition Hall, 9 a.m.- 4 p.m.		
16			Teen Institute begins, 2:30 p.m. Speaking with Confidence 4 p.m.	
18		Primitive Bow Making, Kent McAdoo, 6:30 - 8 p.m.		Livestock Leaders Mtg., 5:30 p.m. Small Animal Leaders Mtg., 7 p.m. Leaders' Council mtg. 7:30p.m.
21				Small Animal Show, RLEC, 7 a.m. Horse Clinic, RLEC Pavilion, 8:30 a.m.
23			Teen Institute begins, 2:30 p.m. Speaking with Confidence 4 p.m. Leader's Council, 7 p.m.	
25		Primitive Bow Making, Kent McAdoo, 6:30 - 8 p.m.		
27&28		Livestock Judging Workshop, Fuji Exhibit Hall		
30			Teen Institute begins, 2:30 p.m. Speaking with Confidence 4 p.m.	
April 2009				
1			NJLS/AJLS entries and award apps due to County by 4p.m.	
3			Scholarship Apps due for Kiwanis and Norm Sharkey, 4p.m.	
4			Happy Heelers Dog Fun Match	Home Arts Workshop, 9a.m.-noon
6			No Teen Institute, Spring Break	
8		Arrowhead Livestock Clinic, Carson Fairgrounds 5-7p.m.		
10				Livestock Entries Due
11		Carson Livestock Qualifier, Carson Fairgrounds, 7a.m. - 5p.m.		
12		4-H Council, 6:30 – 8 pm		
13			Teen Institute begins, 2:30 p.m.	
14				Horse Leaders' Mtg., 6 p.m.
15		Arrowhead Livestock Clinic, Carson Fairgrounds 5-7p.m.	Dutch Gardens Fundraiser Packets due, 4 p.m.	Livestock Leaders Mtg., 5:30pm Small Animal Leaders, 7 p.m.
17			Livestock record books due to county, 4 p.m.	
18		Carson/Storey 4-H Tour Animal Ark, Animal Ark sanctuary, 9 a.m. - 5p.m.	Area Junior Livestock Show, Douglas County Fairgrounds	
20			Teen Institute begins, 2:30 p.m. Portfolio Workshop 4:15-6:15	
22		Arrowhead Livestock Clinic, Carson Fairgrounds 5-7p.m.		
22&23		Capital City Farm Days, Fuji Park and Carson Fairgrounds,		
26				Livestock Show, RLEC
27			Teen Institute begins, 2:30 p.m. Leader's Council, 7 p.m.	
30			National Junior Livestock Show, Douglas County Fairgrounds	