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Clover CLIPS



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How to Incorporate Citizenship in Your 4-H Club

Active citizens are the keystone of our clubs, community and world. Our community is strengthened and our lives enriched with a better place to live and grow.

What makes a person a good citizen? Does being a good citizen mean donating to charity? Is a good citizen one who is knowledgeable in government procedures?

Yes, a good citizen is both. A good citizen is a balanced person who is of good character, is knowledgeable of government, is community-minded and is active in public issues.

A person of good character is someone who acts ethically by being trustworthy and respectful of others. Good character means doing what is right and making decisions for the good of the whole of the community, not just one's self interest. At our club meetings, that means letting each member have a turn. It means caring about others in a nurturing way. Many 4-Hers learn to be nurturing first hand in the care of an animal. We demonstrate trustworthiness by attending meetings on time and completing tasks we are responsible for. 4-H leaders lead by example as they work with youth in youth/adult partnerships.

Most 4-H clubs participate in community service projects such as adopting a family in need during the holidays, collecting magazines for the senior center or cleaning up a neighbor's yard when they are sick. Individual members are encouraged to serve the community in some way and youth are encouraged to document their citizenship in their record books. We find 4-H youth one of the most generous groups of young people, as they are always ready to help when needed.

Youth see role models every time parents and leaders work together to plan and set up an event. They will start to

follow that model. At first they may just set up a few chairs, and later start directing others in what needs to be done. A demonstration of how that works is the Western Area 4-H Camp which is planned by youth, adults and staff

working together. During camp, youth 14 to 19 years old serve as teen counselors, and in cooperation with adult chaperones, teach and oversee activity centers for the campers.

4-H youth clubs also cultivate skills for citizenship in learning how our government works. At the club level this means holding an office or serving on a committee.

Again this may start out slow, such

as serving on the refreshment committee, but may lead to being president of the club and running club meetings. Acting on this knowledge and becoming part of the process is "hands-on" knowledge learned through club participation. The 4-H program also offers events such as Capital City Days where senior youth have the opportunity to follow bills from committee to becoming law. They spend several days observing the legislation in action and actually meeting government officials from around the state.

We are not born good citizens; we learn to be good citizens. We learn to behave in an ethical manor by watching our parents and teachers as they guide us through life. We learn to be respectful as others are respectful of us. Again the youth/adult partnership model encourages youth to take an active part in planning and taking charge of a task.

Being part of the club experience; youth learn parliamentary procedure and serve as officers in the club.

There are many ways to incorporate citizenship in our clubs. In many cases we are already doing it without realizing the importance of the citizenship lessons we are teaching.



4-H is a community of young people across America who are learning leadership, citizenship and life skills.

Hot Shots Host Fundraiser Shoot

Sunday, June 28 Carson City Hot Shots 4-H Shotgun club partners with Capitol City Gun Club to host their "3rd Annual Poker Run", a 100 target sporting clay event fund raiser. Registration begins at 9 a.m. and competition at 10 a.m. The cost of the event includes a fantastic tri tip lunch and outstanding prizes. Club members serve as score keepers and assist with the lunch, distribution of prizes and a raffle. Registrations can be made by calling (775) 885-6145 or call the Carson UNCE office for more information 887-2252.

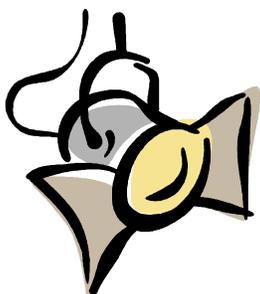
Originally set up as a fundraiser to assist 4-H'ers to pay expenses for sanctioned 4-H shoots, the event's success over the past two years opened the door for members to consider donating a portion of monies raised to a local non-profit assisting youth and families with major health issues.

In April, a team from Carson Tahoe Regional Healthcare shared information with the 4-H'ers on "Reel Kids", a non-profit that organizes fly-fishing retreats for families dealing with catastrophic illness. Hot Shots 4-H Club voted to share 50% of this year's fundraiser profits with the "Reel Kids" 2009 summer program.



Summer Reruns equal Summer Fun

Washoe County 4-H Horse Leaders are offering two events in June for 4-H youth to hone their riding skills. **June 13** is the Summer Reruns Horse Show, an open horse show for all horses and riders.



The show begins at 9 a.m., at the Lemmon Valley Horse Arena, 11400 Deodar Way. This show is open to all exhibitors at \$6 per class with pre-registration due by June 11, or \$8 per class on the day of show. There is also a \$2 charge for every class change after registering. USEF rules will be used as guidelines for this show. Registration opens at 8:00 a.m. at the event.

ASM-SEI helmets are required for all youth participants ages 19 and under, and are encouraged for adults. 4-H dress is not required, although appropriate attire of long sleeve shirts, belts and pants is expected. Boots are required (no Fat Baby's). Spanish Springs Trailblazers 4-H Horse Club will provide a snack bar.

June 20, at Bartley Ranch Horse Arena, an English clinic is offered to all youth riders. Registration begins at 8:30 with flat work focusing on seat and position beginning at 9 a.m. Once riders have completed the flat work, jumping will be offered which will be based on the rider's skill level. Riders must attend the entire clinic. No one will be allowed to come for the jumping portion only.

ASM-SEI equestrian helmets and 4-H dress is required. There will be no snack bar available. Bring your own drinks and lunch.

Short-Term Orienteering Project Offered

Youth ages 15-19 will explore the world of orienteering this summer through a six-week course offered by the Carson City/Storey County 4-H program. A general meeting on June 9 at 6:30 p.m. in the Carson City/Storey County Cooperative Extension conference room will kick off the project. GPS club co-leader Dave Johnson will lead the project in how to read and use a compass, introduce topographical maps, set orienteering courses and introduce GPS technology.



Except for the introductory meeting on June 9, all gatherings will take place outside with hands-on activities. An Orienteering and GPS activity helps 4-H meet national goals of increasing youth science knowledge. For more information on GPS and the new orienteering project, contact Carson City/Storey County 4-H program at 887-2252

New Shooting Sports Leaders Certified

The May 4-H Shooting Sports Leader Training and Certification brought in four new 4-H youth as 4-H Shooting Sports Junior Leaders and four adults as adult leaders to Carson City. Junior leaders work under the direction of adult 4-H Shooting Sports leaders at meetings and shoots.



The new 4-H Shooting Sports Junior Leaders are: Kyle Russell – Target Rippers archery; Bryce James – Comstock Hot Shots and Carson Hot Shots shotgun; Alex Knudson and Heather Knudson – Carson Hot Shots shotgun. Carson City adults who took the training are: Steven Rogers – air rifle and .22 rifle; Wallace Reed – shotgun; Steve Getz – shotgun. Storey County adults who took the training are: Douglas Mattice and LaRon Peterson – shotgun and Terry James – air pistol.

Congratulations to our new adult and junior 4-H Shooting Sports leaders for Carson City and Storey County!

More is Happening this Summer

Besides our Western Area Camp there are some additional opportunities offered through the University of Nevada.

July 6-10 is Exploring Nevada Native Americans for youth first grade to sixth grade and cost of \$180 per student. During this week long camp you will experience Paiute, Shoshone and



Washoe culture by learning language, stories, food, art, music and sports of Nevada's Native Americans.

July 13-17 is Five Continents in Five Days here you explore five different continents with hands-on activities, visits from special guests and field trips. This is open to youth first grade to sixth grade and cost is \$180. For more information contact Natasha Majewski at 784 7515 ext 225.

Get into parade float fun!

All ages of 4-H members, their families and friends are invited to ride on the Carson Valley Days 4-H parade float! Meet on June 13, 7:30 a.m. at the Douglas County High School parking lot. You can also roller-skate, decorate and pull a wagon, drive a tractor or!!!! But you must get it pre-approved by Shannon in the 4-H office!

Wear your 4-H t-shirts! You may want to bring a hat, a snack, and wear sunscreen too! A release waiver must be signed by a parent and will be available at the DCEO or at the float. We have a great big trailer this year and want to fill it up, so bring all of your friends, family and huge amounts of hard candy (no chocolate, it melts) to throw from the float!



All youth must be picked up at the high school parking lot, immediately following the parade.

Due Date Changes for Portfolios

Douglas County 4-H members will turn in their 2008-09 portfolio/record books no later than 4 p.m. on October 1, 2009 to the Douglas County Extension Office. Your 4-H leaders have requested that the due date be adjusted so that we can have our end-of-year Award's Night at 6:30 p.m. on October 19. Please work hard to complete your portfolio/recordbook this summer so that you can turn them in on time. You must turn in a portfolio/record-book in order to be eligible to receive scholarships, attend some activities and to request funds from Leaders' Council etc. So be sure to get yours turned in on time. If you need assistance please call the 4-H Office at 782-9960.

Seeking Teens With Potential

The State 4-H Program is seeking teens, ages 14-19 to apply to be State 4-H Ambassadors. There are seven positions available for application for youth in the Western Area. Applications are available at all Western Area Cooperative Extension Offices and are due to the state 4-H office July 24, 2009.

Snow Cones at Lampe Park

Following the Carson Valley Days Parade, 4 -H members and parents will get frosty at the annual 4-H Snow Cone Booth at the Carson Valley Days Celebration June 13, 10:00 a.m. to 6:30 p.m., Lampe Park 1329 Waterloo Lane, Gardnerville.



Carson Valley Days is a family style celebration featuring food, shopping, crafts, live music and fun! Youth can compete for cash prizes at the greased pole climb.

The snow cone booth is run by our 4-H youth to raise funds for their Leaders' Council which provides scholarships and supplies for events year round. Each 4-H project has a shift that they're responsible for. See list below for your club's shift!

10-12:30 p.m.

Beef, Divine Swine, Livestock Judging and CV Shepherds

12:30-2:30 p.m.

Sierra Riders, Happy Heelers, Speaking With Confidence

2:30-4:30 p.m.

Rabbits, Cavy, Chickens, Cooking

4:30-6:30 p.m.

Teen Sewing, Baking, KHK, Shooting Sports

Please wear you 4-H t-shirts and tie back long hair. Your clothes and shoes will get very messy! Leaders and member please plan to stay for your entire shift. Parents may bring lawn chairs and should be prepared to help too! Call Shannon (775) 782-9960 for information. Visit the event online at <http://www.carsonvalley2030.org>

Flower Fundraiser Winner

Announcing the winner of the Dutch Flower Bulb's fundraiser sales.

Congratulations to our winner, Katie Meglen of the Douglas County 4-H Funny Bunnies Project, who sold the most items to win tickets for four to Ironwood Cinemas and an Ice Cream Sundae party at Baskin-Robbins. Way to go Katie!

Thanks to all who supported this fundraiser to help raise \$800 for Douglas County 4-H Leaders' Council.



**Western Area
June dates to remember**

June 20 - 4-H Camp Training, 8 a.m.

June 27 - 4-H Camp Training, makeup
day, Reno UNCE office.
(Must have prior approval)



Time Management



Once you have mastered time, you will understand how true it is that most people overestimate what they can accomplish in a year - and underestimate what they can achieve in a decade!

-Anthony Robbins

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WESTERN AREA OFFICES

**Carson City/
Storey County**
(775) 887-2252
2621 Northgate Lane
Suite 15
Carson City, NV 89701

Douglas County
(775) 782-9960
1329 Waterloo
Gardnerville, NV 89410
PO Box 338
Minden, NV 89423-0338

Washoe County
(775) 784-4848
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Reno, NV 89502

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4-H Events Calendar

Unless stated differently, all meetings are held at your local Cooperative Extension office.

June 2009



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
1				
4	Nevada State Fair Livestock Comm. Mtg.			
6		Storey County Sesquicentennial Celebration parade, in V.C.		
8		4-H Council, 6:30 – 8 pm		Home Arts Leaders 7 p.m.
9				Horse Leaders' Mtg., 6 p.m.
12			Douglas High School Graduation	
13			Carson Valley Days Parade, 7:30 a.m., DHS Parking Lot CV Days Snow Cone Booth, Lampe Park	Summer ReRuns Lemmon Valley Arena, 8 a.m.
17				Livestock Leaders Mtg., 5:30pm Small Animal Leaders, 7 p.m. Leaders' Council mtg., 7:30
18			Horse Levels Written Test Sierra Riders	
20	4-H Camp Training, Location TBA, 8:00 a.m.	Pet Parade, Virginia City, Noon		English Clinic, Bartley Ranch Horse Arena, 8:30 am.
22			No Leaders' Council Mtg.	
25			4-H Camp Parent/Camper Info Night, 6:30 p.m.	
27	4-H Camp Training Makeup day, Reno UNCE, Must have prior approval to attend			
28		3rd Annual Poker Run, Sporting Clay event fund raiser, Capitol City Gun Club, Carson City, 9a.m.-4p.m.		

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Upcoming 4-H Events Calendar



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
July 2009				
4	INDEPENDENCE DAY HOLIDAY - OFFICES CLOSED			
8	State 4-H Shooting Sports Advisory Comm. Video conf., 5:50-8 p.m.			4-H Camp Parent/Camper Orientation, 6:30 -9 p.m.
13		4-H Council, 6:30 – 8 pm		Horse Leaders' Mtg., 6 p.m.
15				Livestock Leaders Mtg., 5:30pm Small Animal Leaders, 7 p.m.
15-19			Bishop Livestock Show	
17		Carson City Resource & Environmental Fair, Fuji Park, 9 a.m.- 3p.m.		
17-19				Washoe County 4-H Horse Qualifying Show, Lemmon Valley Arena
18		Carson City/Storey County 4-H & Youth Fair, Carson Fairgrounds and Fuji Park, 7 a.m.- 5p.m.	Horse Levels Skills Test Sierra Riders	
19-25	Western Area 4-H Camp, Lake Tahoe			
25			Car Wash for Rabbit, Cavy, Chicken projects	
27			Leaders' Council 7 p.m.	
August 2009				
10		4-H Council, 6:30 – 8 pm		
11				Horse Leaders' Mtg., 6 p.m.
19				Livestock Leaders Mtg., 5:30p.m. Small Animal Leaders, 7 p.m.
24			Leaders' Council 7 p.m.	
26-30	Nevada State Fair			