



University of Nevada  
Cooperative Extension

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# Clover CLIPS



VOLUME 17 • ISSUE 12 • DECEMBER 2009

University of Nevada Cooperative Extension • Western Area

## Celebration and Inclusion

**This article on Celebration and Inclusion was taken in part from the newsletter *Inclusive Schools Week: Classroom Celebration Ideas***

The holiday season is a time for celebrations and family traditions. Those traditions vary widely depending on the family background, beliefs and diversity.

Whereas the many celebrations are a time of togetherness, they should also be a time of inclusion. That means learning about what others are doing, and sharing some of your own traditions with those in your club.

Inclusion can be something we practice on a year-round basis. Helping another youth to learn about his/her project, or to understand about an activity increases your own knowledge in the process.

The following ideas are geared toward implementation in classrooms, but may be helpful for 4-H project meetings as well. For even more learning and fun, team up with another project in your county to put some of these ideas into action.

### Activities that Promote Awareness

Help 4-H parents, volunteers and youth to create awareness of the benefits of inclusive education. Awareness is the first step in promoting positive change. Once people are able to recognize the promise of inclusive education, they can begin to seek the knowledge and skills necessary to realize their goals.

Have youth develop a list of the variety of ways that people can communicate. Help them expand the list by discussing different forms of communication, including sign languages, foreign languages, assistive technology devices, etc.

Establish a “Five Minutes for Friendship” ritual. Have youth pair up with other members on a rotating basis. Pro-

vide a topic for the pair to discuss for five minutes. Ask a few pairs to share their conversation with the class. Invite youth who are not generally included in your club meetings for a visit.

Try to expand these opportunities in your community, or school. Ask related service personnel (occupational therapists, physical therapists, speech-language therapists, etc.) to include typically developing peers in the activities that they do with children who have disabilities in your classroom. Fun games that target the therapy goals of some youth while including typically developing peers in the activity promote the inclusion of all youth.

Assign club tasks in pairs so that youth who aren’t able to complete a task independently don’t feel that they always need a “helper.” This encourages children to collaborate with each other to get a job done.

Decorate with items that support academic development for all children. This can include learning supports such as pictures, large print letters, and clear directions to complete assignments. If there are children who cannot access this information from a distance due to a visual, physical, or other disability, make small copies of these items to be used at the child’s desk.

**Resources that celebrate diverse abilities and cultures:** The following is a collection of ideas and activities from a variety of sources that are included to inspire classroom, school, and community leaders to engage all youth, families, and staff members in thought-provoking and unifying activities:

**Outside My Window** Outside My Window is a club at



(Continued on Page 2)

*4-H is a community of young people across America who are learning leadership, citizenship and life skills.*

# Celebrate the Cultures and Music of the World

Families of all ages are invited to attend, free of charge, a special live production of "Durga, A Celebration of Cultures and Music Around the Globe" coming one night only at 6:30 pm, December 14. The show is appropriate for all ages. Youth must be accompanied by an adult. The show will be held at the Carson Valley Methodist Church Conference Hall, 1375 Centerville Lane in Gardnerville. Youth and their families will be mesmerized by the live rhythm and dances from cultures around the world including Egyptian, African, Native American and more. The show features Liz Broscoe, world class drummer and cultural music educator, accompanied by guest drum and dance performers.

For information on this free community event, Douglas County 4-H Youth Development Coordinator, Shannon Montana at (775) 782-9960. This event is free, open to all and you do not need to be enrolled a 4-H member to attend.



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Evergreen Valley High School (San Jose, CA) that connects people worldwide through photos and e-mails of varying cultures and locations. The group strives to create an international network through which people trade photos and e-mails about where they live, and make new friends around the world. This network helps people see the world as other people see it—the first step toward understanding and friendship. To connect with the group and to see some of the fascinating photos online go to [www.outsidemywindow.org](http://www.outsidemywindow.org).

**The ABCs of Classroom Management Teaching Tolerance**, a project of the Southern Poverty Law Center, offers a three-part series about culturally responsive teaching on their Web site. The series profiles teachers who have succeeded in building diverse classroom communities where youth are engaged in positive ways. Other topics include differentiated instruction and behavior supports. There are detailed lesson plans for each series, with online videos and additional resources available. Go to [www.tolerance.org](http://www.tolerance.org) to find out more about this feature and for free educational materials that promote respect for differences and appreciation of diversity in the classroom and beyond.

**Building Inclusive Communities** PBS, the Public Broadcasting Service, offers an online resource for parents to learn about improving the overall quality of life for children with or without disabilities by promoting inclusion and respect for differences. The purpose of the information is to help parents and caregivers create more inclusive communities for their children. Some of the topics available include inclusive education, building friendships, family rights, challenging behaviors, and assistive technology. This resource can be found at <http://www.pbs.org/parents/inclusivecommunities/index.html>.

## Holiday Ski and Snowboard Fun

The 2009 Carson City/Storey County 4-H Ski and Snowboard dates are set for December 19, 21 and 22 at Diamond Peak Ski Resort in Incline Village. Youth ages 4-18 can choose to participate in two or three days of the holiday event.

This year, youth packages are \$35 per day and include equipment rental, lesson and lift ticket. The cost drops to \$30 per day if youth have their own equipment. Attending adults can receive a full-day lift ticket for \$35. Registration packets, which include Diamond Peak forms, 4-H member registration and payment information, are available



from Molly and Paul Sinnott, Ski and Snowboard leaders. Registration must be received by December 14. Parents are responsible for transporting their children to and from Diamond Peak. For more information, contact the Sinnotts, 775-882-4921.

## Washoe County Awards Night

Washoe County Leaders have set January 22, 2010 for the annual Awards Night. This event will be a desert social and each family is requested to bring a desert to share. All youth who turned in a completed 4-H Record Book will be honored. So will outstanding leaders and friends of the 4-H program. It is not too late to nominate your leader for an award or to honor someone who has helped the 4-H program. Nomination forms are available at the 4-H Office and are due no later than December 31.

The event starts at 7 p.m. at the 4-H Office. All families and youth are encouraged to attend.

## Virginia City Parade of Lights

Carson City/Storey County 4-H members are invited to join the fun of Virginia City's annual Parade of Lights. The annual Christmas kick-off parade will begin at dusk on December 5th. Club members should meet at 3 p.m. for float decoration at the Virginia City Senior Center, 100 E. Mill Street, on the northern end of Virginia City.

It gets chilly after sunset in Virginia City, so remember to dress warmly. There will also be a potluck dinner after the parade at the Senior Center. Please bring something to share. At the dinner, awards will be presented for a crazy hat contest, so don't forget to decorate and bring your crazy hat.

## Don't Let Scholarships Pass You By

While it may be the season to be jolly, 'tis also the season to be considering college scholarships. Many have winter deadlines for the following fall semester. Don't wait to check into these opportunities.

One scholarship that is available is the Gates Millennium Scholarship. Each year one thousand students are selected by the GMS program for college financial aid. Students are eligible if they are African American, American Indian/Alaskan Native, Asian Pacific Islander American or Hispanic American. They must be citizens, legal permanent residents or nationals of the United States. Other criteria are a 3.3 GPA on a 4.0 scale; entering a U.S. accredited university in the Fall of 2010; demonstrating leadership abilities through community service, extracurricular or other activities; and meeting the Federal Pell Grant criteria (for more information visit [www.fafsa.ed.gov](http://www.fafsa.ed.gov).)

All application forms must be completed by January 11, 2010 11:59 p.m. EST. Forms are available online at [www.gmsp.org](http://www.gmsp.org) or at the Washoe office. You can find out more at [www.hsf.net](http://www.hsf.net) or by call 1-877-HSF-INFO.

## Get Shed Of Your Old Stuff

Start the New Year right by cleaning out all that extra stuff from your garage, storage shed, craft room or attic. Carson City/Storey County 4-H Council will accept all clean usable stuff during donation drop off days, Jan 2, 17 and 31 at Fuji Park Exhibit Hall. All donations go on sale for the Fabulous 4-H Fabric and Rummage Sale fund raiser February 6 and 7. Proceeds from the sale assist with scholarships for Carson City/Storey County 4-H'ers to attend national events and college.



Council members will be available to accept donations from 10 a.m. – 4 p.m. each day at the Exhibit Hall. Call 887-2252 for directions or information.

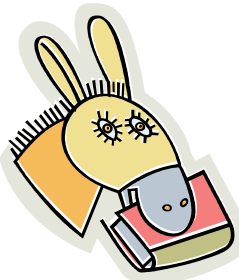
## Carson/Storey 4-H Awards Night

Carson City/Storey County 4-H will hold its annual Awards Night January 9 at the Carson City Senior Center, 911 Beverly Drive. Members and their families should arrive by 4:30 p.m. to help with set-up. Awards will be presented for the 2008-2009 4-H year and will include the Leader of the Year Award, Junior Leader of the year and Friend of 4-H Awards.

Local 4-H members should bring a dinner entrée for the potluck before the awards ceremony begins.

Clubs should bring posters or scrap books to highlight project work in the club.

The ceremony and clean-up should be completed by 9 p.m.



## New Year Brings New Learning Opportunities

Washoe County 4-H Horse Leaders are offering the first in a series of educational clinics for 4-H members enrolled or interested in the 4-H horse program. The first clinic offering will be January 23 at the Reno Livestock Events Center Pavilion, beginning at 8:30 a.m. This is a "horseless" clinic so please leave your equine friends at home!

This clinic is focused on equine careers and participants will have the opportunity to learn, first hand, of possible careers within the horse industry that they may want to explore. There will be brief presentations and then station rotations for questions and answers as well as more in depth information provided.

All area 4-H members are welcome to attend and a snack bar will be coordinated by High Sierra Riders 4-H Horse Club. 4-H dress is required for Washoe County 4-H members and this clinic is counted towards attendance awards. Future dates for clinics are February 20 and March 20 with the annual tack sale on February 21.

Start 2010 off right with these wonderful learning opportunities!



**Western Area**

**December dates to remember**

**Dec. 25 - Christmas Day**  
(Office Closed)

**Jan. 1 - New Year's Day**  
(Office Closed)



With all the local shows, fairs and group events, it is sometimes easy to forget that 4-H is a national organization with staff and resources throughout the country.

Although each state 4-H is a little different, there is a wealth of information that can be found on other states' web sites that you can apply in your own club.

One Extension office in particular with a lot of great information is the University of Wisconsin. There are a variety of publications in their Learning Store section (<http://learningstore.uwex.edu/>). Many are free, while others are available at very reasonable prices.

Another portion of the UWEX site is the 4-H Youth Development, which has many ideas and publications specifically targeted to 4-H. (<http://www.uwex.edu/ces/4h/>).

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**WESTERN AREA OFFICES**

**Carson City/  
Storey County**  
(775) 887-2252  
2621 Northgate Lane  
Suite 15  
Carson City, NV 89701

**Douglas County**  
(775) 782-9960  
1329 Waterloo  
Gardnerville, NV 89410  
PO Box 338  
Minden, NV 89423-0338

**Washoe County**  
(775) 784-4848  
5305 Mill Street  
Reno, NV 89502

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# 4-H Events Calendar

Unless stated differently, all meetings are held at your local Cooperative Extension office.

## December 2009



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
1			Beef Weigh-in at The Gansberg's, TBA	
3			Portfolio Workshop for Dog Members, 6 p.m.	
4		2008-2009 Portfolio/Record Books due, UNCE office by 5 p.m.		
5		Storey County Parade of Lights, float decorating & Potluck Virginia City Sr Center, 4pm	Holiday Caroling, 12 p.m., Merrill Gardens Parade of Lights Float Decorating and Pizza Party, 3:30 p.m.	No Meetings for December
6		4-H Council, 6:30 – 8 pm		
7	No Meetings for December		Teen Institute, 2:30 p.m.	
8	No Meetings for December			
12&13		Shooting Sports Safety Training, 9a.m.- 4p.m., VC Sr. Center Shooting Sports Range Shoot Ice House Range 1-4 p.m.		
14			Teen Institute, 2:30 p.m. Community Club Live Performance and Cultural Celebration, 6:30p.m. CV Methodist	
19			Cloverbud Cookie Baking and Community Service Day, 1 p.m., CV Methodist	
19, 21 & 22		Carson Ski & Snowboard, Diamond Peak, daily		
22			No Leaders' Council until Feb. 23	
25	<b>CHRISTMAS HOLIDAY - OFFICES CLOSED</b>			

## Upcoming 4-H Events Calendar



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
<b>January 2010</b>				
1	<b>NEW YEAR'S DAY HOLIDAY - OFFICES CLOSED</b>			
2		Donations drop off, Fuji Park Exhibition Hall, 10a.m.-4p.m.		
4			Teen Institute, 2:30	
5			Portfolio Workshop for Small Animal Members, 1p.m.	
7			Teen Sewing, 6:30 p.m.	
9		2008-2009 Awards, 4-9 p.m., Carson Senior Center.	Cloverbuds Small Animal Day, 10 a.m. Portfolio workshop for All About Animal Members, 6 pm.	
11		4-H Council, 6:30 – 8 pm	Teen Institute, 2:30	
12				Horse Leaders' Mtg., 6 p.m.
13	State Shooting Sports Advis. Committee, vid conf. 6-8 p.m.			
14	4-H Camp Advisory Mtg., vid conf. 8:30 a.m.			
17		Donations drop off, Fuji Park Exhibition Hall, 10a.m.-4p.m.		
18	<b>MARTIN LUTHER KING JR. DAY - OFFICES CLOSED</b>			
19				Small Animal Kickoff Event, 6:30-8:30 p.m.
20				State Ambassador Mtg. 5:30 p.m. Livestock Leaders Mtg., 6 p.m. Small Animal Leaders Mtg., 7 p.m. Dog Leaders Mtg., 7 p.m. 4-H Leaders' Council Mtg., 7:30
22				Washoe County Awards, 7 p.m.
23				Horse Clinic, RLEC Pavillion, 8:30 a.m.
25			Teen Institute, 2:30 Speaking with Confidence begins 4 p.m.	
29-30	State Leaders' Forum Las Vegas			
31		Donations drop off, Fuji Park Exhibition Hall, 10a.m.-4p.m.		
<b>February 2010</b>				
6&7		Fabric & Rummage Sale Fundraiser, Fuji Park Exhibit Hall, 9 a.m.-4p.m. Sat., 9a.m.-noon Sun.		
8		4-H Council, 6:30 – 8 pm		
9				Horse Leaders' Mtg., 6 p.m.
13	State Shooting Sports Advis. Committee, vid conf. 6-8 p.m.			
15	<b>PRESIDENTS' DAY - OFFICES CLOSED</b>			
17				Livestock Leaders Mtg., 6 p.m. Small Animal Leaders, 7 p.m.
20				Horse Clinic, RLEC Pavillion, 8:00 a.m.
21				Annual Tack Sale, RLEC Pavillion 8 a.m.
27				Small Animal Show, RLEC
28				Weight Day for NJLS Goat, Lamb and Pig Market projects