



University of Nevada  
Cooperative Extension

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# Clover CLIPS



VOLUME 18 • ISSUE 5 • MAY 2010

University of Nevada Cooperative Extension • Western Area

## Military 4-H Clubs Doing it Right!

The Military is a partner with the 4-H Program across the nation.

The Military Cloverbud 4-H Club in Washoe County was started in October 2009, and has been growing every month since. It started out with two children and now has six. As you probably know, cloverbuds are youth five to eight years of age. The members learn skills they can use every day for the rest of their lives. Even though all of the current members are from military families we can also take youth that are not from the military community.

At the club meetings, we started out learning about Diversity and finding out that we are all more alike than different. We learned about the 4 H's and what each one stands for; and how each "H" is used to fit in each life.

For instance for Health, we learned about germs and how to wash our hands properly. This was leading up to the big activity of cooking and developing team work. We have been baking bread and making cookies together in the kitchen. Our families try the baked goods before we make more for entry in the State Fair. If you haven't experienced baking bread with a bunch of five-year-olds in your kitchen you have to try it. It's crazy but fun; flour is everywhere.

Next we moved on to "keeping records" with the members. We planted a variety of seeds and compared plant growth. Each youth had to keep a record of each plant as it sprouted and note any plant growth. Now we are looking forward to good weather to plant our seedlings in the garden we built just for our club.

The Cloverbud Club teaches different ways to challenge young minds. Youth are taught critical thinking, problem solving, acquiring and evaluating information, completing a project/task, planning and organizing, developing self-esteem, communicating with others, preventing disease, making decisions, social skills, being creative, learning to learn and serving the community. All of these things are

essential to a child's developing life skills at an early age.

Of course, military 4-H doesn't stop with cloverbuds.

The Purple Tie LDRSHIP Military 4-H club is made up of youth twelve to eighteen years of age. There were no other Military 4-H groups in the area, so we were breaking new ground. The members started out learning how to

work as a team. The club is based on Loyalty, Duty, Respect, Selflessness to others, Honor, Integrity, and Personal Courage; that's how they got their name; LDRSHIP.

The members are acquiring the tools to become true leaders in their community. They learn leadership skills they can take back into their schools and other clubs.

Within this club each member learns what kind of leader they are, and what leadership style they are most compatible with.

In addition to the lessons in leadership, Purple Tie is branching out to other 4-H programs. We have recently finished a lesson on speeches and demonstrations. Each member was involved in a presentation. The club offered workshops for anyone interested, which culminated in the club hosting a Western Area Speech and Demonstration Competition.

In the future we would like to become a Community Club and learn about hiking, camping, and maybe even gardening.

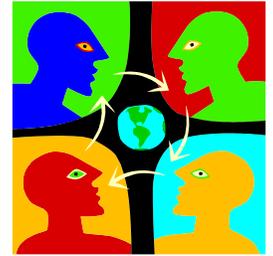
The military 4-H clubs may be new to the 4-H arena but they have been working really hard on their projects this year, and are looking forward to learning all they can with 4-H. Look for them at the State Fair this year. They would love to show you what they have learned.



*4-H is a community of young people across America who are learning leadership, citizenship and life skills.*

# National 4-H Congress Applications Due Soon

National 4-H Congress is the flagship event of the 4-H program. For eighty years, youth from the United States and its territories have participated in this youth leadership development conference. Congress provides youth, ages 14-19, a quality, educational, and cross-cultural experience that exceeds what any state independently provides. It is designed to address the needs and issues of youth while helping to develop capable, competent, and caring citizens. Each year, the design team analyzes current youth issues and determines the most effective ways to address them. 4-H Congress is held over Thanksgiving holiday weekend in November in Atlanta, GA.



Both adult and youth applications are available at county offices. The youth applications require a personal resume, portfolio and an essay; as well as other information. Adult delegate / chaperone applicants must already have gone through the 4-H screening process, plus fill out the application. In order to help with the applications, *MARKETING YOU* a 10-page Personal Resume writing handbook is available as well.

Applications are due to the County Extension Office as directed by each office. They are due to the Nevada 4-H Program Office on or before **May 7, 2010**.

To find out more about the National 4-H Congress, go the website at [www.national4-hcongress.com](http://www.national4-hcongress.com).

## Spring Fling Horse Show

Spring is in the air in Lemmon Valley. The Washoe County 4-H Horse Leaders are hosting the Spring Fling Horse show on May 8 at 8 a.m., at the Lemmon Valley Horse Arena, 11400 Deodar Way.

There will be 42 classes including Hunter/English and Western Pleasure and Equitation, Trail, Showmanship and more. There are three age categories, plus a novice category for beginners 9-19.



Events are open to all 4-H members at \$6 per class or \$25 for the day. Pre-registration must be postmarked or received by May 6. Late entries will have an extra \$10 charge, so enter early.

Classes will be conducted and judged according to the Nevada State 4-H Horse Show Rules. So remember: 4-H dress and ASM-SEI approved helmets are required.

Entries are available at the Washoe County office. For information call Wendy Nicora at 775-622-3713 or email [wendynicora@yahoo.com](mailto:wendynicora@yahoo.com).

## Volunteers Needed

The Western States Police and Fire Games will be held July 25 and 26, 2010 here in Reno. They are looking for older youth and adults to help keep scores and volunteer for other helping positions.

If interested contact Curtis Jones at 775-425-6821.

## Time to Get Ready for 4-H Camp

Western Area 4-H Camp is July 18-24 this year.

Camp applications for all qualified members should be arriving in the mail May 1. Applications will also be available for members at the County offices. Registration will be open to non-members on May 17, so get your applications in as soon as possible!

There are also positions open for adult camp chaperones. Applications are available at the county offices, or contact Sarah at 775-784-4848 or [chviliceks@unce.unr.edu](mailto:chviliceks@unce.unr.edu).

## GPS Club Coming This Summer to Carson City/Storey County 4-H

Plans are in the works to continue the GPS/Orienteering 4-H Club this summer in Carson City. Leader Dave Johnson will continue the club's activities of locating caches, creating cache boxes, placing caches around the local area and having orienteering mapping activities. Keep an eye on Clover Clips to learn about the first general meeting. Dates will be determined soon. If you are interested in joining the club's fun outings, call 887-2252 for more details.



## Pet Treat Winners Get Ticketed

Announcing the winners of the Douglas County Pet Treats fundraiser sales. Congratulations to our top sellers: Shelby Patterson of The Wicked Chickens, Anna Wetzel of Cloverbuds, Joshua Brown of CV Shepherds and Gabby Reed of Scuba!

Winners each received 4 movie tickets to Ironwood Cinemas. Way to go!

Thanks to all who supported this fundraiser to help raise \$600.00 for Douglas County 4-H Leader's Council.

## Stickhorse Gymkahna and Potluck BBQ

Douglas County Cloverbud members will meet from 11 a.m. to 1 p.m. on May 22 at Stodick Park in Gardnerville for an end of year Stick Horse Gymkhana and Potluck BBQ.



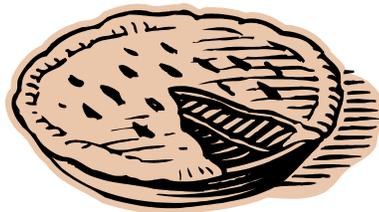
Families are asked to bring a side dish to feed at least 10 people and serving utensils. Bring your stick horse to show off your roping and riding skills stick horse style. There will be an end of the year awards presentation, record books turn in and sign up

for the Nevada State Fair. Please wear 4-H T-shirts. Please call 775-782-9960 for information

## Pie Planning and Portfolio Perfecting

Members of the Douglas County 4-H Baking Project will meet May 13, at 5 p.m. in Stateline at the Kahle Community Center to finalize entry details for Nevada State Fair Pie entries.

Members will also participate in a portfolio/record book workshop and finalize their project records.



## Set Your Sights on "4<sup>th</sup> Annual Poker Run" Shoot Fundraiser

Carson City Hot Shots 4-H Shotgun club have set the date for their annual club fundraiser, the "4<sup>th</sup> Annual Poker Run" Saturday, June 12, 9 a.m. – 2 p.m. at Capital City Gun Club. The event includes a 102 Target All Triples Sporting Clay Event. Competition begins at 10 a.m.

The \$75 registration fee includes a fantastic tri tip lunch and prizes. Participation is limited to 150 shooters. Carson Hot Shots recommend reserving spots early for this terrific event by calling 775-885-6145 or e-mail [cshotshots@yahoo.com](mailto:cshotshots@yahoo.com). Please leave your name, number of shooters and a contact phone number at the above phone or e-mail address.

Proceeds from the event assist Carson City 4-H Hot Shots defray expenses and local kids in need. Last year the club donated \$1,000 to Carson Tahoe Cancer Center Pediatrics.

## Is Your Pup a Good Citizen?

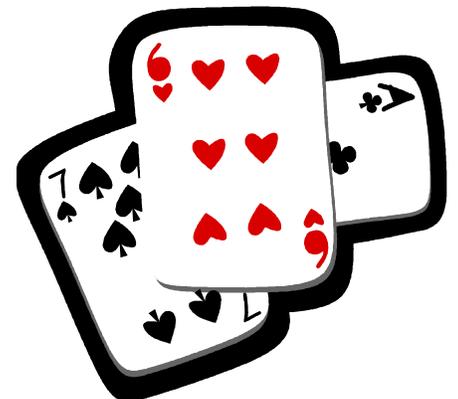
4 Paws 4-H dog club hosts a Canine Good Citizens Test in the Fuji Park Exhibit Hall and a 4-H Dog Agility Clinic, May 15 at Fuji Park. The events begins at 9 a.m. and continue throughout the day. Area residents can check out their canine pal to see if they are right and proper citizens. 4-H'ers can sign up to participate in a Dog Agility Clinic. Call 775-887-2252 for more information on both events.



## Storey County Hits Target at Spring Range Shoots

Comstock Hot Shots begin their spring round of range shoots May 1, at the Ice House Range in Gold Hill from 10 a.m. to 3 p.m. Members are asked to bring a lunch and water, and to be prepared for all weather conditions during the full day of shooting.

Range shoots continue at Ice House May 8 and 29, also 10 a.m. to 3 p.m. Please contact Rich Knight, 847-0382, if you have not received your safety training for the 2009 – 2010 4-H year or have decided to shoot in a new discipline. Safety training will be arranged at the leaders' discretion.



**Western Area**  
**May dates to remember**

**May 1**– Camp Registration begins for Members

**May 6**– 4-H Camp Planning Video Conference

**May 17**– Camp Registration begins for Non-Members

**May 31**– Memorial Day, Offices Closed

**DID YOU KNOW...**



The 4-H pledge tells what 4-H is all about. 4-H has as its goal the four-fold development of youth: Head, Heart, Hands and Health. The fourth “H”, Health, was added in 1911.

The pledge was adopted by the delegates to the 1927 National 4-H Club Camp in Washington, DC. State club leaders voted for and adopted the pledge for universal use. The phrase "and my world" was added in 1973.

The saying of the pledge has prominent place in 4-H activities at regular 4-H meetings, achievement days, and other club events.

*(Information from the National 4-H website at 4-H.org)*

*4-H is a community of young people across America learning leadership, citizenship and life skills.*

**WESTERN AREA OFFICES**

**Carson City/  
Storey County**  
 (775) 887-2252  
 2621 Northgate Lane  
 Suite 15  
 Carson City, NV 89701

**Douglas County**  
 (775) 782-9960  
 1329 Waterloo  
 Gardnerville, NV 89410  
 PO Box 338  
 Minden, NV 89423-0338

**Washoe County**  
 (775) 784-4848  
 5305 Mill Street  
 Reno, NV 89502

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# 4-H Events Calendar

Unless stated differently, all meetings are held at your local Cooperative Extension office.

## May 2010



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
1		Comstock Hot Shots Range Shoot Ice House Range, 10a.m.-3p.m.		
3	Camper Applications available to 4-H members		Congress Apps due to County Office, 4p.m.	
6	Camp Planning meeting Vid. Conf., 7p.m.-8:45p.m.			
7	National 4-H Congress Applications due to State			
8		Comstock Hot Shots Range Shoot Ice House Range, 10a.m.-3p.m.		Spring Fling 4-H Horse Show, Lemmon Valley Arena, 8 a.m.
10		4-H Leaders' Council Mtg., 6:30		
11				Horse Leaders' Mtg., 6 p.m.
13		Teen Leadership, 6p.m.-8p.m.	Teen Camp Counselor app.s due by 4p.m. Baking Project Portfolio Workshop, 5p.m.	
14	4-H Camp Teen Counselor applications due to Washoe Office by 5p.m.			
15	State 4-H Horse Judging Contest, Tonopah			
17	Camper Applications available to non-members			
19				Livestock Leaders' Mtg., 6 p.m. Small Animal Leaders' Mtg., 7
21				Dressage Lecture, Kate Smith E.S., rm. E1, 1925 F Street, Sparks.
22		4-Paws Canine Good Citizens Test & 4-H Dog Agility , Fuji Park & Exhibit Hall, 8 a.m.-4 p.m.	Cloverbud End of Year Potluck and Party, 11 a.m.	
24			4-H Leaders' Council, 7 p.m.	
28		V.C Sr. Center, Wendy Hanson, Gardening in Nevada, 1 p.m.		
29		Comstock Hot Shots Range Shoot Ice House Range, 10a.m.-3p.m.		Dressage Demo, Barbara Boatman's House, 8888 Panorama Drive, Reno
31	<b>MEMORIAL DAY - OFFICES CLOSED</b>			

## Upcoming 4-H Events Calendar



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
<b>June 2010</b>				
4			Douglas H. S. Graduation	
8				Horse Leaders' Mtg., 6 p.m. Home Arts Leaders' Mtg. 7 p.m.
11			4-H Teen Institute Carwash, 10a.m.-4p.m.	
12		4 Paws 4-H Dog Qualifier, Fuji Park & Exhibit Hall, 9 a.m.-3 p.m.		Summer Reruns 4-H Open Horse Show, Lemmon Valley Arena, 8 a.m.
13			CV Days Parade, 7:30 a.m., DHS Parking lot	
14		4-H Leaders' Council Mtg., 6:30		
16				Livestock Leaders' Mtg., 6 p.m. Small Animal Leaders' Mtg., 7 p.m.
19		Bouncing Bunnies 4-H Rabbit Qualifier and Home Arts Fair, Fuji Park & Exhibit Hall, 8 a.m.-4 p.m.		
22			No Leaders' Council	
26	Camp Training, Reno Office			
27 to 7/1	Discover Your Future, UNR			
<b>July 2010</b>				
5	<b>INDEPENDENCE DAY HOLIDAY - OFFICES CLOSED</b>			
7		Parent/Camper Info Night, Interactive Video, 6:30 p.m.	Parent/Camper Info Night, 6:30 p.m.	Parent/Camper Info Night, Interactive Video, 6:30 p.m.
9 to 11				Washoe County 4-H Quality Show Lemmon Valley Arena
12		4-H Leaders' Council Mtg., 6:30		
13				Horse Leaders' Mtg., 6 p.m.
14	State Shooting Sports Advisory Committee Vid Conf., 6-8 p.m.			
14-18			Bishop Livestock Show	
16			Ambassador Apps due, 4p.m.	
18-24	Western Area 4-H Camp, Lake Tahoe			
26			No Leaders' Council	
21				Livestock Leaders' Mtg., 6 p.m. Small Animal Leaders' Mtg., 7 p.m.