



University of Nevada
Cooperative Extension

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Clover CLIPS



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University of Nevada Cooperative Extension • Western Area

Learning to Be a Leader

Leadership skills can be learned and developed by anyone. They include all of the qualities necessary to guide a group from one point to another. Leaders use their personal knowledge, skills and influence to establish relationships with people and help others meet their goals.

Leadership is something you believe in, but also something you put into action! A great way to learn about leadership is through developing leadership skills. 4-H offers youth the opportunity to learn about leadership skills and practice them at the same time. Deciding to be a teen leader in 4-H means looking at your involvement in your club and community and changing the way you participate by kicking it up a notch! By learning leadership skills, teens can take on new roles, and more effectively put their ideas into action.

Here's a closer look at three upcoming Nevada and national events that adults and teen leaders can take part in:

1. Citizen Washington Focus (CWF) June 12-18, 2011 ~Nevada Delegation: A week long trip to Washington D.C. with other Nevada 4-H Youth (ages 14-19) and Adult 4-H Staff and Leaders.

The program objectives are to strengthen communication, leadership, and other citizenship skills on a national level; understand the importance of civic and social responsibilities as they relate to the development of better citizens and leaders; exchange ideas, practice respect, and form friendships with other youth from diverse backgrounds; and experience hands-on learning using the historical backdrop of Washington, D.C.

Each delegate will work on a committee and participate in workshops related to government in action. They will also attend fun events such as a talent show, pin trade and Get-Acquainted social.

Registrations forms are due by January 14, to your county 4-H office! Signed Contracts and deposit 25% deposit are due by January 28. Full estimated payment is due 30 days prior to arrival. Registration, transportation and housing costs are approximately \$1300 per person

2. Enhancing Global Perspectives: American Youth Leadership Program with Mongolia

June 15 to July 14, 2011, Ulaanbaatar Mongolia

This is a four-week program in Mongolia with an educational theme and an emphasis on natural resources and the environment.

This exchange is sponsored by the U.S. Department of State and will be administered by the University of Wyoming 4-H Program. Youth who are 15-17 years old by June 1, 2011 and have at least one semester of high school left following the trip are eligible to apply. There are also opportunities for adult participants to chaperone.

American and Mongolian youth will participate in in-depth cultural training in Ulaanbaatar which will focus on language training in English and Mongolian, cultural differences and teambuilding. A two week host family stay will include community service activities and educational programs around water quality, land reclamation and renewable resources common to both the

Western U.S. and Mongolia. Time will also be scheduled to visit cultural sites, such as museums, temples and participate in cultural events. The final week will be spent in a ger (yurt) tourist camp in the countryside.

Participant expenses will be minimal and include the cost of passport photos, transportation to regional airport for the pre-trip orientation May 20-22 and the exchange trip, spending money for souvenirs, modest host family gift, two books and a child's horse helmet for the Mongolian 4-H Youth Organization. All other expenses will be covered by the U.S. Department of State grant.

For more information and to access the application materials, please visit the web site: <http://4-h.uwyo.edu/Mongolia.asp>. Applications are due by January 15, 2011. By February 1, applicants will be contacted to schedule a web based interview to be completed in February.



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4-H is a community of young people across America who are learning leadership, citizenship and life skills.

Speaking With Confidence

4-H has a history of developing outstanding public speakers. This is a skill that individuals find very useful throughout their lives. This 8-week project helps youth to learn to speak to an audience with confidence.

The project meets every Monday 4:00-5:00 p.m. beginning Jan 31-April 4 (holidays excluded) at the Douglas Cooperative Extension Office. The project covers topics such as: controlling nervousness, body language, interview tips and using audio-visuals. Youth learn the importance of practicing and setting goals.

This program is free of charge and is suited for ages 9 and up. Please R.S.V.P. by January 25 to 775-782-9960.



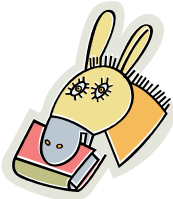
Kicking Off 2011 in Style!

January 22, 2011 Reno Livestock Event Center Pavilion 8 a.m. is the first horse clinic of the season; please leave your horse at home for this one! This clinic is open to all area 4-H Horse members.

Come prepared to learn about equine protective boots, record books (we will send you home with a CD of all the forms), horse judging, dress for success, feed identification and ground work for barrels and poles. There will be a snack bar coordinated by High Sierra Riders.

Please dress warm and wear your 4-H uniform. Bring a notebook for note taking and a positive attitude to start the new 4-H year off!

Fliers will be mailed to families soon. Included with that flier will be the new 2010-2011 attendance requirements for Washoe 4-H Horse members. Please contact Sam Mitchell at 775-784-4848 or mitchells@unce.unr.edu for further information or questions. We look forward to seeing you!



(Continued from page 1)

3. Nevada 4-H Round-Up 2011 Leaders' Forum in Winnemucca, Nevada March 25-26, 2011

The Leaders' forum is a gathering of adult volunteers and teen leaders from across the state gaining knowledge, contacts and learning skills related to 4-H project and club work.

The Forum is for any Teen or Adult Leader. Participants will gather new ideas, socialize, increase their skills and receive recognition for making a difference in young peoples lives.

Among the event highlights are the Share Fair- browse through displays and posters featuring 4-H projects and programs from around the state- project workshops, motivational speakers, a banquet and entertainment.

Registration fees \$45 Postmarked by February 1, \$55 Postmarked by February 28, or \$75 Postmarked after March 1, or at the door.

For these and many more leadership opportunities please contact your local county 4-H Office, or check out the different state and county events at www.unce.unr.edu under News and Events, Calendar.

4-H Fabulous Fabric Sale Coming Soon

The Carson City/Storey County 4-H Council will hold its annual Fabulous Fabric and Rummage Sale on February 5 and 6 at Fuji Park Exhibit Hall, 601 Old Clear Creek Road, Carson City. This annual event is a fundraiser for the Council's scholarship efforts. If you have fabric, notions or gently used household items that you would like to donate, those items can be dropped off at Fuji Park Exhibit Hall before the sale on January 2, 22 and 29. Drop off hours are between 9 a.m. and 4 p.m.

All proceeds from the sale benefit the Carson City/Storey County 4-H Council scholarship fund that presents scholarships to local 4-Hers and also helps local youth attend Western Area 4-H camp and national 4-H events.

For more information, contact the Carson City/Storey County Cooperative Extension office, 775-887-2252.

Washoe County Small Animal Show

This one day carrying cage show has something for everyone! Classes in Rabbit, Cavy and Poultry are open to youth 5 years to 19 years old!

The show will be held February 12, at the Reno Livestock Events Center, starting at 7 a.m. In addition to the regular breed classes there will be a raffle, poster contest, chicken plop fundraiser, costume contest and a photo contest where you mount your favorite photo of your cavy, rabbit or poultry.

The show is free to the public, so if you are thinking about having a pet rabbit, cavy or chicken, come down and learn about different breeds and how to take care of them.

For those in small animal projects, start on those posters and get your pet costumes ready for this really big event!

Show books are available at your 4-H Office or we can email a copy. just give the Washoe office a call at 775-784-4848, or email smullenc@unce.unr.edu.

Portfolio Interviews in Douglas

Douglas County 4-H members who turned in a portfolio in October 2010 are eligible to take part in a 15 minute portfolio interview session on January 26, between 2:30 and 6 p.m.

This interview will give members a chance to learn public speaking and interview skills in a fun and comfortable setting. Members will have the chance to share items, from their portfolio with a "panel" of interviewers.

All participants will receive an official certificate of participation that can be included in their current portfolio. This is an excellent opportunity for youth to build life skills that will help them when applying for jobs and scholarships.

Suited for ages 9 and up. Space is limited and slots will be awarded on a first come-first served basis. Please wear your formal 4-H uniform if you have one. R.S.V.P. by January 20. Contact 775-782-9960 for information.



The National 4-H Council is launching a new public awareness campaign for 4-H. It's called "Join the Revolution of Responsibility." This campaign will tell the 4-H story in far more compelling terms than ever before. It showcases the stories of real 4-H'ers making a real impact in their communities, and gives a voice to the uncommon dedication and barrier-breaking commitment of the young people who are 4-H. That's the kind of revolution the world needs now.

JOIN | THE REVOLUTION OF RESPONSIBILITY

These firsthand accounts not only illustrate the real legacy of the 4-H movement, but leave the viewer wanting to be a part of the 4-H experience. It's a way to ask our audience, the elected officials, corporate partners, and other community leaders to "Join" The new theme and materials are the result of months of rigorous testing and development—as well as the input, counsel and insights of hundreds of 4-H educators, youth, volunteers and friends across the country. Thanks to all who have participated in the effort thus far.

The National 4-H Council would like to ask you to do a few things to support the campaign and spread the word:

First go to the campaign site: www.4-h.org/about/revolution to learn more and see the video and print ads.

Download the video at www.4-h.org/brandtoolkit to share with others—especially influencers in your community like elected officials, alumni and potential donors.

Share a local story at www.4-h.org/share about 4-Hers making an impact in their community.

Visit the 4-H Facebook page at www.facebook.com/4h this week to become a fan and engage in that 4-H community. You can also join on Twitter at www.twitter.com/4h.

Sign up at www.4-h.org/signup to be part of the Revolution- you'll get updates as the campaign develops further. Over time, more elements will be added to the campaign, tools to help you in your 4-H work and even setting up a community where you can share ideas and hear from 4-H professionals about what they are doing. This is just the beginning.

Awards Celebrate Carson City/Storey County

Carson City/Storey County teen leaders invite all teens to assist with the set up for the 2009-2010 Awards. Teens will meet at Fuji Park Exhibit Hall at 6 p.m. Friday, January 14, to arrange the hall for the dinner and awards.

The Awards Ceremony begins Saturday, January 15, at 5 p.m. Each family is encouraged to bring a dish to share. Each club is encouraged to bring two pies. Teen leaders will supply ten pies and a large celebration cake. The office will supply utensils, plates, napkins, cups, coffee, tea, bottled water and hot chocolate. Please call the office with any questions, 775-887-2252.

Brand New Community Club

Carson City has a new club, the Silver Sage Community Club. Krazee Krafters craft club has decided to expand. The new club will include a number of new project areas under the Community Club Banner. Carson City 4-H'ers who are eager to expand their knowledge of an area not presently offered, can work on a project with less than five members as long as they have an adult ready to lead the project. These project areas can run for as little as four to six weeks or for a year or more.

Can't find what you want to join within the project clubs presently in place? Get on board with Silver Sage Community Club. If you have questions, please call 775-887-2252.

New Washoe Scrapbook Club

Would you like to learn to scrapbook? Learn to mount and cut your photos and make a scrapbook for the state fair.

Karen Pruett is starting a new scrapbook club that will begin meeting in February. If you are interested in joining, please give her a call at 775-722-4175.



SCUBA returns to Douglas County

Have you ever wanted to do something really adventurous? explore new places, discover amazing things, or do something that not many people have done before?

Well, not too long ago, only adults or teenagers could scuba dive...but that was then. *Now, there's 4-H Scuba* - a "way cool" project for all 9 to 18 year olds who enjoy water activities and want to learn a new sport where you get to:

- Scuba dive in a pool with real diving equipment.
- Play games under water.
- Meet new friends.
- Have the opportunity to get your PADI SCUBA Diver certification.
- Dive at Lake Tahoe and the ocean!



The Douglas County 4-H SCUBA Project will host a mandatory orientation night for all new and returning SCUBA members (must be 9 years old as of January 11, 2011). Members will be divided into groups based on age and experience. For all members 9 years of age there is the SEAL Team. For new members 10 and up, PADI SCUBA Diver Certification. Returning certified members can learn Advanced SCUBA skills.

Slots are extremely limited! To secure a slot you and a parent must attend the orientation on Jan 11, 2011 at 6:00 p.m. at the Douglas County Extension Office, 1329 Waterloo Lane in Gardnerville. The instruction is free of charge, but members must provide some personal gear and supplies. For information call Rooster at Strictly SCUBA 775-884-3483.

Western Area January Dates to Remember

- Jan 13** - Nevada State Fair
Livestock Comm. I.V. Mtg.
- Jan 14** - NJLS meeting, State
Dept. of Agriculture, 1 p.m.
- Jan 17** - Martin Luther King Day
(Offices Closed)

DID YOU KNOW...



We all know the 4-H pledge. Or do we?

The original pledge was written by Otis E. Hall of Kansas in 1918. The Pledge was adopted nationally in 1927.

Some California 4-H clubs add either "As a true 4-H member" or "As a loyal 4-H member" at the beginning of the pledge. Minnesota and Maine 4-H clubs add "for my family" to the last line of the pledge.

Originally, the pledge ended in "and my country". In 1973, "and my world" was added.

-Information compiled from 4-H.org and wikipedia

4-H is a community of young people across America learning leadership, citizenship and life skills.

WESTERN AREA OFFICES

**Carson City/
Storey County**
(775) 887-2252
2621 Northgate Lane
Suite 15
Carson City, NV 89701

Douglas County
(775) 782-9960
1329 Waterloo
Gardnerville, NV 89410
PO Box 338
Minden, NV 89423-0338

Washoe County
(775) 784-4848
5305 Mill Street
Reno, NV 89502

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Unless stated differently, all meetings are held at your local Cooperative Extension office.

4-H Events Calendar January 2010



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
2		Fabric/Rummage donation drop off, Fuji Exhibit Hall, 9 a.m.-4 p.m.		
3		Silver Sage Community Club, 6:30 p.m.	Livestock Meeting, 5 p.m.	
4		Arrowhead Livestock, 6:30-8:00 p.m.	Small Animal Project, 6:30 p.m.	
5			Spectacular Science, 6 p.m.	
6			Sierra Riders, 6 p.m., Teen Sewing, 6:30 p.m.	
8			Cloverbud Small Animals Day, 10 a.m.	
10		4-H Leaders' Council Mtg., 6:30		
11			SCUBA orientation/ sign-up night, 6 p.m.	Horse Leaders Mtg., 6 p.m.
12	State 4-H Shooting Sports Advis. Comm- UNR		Livestock Judging Project begins, 4 p.m.	
13	Nevada State Fair Livestock Comm. Mtg., Interactive Video, 5:30 p.m.		Final Baking Project, 5 p.m. Sierra Riders, 6 p.m., Final Teen Sewing, 6:30 p.m.	
14	NJLS mtg., State Dept. of Agriculture, 1 p.m.	Teen set up for Awards Night, Fuji Exhibit Hall, 6:30 p.m.		
15		Awards Night, Fuji Exhibit Hall, 5-8:30 p.m.		
17	MARTIN LUTHER KING HOLIDAY - OFFICES CLOSED			
18			Happy Healers Business, 6 p.m.	
19			Spectacular Science, 6 p.m.	Livestock Leaders' Mtg., 6 p.m. Sm. Anim. Leaders' Mtg., 7 p.m. Leaders' Council, 7:30 p.m.
20			Beyond Gardening, 4:30 p.m.	
22		Fabric/Rummage donation drop off, Fuji Exhibit Hall, 9 a.m.-4 p.m.		Horse Clinic, RLEC, 8 a.m.
24			Leaders Council, 7 p.m.	
25			SCUBA new members, 6 p.m.	
26			Portfolio Interviews, 2:30-5:30 p.m.	
29	NJLS Carcass Workshop, Fallon, Time TBA	Fabric/Rummage donation drop off, Fuji Exhibit Hall, 9 a.m.-4 p.m.		
31			Speaking with Confidence begins, 4 p.m.	

Upcoming 4-H Events Calendar



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
February 2011				
1			Small Animal Project, 6:30 p.m.	
2			Spectacular Science, 6 p.m.	
3			Sierra Riders, 6 p.m.	
4		Fab/Rummage Sale set up, Fuji Exhibit Hall, All Day	4-H High School Scholarships available	
5		Fab/Rummage Sale fundraiser, Fuji Exhibit Hall, 9 a.m.-4 p.m.		
6		Fab/Rummage Sale fundraiser, Fuji Exhibit Hall, 9 a.m.-12 p.m.		
7		Silver Sage Community Club, 6:30-8 p.m.	Speaking with Confidence, 4 p.m. Livestock Meeting, 5 p.m. Livestock Judging to follow	
8			SCUBA 6 p.m.	Horse Leaders' Mtg., 6 p.m.
12				Small Animal Show, RLEC, 7a.m.
14		4-H Leaders' Council Mtg., 6:30	Speaking with Confidence, 4 p.m.	
15			Happy Healers business mtg., 6 p.m.	
16				Livestock Leaders' Mtg., 6 p.m.
17			Beyond Gardening, 4:30 p.m. Sierra Riders, 6 p.m.	
19			Baby Calves Day, 10 a.m.	
21	PRESIDENTS' DAY HOLIDAY - OFFICES CLOSED			
22			SCUBA 6 p.m.	
24			Livestock Judging, 5-7 p. m.	
26			4-H Science Project Invention Fair	Horse Clinic, RLEC, 8 a.m.
27				Tentative Sheep, Goat and Swine Weigh-In and Tagging
28		Teen Leadership, 6:30-8 p.m.	Speaking with Confidence, 4 p.m. Portfolio Workshops for any project members, 5:30-6:45 p.m.	
March 2011				
1		Arrowhead Livestock, 6:30-8 p.m.	Sheep, Swine and Goat Weigh-In, 4 p.m.	
8		Silver Sage Community Club, 6:30-8 p.m.		Horse Leaders' Mtg., 6 p.m.
12				Washoe County Dog Skillathon, RLEC
14		4-H Leaders' Council Mtg., 6:30		
16				Livestock Leaders' Mtg., 6 p.m. Small Animal Leaders' Mtg., 7 p.m.
21		Silver Sage Community Club, 6:30-8 p.m.		
25-26	Leaders' Forum, Winnemucca			
27-28	Capital Days, Carson City			
28		Teen Leadership, 6:30-8 p.m.		