



University of Nevada  
Cooperative Extension

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# Clover CLIPS



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## The Club is Where the Process Begins

4-H Clubs are groups that encompass the entire mission of 4-H as the largest youth development organization in the nation. When you visit 4-h.org one of the first things you'll see is the 4-H Mission, Vision, the 4 "H"s, and the 4-H pledge. 4-H Clubs in Nevada are a collaborative effort between supportive, caring, and knowledgeable adult volunteers and youth to have a positive learning experience that can be taken into adulthood. 4-H club leaders use research-based curriculum to provide the "experiential learning model". This gives the 4-H club members an opportunity to not only develop positive relationships with adult mentors, but discover they have abilities beyond their own expectations. To "learn by doing" is the best opportunity for youth to set goals and achieve them. When skills are discovered while having fun, they are likely to be retained and used in as many areas of life as possible. Most often when implementing the "experiential learning model" the adult leaders are learning as well.

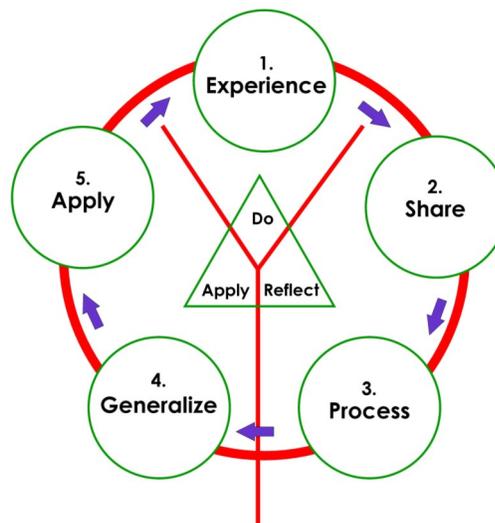
Leadership is only one of the core developmental skills that are taught in 4-H clubs. It is all part of belonging to a group which instills a raised self-esteem and confidence. 4-H inspires youth to "Make the Best Better" thereby coming away from the club experience with the ability to encourage others to find the best in themselves. It has been said many times that 4-H equips youth with a "toolbox" to be prepared for the difficult societal challenges posed in today's world. 4-H club members not only develop positive and useful life skills but enduring relationships that last beyond the club experience. Tufts University Institute for Applied Research in Youth Development in Medford, MA conducted a "4-H Study of Positive Youth Development". Some of what the research discovered is that 4-H club members

"have strong inclinations toward healthy behaviors, academic excellence, and civic achievement".

This study by Tufts University began in 2002 and continues by "surveying more than 7,000 adolescents from diverse backgrounds across 44 U.S. states". In addition to leadership the 4-H club program also instills a feeling of belonging, mastery, and self-confidence in youth. The scope of experience is not limited to farming and livestock. While these are important components to the 4-H learning model, a 4-H member can join a club to learn photography, geocaching, sewing, cooking, and the list goes on. Another very important relationship that is formed within the 4-H

club is the one of older and younger members. Members of a 4-H club that have been there for a while are given an opportunity to mentor younger or new members. The younger members look to the older members to correctly learn a particular skill or work together on a project. Quite often older members that are set to "graduate from 4-H" find a way to stay involved in 4-H. They do this by either becoming a leader themselves or if going on to University, finding and joining a Land Grant University Collegiate 4-H club. These groups can assist in county, state, and national 4-H

events and do what they can to present the 4-H model in the college environment. 4-H club membership is an invaluable experience for youth no matter the circumstances.



Information adapted from  
<http://www.4-h.org/about/youth-development-research/positive-youth-development-study/>  
<http://www.unce.unr.edu/4H/>

## Come See the Livestock

The Nevada Junior Livestock Show (NJLS) will be at the Reno Livestock Events Center on Wells Ave., May 16-19, 8 a.m. to 6 p.m.

This is a chance to see fine examples of beef, swine, sheep, goats and rabbits raised by local youth. 4-H, FFA and Grange members who qualified at their county shows will be participating.

Exhibitors are reminded to get their excuse letters to their schools before the event.

So come show your support and have a great family outing. For a schedule of events and other information, go to the NJLS website at [http://agri.state.nv.us/ADMIN\\_JrLivestock.htm](http://agri.state.nv.us/ADMIN_JrLivestock.htm) or call the NJLS office at 775-353-3610.

## Fling Your Horse into Spring

Come join in the fun at the 4-H Spring Fling Horse Show on Saturday, May 4, at the Lemmon Valley Horse Arena, 11400 Deodar Way, Lemmon Valley. 39 separate classes will be conducted. 4-H dress and ASM-SEI Approved Helmets are required.

Sign-in starts at 8:00 a.m. Show time is 9:00 a.m. Pre-registration must be postmarked by April 29, or emailed by May 2. Late entries will be accepted with a \$10 late fee assessment in addition to the per class charge.

Entries are available on our Facebook page ([www.facebook.com/washoecounty4h](http://www.facebook.com/washoecounty4h)), on the UNCE Washoe calendar or at the Washoe Office. For more information, phone Mary Alice Raabe at 775-686-9408 or [KCRMACR@yahoo.com](mailto:KCRMACR@yahoo.com)

There will also be brand inspection offered at this show from 10 a.m. to 1 p.m.. Bring three photos— one full left side view, one full right side and one full front of each horse registering and proof of ownership. The cost is \$25 for a one year inspection, or \$50 for lifetime.

## Washoe County 4-H Clubs Want YOU

Are you interested in joining 4-H but just don't know what you would really like to do? 4-H has a wide array of activities that you or someone you know may be interested in. We have Shooting Sports that includes learning how to safely shoot archery, rifles, and pistol. Washoe County also has livestock, horse, rabbit, guinea pig, dogs, cooking, sewing and even an adventure club.

Meetings are usually held in the evenings and on weekends, so that it is convenient for members and parents. We are also recruiting a few good adult volunteer leaders to help.

To learn about the volunteer screening process or other information, please call Lisa Boldman Washoe County 4-H Program Assistant at 775-336-0273, or email [boldmanl@unce.unr.edu](mailto:boldmanl@unce.unr.edu).



## Camp in the Heart of the Golden West

Youth 9 to 12 years of age have the chance to spend a week at Lake Tahoe at the Western Area 4-H Camp, July 7-13. This year's theme is "Camp Means Nevada", and will deal with many aspects of the Silver State.

Qualified 4-H members and last year's campers will receive applications in the mail about May 1. Registration opens to current 4-H members in good standing on May 1. Non-members can apply on May 15. Registration closes when all 128 spots (80 girls and 48 boys) are filled, or on June 24. Families are urged to register early.

The fee for each camp is \$250, and includes lodging, meals, events and a camp t-shirt. Activities include crafts, games, hikes and beach time. There will be skits, dancing, singing and more.

Applications are available at Western Area UNCE offices, or by going to <http://www.unce.unr.edu/4H/programs/camps/western/> and clicking on the application link near the bottom of the page.

For more information, email [mitchells@unce.unr.edu](mailto:mitchells@unce.unr.edu). Or call 775-336-0259.



## Six Graduation Scholarships Granted

Six local 4-Hers were granted post-high school graduation scholarships by the Carson City/Storey County 4-H Council this past April. Happy recipients of the \$500 scholarship are Gage Annand, Rachel Andersen, Marisa Landrey, Caitlyn Morton, Abby Williams and Mikayla Storey.

Recipients were required to have a minimum of five years in local 4-H with two of those years being consecutive. They had to maintain a minimum GPA also.

Funds for the scholarships are raised by the Council through fundraisers such as the annual fabric and rummage sale. Applicants interviewed with the Council at its last meeting on April 8.

## CA North Sectional 4H/FFA Horse Expo

California North Sectional 4H/FFA Horse Expo is June 1-2, 2013, at Lassen County Fairgrounds, in Susanville, California. Northern Nevada 4-H members are welcome.

Starting at 10 a.m. sharp on Saturday, June 1, is the 11<sup>th</sup> Annual 4H/FFA Horse Show. There are three divisions: 4-H Juniors, 4-H Seniors and FFA Seniors. Classes are Halter, Showmanship, Bareback, English, Over Fences, Western, Horsemanship and Trail.

In the evening, starting no earlier than 5:30 p.m., are the Gymkhana events: CA Pole Bending, Bi-Rangle, Single Stake, Speed Barrels, Cloverleaf Barrels and Quad-Rangle.

There will be First through Fifth Place Ribbons for every class, Hi point Junior and Senior Buckles, Reserve Hi Point Junior and Senior Awards; plus many other awards. Classes are \$4.50 per class. Stalls are \$10.00 per night per stall. All classes qualify for the California State Fair and California 4-H Horse Classic.

On Sunday, June 2, starting at 8 a.m. is the 2nd Annual 4-H/FFA Horse Expo. There will be Horse Judging, Horse Hippology and Table Top Demonstrations. Hippology and Horse Judging is \$15 per person per entry. Demonstrations are \$10 per entry. Rules and Premium books are available now. Entries are due by May 17.

For more information, contact Show Manager Sandy Raffelson at 530-310-4320, 530-254-0234, or email [sandy@ssranch.com](mailto:sandy@ssranch.com). Send mail to Lassen County 4-H/FFA Horse Show, CA North Section Horse Expo, P.O. Box 371, Standish, CA 96128.

## Cloverbuds Potluck BBQ and Gardening Day!

Douglas County 4-H Cloverbuds will meet at 10 a.m. Saturday, May 18, at the Carson Valley Methodist Church, 1375 Centerville Lane in Gardnerville. Enjoy a Potluck and hands on gardening activities. Hotdogs will be provided. Watch for the sign-up email asking you to bring a side dish to share.

The fine folks at Home Depot will be sponsoring a hands-on gardening project and all participants will get to plant and take home a garden plant. Be sure to wear clothes and footwear that can get messy and maybe even a little wet!



## Poultry, Potluck and Deviled Eggs

Douglas County 4-H Poultry members will meet at 6 p.m. on May 14, for an end of year celebration featuring a BBQ/potluck, a portfolio/recordbook workshop, and a "bring your best deviled egg" contest!

Meet at the Poultry Leader's house. You will be asked to bring a dish, so watch for a sign up sheet!

## Bouncing Bunnies Club Hosts Show

Carson City's Bouncing Bunnies 4-H Club will host its annual community show on Saturday, June 22, 2013. The show will be held at Carson City's Fuji Park Exhibit Hall, 701 Old Clear Creek Road. Fuji Park is located in south Carson City, directly across from Costco.

Show hours run from 7:30 a.m. to 5 p.m. The community show will include a Cloverbud event hosted by Bouncing Bunnies 4-H Club Teen Leaders. All show entries must be postmarked by Friday, June 14, 2013 and email entries must be received by 11:59 p.m., June 19, 2013. Email entries can be sent to [snsbunnies@msn.com](mailto:snsbunnies@msn.com). Show book will be out in approximately two weeks. For more information on the show, please call 775-887-2252.



## Beyond Gardening Meet at Dangberg Ranch

Members of the Douglas County 4-H Beyond Gardening project will meet for their annual community service project at the historic Dangberg Ranch at 1450 Hwy 88 in Minden on Thursday, May 16. Members will enjoy a day of service while they plant flowers and plants on site.

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## What You Can Do to Keep Your Mobile Device Safe

Author: Trudy Dunham, CYFERnet Technology Team, October 2012



Why should we worry about the security of our mobile devices? First - they are ubiquitous. There are more than 6 billion mobile phones worldwide. About 75% of the world has access to a mobile phone. And we don't leave them sitting on the table or desk - we take them everywhere we go.

Because it is always with us, we use it. When we need to know, we look it up. When we want to share, we tweet and post. The computer in our pocket serves both our work and personal needs, has our financial, health, intellectual property and other sensitive data. And since it remembers, we don't.

A lost device may be costly, but the impact the lost information has on how we communicate, connect and collaborate is huge. Replacing that functionality is much greater than replacing the phone. That is why mobile security is such an issue.

### What can we do to prevent loss and theft?

- Identify a spot to stow your mobile in your office and home when you aren't using it. Return it to that spot when you are done with it.
- When you are on the go, the "storage spot" is likely your briefcase, purse or pocket. Put it back when you are done with it, so it isn't visible or available to thieves, and you are less likely to forget it.
- Make your device or its carrying case distinctive. (I have a pink iPad cover, an 'arty' cell phone cover.)

Make your device easy to locate, hard for someone else to take by mistake, and noticeable if stolen

- Think before you app: know what information it will access and share.
- Limit the online business you do in public wi-fi hot spots.

### How we minimize the cost of loss and theft?

- Use your security settings to set a PIN or password to lock your device; make it strong!
- Install a "lost phone" app or locator service on your device to track your device using GPS.
- Install an alarm feature that may help you find it, or identify the thief.
- Store your data in the cloud or synch it with your other devices so you still have access and can block others access.
- Install software that will allow you to remotely retrieve and delete files on your device.
- Disable the geotagging feature on your phone unless absolutely necessary (see security settings of your device)

For more on Cyber Security Awareness, check out Stay Safe Online ([www.staysafeonline.org](http://www.staysafeonline.org)) and the recent White House Blog *Staying Safe Online* ([www.whitehouse.gov/blog/2012/10/15/staying-safe-online](http://www.whitehouse.gov/blog/2012/10/15/staying-safe-online)).

## Western Area May Dates to Remember

- May 1-14-** 4-H Member-only 4-H Camp Registration
- May 15 -** Open registration begins for 4-H Camp (until camp is full)
- May 16-19 -** Nevada Junior Livestock Show (NJLS)
- May 27 -** Memorial Day Holiday (Offices closed)



**JOIN | THE REVOLUTION OF RESPONSIBILITY**

### WESTERN AREA OFFICES

**Carson City/  
Storey County**  
(775) 887-2252  
2621 Northgate Lane  
Suite 15  
Carson City, NV 89701

**Douglas County**  
(775) 782-9960  
1325 Waterloo  
Gardnerville, NV 89410  
PO Box 338  
Minden, NV 89423-0338

**Washoe County**  
(775) 784-4848  
4955 Energy Way  
Reno, NV 89502

## Your STEM\* Minute

*\*4-H Science, Technology, Engineering and Math*

Drones have been getting a bad rap recently, both in the U.S. and worldwide, but that may change once they become our flying pets.

Engineers are working to make autonomous flying robots a household staple. Hobbyists have been building recreational unmanned aerial vehicles, or UAVs (the technical and preferred term for "drone"), for quite some time. But most of them are not fully autonomous and require a specific set of skills to build and operate. Future robots, which will come fully assembled, can be given a task, but it will figure out how to accomplish it on its own.

One company, Falkor Systems, has teamed up with professional athletes to field-test UAVs in skiing and base-jumping activities. These athletes generally attach an outdoor camera to their equipment or clothing to film themselves. However, a UAV companion can track your movements and maintain hovering at a distance a few feet away filming your every move. Participants in testing these UAVs have said: "Oh, it's like my little dog following me around."

*-Information for this story was provided by [TechNewsDaily](#)*

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Unless stated differently, all meetings are held at your local Cooperative Extension office.

## 4-H Events Calendar May 2013



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
1	Western Area 4-H Camp applications mailed to members	Bouncing Bunnies, Fuji Exhibit Hall, 6:30-8 p.m. Market Rabbit entries due for NJLS		
2		4-Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
3	Western Area 4-H Camp Teen Counselor applications due to county offices.	Carson Hot Shots, Cap. City Gun Club, 6-9 p.m.	<b>Please note:</b> Douglas County currently has too many 4-H Project Meetings to list here. Please refer to your Project Leader for dates	
4				Spring Fling Horse Show, Lemmon Valley Arena
5		Arrowhead Livestock Club, Works Ranch, 7-9 p.m.		
6		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.		
9		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
11		Arrowhead Qualifier workshop, Works Ranch, 7 a.m. - 1 p.m.		Sagebrush Show, Lemmon Valley Arena
13		4-H Leaders' Council, 6:30-8 p.m.		
14		Carson Cluckers, 6:30-8 p.m.	Poultry Project End of Year BBQ	Horse Leaders Mtg, 6 p.m.
15				Small Animal Leaders' Mtg., 7 p.m.
15-19	Nevada Junior Livestock Show (NJLS)			
16	State 4-H Shooting Sports Advisory Comm., IV, 5:50-8 p.m.	4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.	Beyond Gardening Community Service Day, Dangberg Ranch	<b>Please note:</b> Due to the number of club meetings in Washoe Co., we cannot list them all here. Also, club meetings cannot be held at the Washoe UNCE office.
17		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m.	DHS Scholarship Night, 6 p.m.	
18			Cloverbud End of Year BBQ! 10 a.m.	
20		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.	4-H Leaders' Council, 7 p.m.	
23		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
27	<b>MEMORIAL DAY - OFFICES CLOSED</b>			
30		Empire Family Outreach, Empire Elementary, 5:30-7 p.m.		
31		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m.		



## Upcoming 4-H Events Calendar



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
<b>June 2013</b>				
1		4-H Sewing, noon-6 p.m.		
1-2	CA North Sectional Horse Expo, Lassen County Fairgrounds			
3		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.		
5		Bouncing Bunnies, Fuji Exhibit Hall, 6:30-8 p.m.		
6		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.	Dog Workout, 6:30 p.m.	
8	Western Area 4-H Camp Teen Counselor Interviews, Reno Office	4-H Sewing, noon-6 p.m.		
10		4-H Leaders' Council, 6:30-8 p.m.		
11				Horse Leaders Mtg, 6 p.m.
12	State 4-H Shooting Sports Advisory Comm., Video Conf.			
13		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.	Dog Workout, 6:30 p.m.	
14		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m.		
15		4-H Sewing, noon-6 p.m.		
17		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.		
18		Carson City/Storey and Washoe Parent/Camper orientation for 4-H Camp, Inter. Video, 6:30 p.m.		Carson City/Storey and Washoe Parent/Camper orientation for 4-H Camp, Inter. Video, 6:30 p.m.
19		Carson Cluckers, 6:30-8 p.m.	Parent/Camper Info Night for 4-H Camp, 6:30 p.m.	Livestock Leaders' Mtg., 6 p.m. Small Animal Leaders' Mtg., 7 p.m. Leaders' Council Meeting, 7:30 p.m.
20		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.	Dog Workout, 6:30 p.m.	
22		4-H Rabbit & Cavy Show, Fuji Exh. Hall, 7 a.m.-4 p.m.		
27		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.	Dog Workout, 6:30 p.m.	
28		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m.		
29				Summer Reruns Horse Show, Lemmon Valley Arena
<b>July 2013</b>				
1		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.		
3		Bouncing Bunnies, Fuji Exhibit Hall, 6:30-8 p.m.		
4	<b>INDEPENDENCE DAY - OFFICES CLOSED</b>			
6	Teen Counselor and Adult Chaperone training, State 4-H Camp	4-H Sewing, noon-6 p.m.		
7-13	Western Area 4-H Camp, State 4-H Camp at Lake Tahoe			
8		4-H Leaders' Council, 6:30-8 p.m.		
9				Horse Leaders Mtg, 6 p.m.
10-13			Bishop Tri-County Fair	
11		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.	Dog Workout, 6:30 p.m.	
13		4-H Sewing, noon-6 p.m.		
15		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m.		
17		Carson Cluckers, Fuji Exhibit Hall, 6:30-8 p.m.		Livestock Leaders' Mtg., 6 p.m. Small Animal Leaders' Mtg., 7 p.m.
18		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.	Dog Workout, 6:30 p.m.	
19-21				4-H Horse Qualifying Show, Lemon Valley Arena
20		4-H Sewing, noon-6 p.m.		
25		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
26		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m.		
27		4-H Sewing, noon-6 p.m.		