



University of Nevada
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Clover CLIPS



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Five Sure Fire Ingredients for a Successful 4-H Project Club

Everyone is familiar with traditional 4-H animal projects. They have been part of 4-H from the beginning, and still play a major part in the 4-H world. But we should all be reminded that there are many more 4-H projects available. In fact just about any area of interest an adult wants to pursue can be the beginning of a 4-H club.

But whether it's cutting edge technology, an interesting hobby or a more traditional subject, all clubs can follow these five steps to forming and maintaining a successful 4-H club:

Step One is to get started by contacting the 4-H office in your county (listed on the back on this newsletter). The county 4-H Staff can assist you by discussing the needs of your proposed club and how they can help and helping you decide what you want to accomplish. They will take you through all of the steps to get your background check completed and arrange for you to attend 4-H leader training where necessary.

Step Two is to establish a support base for the project/club. Ask adults and older teens you know to help. Personally ask people to take active roles. Recruit parents, other adults and older teens in the community as organizational leaders, assistant leaders, project leaders and activity leaders.

Step Three is to conduct project/club organizational meetings. This serves to lay the foundation for a successful project. Next, encourage members to select a project/club name. As a group, complete all enrollment forms. Develop a project/club annual plan. Establish meeting times that work best for all members. Discuss the ground rules, commitment to excellence and club protocol with everyone in the group. Then it's time to elect officers and form committees.

Step Four, maintaining the project/club, is where some work comes in. But it can be accomplished by following these simple guidelines:

- Obtain project information- between your local 4-H

office and 4-H.org there is a wide range of research-based curricula that may serve as a manual for members

- Conduct regular organizational and project meetings- besides keeping member interest in their chosen project area and creating a sense of community, regular meetings give members a chance to ask questions and compare notes.

- Allow youth to make decisions- youth leadership begins here.

- Provide learning-by-doing activities- experiential learning is the best way to promote a complete understanding of any subject.

- Share information about current 4-H opportunities- every local club, no matter the size, is a gateway to an extensive national collaboration. It is a chance for youth to establish life-long connections.

- Involve Project members in district, state, national and international 4-H activities- participation in these activities build confidence and teaches multiple life skills.

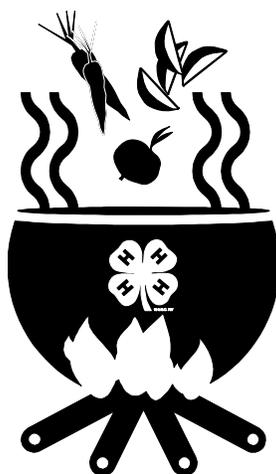
- Recognize achievement- Everyone needs to know that their efforts are worthwhile.

- Build community relations- Remember that service to the community is a major part of 4-H.

- Receive support as needed from 4-H staff and other 4-H leaders- Please remember that we are all here to help each other. There are multiple years of experience there for the asking.

And lastly, Step Five is to increase community awareness of and interest in the 4-H program. There is always a little marketing involved in getting the word out about your project. It's a way to excite youth and their families about 4-H, explain opportunities available through 4-H and invite youth and adults to share in the 4-H experiences.

By having members explain how a 4-H project/club



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Autumn Antics Show Coming Soon

Silver Knolls Spurs 4-H Club is presenting the nineteenth annual Autumn Antics Open Play Day Horse Show Saturday, October 5, starting at 9:00 a.m. As in past years, it will be held at the Lemmon Valley Horsemen's Arena on the corner of Alaska and Chestnut Street in Lemmon Valley.

This show serves as a Community Service Fund Raiser so Silver Knolls Spurs 4-H Club may support research done by the American Cancer Society.

The show is open to all riders; and to all breeds of horses and mules. Entry fee is \$4/class if Pre-Entered (mail, call or e-mail) with the show secretary by October 3. Entry fee is \$5/class if entered the day of the show. Office opens at 8:00 a.m.

Ribbons will be awarded First through Fifth places. Plus there are High Point and Reserve High Point awards for each of the five age categories.

There is a dress code: long sleeved shirt, pants, belt, boots, hat (adult) or helmet. Helmets are required for riders 19 and under, and suggested for all other riders.

Entry forms are available at the UNCE office, 4955 Energy way. For information contact Sam Mitchell at 775-336-0259



Horse Judging in Washoe Valley

Washoe County 4-H Horse Program is hosting an invitational horse judging contest at Rockin' LJ Arena, 3185 Lakeshore Drive in Washoe Valley, September 21. Preregistration is required by September 18. Your club leaders will coordinate registration for the club, so let them know you plan to attend.

Sign-in begins at 8 a.m., with judging to follow. Complete an assumption of risk form to turn in at sign-in. This event is open to all 4-H members. This is a required event for Washoe County 4-H'ers working toward 100% participation. This contest will also serve as the state Judging Contest and Skillathon for Senior members to qualify for national contests.

4-H dress is required, as are approved equestrian helmets for close inspection of horses. Check the Washoe County 4-H calendar for the contest flyer. For more information, contact Sam Mitchell at 775-336-0259 or mitchells@unce.unr.edu.

Five Sure Fire Ingredients

(Continued from page 1)

operates, you can build their interest and commitment.

These are also opportunities for members to plan and conduct a community service project. Have 4-H'ers look around their community to see how they can improve it and/or contribute to the betterment of others. This is an excellent chance to create a sense of citizenship within club members.

After all, what is 4-H? "4-H is a community of young people across America who are learning leadership, citizenship, and life skills." And that all starts with a local club started by a local adult leader.

-Adapted from work by the District of Columbia 4-H office

Make Tracks for Trail Trials

High Sierra Riders 4-H Horse Club is presenting the Trail Trials Saturday, September 28. The trail ride is open to all horses and all riders. The course is at Washoe Lake State Park where ten, 4-H'er designed obstacles are being set up over a distance of approximately four miles.

There will be a staggered start, with each rider doing the course at their own pace. Course will take two to three hours. Entry fees are \$35 for adults/senior, \$20 for youth 16 and under and \$10 for companion. Proceeds go to support the 4-H riding programs.

Arrival and check-in are from 8:30 to 9:30 a.m. The first rider departs at 10:00 a.m. Lunch and an awards ceremony will follow the last rider to finish. Please pre-register so the club can bring enough food and drinks for everyone. Plus, there will be a raffle for great prizes.

This is an ATTA approved ride. You can find rules and information at www.trailtrials.com. For entry forms or for more information email hsr4htt@gmail.com. Entry forms are available at the UNCE office, 4955 Energy Way, Reno; or at www.facebook.com/washoecounty4h/.

Mountain Mustangs Show

Grab your horse and a halter. It's time for the Mountain Mustangs 4-H Club's Saddle-less show on Saturday, September 14, at Bartley Ranch Regional Park.

This open show begins at 9:00 a.m. There will be Showmanship at Halter and In-Hand Obstacle Course classes for each youth age group, adults and novice.

Ribbons will be awarded to first through fifth places in each class. A prize will be awarded to the Champion in each age group, (No championship will be awarded in the Novice division.) The champion will be the individual with the highest combined points received in Showmanship and In-Hand Obstacle Course. To be eligible, the entrant must have competed in both classes.

Preregistration deadline is September 7. Day of show entries will pay a \$5.00 late fee. Entry forms are available at the Washoe 4-H office at 4955 Energy Way in Reno, or you can download a copy from www.facebook.com/washoecounty4h/ or from the Washoe County 4-H calendar. For more information, please call Sam Mitchell at 775-336-0259



There is Still Time for Record Books

With only a few weeks left in the 4-H year, now is the time to check record books and portfolios to see what is needed to complete them. There is still a little time to make sure all records and paperwork are in order, take any necessary pictures or get required signatures.

Don't wait until the last minute.

Soap for Hope Helps Families

The People 1st Foundation, a local nonprofit organization, is inviting you and your club to be part of helping 1000 transient, single-parent families. Soap for Hope has a goal of providing a month's supply of detergent, bleach and dryer sheets to these families.

With your help, the foundation can collect any size laundry detergent, bleach or dryer sheets people want to donate. Monetary donations are also gratefully accepted.

Donations can be dropped off between 8 a.m. and 5 p.m., Monday through Friday, at two locations: UNR's Orvis School of Nursing Building, Room 104 (775-682-5930) or Belvedere Towers, 450 N. Arlington Ave., in downtown Reno (775-324-5888). You can also call and People 1st will pick up the donations.

Donations will be accepted through November 5, and receipts are available for these tax deductible contributions.

This may be a project that your club can get involved with for service learning. For more information, please contact

Courtney Bell at people1stfoundation@gmail.com or call 775-351-8120. To find out more about the People 1st Foundation go to www.People1stFoundation.org.



One If By Land, Two If By Email

This issue of Clover Clips is the first of its kind. All members and leaders with email addresses on file will also be receiving this issue as an email attachment.

Please take the time to view both versions and decide which delivery method you prefer. On Tuesday, September 3, you will receive another email with a link to a short electronic survey. You will be asked if you wish to receive future Clover Clips as mail, email or both.

Please fill out the survey promptly, as it will only be available for a short time. If you do not receive any emails, but would like to, please call or email your local 4-H Office to have your address added to their list. If you need any further information, please contact Sam Mitchell at mitchells@unce.unr.edu or 775-336-0259.

Don't Miss Your Spot In Douglas Co.

Sign up for the new 4-H year on Monday, September 30, 6:30-8:00 p.m. at the Douglas County 4-H Sign Up and Orientation Night for youth 5-19 years of age and their parents. Learn about projects available for the 4-H year. Project leaders will be on hand to answer questions and hand out calendars and project requirements.

All slots are on a first come-first served basis and projects do fill up fast. Membership enrollments cards will be available upon check in and must be completed and turned in to ensure your slot in a project.

The orientation is located at the Carson Valley Methodist Church at 1375 Centerville Lane, Gardnerville. (Note: All 4-H Project Leaders should arrive at 6:00 p.m. to set up their info tables.) For more information, please call 775-782-9960.

National 4-H Council Names New CEO

National 4-H Council's (Council) Board of Trustees announced on July 31, that Jennifer Sirangelo, executive vice president and chief operating officer, has been appointed to the top post at the organization. Sirangelo, who joined Council in 2006, will succeed the current CEO, Donald T. Floyd, Jr. who is retiring after 22 years with National 4-H Council. Sirangelo will officially assume her new position on January 1, 2014.



In her seven years serving on the National 4-H Council, Sirangelo has more than tripled annual fundraising and led the process to develop the organization's new strategic plan in support of the 7 million 4-H young people in more than 50 countries around the world.

Mandatory Portfolio and Record Books

Please take note of this reminder that it is now mandatory for all Douglas County 4-H members to turn in their portfolio and record books in order to return to 4-H the year.

- All Portfolio Record Books are due on or before 4 p.m. on Monday, October 1, at the Douglas County Extension Office at 1325 Waterloo Lane in Gardnerville.
- You must have all necessary leaders and parent signatures *prior* to turn in.
- No late books will be accepted for judging.
- Please remember that in order to be eligible to return to 4-H this year, and for scholarships and leader council funding, *you must turn in a portfolio/record book* and be a member in good standing.
- You may turn them in early anytime to the 4-H Office.



The mandatory status was chosen by the Douglas County 4-H Leader's Council to help ensure 4-H Project slots are available for those most committed to their projects. With the current budget cuts, there are fewer 4-H Projects for our members, so fewer slots are available. For more information, please call 775-782-9960.

Silver Sage Focuses on Leadership

The Silver Sage 4-H Community Club (SSCC), in Carson City/Storey County, will focus on leadership for the next project year. All members in grades 5-12 are eligible to become Junior Leaders (grades 5-6) and progress to Teen Leaders (grades 7-12). Members also have opportunities to gain leadership experience at Seeliger Elementary School, Eagle Valley Middle School, Carson High School and through other youth groups like the Carson City Youth Bowling Association.

Working with their adult leaders, these youth leaders will examine leadership concepts and how they relate to 4-H, school, home and our community. Members will be encouraged to develop, and get comfortable with, their own style, methods, presentation skills and interpersonal relations. The benefits of diversity and inclusion will be examined. Most of all, we want our youth leaders to realize that leadership means opportunities to have fun with their peers and cultivate new ideas and actions for our community.

Just like last year, the club will include 4-H and community friends in service and social activities developed by the SSCC. For more information, please call 775-887-2252.

Western Area September Dates to Remember

Sept. 2 - Labor Day Holiday, Offices Closed

Sept. 4 - State 4-H Ambassador Interviews,
Video Conference

Sept. 11 - State 4-H Shooting Sport
Advisory Committee, Video Conf.

Sept. 14 - State 4-H Shooting Sports Match,
Clark County Complex (Las Vegas)

Your STEM* Minute

**4-H Science, Technology, Engineering and Math*

When you run or ride a bike you feel the air push against you. Air resistance acts in the opposite direction of the motion. The cause of such resistance boils down to molecules and atoms colliding with one another. As you move, your atoms and molecules collide with the those in the air; these tiny collisions add up to one large collision. Air resistance is also dependent upon velocity and size. Have you ever stuck your hand out of a car window and felt the air push against it? There is more resistance the faster you go. And the car is pushing a lot more air than your hand.

Cars, buses, trains, airplanes and even boats must overcome air resistance in order to get people from point A to point B and must overcome much larger air resistance forces due to faster velocities and larger masses. Manufacturers streamline vehicles, make them smoother and more angled, in an attempt to reduce drag.

Another novel approach is being used for the proposed Hyperloop train. The train will move through a tube where most of the air has been removed; thus reducing resistance and allowing for higher speeds.

-Information from www.ehow.com

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OF RESPONSIBILITY

4-H program of University of Nevada Cooperative Extension

WESTERN AREA OFFICES

**Carson City/
Storey County**
(775) 887-2252
2621 Northgate Lane
Suite 15
Carson City, NV 89701

Douglas County
(775) 782-9960
1325 Waterloo
Gardnerville, NV 89410
PO Box 338
Minden, NV 89423-0338

Washoe County
(775) 784-4848
4955 Energy Way
Reno, NV 89502

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4-H Events Calendar September 2013



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
2	LABOR DAY HOLIDAY - OFFICES CLOSED			
4	State 4-H Ambassadors Interviews, video conf., 4:40-8 p.m.	Bouncing Bunnies, Fuji Exhibit Hall, 6:30-8 p.m.		Please note: Due to the number of club meetings in Washoe Co., we cannot list them all here. Also, club meetings cannot be held at the Washoe UNCE office.
5		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
6		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m.		
9		4-H Leaders' Council, 6:30-8 p.m.	Please note: Douglas County currently has too many 4-H Project Meetings to list here. Please refer to your Project Leader	
10				Horse Leaders Mtg, 6 p.m.
11	State 4-H Shooting Sports Advis. Comm. Video Conf.			
12		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
14	State 4-H Shooting Sports Match, Clark Co. Shooting Sports Complex (Las Vegas) 7 a.m. - 6 p.m.			Mountain Mustangs 4-H Saddle-less Horse Show, Bartley Ranch
16		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m. Silver Sage Community Club, 6:30-8:30		
18		Carson Cluckers, Fuji Exhibit Hall, 6:30-8 p.m.		Livestock Leaders' Mtg., 6 p.m. Small Animal Leaders' Mtg., 7 p.m. Leaders' Council, 7:30
19		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
20		Carson Hot Shots, Cap. City Gun Club, 6-9 p.m.		
21				Horse Judging Contest, Rockin LJ arena, 8 a.m.
23			Leaders' Council, 7 p.m.	
26		4 Paws Business Meeting, 6:30-8 p.m.		
28		National 4-H Science Experiment Build Day, UNCE Carson Office, 10 a.m. - 1 p.m.		Trail Trials, Washoe Lake State Park
30			Sign-Up Night, 6:30 p.m.	

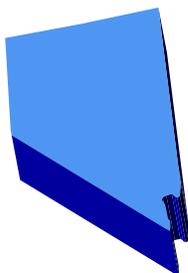
LABOR DAY

Labor Day Holiday, September 2

Upcoming 4-H Events Calendar



DATE	WESTERN AREA	CARSON CITY/STOREY COUNTY	DOUGLAS COUNTY	WASHOE COUNTY
October 2013				
1			Portfolios due to Douglas office by 4 p.m.	
2		Bouncing Bunnies, Fuji Exhibit Hall, 6:30-8 p.m.		
3		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
4			Please note: Douglas County currently has too many 4-H Project Meetings to list here. Please refer to your Project	Record Books Due to Washoe Office by 5 p.m.
4-6	State 4-H Shooting Sports Leader Training, Winnemucca			
5		National 4-H Science Experiment Build Day, UNCE Carson Office, 10 a.m. - 1 p.m.		Autumn Antics Horse Show, Lemmon Valley Horse Arena Reno Rabbits show, Cold Springs Middle School
6-12	NATIONAL 4-H WEEK			
7		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m. Silver Sage Community Club, 6:30-8:30		
8				Horse Leaders Mtg, 6 p.m.
9	National 4-H Science Experiment	National 4-H Science Experiment Presentation, UNCE Carson Office, 6-8 p.m.	National 4-H Science Experiment demonstration, TBA	National 4-H Science Experiment demonstration, TBA
10		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
12			Cloverbud Baking Day, 10 a.m.	
14		4-H Leaders' Council, 6:30-8 p.m.	Awards Night, 6:30 p.m.	
16		Carson Cluckers, Fuji Exhibit Hall, 6:30-8 p.m.		Livestock Leaders' Mtg., 6 p.m. Small Animal Leaders' Mtg., 7 p.m.
17		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
19			Fall Family Costume Ball	Please note: Due to the number of club meetings in Washoe Co., we cannot list them all here. Also, club meetings cannot be held at the Washoe UNCE office.
21		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m. Silver Sage Community Club, 6:30-8:30		
25	NEVADA DAY HOLIDAY - OFFICES CLOSED			
November 2013				
4		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m. Silver Sage Community Club, 6:30-8:30		
6		Bouncing Bunnies, Fuji Exhibit Hall, 6:30-8 p.m. Carson Cluckers, Fuji Exhibit Hall, 6:30-8 p.m.		
7		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
11	VETERANS' DAY HOLIDAY - OFFICES CLOSED			
12				Horse Leaders Mtg, 6 p.m.
13		Carson Cluckers, Fuji Exhibit Hall, 6:30-8 p.m.		
14		4 Paws, Fuji Exhibit Hall, 6:30-8 p.m.		
18		Target Rippers, Fuji Exhibit Hall, 6:30-8 p.m. Silver Sage Community Club, 6:30-8:30		
20				Livestock Leaders' Mtg., 6 p.m. Small Animal Leaders' Mtg., 7 p.m.
28-29	THANKSGIVING HOLIDAY - OFFICES CLOSED			



Nevada Day Holiday, October 25



Veterans' Day, November 11



Thanksgiving Holiday, November 28-29