



Hook Into Health

“Creating A Healthier Tomorrow”

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Biological Terrorism – Funding Allocated to Nevada

By Dr. Randall Todd, State Epidemiologist



On January 31, 2002, Tommy G. Thompson, the U.S. Secretary of Health and

Human Services (HHS), sent a letter to every state’s governor announcing the allocation of more than \$1 billion in funding to enhance efforts aimed at bioterrorism preparedness. Nevada’s allocation of funding totals more than \$10.4 million. These funds are divided into two categories. A little over \$1 million is designated for hospital preparedness with the remaining funds to address six focus areas related to public health preparedness. These include:

- Planning and Preparedness
- Epidemiology and Surveillance
- Laboratory Capacity
- Health Alert Network – Communications and Information Technology
- Risk Communication
- Training and Education

A portion of the funding was also available to reimburse

agencies that had incurred costs associated with responding to the anthrax scares from last October.

The Health Division worked closely with the Governor’s Committee on Homeland Security – Public Health Subcommittee to put the application together. It was submitted to the Governor for final approval and sent to Secretary Thompson on April 15, 2002.

(Continued on page 2)

Public Health

THANK YOU

BADA wishes to thank everyone who participated in all of the holiday activities that benefited the families at Lighthouse of the Sierra. Because of your efforts, we were able to raise \$577.42, which went towards purchasing grocery certificates from Smith's Food and Drug Store. Additionally, Health Division staff contributed boxes (two SUV loads) of clothing, books, food, candy, gift baskets, and other items. Your combined efforts helped ensure that 26 families, 27 adults and 45 children had a happy holiday season. An awesome feat, indeed. Thanks for the great effort!

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Mission Statement

Promote and protect the well being of Nevadans and visitors to our state by preventing disease, injury, and disability.

Public Information Office Restructured

The Health Division has restructured its public information office to include the Public Information Officer and the Education and Information Officer.

Martha Framsted, the Public Information Officer, is responsible for communicating with various media outlets, assisting with the promotion of the numerous Health Division Bureau programs and activities, implementing the Bioterrorism risk communication plan, among other duties.

John Flamm, Education and Information Officer, works with the Public Information Officer to resolve media issues and is also responsible for the design of the Health Division newsletter, updating the website, creating media and public information packets which encompass a myriad of public health issues.

“One of my main goals,” says Martha Framsted, “is to inform people about the various programs available to the public. With the help of the Health Division Bureaus, I want this office to produce informational packets that educate the public on a wide variety of health issues.”

“I also want to assist in promoting the outstanding programs that the Health Division offers to the public. There are numerous employees in this division that are passionate about their work and the people they serve. Their dedication needs to be highlighted.”

One of the most important objectives of the Public Information Office is to enhance public health communication, both internally and externally.



BIOTERRORISM (Continued from page 1)

Funding has been recommended to address identified needs in each of the six focus areas. This includes a recommendation to fund the development of a public health laboratory in southern Nevada. The need for such a facility was highlighted during the October 2001 anthrax scare. Las Vegas is reported to be the only city in the nation with a population of more than one million and no Level B laboratory facility within approximately 100 miles. In October, suspect environmental samples had to be shipped to Reno causing a significant delay in the ability of local health officials to obtain the information necessary to appropriately advise concerned citizens and employers.

Other recommended funding will address critical needs in the area of epidemiology and surveillance. Bioterrorism is different from other forms of terrorism in that the attack itself can be covert, going unrecognized for the duration of the incubation period of the agent that was utilized. This fact highlights the need for effective and rapid disease surveillance systems and an appropriate number of well-trained epidemiologists to monitor the information for unusual disease patterns that could indicate a bioterrorism incident.

Additionally, funding recommendations addressed the need to provide training to public health workers, healthcare providers, emergency responders, law enforcement, and other partners in the recognition of and response to a bioterrorism incident. The need to fund risk communication activities was also addressed. For risk communication to be most effective, credibility needs to be established with key stakeholders before a crisis emerges. Effective risk communication also requires significant planning and training. Finally, funds were recommended to further assess needs and to develop regional and statewide bioterrorism response plans throughout the state.

Perhaps one of the best aspects of this funding is that it is “dual use.” For example, it could be argued that a fire engine is really only of use when there is a fire. Although no one would suggest that we don’t need fire engines, they clearly have a single use – putting out fires. By contrast, developing public health infrastructure in preparation for a potential act of bioterrorism also enhances the ability of public health workers to address routine problems as well as public health emergencies that arise from natural causes. Therefore, this funding will allow public health to do a better job every day and will ensure that public health agencies are up to the task of dealing with a bioterrorism event should the need arise.



“**Unsolved Mysteries**” production crew began videotaping a segment with Dr. Randall Todd, Nevada State Epidemiologist, in late March 2002. The segment will detail the events surrounding the childhood leukemia investigation currently underway in Churchill County. The production crew spent several days in Fallon, Nevada interviewing and videotaping case families, medical personnel, along with city and state officials. The segment is expected to air this summer on the Lifetime Network.

Looking at Ourselves
Linking with Our Communities
Building a Unified Vision for Public Health in Nevada

We are on the Web: health2k.state.nv.us

The Public Health Agenda: Achieving the Vision
(Coming online April 2002)



Other documents online:

- Health Division’s Action Plan – Strategic Role of the Health Division
- Establishing Common Ground – October 2001 Conference Proceedings
- A Public Health Agenda – Health Division’s Framework to the State’s Public Health Priorities

For more information, please contact Heidi Sakelarios at hsakelarios@nvhd.state.nv.us

Just about everyone has resorted to a fad diet in an attempt to lose weight at least once. But unfortunately most of the time, that turns out to be a short-term solution. In her new book, "Get a Real Food Life," author Janine Whiteson offers an eight-week food makeover to help people get started down the road to better health.

Recipes are meant to be adjusted to suit the cook and the eaters. Tweak each recipe to suit your tastes: You love onions? Add more. You don't like bell peppers? Don't use them, or replace them with more of an ingredient you do like. Most of the recipes make 2, 4, or 8 servings. You can double the small recipes to serve more people, or cut the bigger ones in half to serve fewer. But remember, leftovers make quick meals for the next day!



MAC AND CHEESE

(Makes 6 to 8 servings)

12 ounces elbow macaroni
2½ cups skim milk
3 tablespoons unbleached all-purpose flour
3 teaspoons dry mustard
Ground black pepper
2½ cups (12 ounces) shredded reduced-fat cheddar cheese

Preheat the oven to 350 F. Coat a 2-quart baking dish with cooking spray. Set aside. Prepare the pasta according to package directions. Drain. In a large bowl, combine 1 cup of the milk with the flour, mustard, and pepper. Whisk until smooth. Pour the remaining 1½ cups milk into a 2-to 4-quart pot and bring to a simmer over medium heat, stirring constantly. Add the milk and flour mixture and keep stirring for 3 to 5 minutes, or until thick and bubbling. Reduce the heat. Add the fat-free cheese. Mix until the cheese melts. Remove the pot from the stove and add the macaroni. Transfer the macaroni mixture to the prepared baking dish. Sprinkle the reduced-fat cheese on top. Bake for 35 to 40 minutes, or until hot and bubbling around the edges. Serve hot.
Per serving: 488 calories, 36 g protein, 51 g carbohydrates, 13 g total fat, 7 g saturated fat, 35 mg cholesterol, 1 g dietary fiber, 707 mg sodium

UNFRIED CHICKEN BREASTS

(Makes 4 servings)

4 boneless, skinless chicken breast halves (about 1 1/2 pounds)
¼ teaspoon salt
1 cup Italian-style bread crumbs
1 clove garlic
½ teaspoon ground black pepper

Preheat the oven to 450 F. Rinse the chicken and blot dry with paper towels. Rub a pinch of salt. Place the bread crumbs in a pie plate. Peel the garlic and chop very finely. Add to the bread crumbs along with the pepper. Toss the bread crumb mixture with a fork. Coat each chicken breast with cooking spray and coat each side well with the bread crumbs. Place the chicken breasts on an ungreased baking sheet and bake for 15 minutes. Turn the chicken over and cook for about 10 minutes longer on the other side, or until a thermometer inserted in the thickest portion registers 160°F and the juices run clear. Serve hot.
Per serving: 288 calories, 43 g protein, 19 g carbohydrates, 4 g total fat, 1 g saturated fat, 99 mg cholesterol, 1 g dietary fiber, 295 mg sodium

OATMEAL RAISIN COOKIES

(Makes 42)

6 tablespoons light butter or margarine
¾ cup packed light brown sugar
3 tablespoons fat-free liquid egg substitute or 2 tablespoons egg whites mixed with 1 tablespoon fat-free plain yogurt
1½ teaspoons vanilla extract
1 cup unbleached flour
1 cup quick-cooking oats (not instant)
½ teaspoon baking soda
¾ cup raisins
1 teaspoon ground cinnamon

Preheat the oven to 325 F. Line a baking sheet with parchment paper. Set aside. In the bowl of a food processor or with an electric mixer, combine the butter or margarine, brown sugar, egg substitute or egg white mixture, and vanilla extract. Process or mix until smooth. In a large bowl, combine the flour, oats, and baking soda. Add the flour mixture to the butter or margarine mixture, and process or mix well. Stir in the raisins and cinnamon. Drop rounded teaspoonfuls of dough onto the lined baking sheet, spacing them 1½" apart. Flatten each cookie slightly with the tip of a spoon or fingers dampened with water. Bake for 15 to 18 minutes, or until lightly browned and crisp. Cool in the pan on a rack for 1 minute. Remove to the rack and cool completely.

Per serving: 48 calories, 1 g protein, 9 g carbohydrates, 1 g total fat, 1 g saturated fat, 3 mg cholesterol, 5 g dietary fiber, 23 mg sodium



VERY CREAMY CHEESECAKE

(Makes 12 to 14 servings)

1 cup graham cracker crumbs (from 10-12 crushed large graham crackers)
1 tablespoon melted light butter or margarine
1 tablespoon plus ½ cup sugar
2 packages (8 ounces each) reduced-fat cream cheese (neufchâtel)
14 ounces low-fat ricotta cheese
1 whole egg
4 egg whites
¼ cup plus 2 tablespoons unbleached all-purpose flour
2 teaspoons vanilla extract

Preheat the oven to 350 F. Coat a 9" springform pan with cooking spray. Combine the graham cracker crumbs, butter or margarine, and 1 tablespoon sugar. Press into the pan. Bake for 10 minutes. Let cool. Reduce the heat to 325 F. In a blender or food processor fitted with the chopping blade, combine the cream cheese, ricotta cheese, whole egg, egg whites, the remaining 1/2 cup sugar, flour, and vanilla extract. Blend or process until smooth. Spread over the crust. Bake for 1 hour, or until the center is set. Let cool in the oven with the door ajar for 45 minutes. Chill for 8 hours or overnight.

Per serving: 229 calories, 10 g protein, 20 g carbohydrates, 12 g total fat, 7 g saturated fat, 59 mg cholesterol, 1 g dietary fiber, 293 mg sodium

Reprinted from "GET A REAL FOOD LIFE" c2002 by Janine Whiteson. Permission granted by Rodale, Inc; Emmaus, PA 18098. Available wherever books are sold or directly from the publisher.

Children's Health Fair in Yerington a Great Success!

Jana Patterson, Community Health Nurse in Yerington, Nevada joined forces earlier this year to provide local residents with a host of medical services. Nearly 50 children received services that included free well-baby, well-child exams, and immunizations. Most of the services were at no cost or significantly reduced cost. Several service agencies that also participated include Nevada Check-up, WIC, Children's Cabinet, breastfeeding consultants, and St. Mary's Medical Center. St. Mary's provided their dental van on site to provide much-needed dental checkups and no-cost sealants, if appropriate. Excellent example of teamwork in action striving to provide medical services to rural Nevadans.



Communicable Disease Summary

Nevada

4th Quarter

	Oct-Dec 2000	Oct-Dec 2001	% change
AIDS	60	77	28%
AMEBIASIS	2	3	50%
ASEPTIC MENINGITIS	14	44	214%
INFANT BOTULISM	0	0	0%
CAMPYLOBACTERIOSIS	39	39	0%
CHLAMYDIA	1091	1019	-7%
CHOLERA	0	0	0%
COCCIDIOIDOMYCOSIS	5	17	240%
CRYPTOSPORIDIOSIS	0	2	200%
DIPHThERIA	0	0	0%
E.COLI 015	4	4	0%
ENCEPHALITIS (PRIMARY)	0	0	0%
GIARDIASIS	53	65	23%
GONORRHEA	442	345	-22%
HANTAVIRUS (HPS)	0	0	0%
H.FLU INVASIVE	3	1	-67%
HEPATITIS A	36	13	-64%
HEPATITIS B	17	13	-24%
HEPATITIS C	6	5	-17%
HEPATITIS (UNSPECIFIED)	0	0	0%
HIV INFECTION	81	106	31%
LEGIONELLOSIS	1	1	0%
LEPROSY	0	0	0%
LYME DISEASE	1	0	-100%
MALARIA	3	3	0%
MEASLES	0	0	0%
MENINGOCOCCAL DISEASE	0	2	200%
MUMPS	0	0	0%
PERTUSSIS	1	29	2800%
PLAGUE	0	0	0%
POLIO	0	0	0%
PSITTACOSIS	0	0	0%
RABIES, ANIMAL	1	0	-100%
RELAPSING FEVER	2	0	-100%
ROTAVIRUS	267	277	4%
RSV	418	249	-40%
RUBELLA	0	0	0%
SALMONELLOSIS	41	55	34%
SHIGELLOSIS	14	4	-71%
SYPHILIS, P&S	1	2	100%
SYPHILIS, TOTAL	13	21	62%
TETANUS	0	0	0%
TOXIC SHOCK SYNDROME	1	0	-100%
TUBERCULOSIS	17	24	41%
TULAREMIA	0	0	0%
TYPHOID FEVER	0	0	0%
YERSINIOSIS	1	0	-100%

Year-to-Date 2000 vs. 2001

	YTD 2000	YTD 2001*	% change
	277	219	-21%
	6	11	83%
	86	119	38%
	2	1	-50%
	218	192	-12%
	4024	4826	20%
	0	0	0%
	27	36	33%
	4	7	75%
	0	0	0%
	15	18	20%
	0	1	100%
	211	201	-5%
	1556	1758	13%
	0	0	0%
	6	11	83%
	90	70	-22%
	55	50	-9%
	18	9	-50%
	2	3	50%
	357	324	-9%
	1	4	300%
	1	1	0%
	4	3	-25%
	7	9	29%
	7	1	-86%
	5	8	60%
	6	4	-33%
	15	43	187%
	0	0	0%
	0	0	0%
	0	0	0%
	9	1	-89%
	5	2	-60%
	822	993	21%
	1899	2261	19%
	1	0	0%
	265	196	-26%
	122	70	-43%
	5	8	60%
	52	54	4%
	0	0	0%
	1	0	-100%
	95	96	1%
	0	0	0%
	0	4	400%
	4	3	-25%

* These are provisional CD totals for 2001

Nevada Substance Abuse Resource Center (NSARC)

By Stephanie Asteriadis, NSARC/CASAT

The Nevada Bureau of Alcohol and Drug Abuse maintains two resource center locations to serve the needs of Nevadans. The NSARC is the State Regional Alcohol and Drug Awareness Resource (RADAR) Network Center. Located in the College of Education at the University of Nevada, Reno, the Nevada Substance Abuse Resource Center is maintained through an arrangement with the Center for the Application of Substance Abuse Technologies (CASAT). Bringing Everybody's Strengths Together (BEST) Clearinghouse is the Associate RADAR Network Center located in Las Vegas, Nevada. The BEST Clearinghouse is affiliated with the BEST Coalition and with the Partnership for a Drug Free America.

With over 800 active centers, the RADAR Network is the largest substance abuse prevention and treatment infrastructure consisting of state, associate and specialty centers, prevention resource centers, Department of Education Regional Training Centers, and national, international, and local organizations supporting substance abuse prevention activities. The RADAR Network in Nevada is dedicated to providing access to scientifically defensible prevention materials, information, and resources to substance abuse prevention providers, related professionals, community coalitions and others interested in furthering prevention in Nevada. In addition, the Resource Center is a member of Substance Abuse Librarians and Information Specialists (SALIS). SALIS is a professional organization that connects resource centers, clearinghouses, prevention treatment resource centers, national, international, and local organizations with special interests in the exchange and dissemination of alcohol, tobacco, and other drug information throughout the United States and abroad.

The following services are provided by NSARC:

- A collection of specialized alcohol and other drug reference sources available for loan in a fully automated, technologically current library setting
- Library staff to help find books, journals, reports, videotapes or other source materials
- A website with an online catalogue and ordering system for bulk quantities of brochures, pamphlets and posters and links to full text online resources
- Research and referral to additional assistance with research projects, reference questions, and referrals to on-line databases, including library catalogs and Internet sources
- A schedule of hosted satellite downlink broadcasts produced by federal agencies provided at no charge to Nevadans
- An onsite preview center of CSAP identified substance abuse prevention model programs
- Obtaining materials from NSARC is simple using one of the following options:

In person: visit us in Room 1021, in the Learning and Resource Center in the College of Education at the University of Nevada, Reno. Call (775) 784-6336 for operating hours, directions and information about free parking.

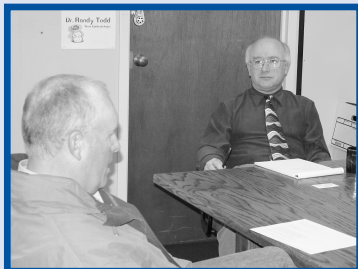
E-mail: sparker@unr.edu

FAX: (775) 327-2268

Website:

www.unr.edu/educ/casat/NSARC/nsarc_home.html

LEUKEMIA CLUSTER



Dr. Randall Todd, Nevada State Epidemiologist, meets with Dr. Mark Witten, a research professor in the Department of Pediatrics at the University of Arizona College of Medicine. The two discussed the progress of the ongoing childhood leukemia investigation in Churchill County. Dr. Witten recently visited Fallon, Nevada to meet with the case families, local and Naval officials. Dr. Witten has volunteered to work with public health officials to provide his expertise regarding jet fuel contamination.



NEW RULE FOR ARSENIC IN DRINKING WATER

By Adele Basham, Drinking Water State Revolving Fund



Arsenic is widely distributed throughout the earth's crust and is found in water that flows through arsenic-rich geologic formations. Severe health effects have been observed in populations drinking arsenic-rich water over long periods in countries world-wide.

In the United States, the health risk of arsenic in drinking water has long been recognized. In 1943, the U.S. Public Health Service set a standard of 50 parts per billion (ppb). Since the early 1970's, the U.S. Environmental Protection Agency (USEPA) has had the responsibility of establishing protective health standards for drinking water. In the early 1970's, USEPA set the drinking water standard for arsenic at the same level as the U.S. Public Health Service of 50 ppb. Since 1943, there has been much additional study on the health effects of arsenic; however, the drinking water standard remained the same. So, in the 1996 Amendments to the Safe Drinking Water Act, Congress directed USEPA to propose a new arsenic drinking water standard by January 1, 2001. USEPA fulfilled this directive by issuing a standard of 10 ppb in January 2001. However, due to the debate surrounding the appropriateness and the cost of the 10 ppb standard, USEPA, under the Bush administration, sought additional independent expert reviews of the January 2001 regulation. In a February 2002 final rule, USEPA has affirmed the appropriateness of the 10 ppb arsenic drinking water standard.

The new arsenic drinking water standard addresses long-term chronic health effects of exposure to low concentrations of arsenic in drinking water. Studies link inorganic arsenic ingestion to a number of health effects. These health effects include:

- *Cancerous Effects:* skin, bladder, lung, kidney, nasal passages, liver and prostate cancer
- *Non-cancerous Effects:* cardiovascular, pulmonary, immunological, neurological and endocrine (e.g. diabetes)

In Nevada, arsenic is naturally occurring in the soils. Approximately 122 water systems in the State of Nevada will not meet the new arsenic standard. Preliminary estimates for Nevada's water systems show it could cost close to \$293 million to build the necessary treatment facilities. The new standard does not have to be met until 2006 with the possibility for up to three-year extensions for small water systems. The Drinking Water State Revolving Fund (DWSRF) administered by the State Health Division, Bureau of Health Protection Services, is available to provide financial assistance to water systems in meeting the new arsenic standard. The primary type of assistance available through the DWSRF is in the form of low-interest loans for infrastructure improvements. However, the DWSRF also funds various technical assistance and source water assessment activities.

Evacuation Tips!!!

- Never use the elevator. You may become trapped!
- Don't panic. Walk, don't run
- Obey the directions in your office evacuation plan
- Do not get in your car and leave—meet at your designated assembly location
- Make certain your supervisor or fellow employees know you've exited the building
- Always take your keys, cell phones, coats, and purse with you
- Stay in single file in the stairways
- Know the location of the nearest exit and alternate exit
- Do not prop open fire and smoke doors
- Once outside, move away from the building, safely away from falling glass/objects



Teen Pregnancy Prevention

By Brady Janes, Bureau of Family Health Services

The first National Day to Prevent Teen Pregnancy has been designated as May 8, 2002. The primary activity for the National Day to Prevent Teen Pregnancy is a fun, interactive, confidential, online "quiz." This National Day activity is sponsored by the National Campaign to Prevent Teen Pregnancy and the National Day's founding partners, Teen People magazine and Teen People Online.

Every May offers the opportunity for reflection on teen pregnancy prevention efforts in Nevada. In 1996, "Responding to Teen Pregnancy in Nevada: A Plan For Action" was released. The four-year plan of action to reduce teen pregnancy stressed the importance of community-based approaches to teen pregnancy prevention. An additional plan of action for the next five years was released in 2000, incorporating recommendations of the previous plan with new recommendations.

The State Partnership for Teen Pregnancy Prevention was formed as a result of Senate Bill 367 of the 2001 Legislative session. The Partnership has been tasked with promoting efforts to prevent or delay early sexual activity and reduce the rate of pregnancies among unmarried teenage girls in Nevada; and cause to be established and promote the recognition of "Teen Pregnancy Prevention Month" in Nevada. The State Partnership has been developing a teen pregnancy prevention social marketing campaign and awarding grants to local projects in the state.

The Nevada State Health Division provides technical support to 45 Community Action Teams across the state. Nevada's Community Action Teams have supported several activities and programs for parents and for youth, such as Baby Think It Over; Positive Choices, Positive Futures; Teen Mentoring programs, Youth Rallies, Youth Development programs, and education through teen clinics.

The Governor's Youth Advisory Council has performed "Abstinence Works!" presentations to over 1,800 youth in Nevada. The interactive presentation provides information on the hardships of teen pregnancy and stresses that abstinence is the only 100% way of not becoming a teen parent or getting a sexually transmitted infection. This May, "Abstinence Works!" will be presented to 675 youth in Nevada.

Nevada's teen birth rates have decreased from 40.31/1,000 girls ages 15-17 in 1996, when teen pregnancy prevention efforts were initiated, to 33.51/1,000 girls ages 15-17 in 2000. Despite recent declines in teen birth rates, at least 3 out of 10 girls in Nevada get pregnant at least once by age 17. Too many teens still think "it can't happen to me."

The National Campaign to Prevent Teen Pregnancy encourages youth and parents to access the online quiz provided by the sponsors on the www.teenpregnancy.org website on May 8, 2002.

For more information regarding Teen Pregnancy Prevention efforts in Nevada, the State Partnership for Teen Pregnancy Prevention, the Governor's Youth Advisory Council, Positive Choices, Positive Futures Workshop, or "Abstinence Works!" presentation, please contact Brady Janes, Child and Adolescent Health Coordinator, at (775) 684-4052.



Hail and



Welcome to **Sheryl Lindquist**, Personnel Technician with our Personnel Office. She transferred from DOT and has eight years of service with the State.



Welcome to **Mark Ryan**, Management Analyst with the WIC Program in the Bureau of Family Health Services. Mark has 17 years of service with the State. Mark transferred from Department of Employment and Training (DETR).



Welcome to **Gil Potter**, Management Analyst with the Bureau of Health Planning and Stats. Ten years with the State, he transferred from Medicaid.

Welcome to **Andrea Scott**, Rehabilitation Program Specialist with the Bureau of Alcohol and Drug Abuse in Las Vegas. Andrea is new to the State. She previously worked with Clark County Family and Youth Service. She has a MSW.

Welcome to **James Bertone**, Rehabilitation Program Specialist with the Bureau of Alcohol and Drug Abuse in Las Vegas. A new State employee, he has a MSW.

Welcome to **Karen Power**, Program Manager with the Cancer Registry in Las Vegas. She's been with the State of Nevada for one year.

Welcome to **Craig Barnes**, Administrative Assistant with the Cancer Registry in Las Vegas. Craig is a new employee with the State.



Doug Schrauth and Judy Wright, Bureau Chief, Bureau of Family Health Services, begin shipping new computers to WIC offices throughout the state. This is Doug's first duty at his new job as the WIC Program Manager. Doug was recently promoted. Congratulations!



Mark Hemmings is no stranger to the Health Division with more than nine years of service. He's the new Program Manager, Primary Care Development Center in the Bureau of Family Health Services. Congratulations!



Welcome to **Rebecca Wilson**, Administrative Assistant with the Oral Health Program in the Bureau of Family Health Services. Rebecca transferred from Employers Insurance Company of Nevada (EICON). She has been with the State for six years.



Welcome back to **Thomas Purkey**, Administrative Services Officer with the Bureau of Health Protection Services. Great to have you back, Tom.

Farewell



Welcome to **Susi Hammons**, Clerical Assistant at the Bureau of Health Protection Services. Susi is new to State service. She has been a hairstylist for the past 33 years.



Welcome to **Lisa Alvarado**, Accounting Assistant with the Bureau of Licensure and Certification. Lisa has two years with the State. She transferred from Department of Administration.



Farewell to **Susan Edwards**, Education and Information Officer with the Bureau of Alcohol and Drug Addiction. Best of luck in your future endeavors!



Welcome to **Mandy Corder**, Clerical Assistant with the Bureau of Health Protection Services. Mandy is new to State service. She has considerable experience in bookkeeping and administration.



Welcome to **Bruce Thompson**, Administrative Assistant with the Bureau of Licensure and Certification in the Emergency Medical Services Section. Bruce is new to State service.



Farewell to **Lei Chen**, Disease Control Specialist, Bureau of Community Health. Lei is now employed with Washoe County. Congratulations on the promotion!



Welcome to **Judy Calandra**, Administrative Assistant with the Bureau of Licensure and Certification. Judy has been with the State for the past two years. She transferred from Bureau of Licensure and Certification.



Welcome to **Martha Framsted**, Public Information Officer with the Health Division. Martha is new to State service and was previously an educator with Douglas County.



Farewell to **Stephanie Graeber**, Administrative Assistant with the Bureau of Family Health. Congratulations on your promotion. Thanks for all the hard work!

Bioterrorism Training

By Jeff Whitesides, Bureau of Community Health

The Health Division's Health Alert Network (HAN) program is currently working in cooperation with the Clark County Health District (Las Vegas), Washoe County District Health Department (Reno) and Southern Nevada Area Health Education Center (AHEC) to conduct training for physicians and emergency healthcare professionals, and to provide education for recognition, reporting and response to bioterrorism. Training began in Las Vegas in September 2001 and is expected to continue through August 2002 with projected statewide bioterrorism training of over 5000 healthcare professionals.

In addition, the HAN distance learning coordinator has created a videotape library of 29 live satellite broadcasts that focus on preparedness and response to acts of bioterrorism.

The following table indicates the number of health professionals receiving bioterrorism training through March 15, 2002.



Summer Institute for Addiction and Prevention Studies

by Trenna Smith-Montes, BADA

The time has arrived to announce the BADA Training Summer Institute for Addiction and Prevention Studies. It will be held July 29 through Aug 2, 2002 at the Orleans Hotel and Resort in Las Vegas, Nevada .

The registration fees for all week – Part I and Part II will be \$285.00. The Substance Abuse Prevention Specialist Training (SAPST) which is a 5 day session will be \$285.00. If attendees wish to attend session parts separately the fee for each is \$185.00. Monday through Wednesday offers the Strengthening Families session for \$185.00. An additional session called Project Alert will be offered on Tuesday only for \$75.00.

BADA funded prevention or treatment program staff will pay \$100.00 for Part I or Part II. If attending both Parts I & II, and SAPST the cost is \$175.00.

Room reservations can be made by calling the Orleans directly at 1-800-675-3267 and identify yourself as an attendee of the BADA Summer School 2002. The room rate is \$80.00 plus tax for July 26 and 27, then the room rate will be \$49.00 plus tax for July 28th through August 1, 2002.

If you have any questions about this training please contact:

Center for the Application of Substance Abuse Technologies:

1-866-617-2818 – BADA Training.

Occupation	Total Trained to Date
PHYSICIANS	382
NURSES	623
OTHER: MEDICAL PROFESSIONALS	87
OTHER: ADMIN/SAFETY PERSONNEL	63
OTHER: SOCIAL WORKERS	14
OTHER: FIRST RESPONDERS	35
BUSINESS EXECUTIVES	125
Total # Trained	1329

Statewide Partnership for Cardiovascular Health

By Kim Neiman, Bureau of Community Health

In Spring 2002, the first Statewide Partnership for Cardiovascular Health was held at Clark County Health District in Las Vegas. They discussed the status of cardiovascular health in Nevada, the creation of partnerships to address the needs, and the formalization of a statewide task force.

The following agencies were represented: Area Health Education Centers, American Heart Association, Carson Tahoe Hospital, Clark County Health District, Community Health Nurses, HealthInsight, HealthSmart, Nevada Diabetes Association for Children and Adults, R.E.A.C.H. (Racial and Ethnic Approaches to Community Health), Rural Health Centers, Sierra Health Services, St. Rose Dominican Hospital, Sunrise Hospital, Valley Hospital, Washoe County District Health Department, Hometown Health, and the Nevada State Health Division. Additional organizations that will be invited to the next meeting were identified.

An important part of the day was spent identifying some of the programs already in place. The presentations included the Chronic Disease Self Management Program, originating out of Stanford University, which emphasizes self-efficacy and has just recently been introduced to Nevada. R.E.A.C.H. 2010, which concentrates on reducing the occurrence of cardiovascular disease among the African American population is supported by a three-year grant from the Centers for Disease Control and Prevention (CDC) and is being implemented by the University of Nevada Cooperative Extension. The Nevada Tobacco Users' Helpline, is supported by the Master Settlement Fund, provides a year long program of support for those wishing to stop using tobacco. The National Diabetes Education Program (NDEP) ABC campaign encourages monitoring your blood sugar, blood pressure, and cholesterol in order to reduce the incidence of heart attack and stroke.

A lengthy brainstorming session resulted in the unanimous decision of creating a statewide task force to address the areas of need throughout the state. A mission statement, "Promote and improve cardiovascular health in Nevada" was agreed upon as well as prioritizing the areas of emphasis. The next step will be to develop a state plan.

For more information, contact Rochelle van der Poel at the Nevada State Health Division, (775) 684-5985.

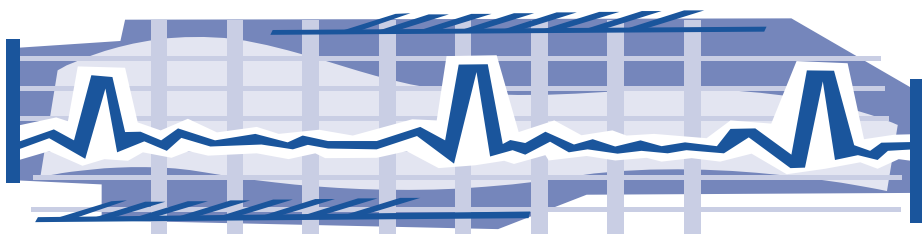
Public Health Training Network (PHTN)

By Mike Huse,
Health Alert Network

The Public Health Training Network (PHTN) is a branch of the CDC that offers a broad range of educational programs that focus on health related issues and offered on a distance learning basis. Most of the programs are delivered through live satellite broadcasts but can also be presented by video streaming and audiotapes.

The Health Alert Network (HAN) staff has created a library of videotapes from earlier live broadcasts and will continue to record future events as they are scheduled. On the website listed below are upcoming PHTN distance learning opportunities sponsored by CDC and other PHTN partners. Please review the following broadcast schedule to determine if a particular program would be of interest to you.

Keep in mind that the schedule is updated on a weekly basis with programs being added to the open dates on the schedule. The schedule can be viewed in its entirety by visiting the Public Health Training Network: www.phppo.cdc.gov/PHTN



New Hepatitis C Coordinator

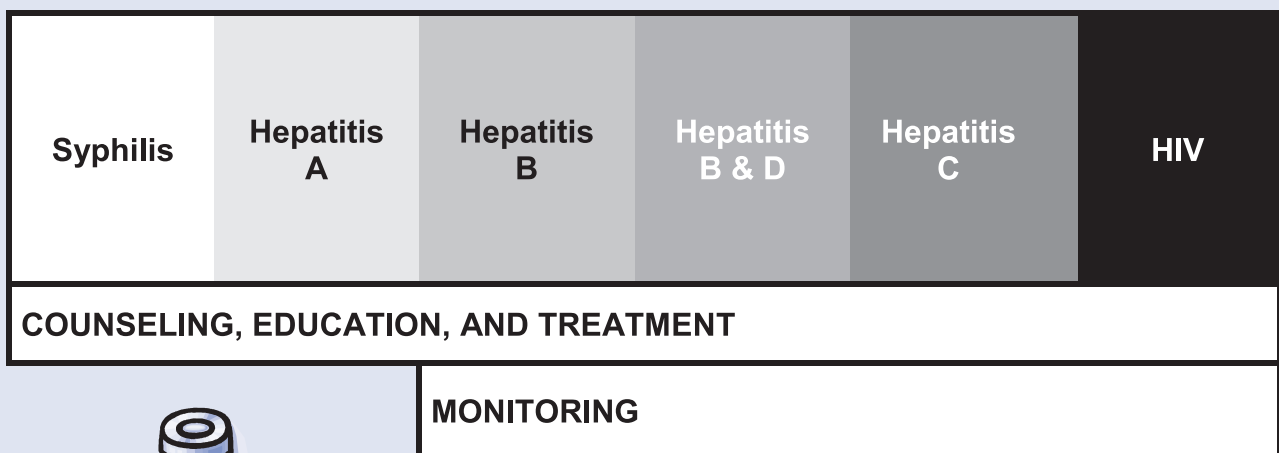
Nevada has recently been awarded funding by the Centers for Disease Control and Prevention (CDC) to hire a Hepatitis C Coordinator. This new coordinator will work to develop an integrated viral hepatitis control, prevention, treatment, and vaccination program in Nevada. Currently, there are few viral hepatitis prevention services in Nevada for persons at high-risk which results in missed opportunities for intervention. Prevention programs currently exist in Nevada for communicable disease outreach (HIV, STD, TB, CD) to vulnerable populations, such as substance abusers including injecting drug users (IDU), males who have sex with males (MSM), and STD clinic clients. Outreach includes counseling, testing and referral.

The new Hepatitis C Coordinator will work to create an integrated statewide approach to viral hepatitis prevention services that will require the collaboration between existing prevention programs.

The overall purpose for integrating viral hepatitis prevention and control services into existing prevention programs is to respond to the burden of disease in a cost-effective, comprehensive and well-coordinated approach. The Nevada State Health Division proposes to:

- Operationalize viral hepatitis services through the development and implementation of an integrated plan. See chart below.
- Develop an integrated systems approach to hepatitis data collection and analysis.
- Conduct integrated data analyses useful for prevention and program planning that can articulate the relationship between behavioral risk, morbidity, and health outcomes.
- Improve hepatitis prevention planning and program evaluation.
- Provide hepatitis A and B vaccination to adult high-risk groups.

A CONTINUUM OF INTERVENTIONS



ETCETERA

Mark Your Calendar! Upcoming Meetings, Seminars, and Conferences

May 2002

3-5 The 2002 Nevada EMS Conference will be held in Winnemucca at the Convention Center located at 50 W. Winnemucca Blvd. A brochure with more information is available on the web: www.unr.edu/med/dept/CEHSO/ems.

15 Quarterly videoconference meetings of the Nevada Diabetes Council – 8:30 – 10:30 a.m. For more information, go to <http://health2k.state.nv.us/diabetes> and click on Nevada Diabetes Council. Call Madeleine Barney at (775) 684-5982.



June 2002

6 Committee on Homeland Security, Contact: Elizabeth Ashby, (775) 687-4240

10-11 Nevada Coalition Against Sexual Violence Conference – Silver Legacy Resort Casino, Reno. For more information contact NCASV at (702) 940-2033 for visit their website: www.ncasv.org.

24-28 Chronic Disease Self-Management Program (CDSMP) Leadership Training. For more information, click on: health2k.state.nv.us/diabetes or call the Nevada Diabetes Association for Children and Adults (NDACA) at (775) 856-3839

July 2002

9 Committee on Homeland Security, Carson City, Contact: Elizabeth Ashby, (775) 687-4240

7-12 8th Annual Tobacco Use Prevention Training Institute, Kansas City, Missouri. For details, visit www.tupti.org or call Charlene Herst, State Tobacco Control Program at (775) 684-5914.

17 Nevada Tobacco Prevention Coalition (NTPC) quarterly meeting: 9:30 a.m.–1:30 p.m. in Reno; location to be determined. For more information, call NTPC at (702) 798-6877 ext. 255.

August 2002

1 Committee on Homeland Security, Carson City, Contact: Elizabeth Ashby, (775) 687-4240

National Health Observances

May

- 5 - 11 National SAFE KIDS Week
- 12 - 18 National Women's Health Week
- 19 - 25 National EMS Week
- 20 - 27 Buckle Up America
- 31 World "No Tobacco" Day

June and July

- Fireworks Safety Month (through July 4)
- 10 - 16 National Men's Health Week

August

- 1 - 7 World Breastfeeding Week
- National Immunization Awareness Month

NEVADA STATE HEALTH DIVISION NEWSLETTER READER INFORMATION

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505 E. King Street, Room 201
Carson City, Nevada 89701-4797

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Charlene Herst, Bureau of Community Health

Frequently Called Health Division Numbers

Nevada State Switch Board North	(775) 684-1000
South	(702) 687-5000
<u>Bureau of Health Division Administration</u>	(775) 684-4200
<u>Bureau of Public Information Officer</u>	(775) 684-4221
<u>Bureau of Health Planning & Statistics</u>	(775) 684-4218
Office of Vital Records	(775) 684-4242
<u>Bureau of Health Protection Services</u>	(775) 687-6353
Drinking Water State Revolving Fund	(775) 687-4750
Environmental Health	(775) 687-4750
Milk Sanitation	(775) 687-3787
Public Health Engineering	(775) 687-4754
Radiological Health	(775) 687-5394
Water (SDWA)	(775) 687-6615
<u>Bureau of Licensure & Certification</u>	(775) 687-4475
Emergency Medical Services	(775) 687-4475
<u>Bureau of Family Health Services</u>	(775) 684-4285
Women, Infants, and Children (WIC)	1-800-8NEVWIC
Baby Your Baby	1-800-4BYBNOW
SCC, Reno	(775) 688-1341
SCC, Las Vegas	(702) 486-7670
<u>Bureau of Community Health</u>	(775) 684-5900
Community Health Promotion / Educator	(775) 684-8014
Community Health Nurse	(775) 684-5900
Women s Health Connection	1-888-463-8942
AIDS Hotline	1-800-842-AIDS
Immunization Program for VFC Providers	(775) 684-5913
Sexually Transmitted Diseases (STD's)	(775) 687-4800
Diabetes Control Project	(775) 684-5949
TB	(775) 684-5938
Health Alert Network	(775) 684-4276
Tobacco	(775) 684-5914
<u>Bureau of Alcohol and Drug Abuse</u>	(775) 684-4190



Department of Human Resources

Nevada Health Division
505 E. King Street, Room 201
Carson City, Nevada 89701
[HTTP://www.state.nv.us](http://www.state.nv.us)

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