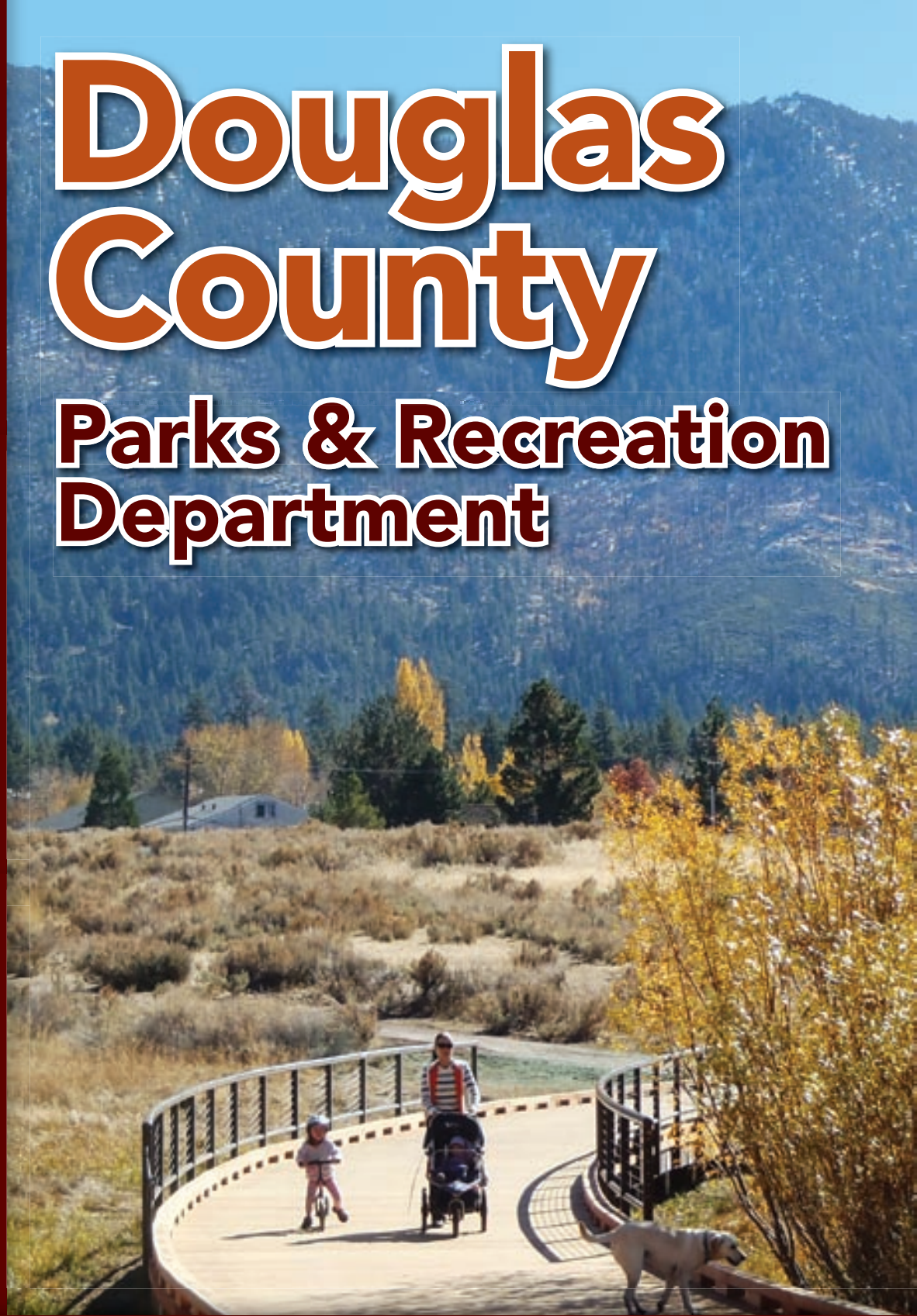




# Douglas County

## Parks & Recreation Department



[www.dcprrsports.com](http://www.dcprrsports.com)  
[www.douglascountynv.gov](http://www.douglascountynv.gov)

Carson Valley & Lake Tahoe **Activity Guide**  
**FALL 2013**



# Medical emergencies never fit into your schedule

*they fit in ours though.*

At Carson Valley Medical Center, it's our job  
to take care of the community.

That's why our Emergency Room is open  
**24 hours a day, seven days a week**  
and is located conveniently at the  
south end of Gardnerville.

Whatever your medical emergency is,  
know that you have access to highly-trained,  
board-certified Emergency Medicine Physicians  
and a skilled emergency nursing staff to treat  
you during your medical emergency.

**For healthcare with a focus on YOU, go to  
Carson Valley Medical Center.**



— [www.cvmchospital.org](http://www.cvmchospital.org) —





# WELCOME

## Director's Note

**Scott Morgan**

Community Services / Parks & Recreation Director

### Impact Improvements

This County has recently completed some Impact Improvements (see cover). With the completion of the Stateline to Stateline Trail (Kahle Drive to Elk Point Road) and the Genoa to Wally's Vista Trail, the residents and visitors of Douglas County will be able to enjoy and see the benefits of these Impact facilities. By Impact I mean facilities that affect conservation, health and wellness and build a stronger community. Some refer to these elements as themes or values; nonetheless they are facilities that will positively impact our community and residents. It is easy to see from the current use of these new facilities that participants are finding the improvements to be environmentally conscious with a heavy emphasis on health, fitness and education, and have created opportunities for social interaction and have inspired a sense of Douglas County pride.

Preserving our natural resources and providing an economic benefit to our community are values that we all can appreciate. Providing additional opportunities to enhance health and wellness in order to reduce obesity, physical inactivity and poor nutrition are attributes that we are achieving through our Parks & Recreation Facility Enhancement Plan.

If you have questions regarding the Stateline to Stateline Trail or the Vista Trail, please contact me at 775-782-9828.

## WHAT'S INSIDE



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## Mission Statement

To continue to create and preserve quality parks and recreation opportunities, serving people of all ages and interests, that positively affect the community and enrich life.

## Parks & Recreation Commission Meetings

Meetings are held the first Tuesday of every month. Locations vary; call the Recreation Department at 782-9828 for meeting location.

### Staff Members

**Parks & Recreation Director** Scott Morgan **Recreation Division** Brian Fitzgerald • Vicki Schussel Sheryl Christian • Traci Dill • Amanda Reid • Patti Gurule • Elizabeth Baumgartner  
**Parks Division** Craig Burnside • Peter Knight • Don Swan • Ryan Stanton • Jerry Harrison • James Howard

### Special Thanks

**The Parks & Recreation Department gratefully acknowledges the continuing support of the following:**  
**County Commissioners** Greg Lynn • Doug Johnson • Barry Penzel • Lee Bonner • Nancy McDermid  
**Parks & Recreation Commission** Cherise Smith • Debra Lang • Kelly Gardner • Celeste Pierini • Elaine Flynn  
 Britta Swanson • Thomas Moore **Douglas County School District**

**Compiled by** G. Pedro Kinner **Layout & Design** Keigh Cox, Sierra Nevada Media Group  
**Advertising Opportunities** please call The Record-Courier at (775) 782-5121



# YOUTH/TEEN

## Winter Break Adventure Camp

**Grades •** K - 6

Campers will enjoy a variety of activities each day all in a safe and secure environment. Activities will include field trips, arts & crafts, games, creative centers, and much more! Calendars are available at the Recreation Office. Spaces are limited and pre-registration is required. Pre-register at the Recreation Department.

**Time •** 7am - 6pm

**Locations •** TBA

(M - F) 12/23 - 1/6\* \$23/day

\*No Camp 12/24, 12/25, 1/1

## Adventure Camp Days

**Grades •** K - 6

Camp will include arts & crafts, games, creative centers, snacks and much more! Look for a flier to be sent home before each date. Spaces are limited and pre-registration is required. Pre-register at the Recreation Department.

**Time •** 7am - 6pm

**Locations •** TBA

(F) 9/27

\$23

(M) 10/7

\$23

(F) 11/1

\$23

(F) 11/15

\$23



## Library Hours

Mon, Tues, Wed • 10am - 7pm

Thurs & Fri • 10am - 6pm

Sat • 10am - 5pm

*Closed on Sundays and Holidays*

For more information call 775-782-9841

## Main Library

### Story Time

Story time\*: Toddler Story time, ages 18 mos. to 3 yrs, Tuesdays at 10:30 a.m. in the Minden Library. Preschool Story time, Ages 3 to 5 years, Tuesdays at 11:15 a.m. in the Minden Library.

*\*All Story time programs are seasonal; please contact the library for detailed information.*

## Kids Club

**Grades •** K - 6

Kids Club is a before and after school recreational enrichment program that is held at all elementary schools. Recreational activities include arts & crafts, games, homework assistance and special events all based on a weekly theme. Daily snacks are provided. Kids Club is offered Monday through Friday, 7am until 8:45am and 3 - 6pm at every elementary school while school is in session, holidays excluded. The fee is paid by the month for the morning program, the after school program or both. The fee is based on \$2.50 per day for the morning program and \$5.00 per day for the afternoon program. Enrollment is based on a first come, first served basis and we will be unable to accept any new enrollments at sites that are currently full. We encourage you to make your payment as early as possible to avoid your child not being able to participate in Kids Club. For more information call 782-9828.

## VALLEY CLASS LOCATION CODES

CCMES ..... C.C. Meneley Elementary School  
 CVMS..... Carson Valley Middle School  
 DC .....Discovery Center  
 DCFG..... Douglas County Fairgrounds  
 DCL..... Douglas County Library  
 DCSR ..... Douglas County Shooting Range  
 DWS .....Dance Workshop  
 GES.....Gardnerville Elementary School  
 JVES ..... Jacks Valley Elementary School  
 LP..... Lampe Park

MES .....Minden Elementary School  
 PHES..... Piñon Hills Elementary School  
 PWL .....Pau-Wa-Lu  
 RA.....Recreation Annex  
 RD.....Recreation Department  
 SC .....Senior Center  
 SES ..... Scarselli Elementary School  
 SP .....Stodick Park  
 SW ..... Sapphire Wizard  
 TBA.....To Be Announced

VALLEY



# YOUTH/TEEN



## Beginning Irish Dance

**Ages** • 5 - 17 **Instructor** • Miriam Blanchette  
 This course will teach the basic techniques and steps of traditional Irish dance. Students will be taught two soft shoe dances, the Basic Reel and Light Jig, and will be invited to local community events such as parades. Students need to wear black shorts or skirt and soft shoes. Class t-shirts can be purchased at class for \$15. Shoes may be purchased from the instructor. Continuing students will be taught the Slip Jig and Single Jig, Two-Hand Reel, Walls of Limerick, and Hard Shoe Dances.

**Time** • 6:15 - 7:15pm **Location** • DWS  
 (T) 9/3 - 9/24 \$55  
 (T) 10/1 - 10/29 \$55  
 (T) 11/5 - 11/26 \$55  
 (T) 12/3 - 12/17 \$55

\*\$5 off sibling discount

## Archery

**Ages** • 8 - 13 **Instructors** • Ellen Lucas & Wendy Vane  
 Learn safe archery practice with certified instructors. There will be lots of opportunity to practice your skills. All equipment will be provided.

**Time** • 3:30 - 4:30pm **Location** • (M) MES (T) PHES  
 (M) 9/9 - 9/30 \$40  
 (T) 9/10 - 10/1 \$40



## Introduction to the Violin

**Grades** • 3 - 6 **Instructor** • John O'Neill  
 This class offers students the opportunity to discover the violin and find out if this is the right instrument for them to study. Participants will be instructed in the proper way to hold the instrument and bow and will learn to play one or two simple melodies. All materials and the use of a violin are included.

**Time** • 3:20 - 4:10pm **Location** • PHES  
 (Th) 10/17 - 11/7 \$25

## Mosaic Face Mobile

**Ages** • 7 - 17 **Instructor** • Mary Ann Crosby  
 Students will enjoy getting their hands dirty while using slab clay to create a one-of-a-kind ceramic face mobile.

**Times** • 4 - 6pm **Location** • SW  
 & 4 - 5:30pm\*  
 (T) 9/10 \$35  
 (T) 9/17\*

## Come Surf my Web

**Ages** • 7 - 17 **Instructor** • Mary Ann Crosby  
 Make a Halloween spider. Students will create a sweet specimen spinning his web in the bottom of a favorite bowl.

**Times** • 4 - 6pm **Location** • SW  
 & 4 - 5pm\*  
 (Th) 9/26 \$35  
 (Th) 10/3\*



## Pinch Pot Turkey

**Ages** • 7 - 17 **Instructor** • Mary Ann Crosby  
 Students will create a plump and perky turkey out of a slab of clay while focuses on ceramic techniques, design elements, as well as self-expression.

**Times** • 4 - 6pm **Location** • SW  
 & 4 - 5pm\*  
 (T) 10/22 \$30  
 (T) 10/29\*

## Basic Clay Animal Sculpture

**Ages** • 7 - 17 **Instructor** • Mary Ann Crosby  
 Students will create a 3-dimensional animal sculpture out of a slab of clay and learn about art history, aesthetics, and criticism with this hands on activity.

**Times** • 4 - 6pm **Location** • SW  
 & 4 - 5pm\*  
 (T) 11/12 \$35  
 (T) 11/19\*

## Snowman Eyes Plate and Mug Set

**Ages** • 7 - 17 **Instructor** • Mary Ann Crosby  
 Students will glaze decorate a snowman plate and mug for the holidays.

**Times** • 4 - 6pm & 4 - 5pm\* **Location** • SW  
 (T) 12/3 \$40  
 (T) 12/10\*

## INSTRUCTORS WANTED!

Call us at 782-9828 if you have a specialty you want to share. We would like to work with you to develop new programs that will work into your schedule.

# TEEN/ADULTS

## Photographic Composition

**Instructor** • Doug Dill

Learn how to see an interesting picture through your camera lens. Discuss composition and how the viewer's eye moves through a photograph. Class will include examples of what not to photograph and how to improve the image. Subject applies to both digital and film photographers.

**Time** • 6 - 9pm

(W) 10/9

(W) 12/4

**Location** • RA

\$15

\$15

## Wildlife Photography

**Instructor** • Doug Dill

This class is a photographer's approach to photographing animals in the wilds. Discussions will include ethics, equipment needed, focusing, lighting, how to hold the camera, proper clothing, blinds and where to look locally for interesting wildlife.

**Time** • 6 - 9pm

(W) 9/18

**Location** • RA

\$15



## Digital Photography

**Instructor** • Doug Dill

Do you only use the point and shoot setting on your digital camera and want to learn more? This class will get you familiar with your camera and to understand how it works. Class will emphasize shutter speeds, aperture openings, and ISO settings, and how they work together to make the photos you intended with your digital. Please read your camera manual before attending class and bring your camera to class.

**Time** • 6 - 9pm

(W) 9/25

(W) 11/13

**Location** • RA

\$15

\$15

## Dog Obedience

**Ages** • 8 and up

**Instructor** • Guy Yeaman

Have you and your canine companion been getting along lately? If you need help in establishing good conduct and curbing bad habits, this course is for you. Guy uses a light handed approach to help you teach your dog to obey the commands: heel, sit, stand, stay and recall. Each dog needs a choke chain, a fabric or leather lead. Dogs must be at least 4 months old.\* Bring a copy of shot records the first day of class. [www.dogmanguy.com](http://www.dogmanguy.com)

**Time** • 7 - 8pm

(W) 9/25 - 10/30

(W) 11/6 - 12/11

**Location** • CVMS/DCFG

\$80

\$80

## Yoga

**Instructor** • John Taylor

Yoga can benefit all body types, ages, and abilities. Classes are accessible to beginners, while providing a challenge for all students. Wear comfortable clothing and bring a yoga mat and water bottle. Class will be offered in 80 - 85 degree temperature.

**Time** • 10 - 11am

(F) 9/13 - 9/27

(F) 10/4 - 10/18

(F) 11/1 - 11/22

(F) 12/6 - 12/20

**Location** • LP

\$5

\$5

\$5

\$5



## Beginner's Tai-Chi

**Ages** • Adults

**Instructors** • Earl Musset

Tai-Chi is a soft martial art, or exercise form, which originated in China thousands of years ago. In this class, we will warm up; do the five animal play series, ten form (longevity) series, "Ba Duan Jin", Nine Temple exercises, eighteen movement, Tai Chi/Qi Gong and others. Each class session will conclude with one or two repetitions of the 24 movement Yang Short Form. Wear comfortable, loose fitting clothes and tennis shoes.

**Time** • 8 - 10am

(Sa) 9/7 - 9/28\*

(Sa) 10/19 - 11/9

(Sa) 11/16 - 11/30

(Sa) 12/7 - 12/21

\*Class held at LP

**Location** • LP/CVMS

\$5

\$5

\$5

\$5

# ADULT VOLUNTEERS WANTED

The volunteer program is designed to encourage community members to volunteer by assisting staff as team members. Volunteers can supplement present services; encourage civic pride and community involvement.

### Through volunteer experiences you can join us in our mission to:

- Provide recreational experiences
- Strengthen community image
- Strengthen safety and security
- Promote health and wellness
- Create community
- Foster human development
- Increase cultural unity
- Protect environmental resources

### Benefits to our Volunteers:

- Gain valuable work experience
- Learn new skills
- Explore career possibilities
- Receive personal satisfaction
- Improve communication skills
- Participant in community issues
- Be a role model to youth
- Share of your talents
- Secure job references
- Make new friends
- Make a positive difference
- Demonstrate leadership
- Receive personal pride and fulfillment

**Become a Volunteer Today!**



# ADULTS

## Beginning Ballroom Dancing

**Instructors** • Craig & Ann Peters  
 Have fun on Friday nights. This is a chance to learn and practice the fundamentals of the Fox Trot, Swing, Waltz, and many Latin dances. This class is designed to provide dancers with confidence and knowledge for the dance floor. Following the last session there will be a party so you will have 2 more hours to practice, socialize, and dance.

**Time** • 7:30 - 8:30pm  
 (F) 9/6 - 9/27 \$80/couple \$45/single  
 (F) 10/4 - 10/25 \$80/couple \$45/single  
 (F) 11/1 - 11/29\* \$80/couple \$45/single  
 \*no class 11/22



## Adult Art Multi Media - Watercolor

**Instructor** • Dana Childs  
 Let professional painter, Dana Childs be the wind beneath your artistic wings on a rewarding and successful journey towards your own creations using your choice of watercolor, graphite pen and ink, oil or acrylic paints. Students will need to bring their own supplies. Supply list available at time of registration.

**Time** • 6:30 - 8pm  
 (T) 10/1 - 11/12

**Location** • RA  
 \$79



## All Day Scrapbooking Workshops

**Instructor** • Jackie Gorton  
 This is the perfect opportunity for family photo historians to start a book or get a project finished. With an entire day and an eight foot table to work at, you can share ideas with others. Tools such as punches, a die cut machine, custom cutting system and many idea books are available for use while other supplies are available for purchase. Bring a dish to share with others for a potluck style lunch or bring a sack lunch for yourself. A "Make & Take" as well as water and a snack are included.

**Time** • 10am - 10pm  
 (Sa) 9/15 \$25  
 (Sa) 11/9 \$25

**Location** • SC  
 \$25

## Christmas Stamp Camp

**Instructor** • Jackie Gorton  
 Students will create a dozen Christmas cards and may choose to create one design for all their cards or multiple designs using up to 4 different layouts. Must be signed up by October 1 and choose card style and quantities. Bring adhesives and 12" trimmer.

**Time** • 10am - 6pm  
 (Sa) 10/12 \$10\*

**Location** • SC  
 \$10\*

\*\$20 material fee to instructor

## Astronomy Today

**Instructor** • Rich Garner  
 This class is an introduction to astronomy with an emphasis on the historical development of astronomy, evolution of stars and galaxies, expanding universe and the search for life in the universe. Every class will conclude with an observing session. The final class on Saturday will be conducted at a dark sky site location with directions TBA in class. Telescopes will be provided.

**Time** • (Th) 7 - 9:30pm  
 (Sa) 6 - 10pm  
 (Th) 9/5 - 10/17  
 (Sa) 10/26

**Location** • RA  
 \$30

## Concealed Weapon Certification

**Ages** • 21 and up  
**Instructor** • Daniel Linn  
 This course, which meets and exceeds the Nevada State CCW requirements, can be taken by CCW applicants or anyone wanting to learn to shoot handguns. Covered in the course will be; Firearms safety, handgun, ammo and holster selection, nomenclature and operation, stances, Nevada State Laws on firearms and the use of deadly force, how to shoot a handgun, and how to maintain and clean a handgun. The course will conclude with live-fire drills at the range, and certificates will be given to successful participants. Students will need: One to three handguns, 150 rounds of FACTORY ammo for the first handgun and 50 rounds for each additional handgun, hearing and eye protection and a baseball style hat for the range. Students will need to bring their own UNLOADED handguns to class.

<b>Times</b> • (W, F) 6 - 9:30pm (Sa) 8 - 11am	<b>Locations</b> • RA DCSR
(W/F) 9/11 & 9/13	
(Sa) 9/14	\$90**
(W/F) 10/16 & 10/18	
(Sa) 10/19	\$90**
(W/F) 11/20 & 11/22	
(Sa) 11/23	\$90**
(W/F) 12/11 & 12/13	
(Sa) 12/14	\$90**

\*\*An additional \$10 insurance fee is payable to the instructor. Spouses are 1/2 price plus \$10 insurance payable to the instructor.



# YOUTH/TEEN SPORTS

## Youth Sports Organization

The Douglas County Parks & Recreation Department prepares and maintains practice and competitive fields used by the Youth Sports Organizations. Questions regarding the sports sponsored by these organizations can be answered by calling the following:

### AYSO Soccer

HOTLINE ..... 783-4079

[www.ayso318.org](http://www.ayso318.org)

### Carson Valley Little League

Debbie Jacobsen ..... 782-7303

### Carson Valley Girls' Softball League

Joey McNich ..... 291-3137

### Carson Valley Swim Team

Carson Valley Swim Center..... 782-8840

[www.carsonvalleyswimcenter.com](http://www.carsonvalleyswimcenter.com)

### Douglas Dolphins Swim Team

[www.ddst.org](http://www.ddst.org)

### Pop Warner

Jim Valentine ..... 782-8777

[www.douglaspopwarner.com](http://www.douglaspopwarner.com)

### Youth Basketball Leagues

Anthony Davis ..... 782-9828

[www.dcprrsports.com](http://www.dcprrsports.com)

### Youth Flag Football Leagues

Anthony Davis ..... 782-9828

[www.dcprrsports.com](http://www.dcprrsports.com)

### Youth Volleyball Leagues

Anthony Davis ..... 782-9828

[www.dcprrsports.com](http://www.dcprrsports.com)

### Youth Wrestling

John Grant ..... 720-2311



## NFL Punt, Pass & Kick Competition

**Ages** • 6-15 Girls & Boys

Compare your football skills with other kids your own age and gender in punting, passing & place kicking skills.

**Time** • 10am to 2pm  
(Sa) 9/14

**Location** • SP

**Cost** • Fun & Free!

**Registration** • Free! *Online at [www.nflppk.com](http://www.nflppk.com)*

### 10 Divisions

*Based on a players age as of Dec. 31, 2013*

**Boys** • 6-7, 8-9, 10-11, 12-13, 14-15

**Girls** • 6-7, 8-9, 10-11, 12-13, 14-15

1. The competition is open to all boys and girls ages 6 -15. Boys and girls compete separately. The five age classifications are based upon the child's age as of December 31st of the current year.
2. There is no charge to participate in the NFL PUNT, PASS & KICK program.
3. No football shoes, turf shoes, cleats or bare feet are allowed. Only soft-sole gym shoes are permitted.
4. All participants must register online [www.nflppk.com](http://www.nflppk.com)
5. The top finisher in each of the boys' and girls' divisions each Local Competition will advance to the Sectional Round...with a chance to advance to the team championships on the field at a NFL game. At all levels of competition, only first-place winners will be considered for advancement to the next level.
6. Competitions are held rain or shine.

## Youth Tennis Clinic

**Age** • 7 - 12

**Instructors** • Ginny Unger & Susan Cowan

This beginner to advanced tennis clinic will provide a great opportunity for students to learn the basics of tennis including serve, footwork, volley and ground strokes. This clinic will also include many fun games to help learn to play tennis. Participants need to bring their own racquet and wear athletic clothing.

**Time** • 4:45 - 5:45pm

**Location** • LP

(M &W) 9/9 & 9/11

\$35

(M &W) 9/16 & 9/18

\$35

(M &W) 9/23 & 9/25

\$35

(M &W) 9/30 & 10/2

\$35

## WANTED OFFICIALS & REFEREES

Douglas County Parks & Recreation is currently looking for qualified officials for Youth and Adult Sports. Officials must be willing to work nights and weekends and have a flexible schedule. Most games last approximately 1 hour. We will train and certify for all sports. Previous officiating is preferred. Willingness to be trained in multiple sports preferred. Please call the Douglas County Parks & Recreation at (775) 782-9828 for more information.





# YOUTH/TEEN SPORTS

## Boys Basketball

**Grades** • 3rd – 8th

The youth boy's basketball league is offered for beginning to advanced players, emphasizing skill development and fun competition. Participants will be assigned to a team through a draft system (see below). Games will be on one day each week at Carson Valley or Pau-Wa-Lu Middle Schools with at least one planned practice each week at a school gym in the area.

**Registration** • 9/12 – until full

*Please sign up early, as registration is limited*

**Season** • (TBA) Dec – Mid March

**Time** • TBA                      **Location** • CVMS & PWL

**Cost** • 3rd - 4th Grade                      \$70\*  
5th - 8th Grade                      \$80\*\*

*\*Includes official, team t-shirt and awards*

*\*\*Includes 2 officials, team t-shirt and awards*

### Leagues

3rd & 4th Grade                      @ CVMS  
5th & 6th Grade                      @ PWL or CVMS  
7th & 8th Grade                      @ PWL or CVMS

*Please sign up early, as registration is limited. A parent permission slip, code of conduct and player registration must be completed at time of registration.*

## Girls Basketball League

**Grades** • 3rd – 8th                      **\*\*2nd Year\*\***

The youth girl's basketball league is offered for beginning to advanced players, emphasizing skill development and fun competition. Participants will be assigned to a team through a draft system (see below). Games will be on one day each week at Carson Valley or Pau-Wa-Lu Middle Schools with at least one planned practice each week at a school gym in the area.

**Registration** • 9/12 – until full

*Please sign up early, as registration is limited*

**Season** • (TBA) Dec – Mid March

**Time** • TBA                      **Location** • CVMS & PWL

**Cost** • 3rd - 4th Grade                      \$70\*  
5th - 8th Grade                      \$80\*\*

*\*Includes official, team t-shirt and awards*

*\*\*Includes 2 officials, team t-shirt and awards*

### Leagues

3rd & 4th Grade                      @ CVMS  
5th & 6th Grade                      @ PWL or CVMS  
7th & 8th Grade                      @ PWL or CVMS

*Please sign up early, as registration is limited. A parent permission slip, code of conduct and player registration must be completed at time of registration.*

## Coed-Teen Basketball Girls & Boys

**Grades** • 9th-12th

The coed girls & boys teen basketball league is offered for beginning to advanced players, emphasizing skill development and fun competition. Participants will be assigned to a team through a draft system. Games will be on Saturday at Carson Valley or Pau-Wa-Lu Middle Schools with at least one planned practice each week at a school gym in the area.

**Registration** • 9/12 – until full

*Please sign up early, as registration is limited*

**Season** • (TBA) Dec – Mid March

**Time** • TBA                      **Location** • CVMS & PWL  
\$80\*

*\*Includes 2 officials, team t-shirt & awards*

### Leagues

9th & 12th Grade                      @ PWL or CVMS  
(Coed)

*Please sign up early, as registration is limited. A parent permission slip, code of conduct and player registration must be completed at time of registration.*



## Pumpkin Patch & Harvest Festival

OPEN SEPTEMBER 28 & 29 AND  
ALL WEEKENDS IN OCTOBER 2013

**THE CORLEY RANCH**  
809 HIGHWAY 296

Weddings • Special Events • Group Tours • Corporate BBQs  
Family Reunions • Indoor Arena • Mini Golf

Call for Hours 775-721-1047

859 Hwy 395 S., Gardnerville • [www.corleyranch.com](http://www.corleyranch.com)  
Your Hosts: Jon & Paula Corley • Joni & John Raper

# ADULT SPORTS

## Adult Winter Volleyball Leagues

**Ages • 18+**

Entry fee is due at time of registration. League size is restricted. All registration is based on first come first serve basis. Returning teams are not guaranteed a space. 12 players are allowed to a roster. Each team will play a minimum of 8 regular season games and participate in the post-season single elimination tournament. Awards for tournament play only. A gift certificate and T-shirts will be awarded for 1st place in the tournament. A gift certificate will be awarded for 2nd place. Game times will be between 7:30 - 9:30pm. Must be at least 18 years old to participate.

**Time • 7:30 - 9:30pm**      **Location • CVMS**  
(M - Th) 11/18

**Registration Begins October 7**

**Registration • Early:**    \$200\* By November 1  
  \*\$225 After November 1

**Registration Deadline • November 8**

### Leagues Offered

- (M) Women's (6 on 6)
- (W) Coed "C" (6 on 6)
- (Th) Coed "B" (6 on 6)

### Managers Meeting

A managers meeting will be held on Tuesday, November 12 at 6pm at the Recreation Annex Building. Schedules will be available at the meeting.



## Adult Flag Football League

**Ages • 18+**

Entry fee is due at time of registration. League size is restricted. All registration is based on first come first serve basis. 15 players are allowed to a roster. Each team will play a minimum of 10 regular season games and participate in the post-season single elimination tournament. Awards will be given for tournament play only. Game times will vary. Players must be at least 18 years old to participate.

**Time • 9am - 2pm**      **Location • LP**  
**Registration • Early:**    \$465    12/16 - 1/10  
  \$515    after 1/10

**Registration Deadline • January 17th**  
**Season • (Su) 1/19 - 4/13**

### Managers Meeting

A managers meeting will be held on Wednesday, January 15th at 6pm at the Recreation Annex Building. Schedules will be available at the meeting.

## Ladies Tennis Clinic

**Instructors • Ginny Unger & Susan Cowan**

This clinic is a beginner class with high intensity conditioning. Class will focus on the basics of tennis and will include a variety of fun games to help learn to play. Participants need to bring their own racquet and wear athletic clothing.

**Time • 6 - 7pm**      **Location • LP**  
(M) 9/9 - 9/30      \$70

## WANTED Officials & Referees

Douglas County Parks & Recreation is currently looking for qualified officials for Youth and Adult Sports. Officials must be willing to work nights and weekends and have a flexible schedule. Most games last approximately 1 hour. We will train and certify for all sports. Previous officiating is preferred. Willingness to be trained in multiple sports preferred. Please call the Douglas County Parks & Recreation at 782-9828 for more information.



**CHECK OUT SPORTS ON THE WEB AT**  
**WWW.DCPRSPORTS.COM**

**All Leagues Sign up Information**

**Forms \* Schedules \* Rules \* Up to Date League Results \* Tournament Brackets \* Championship Photos**



# ACTIVE ADULTS

## Douglas County Senior Services

2300 Meadow Lane, Gardnerville • 783-6455

Douglas County Senior Services provides many activities, services and programs. The Center provides the senior community an opportunity to socialize, enjoy a nutritious meal and get involved in a number of different activities, special events and excursions. Check us out on the web at [www.douglascountynv.gov/index.aspx?nid=97](http://www.douglascountynv.gov/index.aspx?nid=97)



## 15th Annual Health Fair

Douglas County Senior Center will be hosting the 15th Annual Senior Health Fair on January 22nd at the Carson Valley Inn, Minden. The event will be held in the Valley Ballroom from 9am - 12pm. Admission is free. All ages are welcome. There will be many informational booths to include medical, legal, insurance, investment, residential care, chiropractic, vision and a whole lot more. All day raffle benefits Meals on Wheels. If you would like more information or to have a vendor registration packet mailed to you, please call Sheri at (775) 783-6455 or email request to [snorthway@co.douglas.nv.us](mailto:snorthway@co.douglas.nv.us)

## Congregation Dining

The Douglas County Senior Center serves lunch Monday – Friday at 12pm at the Senior Center. Reservations are not required. The suggested donation for lunch is \$2 each day for Seniors over 60 years and older. For guests who are under 60 years of age, lunch is only \$3.50.

## Topaz Congregation Dining

Congregate Dining is provided each Monday, Tuesday and Thursday at 12pm at the Topaz Ranch Estates Community Center located at 3939 Crater Way. The suggested donations for lunch is \$2 each day for Seniors 60 years and older. For guests who are under 60 years of age, lunch is only \$3.50.

## Meals on Wheels

All Seniors 60 years and older who do not have an able bodied adult living with them, are physically or mentally incapacitated and/or unable to leave the house can receive weekly or bi-monthly Meals on Wheels deliveries depending on your location. Deliveries are in town or to outlying areas including: TRE, Indian Hills, Johnson Lane and Stateline. The suggested donation is \$2 per meal.

## Dementia Support Group

Meets the 3rd Wed. of every other month, starting in Sept. from 9:30-10:30 am at the Douglas County Sr. Center. This group will focus on helping caregivers of loved ones affected with dementia address various issues associated with the progression. This group will also help give caregivers direction and reassurance.

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State licensed infants  
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at The Record-Courier today!

**775-782-5121**

The Record-Courier

# ACTIVE ADULTS

## SENIOR CENTER VOLUNTEERS

Many of the programs offered through the Douglas county Senior Center would not be possible without the assistance of DC Senior Center Volunteers. If you have an interest in becoming a volunteer for the senior community, please call (775) 783-6455.

## Homemaker Assistance

If you are 60 years and older, do not have an able bodied adult living with you, and are unable to do daily household chores due to physical and/or mental illnesses, you can receive homemaker services. The service provides weekly, bi-weekly or monthly visits for basic cleaning, laundry and grocery shopping. The suggested donation for service is \$3.00 per hour.

## Douglas County Dial-A-Ride Service

To ensure that our senior citizens and ADA Riders who desire transportation assistance are able to reach their destinations in a timely and safe manner, Douglas County Senior Services offers transportation to the senior center, hair, medical and dental appointments and much more. These rides are coordinated through the DART DIAL-A-RIDE office which can be reached at (775) 783-6455. Please allow one business day for your return call. **We request at least 3 business days notice to schedule a ride.**



782-8840



1600 Hwy 88 • Minden, NV 89423 • Open 7 Days a Week • [www.cvs swim.com](http://www.cvs swim.com)

### Four pools indoors (open year-round):

- A 25-yard by 25-meter, L-shaped, six lane competition pool w/low & high dives in the deep end.
- An activity pool for children, kept at 86°F with water toys.
- A 92°F warm pool, fully accessible, w/ramp, pool lift & stairs for seniors, disabled & special programs.
- Two waterslides empty into the slide pool. These fully enclosed slides are 20 feet high and 180 feet long creating a thrill ride for people of all ages. Minimum height to ride the slide is 48 inches.

### Two outdoor pools (open April-October):

- A 25-yard competition pool in a spectacular setting with a view of Job's Peak and the Sierra Nevada.
- A separate small pool ideal for younger children and families.
- Newly expanded outdoor deck & lawn area. 3 sun canopies & 2 BBQ/Party areas available for rental by reservation.

### Exercise Room:

- Exercise equipment includes:
- Two treadmills • Lifecycle • Life step • Multi-station gym • free weights (3 - 40 lbs)
- A PreCor EFX556 located in the multipurpose room.
- This equipment is available during regular center hours for adult (18+) patrons.



# ACTIVE ADULTS



## USO/Veterans Day Celebration

Join us for the 13th Annual USO celebration on Friday, November 8, 2013 at the Senior Center. The festivities start at 10am. We encourage all veterans to wear their uniforms and to bring in their memorabilia to be displayed in the lobby starting on Monday, November 4th. Live music and guest speakers will help us honor our veterans in style. This is a great way to celebrate our local Veterans. Please join us!

**Time •** 10am - 12pm **Location •** SC  
(F) 11/8



## Carson Valley Community Bingo

Come join us for a fun and exciting afternoon of community bingo on the third Sunday of each month at the Douglas County Senior Center. Doors open at noon with early bird games starting at 1pm and regular games beginning about 1:30pm. All proceeds go to benefit the Young at Heart Senior Citizens Club, which supports activities and programs for the senior community. Even though games are played at the Senior Center, Bingo is open to anyone age 21 and older. For more information contact the Senior Center at (775) 783-6455.

## AARP Driver Safety Course

The class is a refresher course with emphasis upon how age-related changes affect driving. For drivers age 55 and older. The purpose of the class is to help seniors continue to be safe drivers as long as possible. Those who complete the class may be eligible for a discount on their auto insurance. For Class schedules and to Pre-registration call the Douglas County Senior Center at (775) 783-6455. There is a \$14 fee for the class payable to the instructor. AARP members, who bring their membership cards with them the day of the class, are eligible for a \$2 discount.

## Young at Heart Craft Fair

Start your holiday season off right with music, an all day raffle, snacks and gift ideas. Held on the Saturday before Thanksgiving from 8am - 3pm at the Senior Center, the YAH Craft Fair is a one stop spot for holiday cheer. For more information, or to become a vendor, please call Esther at (775) 265-2312.

**Time •** 8am - 3pm **Time •** SC  
(Sa) 11/28

## YAH Senior Christmas Party

This event is open to anyone age 60 and over. Join us for a meal, entertainment and holiday cheer. Please call the Senior Center at (775) 783-6455 for more information.

**Time •** 12pm - 5pm **Location •** SC  
(Sa) 12/7



## YAH Gift Shop

Young at Heart sponsors a gift shop located in the Senior Center lobby. It is open from 9:30-12pm Monday through Friday. All items are hand made and range from jewelry to clothing to decorations. A portion of the proceeds benefit Young at Heart. To shop, or to sell your own items, come in to the Senior Center during Gift Shop hours and check us out. For more info, call (775) 783-6455.

# LIFE OPTIONS ACTIVITIES



## Creativity through Knitting, Crocheting & Needlepoint

Do you enjoy knitting, crocheting and/or needlepoint? Come join the group and get tips and support for your projects. The group meets from 9am – 12pm at the Douglas County Senior Center. (On the 2nd Monday of the month, they meet at the Aspen Mobile Home Park Clubhouse.) There is “no fee” to attend, but seats are limited, so please call and confirm your interest. To reserve a spot or for more information contact Linda Sawtelle at (775) 783-7278.

## Watercolor Classes

These classes are offered at the Senior Center on the 2nd and 4th Thursday of the month from 9am to noon. Cost is \$20 per class, per person, which includes all materials and a completed picture to take home. For more information or to sign up, please call instructor Lada Trimble at (775) 882-6061.

## Sight Impaired Support Group

Meets every 1st Thursday of the month at 10:30am in the Senior Center Ceramics Room. They offer information and support to those with vision challenges, discuss topics of interest and devices that are available to assist those with sight impairment and blindness. For more information, please call the Douglas County Senior Center at (775) 783-6455.

## Ceramics

The Senior Center has a Ceramics room that is open to all seniors Tuesdays and Fridays from 9am – 3pm. You choose a piece to paint, we fire it, and you take it home, all for a small fee and donation for the paints and glazes. Stop by to see Esther and Carolyn or call the center for more information.

**Time •** 9am - 3pm  
(Tu & F)

**Location •** SC



## Green Thumb Garden Club

Meets every 4th Monday of the month at the Methodist Church for March thru November. They discuss different topics each month regarding taking care of your gardens and yards, have guest speakers and scheduled bus trips.

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Lileo Sunderland  
M.F.T.



# LIFE OPTIONS ACTIVITIES

## Anytime Fitness 24/7 Fitness Club

### Ages 60 and over

Anytime Fitness is Minden/Gardnerville's only fitness club open 24 hours a day and 365 days a year with access to 1500 clubs across all 50 states, so we are a great option if you travel! Our entire staff is certified in health & fitness and will be able to assist you to meet your goals! Our Facility offers treadmills, cross trainers, recumbent bikes and strength circuit machines. We also have a group fitness offers studio and offer Yoga, free senior stretch & senior strength classes! Anytime Fitness offers seniors a discounted membership rate, No Enrollment fees, 3 free training sessions & your first month free when you mention Senior Services "LIFE OPTIONS PROGRAM"! For more information about Senior Membership, please contact Greg at (775) 783-5130.

1352 HWY 395 Suite 101-104, Gardnerville NV  
www.anytimeville.com

Time • Mon - Sun Open 24 hours!

## Pulse Fitness

### Ages 60 and over

Stay healthy and active with Pulse Fitness as part of the Senior Services "Life Options" program. If you are 60 and older, you can enjoy the benefits of feeling great and maintaining your health from our various fitness programs for just \$19 a month. We offer 45 group classes, including low impact aerobics, Pilates, yoga, treadmills, elliptical machines, bikes, free weights, selectorized machines. We also have several spinning classes and free onsite day care. Relax in our dry sauna or finish your workout with a healthy drink. All new members will receive a consultation from a Personal Trainer to get you started on your way to a healthy lifestyle. Monthly dues are \$19, and for seniors, there is no Enrollment Fee and a one time \$29 Processing fee. For more information, contact Pulse Fitness at (775) 782-2705 and ask about a senior membership.

885 Mahogany Drive, Minden NV  
www.pulsefitnessnv.com

Times • Monday Friday 4:30am - 10pm  
Saturday & Sunday 7am - 7pm

## Senior Resistance Exercises

Join us each Monday, Wednesday and Friday from 10:30 - 11:15am for our Senior Resistance Exercise Class. Many of the infirmities contributed to aging are prevented or reduced by staying active. Resistance exercise is used to maintain and build strength, muscle mass, muscle tone and muscular endurance. The goal of Senior Resistance training is to increase your ability to produce and sustain muscular power. This class is FREE.

Time • 10:30 - 11:15am

Location • SC

(M, W, F)



Join Now for

**\$0 Enrollment**  
& only **\$19/mo**

**RATE GUARANTEED FOR LIFE!**

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- Over 50 pieces of Cardio equipment
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885 Mahogany Dr • Minden  
**775-782-2705**

Offer Expires  
11/30/13

With this coupon. See clubs for details

# SPECIAL EVENTS

## Farmers Market

Last day September 25th

Find an abundance of fresh farm grown produce brought to you direct from local Nevada and California certified farms. Your weekly community Farmer's Market is open summer mornings from 8am - 1pm at Lampe Park in Gardnerville. Bring a basket and fill it with fruits, baked goodies, vegetables, plants and more. For directions, participation or information call the Recreation Division at 782-9828 or go to [www.fridayeveningmarket.com](http://www.fridayeveningmarket.com).

**Time** • 8am - 1pm  
Wednesdays

**Location** • Lampe  
Free

## Fall Family Costume Ball

Sponsored by

Douglas County 4-H

**Ages** • All

Families can wear their favorite costumes and enjoy an evening of dancing and fall themed activities. Includes prizes to be given for a costume contest, dancing, limbo, and bring a decorated pumpkin contest. Additional entertainment includes face painting, photo booth, pizza and refreshments available to purchase. Tickets go on sale September 6 at the recreation department.

**Time** • 5:30 - 9pm  
(Sa) 10/19

**Location** • DCFG  
\$10 per ticket

Ages 4 and under free

## North Pole Calling Thursday, December 5

**Ages** • 3 - 6

Watch your children's eyes light up when they receive a personal phone call from Santa!! Santa will call to spread the fun and magic of the holidays. We are helping Santa by passing out "Hotline" forms, which will be available after November 18th at the Douglas County Parks & Recreation Department. Santa will be calling Thursday, December 5th. If you would like to be a volunteer Santa, please call the Recreation Division at 782-9828.

**Time** • 4:30 - 6:30pm

FREE

## Carson Valley Arts Council's Gingerbread House Decorating Contest



This annual contest is open to all individuals, families, organizations and clubs. Entries can be a house, church, barn, historical building, castle or any whimsical structure you choose. The Gingerbread House Exhibit at the Carson Valley Museum & Cultural Center opens December 7 and runs through December 21. Winners will be announced at the Artisan's Reception held at the museum on December 21. Applications and complete rules are available at the Lampe Park Recreation Office, the Carson Valley Museum and at the Copeland Cultural Arts Center. For more information contact Dennis Little at 775-267-5634 or [CVGingerbread@aol.com](mailto:CVGingerbread@aol.com).

## Valentine's Day Father / Daughter Sweetheart Dance

**Ages** • All

What better way for dad to celebrate Valentine's Day than with a night out with his favorite girl... his daughter. Come spend a very special evening on the town for fathers (or adult chaperone) and daughters. Couples will dance to DJ music reflecting all tastes and styles. Refreshments will be served and photo keepsakes of the evening will be available for an additional fee. Because of the popularity of this event, early registration is recommended and spaces are limited.

**Time** • 6 - 8:30pm  
(F) 2/7  
(Sa) 2/8

**Location** • SGCC  
\$10/ticket  
\$10/ticket



## STOCKING STUFFER

Father/Daughter Dance Tickets will be available December 13th. The dance will be held on February 7th & 8th at St. Gall Community Center in Gardnerville from 6 - 8:30pm each night.



## Promoting Health Among Teens

The Partnership of Community Resources is hosting free classes for 9-12 and 13-15 year old youth to provide factual health information about changes to their bodies. There is an Abstinence Only Evidence Based Program approved by the Center for Disease Control and provided by Carson City professional health staff. Classes are offered 4 consecutive days, Tuesday thru Friday, after school from Oct 1 - November 15th. Call for more information 775-283-7529.

The Partnership of Community Resources 2014 Resource Directory will be available Oct. 1st. Call 775-782-8611 to learn where to pick one up!



## Fall Colors on Carson Valley's Trails

Trails within the Carson Valley provide the perfect venue for enjoying beautiful fall colors in the Eastern Sierra foothills. Whether you are a walker, hiker, runner, mountain biker or equestrian, these trails provide scenic valley views within a relatively short distance from a trailhead. The Fay-Luther/Job's Peak Ranch loop trail system on Foothill Road includes an educational interpretive loop. The 16-mile Genoa Trail System traverses foothills and canyons near the historic Town of Genoa. The 9.6 mile Sierra Canyon Trail connects with the Tahoe Rim Trail. The 3.8 mile Bently-Kirman Tract Trail on the east side of the valley offers access to the Carson River and panoramic mountain views. (Please note: No mountain bikes, horses or dogs allowed on this trail.) For maps and detailed information about these trails, visit the Carson Valley Trails Association's website: [www.carsonvalleytrails.org](http://www.carsonvalleytrails.org).

## Tours of Dangberg Home Ranch Historic Park

The Dangberg Home Ranch Historic Park preserves an essential part of Carson Valley history. With eight historic structures and a large collection of original artifacts, documents and photographs, visitors can experience 150 years of ranching through the story of H. F. Dangberg and his descendants. The site was the central property of the Dangberg Land & Live Stock Co., once one of Carson Valley's largest ranches, and home to four generations of Dangbergs. Programs include tours, exhibits, school field trips, arts performances and more. Guided history tours are available year-round. Advance tour reservations are required and can be made by calling the park at 775-783-9417. Tour admission is \$8.00 for adults, free for children 16 and younger. The park, located just west of Minden at 1450 Highway 88, can be reserved for weddings, reunions and other events from April through October. Visit [www.dangberghomeranch.org](http://www.dangberghomeranch.org) for more information.

## S.T.O.P Club

The Partnership of Community Resources, Douglas County's substance abuse and wellness coalition recruits youth volunteers in 7th – 12th grades for leadership and advocacy positions to educate and inform their peers about the dangers of alcohol, tobacco and other drug use. The youth group is called S.T.O.P. and stands for Students Taking On Prevention. Sign Up for the S.T.O.P. Club now! Open to 7th-12th grade students. For information call the Partnership at 782-8611 and watch for announcements at your school. **Here's what members had to say about S.T.O.P. during the 2012-13 school year:**

*"It's an incredible experience. Met so many new people. I had a lot of different opportunities like helping in the community and educating others."*

*"STOP has been a truly life changing experience! Not only have I learned of the harmful effects of tobacco, I have most importantly learned lifelong lessons and skills that have bettered me as a person. I am so grateful for this organization."*

*"I was able to give presentations to my peers and this really helped to build my confidence in speaking in front of a class."*

## Ring in Kindness

Designed to lift the hearts of our community members through kindness and caring for each other. Everyone needs, at one time or another, a simple act of kindness in their lives and Ring in Kindness is a project to do exactly that. We are inviting the community to get involved in spreading kindness through handmade pieces of art. Each piece of hanging art will be touched by the hearts and hands of many and hung, anonymously throughout the community for others to find, keep, or pass on to someone who is in need of a simple act of kindness. You can get involved by volunteering your time to create the clay pieces, paint or assemble the bells. You need no artistic ability to be a part of this project. Another way to be involved is to make a cash donation to purchase supplies to perpetuate the community project. We meet the second Tuesday of each month at the Partnership of Community Resources located at 1517 Church Street in Gardnerville. For Information call 782-8611 or 782-5434.



A.V.I.D. (Active Volunteers In Douglas) is a non-profit group that promotes, maintains and supports volunteerism in Douglas County; and provides avenues for recognition and encouragement of volunteers. Any non-profit organization in Douglas County may be a part of A.V.I.D. Nineteen organizations are currently active in A.V.I.D. Other organizations in the County also use volunteers, but do their own recruiting. A person seeking a volunteer position or wishing to change to a different volunteer position may call the organization directly, or coordinate through A.V.I.D. For more information, contact A.V.I.D. at 783-6450 or write: P.O. Box 1057, Minden NV 89423 or visit our website at [www.douglasvolunteers.org](http://www.douglasvolunteers.org)



## Douglas County Community Health

1538 Hwy 395 (south of Wells Fargo)  
Gardnerville  
Hours M-F 8:30 – 4:30

### Services offered:

- Vaccinations for all ages
- TB testing
- Family planning
- Women's health
- Sexual health/STD testing

**SAVE THIS DATE**  
**SATURDAY, OCTOBER 12TH**  
**9AM-1PM**

**FREE drive thru flu pod (clinic)**  
**at Douglas High School**

## Facility Rentals

### Family Picnics • Reunions

### Receptions • Birthday Parties

Douglas County Parks & Recreation Department has many rental facilities that can accommodate your needs for any special occasion. Staff is available to help you identify which facility may best meet your needs. For more information and rates to rent a facility, please call 782-9835 or go to [www.douglascountynv.gov](http://www.douglascountynv.gov).



# LAKE CLASS

# KAHLE COMMUNITY CENTER



## Passes Available

Daily • Monthly • 3 Month • Annual

- Full-size Hardwood Floor Basketball Court
- Suspended Indoor Track
- Big George's Fitness Area with cardio, free weights and machines
- Bouldering Wall for all ages
- Indoor Playground and Game Room
- Preschool
- Special Events
- Programs & Leagues for all ages

## Recreation Center Hours

### NOVEMBER - APRIL

Monday - Friday	6am - 10pm
Saturday	8am - 8pm
Sunday	11am - 4pm

### MAY - OCTOBER

Monday - Friday	6am - 9pm
Saturday	8am - 6pm
Sunday	Closed

- Closed most holidays -

## Facility Rentals

Looking for a location for an upcoming wedding, anniversary, birthday party, company picnic, baby or wedding shower, or meeting? Whatever your needs we have pavilions and indoor facilities available.

For reservation information call Kahle Community Center at 586-7271.

## LAKE CLASS LOCATION CODES

EGC.....	Edgewood Golf Course
KCC.....	Kahle Community Center
KCP .....	Kahle Community Park
RHFS .....	Round Hill Fire Station
TBA .....	To Be Announced
ZCES.....	Zephyr Cove Elementary School
ZCP.....	Zephyr Cove Park

“We’re not just  
a community center,  
**we’re the center**  
of the community”

**Located at: 236 Kingsbury Grade, Stateline, NV 89449  
(775) 586-7271**



# PRESCHOOL

## ROOTS & WINGS

Children's Center  
at Kahle Park

Accredited by the National Association for the Education of Young Children

Director • Shelly Martinez

We are delighted to offer a part-time developmental preschool program at Kahle Park. We endeavor to create an environment in which children respect themselves and others, while inviting their young minds and bodies to think, create, explore, discover, and wonder! Our goal is to inspire a lifelong love of learning. Age appropriate activities in the following curriculum areas will be offered daily: art, math, science, language, sensory, cognitive development, practical life, dramatic play, music, fine and large muscle development.

- **Licensed Pre-school designed for ages 3 - 5 (potty trained)**
- **Program Hours: 9am - 12pm Monday - Friday**
- **2 - 5 day programs: \$21 per day, \$22 per day (after Jan 2014)**
- **Non-refundable Registration Fee: \$100 new students, \$60 returning students**
- **Waiting list (no charge) and info call (775) 586-7271**

### Twosday Mornings

Ages • Birth to Preschool

Instructor • Roots & Wings Teachers

Wanted: Parents, grandparents, and caregivers with young children who would like to spend one morning a week in the company of their peers enjoying structured and spontaneous playful experiences. Fee includes creative art, optional group circle time, use of indoor playground, and use of indoor jogging track with child in stroller.

<b>Time • 9:30 - 11am</b>	<b>Location • KCC</b>
(T) 10/1 - 10/29	\$30
(T) 11/5 - 11/26	\$24
(T) 12/3 - 12/17	\$18

Drop in participants are welcome. The fee is \$8 per class and additional children in the family are \$1 per child per time for the monthly fee and drop in rate.

### Teddy Bear Picnic

Instructor • Recreation Staff

Bring your Teddy Bear to this picnic celebrating make believe play. We'll have Teddy Bear games, art and tasty treats.

<b>Time • 10am - 1pm</b>	<b>Location • KCC</b>
(Sa) 10/5	\$25



### Halloween Carnival Celebration

Sponsored by Kiwanis of Lake Tahoe Sunrisers

Celebrate the spirit of make believe, a sense of community and "spooktacular" happenings, all under one roof at Kahle Community Center on Halloween. The festivities will include carnival games, lots of treats to guarantee a "bootiful" fun, safe and ghoulishly good time for all ages. Community groups invited to host or run a booth. (Th) 10/31 4 - 7pm



### Breakfast with Santa

Sponsored by Mott Canyon

A memorable experience for each hungry child! Come join Santa for a delicious pancake breakfast and get your picture taken with him afterwards! Breakfast with pancakes, OJ, hot chocolate and coffee included!

<b>Time • 9 - 11am</b>	<b>Location • KCC</b>
(Sa) 12/7	\$2 1025.301
<i>Zephyr Cove Ski Club Signups 9am - 11am</i>	

### North Pole Calling

Ages • 3 - 6

Watch your children's eyes light up when they receive a personal phone call from Santa! Santa will call to spread the fun and magic of the holidays. We are helping Santa by passing out "Hotline" forms, which will be available after December 1st at Kahle Community Center. Santa will be calling Thursday, December 12.

<b>Time • 4:30 - 6:30pm</b>	<b>Location • KCC</b>
(Th) 12/12	Free

# PRE-KINDER/YOUTH

### Birthday Parties

Let KCC help you plan, organize and make your child's birthday a special event. Complete our custom party package form and receive a custom quote. At least two weeks advance notice required. For more information call 586-7271.



### Zephyr Cove Library

(775) 588-6411

**Hours •** (W) 11am - 7pm  
(Th/F/Sa) 9am - 5pm

**Book drop at Kahle,** Internet, Wireless, Inter-Library loan, E-books, Audios, DVDs, CDs, Newspapers.

**Library Story Time**

**Time • 9 - 10am**  
**Begins • 9/12** Alternating Thursdays and Fridays

# YOUTH/TEEN



## Winter Break Adventure Days

Grades • K - 6

Enjoy your school break with us by going on field trips, playing games, crafts, and having fun! Fee includes admission, transportation & supervision. Bring a sack lunch and spending money each day. Watch for a flyer coming home from school with more information about activities and how you can sign up for Adventure Days.

**Time •** 7:30am - 6pm

(M)	12/23	\$22
(Th)	12/26	\$22
(F)	12/27	\$22
(M)	12/30	\$22
(Th)	1/2	\$22
(F)	1/3	\$22
(M)	1/6	\$22

**Location •** KCC

## Tae Kwon Do

Ages • 7 - 12

**Instructors •** Chris & Rick Manglinong

Emphasizes such fundamental values as courtesy, integrity, self-discipline, and a positive self-image. The powerful techniques taught in the Tae Kwon Do are exciting and a fun way to stay fit, as well as being an excellent form of self defense.

**Time •** 6 - 7:30pm

(W)	9/11 - 9/25	\$12
(W)	10/2 - 10/30	\$20
(W)	11/6 - 11/20	\$12
(W)	12/4 - 12/18	\$12

**Location •** KCC

*Drop-in \$8 per class.*

## Climbing Wall at KCC

Not ready to scale El Capitan? Kahle Community Center has a bouldering wall great for beginners. Drop-in fee gains access to the wall as well as the rest of the facilities.

## Kid's Club Programs

Grades K - 6

**Registration Begins August 5th**

Kids Club Programs are designed to compliment the school schedule by adding recreational activities in a safe and fun environment. Our dedicated staff are there to offer crafts, games, indoor and outdoor play, snacks and homework time.

**Kahle Community Center**

**Early Birds** 7 - 8:30am

*\$1 drop in per day, school bus pickup.*

**Zephyr Cove Elementary School**

**Kids Club** 3 to 6pm

*\$5 per day\**

*\*Must be enrolled on a monthly basis per published rate schedule.*

## Teen Scene

Friday Nights at

**Kahle Community Center**

Grades • 6 - 12

Shoot hoops, play volleyball, climb the rock wall, and play arcade games or video games. This is the night for teens to enjoy the Community Center with their friends.

**Time •** 6:30 - 9pm

(F) Drop-in \$3\*

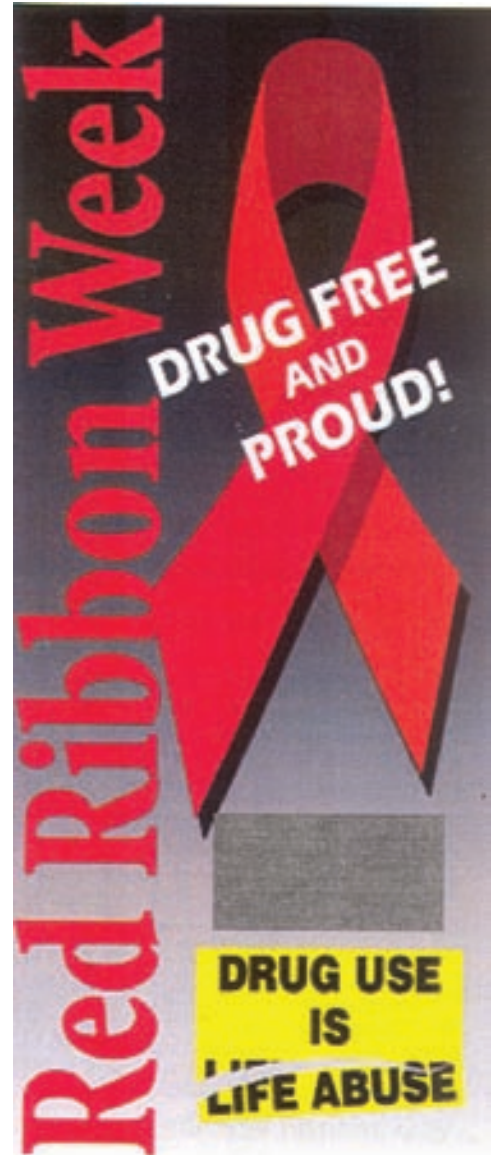
*\*Free to pass holder*

## Zephyr Cove Ski Club Signups

**Time •** 9 - 11am

**Location •** KCC

(Sa) 12/7



## ATTENTION STUDENTS

**Red Ribbon Week  
October 23 - 30, 2013**

**Be drug free  
and show your support!  
Wear your Red Wristband  
and get a  
FREE ICE CREAM  
at the  
Kahle Community Center!**

## Family Health & Fitness Day USA

Saturday, September 28, 2013

**FREE DAY PASS AT KAHLE COMMUNITY CENTER**

The 17th annual Family Health & Fitness Day USA is a national health and fitness day for families, to promote family involvement in physical activity in our community. Check out our Park and our Recreation Center.



# ADULT

## CPR

**Instructors** • Tahoe Douglas Firefighters  
An American Red Cross class for CPR and foreign body airway obstruction and prudent heart living. Emergency Medical System entry and the legalities of these procedures will be discussed.

**Time** • 6 - 9pm **Location** • RHFS  
TBA \$40

*Minimum of 5 required for class to take place. Anyone with special needs may call Kelly at 775-230-6300 for other class availability.*



## Tastes of India

**Instructor** • Ravinder Kaur Saini  
Experience the art of authentic Indian cooking with its fragrant herbs and spicy deliciousness. Learn about the ingredients of Indian cuisine and enjoy a wonderful meal. Different menu each class. \$25 per class plus \$15 materials fee payable to instructor. Pre-register by one week in advance of class. Minimum of 6 students required for class.

**Time** • 6:30-8:30pm **Location** • KCC  
(M) 9/23  
(M) 10/21  
(M) 11/4  
(M) 12/9

## Adult Art

### Multi Media - Watercolor

**Instructor** • Dana Childs  
Let professional painter, Dana Childs be the wind beneath your artistic wings on a rewarding and successful journey towards your own creations using your choice of watercolor, graphite pen and ink, oil or acrylic paints. Students will need to bring their own supplies. Supply list available at time of registration.

**Time** • 2 - 3:30pm **Location** • KCC  
(T) 10/1 - 11/12 \$79

## Dog Obedience

**Instructor** • Guy Yeaman  
Have you and your canine companion been getting along lately? If you need help in establishing good conduct and curbing bad habits, this course is for you. Guy uses a light-handed approach to help your dog to obey commands: heel, sit, stand, stay and recall. Each dog needs a training collar and a fabric or leather lead. Dogs must be at least four months old. Bring a copy of shot records to the first class.

**Time** • 7 - 8pm **Location** • KCC  
(Th) 9/26 - 10/31 \$80  
(Th) 11/7 - 12/19\* \$80

*\*No class 11/28*

## SIGN UP EARLY

If you are interested in a class or program, register today! If a minimum enrollment is not met before its start date, a class or program may be canceled. Find more information at:

[www.douglascountynv.gov](http://www.douglascountynv.gov)

## Tahoe Douglas Christian Preschool

**Open Enrollment Available Now  
Full or Part-time Available**

**Monday-Friday • Ages 18 mo - 5 yrs**

18 mo - 2 years need **NOT** be potty trained

Affordable Rates • Nevada State Licensed • Loving Teachers • Safe Environment

**145 Daggett Way • Kingsbury Grade • 775.588.7450**



**ALIGNMENT  
ATHLETIC  
YIN  
BEACH  
S.U.P.  
BABIES  
MOMMIES  
VINYASA  
& MORE...**





[www.LakeTahoeYoga.com](http://www.LakeTahoeYoga.com) (775) 588-8607

# ADULT FITNESS

## Pilates

**Ages** • 13 & up **Instructor** • Rose Marie Ottman  
Gain strength, flexibility and improve your posture with Pilates mat exercises. This method focuses on core strength to support the low back and improves body awareness, balance and coordination. Joseph Pilates' mindful technique of breathing and muscular control can be applied to sports and daily living. This is a multi-level class – modifications are provided to address individual body issues and abilities. Foam rollers are available for class use on the first Tuesday and Saturday of the month  
**Time** • 10:15 - 11:30am **Location** • KCC (T, Sa) Ongoing \$11/class  
*Punch cards: 4/\$35, 8/\$62*

## Yoga for Athletes

**Ages** • 18 & up **Instructor** • Alison Cotey  
Vinyasa flow that focuses on breathing and movement to promote strength and flexibility in the whole body. Class will be both a physically challenging and teach how yoga practice can enhance breathing and emotional balance in training and racing. Please bring your mat, water, and a positive energy!  
**Time** • 5:30 - 6:30pm **Location** • KCC (M) Drop-in \$5/class



## Personal Training

Being part of a personal training program can create lifelong healthy habits and improve your overall well being. Personal training is provided by training professionals. Personal trainers are available to design and supervise your exercise program. Prices vary. Information is available at KCC front counter.

## Jazzercise

**Instructors** • Sherry Baiocchi, Shannon Shearer  
Power and Cardio in one, FUN, effective 60 minutes total body workout. Jazzercise combines dance-based cardio with strength training and stretching to sculpt, tone and burn maximum fat. Each 60 minute class includes a warm-up, 30 minutes of aerobic segment, muscle toning and strengthening using weights and a full body stretch.  
**Time** (M, W, F, Sa) 9am (T, Th) 5:30pm **Location** • KCC  
*Drop-in fee is \$10 per class to instructor*  
*Monthly reduced fees are available*

## MARTIAL ARTS CLASSES

### Philippine Stick Fighting Arnis

**Ages** • 16 & up **Instructors** • Chris and Rick Manglinong  
Arnis is a blending of the countless styles. Arnis is simple to learn and requires no special conditioning or raw physical strength.  
**Time** • 7:30 - 8:30pm **Location** • KCC  
(W) 9/11 - 9/25 \$18  
(W) 10/2 - 10/30 \$30  
(W) 11/6 - 11/20 \$18  
(W) 12/4 - 12/18 \$18  
*Drop-in \$10 per class*

### Tae Kwon Do

**Ages** • 13 & up **Instructors** • Chris and Rick Manglinong  
Tae Kwon Do emphasizes such fundamental values as courtesy, integrity, self-discipline, and a positive self-image. The powerful techniques taught in the Tae Kwon Do are exciting and a fun way to stay fit, as well as being an excellent form of self defense.  
**Time** • 6 - 7:30pm **Location** • KCC  
(W) 9/11 - 9/25 \$18  
(W) 10/2 - 10/30 \$30  
(W) 11/6 - 11/20 \$18  
(W) 12/4 - 12/18 \$18  
*Drop-in \$10 per class*



## Zumba

**Ages** • 13 - Adult **Instructor** • Lyn Twitchell  
Are you ready to dance yourself into shape with the nation's hottest fitness workout? Zumba® class is a fun, joyful dance fitness program that incorporates rhythms and dance moves from Latin music, belly dancing, hip hop and more. Zumba® will reduce stress, burn calories, and tone your body. It doesn't matter if you think you can dance, if you are comfortable with your body, all are welcome and guaranteed a great workout! So, join the party... first class is free!  
**Time** • (Tu/Th) 8:30 - 9:30am **Location** • KCC (W) 10:30 - 11:30am  
*Youth & Kable Members \$5*  
*Drop-in \$8 per class*  
*Punch cards 4/\$25, 8/\$40*





# ACTIVE ADULT



## AARP Driver Safety Course

AARP's Driver Safety course (55 ALIVE) will be held from 8:30am to 1pm at Kahle Community Center. The class is a refresher course for drivers age 55 and older with emphasis upon how age-related changes affect driving. The purpose of the class is to help seniors continue to be safe drivers as long as possible. Those who complete the course may be eligible for a discount on their auto insurance. Pre-registration is required. There is a \$14 fee payable to the instructor at the class. At this time there are no trainings scheduled at Kahle Park until Spring of 2014.

## Tahoe-Douglas Senior Center (TDSC)

TDSC serves Douglas County's senior population residing in the Tahoe Basin. The Center is located at 885 Hwy 50, next to the fire station on the corner of Warrior Way and Hwy 50. Telephone: 775/588-5140. It is unique among Nevada's senior centers in that it is currently **operated solely by volunteers** and thereby not open every day. Among the many activities and services:

- A monthly membership luncheon is held each second Wednesday of the month at Harrah's.
- Weekly (Tuesdays and Saturdays) **socializing activities** plus **BINGO** sessions beginning at 12 (Noon) and **Texas Hold 'em Poker** (Fridays) beginning at 9:30 am SHARP, call 530/314-0048. Some Tuesday sessions and tournaments are scheduled as well. Thursdays are game days - **Mexican Train**, etc.
- Van trips are offered to Reno/Sparks, Carson City and Minden casinos and

theatrical performances with other destinations being **Lake Tahoe boat cruises, Apple Hill, and Thunderbird Lodge.**

- Distribution of "distressed" bakery items donated by the Roundhill Safeway on Saturdays at the center.
- USDA food commodities are distributed to eligible recipients on the 4th Thursday every other month. Our newsletter describes the USDA family income criteria.
- Van transportation is available for members' medical/dental appointments and shopping. Reservations are required in advance, and a transportation fee is collected.

TDSC current annual membership fee is a nominal \$10 per person per year. The TDSC bi monthly newsletter with activity schedule is available by mail or on line through the Douglas County website at [www.douglascountynv.gov](http://www.douglascountynv.gov).

# YOUTH SPORTS

## 3 on 3

### Girl's Basketball League

**Grades** • 3 - 5

**Staff** • Recreation Staff & Volunteer Coaches  
Kahle Community Center would like to continue it's 3 on 3 girl's basketball league this coming basketball season. If we don't get the minimum number of girls needed for this league, they will have the option of playing in the Youth Basketball League. All participants will be assigned to a team through a draft system. Games will be played at Kahle Community Center once a week in the evenings and teams usually practice at least once a week throughout the season.

**Dates** • Mid-November (practice)  
December - February (games)

**Time** • Game times are 5:30 - 7:30pm

**Registration** • 9/12 until full

(T) 3rd - 5th Grade \$85

*Includes team t-shirt, award, 1 game official and scorekeeper*

### 3 on 3 Middle School Girl's Basketball League

**Grades** • 6 - 8

**Staff** • Recreation Staff & Volunteer Coaches  
Kahle Community Center would like to start a 3 on 3 girl's basketball league this coming basketball season if there is enough interest. If we don't get the minimum number of girls needed for this league, they will have the option of playing in the Middle School Basketball League. All participants will be assigned to a team through a draft system. Games will be played at Kahle Community Center once a week in the evenings and teams usually practice at least once a week throughout the season.

**Dates** • Mid-December (practice)  
January - March (games)

**Time** • Game times are 5 - 8pm

**Games** • Wednesdays & possibly Mondays

**Registration** • 9/12 until full \$85

*Includes team t-shirt, award, 1 game official and scorekeeper*

### Girls Basketball League Information

*Each division is limited to a certain number of participants. Please register early! Please remember if we don't get the minimum number of girls needed for this league, they will have the option of playing in the Youth Basketball League. A parent permission slip needs to be filled out at the time of registration. Requests for teams or coaches will not be granted.*

### Youth Basketball League

**Grades** • 3 - 6

**Staff** • Recreation Staff & Volunteer Coaches

This basketball league is offered for beginning to advanced players and will emphasize skill development and fun competition. All participants will be assigned to a team through a draft system. Games will be played Tuesday or Thursday evenings at Kahle Community Center. Teams will be practicing at least one time during the week throughout the league.

**Dates** • Mid-November (practice)  
December - February (games)

**Time** • Game times between 5:30 & 7:30pm

**Registration** • Begins 9/12 until full

#### Leagues

(T) 3rd & 4th Grade \$70

*Includes team t-shirt and awards*

(Th) 5th - 6th Grade \$80

*Includes team t-shirt, awards and 2 officials*

### Middle School Basketball League

**Grades** • 7 - 8

**Staff** • Recreation Staff & Volunteer Coaches

This basketball league is offered for beginning to advanced players and will emphasize skill development and fun competition. All participants will be assigned to a team through a draft system. Games will be played Wednesday evenings and maybe some Mondays at Kahle Community Center. Teams will be practicing at least one time during the week throughout the league.

**Dates** • Mid-December (practice) 5020.303  
January - March (games)

**Time** • Game times between 5:30 & 7:30pm  
(Wednesdays & possibly Mondays)

**Registration** • Begins 9/12 until full \$80

*Includes team t-shirt, awards and 2 officials*

### Basketball League Information

*Each division is limited to a certain number of participants. Register early to avoid division filling up. A parent permission slip needs to be filled out at time of registration. Requests for teams or coaches will not be granted.*

### Youth Basketball Draft

Due to the increasing size of the Youth Basketball Programs for grades 3 to 8, DCPR has adopted a draft system for player placement on teams. Coaches will be required to attend a paper draft at a future date. Parents will not be able to request a coach or request that children be placed together on teams.

### Youth Sports Organizations

The Douglas County Parks & Recreation Department prepares and maintains practice and competitive fields used by the Youth Sports Organizations. Questions regarding the sports sponsored by these organizations can be answered by contacting the following:

**AYSO Soccer**

[www.sltaiso.com](http://www.sltaiso.com)

**Pop Warner Football**

[www.southtahoepopwarner.com](http://www.southtahoepopwarner.com)

**Little League Baseball**

[www.tahoelittleleague.com](http://www.tahoelittleleague.com)

**Youth Ice Hockey**

[tahoegrizzlies.com](http://tahoegrizzlies.com)

**Track & Field, Cross Country**

[www.adsportstahoe.com](http://www.adsportstahoe.com)

**Zephyr Cove Ski Club**

[www.zephyrcoveskiclub.com](http://www.zephyrcoveskiclub.com)

### Volunteer Coaches & Team Sponsors

Our Girls Basketball, Youth Basketball and Middle School Basketball are in search of volunteer coaches. Without volunteer coaches this program is not possible. If you are unable to coach but would like to help out with these programs, the Recreation Division is looking for team sponsors. If you are interested in helping out, please contact Kahle Community Center at (775) 586-7271.





# ADULT SPORTS

## "30 & Over" Adult 5 on 5 Basketball League

**Registration** • Begins November 4th until Full  
(Register early – Only taking 6 teams)

**Entry Fee** • \$570 per team      **Location** • KCC

**Dates** • Season begins 12/2  
(M) 7 - 9pm

Minimum 10 games and season ending single elimination tournament. Completed rosters are due at the first game. No exceptions.

## COMING THIS SPRING "Open" Adult 5 on 5 Basketball League

**Registration** • Begins February 6th until Full  
(Register early – Limited space available)

**Entry Fee** • \$450 per team      **Location** • KCC

**Dates** • Season begins 3/18  
Games played between 5:30 - 8:30pm

### Divisions Offered

#### Tuesday Night and Thursday night

Minimum 7 games and season ending single elimination tournament. Completed rosters are due at the first game. No exceptions.

## It's Your Turn to Play! Adult Sports

**Ages** • 18 & up

So your vertical isn't what it used to be? But you know you've still got the moves. Enjoy the game in an informal atmosphere. Players of various skill levels are welcome to join in. All participants must be a pass holder to the Community Center or pay the \$7 drop-in fee. Player's must rotate in if more than 2 teams are formed.

### Basketball

(M/W/Th) 12 - 3pm      **Location** • KCC  
(T) 1 - 3pm  
(Sa) 12 - 3pm (half court only)

### Volleyball

**Call 586-7271 to schedule**

*Please check weekly schedule for any schedule changes or planned programs.*



## Zephyr Cove Tennis Club

South Lake's only fully functioning, all age tennis club with programs and events for all ability levels.

- Available for Adult and Junior Lessons
- Tennis Racket stringing

For more information, contact Head Pro Robert Wheatley at 760-485-5454.



## Attention Program Instructors!

Are you interested in teaching a class or program? Do you have a special skill to share with others? Make a few extra dollars teaching others your skills. Call KCC at 586-7271 or stop by.

## “Share Because You Care” Gifts

### Your donations help to provide:

- Sponsorship for Youth & Teens • Supplies for Recreation Programs & Special Events
- Equipment for Kahle Community Center-Sports Equipment
- Park Benches • Trees and Shrubs • Field Lighting • Sod for Fields
- Roping Chutes • Build Playgrounds

For more information on how you can help, call 775-782-9828 Carson Valley or 775-586-7271 Lake Tahoe.

## Become a V.I.P!

### Volunteer in Parks and Recreation

As a volunteer, you can join us in our mission to provide recreational experiences, promote health and wellness and protect and maintain our parks. If you can fill a need or have a skill to share call 775-782-9828 Carson Valley or 775-586-7271 Lake Tahoe.

## Scholarships Available!

We want every child to have the opportunity to participate in recreation activities. Financial assistance is available for many of our programs and youth Kahle Community Center memberships.

### The Foundation for Douglas County Recreation & Senior Centers

Commonly known as the Community Services Foundation

P.O. Box 838, Minden, NV 89423 • (775) 782-9828

## Transportation



### Douglas County Dial-A-Ride Service

Dial-A-Ride offers a curb-to-curb shared ride service to eligible passengers that operates Monday through Friday between the hours of 8am to 5pm in most areas of Douglas County. Dial-A-Ride offers two types of service: ADA (must be certified by a physician and scheduled at least 2 weeks in advance with service available on a prescheduled basis. Rides with less than 2 weeks notice will be scheduled based on availability, including same day requests. This service is only open to residents of the Minden and Gardnerville areas. For more information call Dart at 775-783-6456.



### Tahoe's Smooth Movin' Shuttle

Ride BlueGO to biking, skiing, hiking, swimming, gaming, shopping, walking, kayaking and sailing! We are your ride for getting around South Lake Tahoe, Camp Richardson, Meyers, Stateline, Zephyr Cove, Marla Bay, Round Hill and Upper Kingsbury. Call 530-541-7149 or visit us online at [www.bluego.org](http://www.bluego.org) for more information.

## PHOTOS

Douglas County Parks and Recreation may take photos of participants and facility users. The photos are for department use only and may be used in our Activity Guide and flyers. Please notify the office in writing if you do not wish you or your child to be photographed.



**COMING 2015**



## The NEW Carson Valley Community and Senior Center

### WALK-IN REGISTRATION

Registration accepted at Lampe Park office, Monday through Friday 8am to 5pm  
Kahle Community Center, Monday through Friday 6am to 9pm, Saturday 8am to 6pm

### DROP-OFF REGISTRATION

Payments can be dropped off after hours at Lampe Park office in the night drop box by the front door.

### MAIL-IN REGISTRATION

Douglas County Parks & Recreation Department, P.O. Box 218, Minden, NV 89423  
Kahle Community Center, P.O. Box 5040, Stateline, NV 89449  
Make checks payable to (DCPRD) Douglas County Parks & Recreation Department. Send payment with name of enrollee, program title and code.

### FAX OR PHONE REGISTRATION

Lampe Park office - Register by phone using a M/C or Visa by calling 782-9828 or by fax to 782-9844.  
Kahle Community Center - Register by phone using a M/C or Visa by calling 586-7271 or by fax to 586-7273.

**Register Early! Great classes have been cancelled because of last minute registrations.**

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### Douglas County Parks & Recreation Department Customer Service Locations

Administration Office (Lampe Park Office)  
1323 Waterloo Lane  
Gardnerville, NV 89410  
Phone 782-9828 • Fax 782-9844

Kahle Community Center  
236 Kingsbury Grade  
Stateline, NV 89449  
Phone 586-7271 • Fax 586-7273

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### SATISFACTION GUARANTEE

The Douglas County Parks and Recreation Department is constantly striving to provide you with the highest quality recreation activities, events, and programs. We are confident that you will enjoy these programs, and we will back up commitment to provide high quality services.

Your suggestions, comments or ideas for improvements are appreciated. They will help us do the best job possible.

If you are not completely satisfied, tell us and we will arrange for you to:

1. Repeat the class at NO charge -or-
2. Receive full credit that can be applied to any other program -or-
3. Receive all of your money back.

Satisfaction guarantee requests may be made in person or by calling us at 782-9828. Requests should be made within 5 working days after the first class meeting. Refund checks will be mailed within two (2) weeks.

Please note that due to the nature of the activities, sports leagues, facility rentals, and Kahle Daily Walk-In fees, 30-Day Pass fees and 90-Day Pass fees are not eligible for these refund provisions.

### POLICIES

Full credit will be given for cancellation prior to the activity and a \$5 processing fee will be charged. 100% refund if the department cancels. Refunds take approximately two weeks to receive.

Registration will not be accepted by instructors unless noted. The department has the right to cancel classes. Classes may be canceled if under minimum enrollment. Space is limited in most programs. All registrations are accepted on a first-come, first-serve basis.

Participation in Parks & Recreation Department Programs is at Your Own Risk

**TO REGISTER**

*Home of:*



# CHAPPELL RANCH LLC



**Safe, Fun, Educational Horsemanship**

## **Wild Willy's Horse Camp**

- \* Year-round Programs
- \* Week-long and Weekend Camps; Day Programs
- \* Kids ages 6 and up, including teens

## **KinderPonyPlay**

- \* Children ages 4, 5, & 6 learn beginning horsemanship and riding skills

## **KinderProgram**

- \* Bringing ranch life into your child's life while they learn their ABC's and 1, 2, 3's for 3, 4, & 5 year olds.

## **Group and Private Lessons; Adult Programs; Special Interest Groups; Girls Scouts; Special Events; & Birthday Parties**

## **Equine-Facilitate Life Coaching**

- \* Life Coaching sessions for adults, groups, businesses, and kids with the help of the horse.

## **Chappell Morgan Horses**

**Contact: Kim Chappell 775-265-6483**  
**[www.chappellranchllc.com](http://www.chappellranchllc.com) • [kkc827@aol.com](mailto:kkc827@aol.com)**  
**531 Centerville Lane • Gardnerville, NV**

