

Douglas County

Parks & Recreation Department



www.dcparksports.com
www.douglascountynv.gov

Carson Valley & Lake Tahoe **Activity Guide**
SUMMER 2013

Medical emergencies never fit into your schedule

They fit in ours though.

At Carson Valley Medical Center, it's our job
to take care of the community.

That's why our Emergency Room is open
24 hours a day, seven days a week
and is located conveniently at the
south end of Gardnerville.

Whatever your medical emergency is,
know that you have access to highly-trained,
board-certified Emergency Medicine Physicians
and a skilled emergency nursing staff to treat
you during your medical emergency.

For healthcare with a focus on YOU, go to
Carson Valley Medical Center.



— www.cvmchospital.org —



Carson Valley Medical Center Hospital | Minden Family Medicine & CVMC Complete Care | CVMC Senior Care
Herbig Family Medicine | Alpine Medical | Job's Peak Internal Medicine & Family Practice | Job's Peak General Surgery
Dankworth Family Medical | Topaz Ranch Medical Clinic



WELCOME

Director's Note

Scott Morgan

Community Services / Parks & Recreation Director

Update on trails

Stataline to Stataline bike path

I am pleased to report that the Douglas County is 90% complete on Phase 1B construction of a one mile segment of the South Demonstration Bikeway from Kahle Drive to Elks Point Road with connection to Nevada Beach via the Elks Point bike path. Construction began mid-July 2012 with the bike and pedestrian path and trailhead parking being completed in October. The restroom construction and visitor signage will be completed this spring and is expected to attract over 100,000 visitors annually.

More Stataline to Stataline bike path

Starting construction this summer is a 1.3 mile segment of the Bikeway continuing from Elks Point Road to Round Hill Pines Historic Lodge and beach. It is currently in final design under the Construction Management at Risk (CMAR) program being administered cooperatively between the Tahoe Transportation District and the Nevada Department of Transportation (NDOT). This segment of the bike path is scheduled for construction during the 2013 construction season. The project partners for this segment are NDOT, TTD, U.S. Forest Service, Nevada Division of State Lands, Federal Highway Administration, Douglas County and Tahoe Regional Planning Agency (TRPA). The process to streamline the timeline of the project and contain costs is the first in Nevada for an environmentally sensitive project area such as Lake Tahoe.

Genoa to Walley's Vista Trail

Douglas County would like to invite you to visit Genoa to walk or bike on the recently completed 1.4 mile trail from Walley's Hot Springs to the town of Genoa. This recreational trail offers some outstanding views of the Carson Valley as well as the Sierras and offers another way to access fun things to do when you reach either end of the trail. This is a great way to spend the day and enjoy something new to do in Douglas County.

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Mission Statement

To continue to create and preserve quality parks and recreation opportunities, serving people of all ages and interests, that positively affect the community and enrich life.

Parks & Recreation Commission Meetings

Meetings are held the first Tuesday of every month. Locations vary; call the Recreation Department at 782-9828 for meeting location.

Staff Members

Parks & Recreation Director Scott Morgan **Recreation Division** Brian Fitzgerald • Vicki Schussel Sheryl Christian • Traci Dill • Amanda Reid • Patti Gurule • Elizabeth Baumgartner
Parks Division Craig Burnside • Peter Knight • Don Swan • Ryan Stanton • Jerry Harrison • James Howard

Special Thanks

The Parks & Recreation Department gratefully acknowledges the continuing support of the following:
County Commissioners Greg Lynn • Doug Johnson • Barry Penzel • Lee Bonner • Nancy McDermid
Parks & Recreation Commission Cherise Smith • Debra Lang • Kelly Gardner • Celeste Pierini • Elaine Flynn
 Britta Swanson • Thomas Moore **Douglas County School District**

Compiled by G. Pedro Kinner **Layout & Design** Keigh Cox, Sierra Nevada Media Group
Advertising Opportunities please call The Record-Courier at (775) 782-5121

PRE-KINDER

Preschool Begins September 3

Open House - August 29 • 3:00 - 7:00pm

Discovery Center Preschool

A Place of

Wonder – Discovery – Experience

Ages • 3 - 5 **Director •** Cindy Webb

The Discovery Center is a program which focuses on the developmental needs of all children, and structures its environment with respect to each child's particular learning style. The environment, inside and outside, is rich in the materials young children require in order to grow physically, intellectually and emotionally. Every day your child will have the opportunity to explore and discover all of the education disciplines through play in a structured environment. The staff has been trained to provide children with a positive, non-pressured, non-judgmental school atmosphere and is particularly fluent in Art, Science, Language, Play, Environments, Brain and Child Development. To reserve a space for your child, register at the Recreation Office located at 1323 Waterloo Lane or call for a free brochure and application. Students must be at least 3 years old and potty trained.

Schedule

AM Session • 8:30am - 12pm

Fees and Tuition

2 Sessions a week minimum

2 sessions a week - \$140 Monthly

3 sessions a week - \$190 Monthly

5 sessions a week - \$300 Monthly (*a \$30 savings*)

Library Hours

Mon, Tues, Wed • 10am - 7pm

Thurs & Fri • 10am - 6pm, Sat • 10am - 5pm

Closed on Sundays and Holidays

For more information call 775-782-9841

Story Time

Ages • 3 - 8

Location • DCL

(Tu) 10:30 - 11:30am

Information

The Discovery Center is located in the Recreation Annex at 1327 Waterloo Lane in Gardnerville, across from Lampe Park. For more information call:

Director, Cindy Webb 790-1235

Discovery Center 783-6454

Recreation Department 782-9828

Baby Tunes

Ages • 2 - 3

Director • Tracy George

This introductory class contains ballet, creative movement and a whole lot of fun. Young dancers will learn the basic steps while learning how to follow direction and imitate movement. Engaging music is used to inspire dance and the use of props such as hula hoops, maracas, parachutes and balance beam enable imagination, creativity and fun. Wear ballet shoes and comfortable clothes.

Time • (M) 5 - 5:30pm

Location • DWS

(T) 9:30 - 10am

(M) 7/8 - 7/29 \$35 1037.201

(T) 7/9 - 7/30 \$35 1037.202

(M) 8/5 - 8/26 \$35 1037.203

(T) 8/6 - 8/27 \$35 1037.204

Tiny Tunes

Ages • 3 - 5

Director • Tracy George

The purpose of this class is to introduce young dancers to the basics of dance and to inspire movement and creativity within a positive environment. Both tap and ballet will be taught with the use of fun props such as maracas, scarves, fairy wands, wobbly balance beams and more. Students will need tap and ballet shoes and wear comfortable clothes.

Time • (M) 5:30 - 6:30pm

Location • DWS

(T) 10:15 - 11:15am

(M) 7/8 - 7/29 \$55 1036.201

(T) 7/9 - 7/30 \$55 1036.202

(M) 8/5 - 8/26 \$55 1036.203

(T) 8/6 - 8/27 \$55 1036.204

VALLEY CLASS LOCATION CODES

CCMES C.C. Meneley Elementary School
 CVMS Carson Valley Middle School
 DC Discovery Center
 DCFG Douglas County Fairgrounds
 DCL Douglas County Library
 DWS Dance Workshop
 EXT Nevada Co-op Extension
 GES Gardnerville Elementary School
 JVES Jacks Valley Elementary School

LP Lampe Park
 MES Minden Elementary School
 PHES Piñon Hills Elementary School
 RA Recreation Annex
 RD Recreation Department
 SC Senior Center
 SES Scarselli Elementary School
 SP Stodick Park
 TBA To Be Announced



YOUTH/TEEN

Summers Night's Dance Program

Sign up for up four classes and receive a 10% discount

Modern Monday Dance

Ages • 6 - 18 **Instructors** • Tracy George
Modern dance is a dance style that centers on a dancer's own interpretations instead of structured steps, as in traditional ballet dancing. Modern dancers reject the limitations of classical ballet and favors movements derived from the expression of their inner feelings. This class is for the novice as well as those with some experience.

		Location • DWS	
Time •	Ages: 6 - 10	6:30 - 7pm	
	Ages 11 - 18	6:30 - 8pm*	
(M)	7/8 - 7/29	\$55	1144.201
(M)	7/8 - 7/29	\$70*	1144.202

World Dance Wednesdays

Ages • 6 - 18 **Instructor** • Tracy George
Learn different styles of dance from around the world. This fun and energetic class will introduce the student to African, Afro Caribe, Latin, Folk, Turkish and even good old American Folk Dance. This class is for multi levels of experience. Students will need jazz shoes and wear comfortable clothes.

		Location • DWS	
Time •	Ages: 6 - 10	5 - 6pm	
	Ages 11 - 18	6 - 7pm	
(W)	7/10 - 7/31	\$55	1146.201

Turning Tuesdays

Ages • 6 - 18 **Instructors** • Tracy George
Get ready to spin and fly in this class! This is a fun, fast paced class geared to younger dancers. Class will start with a warm-up and stretch, then learn all of the fabulous turns and tricks that you see dancers do. You will also learn how to execute high flying leaps and jumps. This class is for multi levels of experience. Students will need jazz shoes and wear comfortable clothes.

		Location • DWS	
Time •	Ages: 6 - 10	5 - 6pm	
	Ages 11 - 18	6 - 7pm	
(T)	7/9 - 7/30	\$55	1145.201

Theatrical Thursdays

Ages • 6 - 18 **Instructor** • Tracy George
This class is a musical theater, choreography basic, where you get to make up the dances. We will study Broadway and Hollywood big productions and develop our own style. Dancer will also learn about costuming a show and how to apply makeup for the stage. This class is for the novice as well as those with some experience. Students will need jazz shoes and wear comfortable clothes.

		Location • DWS	
Time •	Ages: 6 - 10	5 - 6pm	
	Ages 11 - 18	5 - 6:30pm*	
(Th)	7/11 - 8/1	\$55	1147.201
(Th)	7/11 - 8/1	\$70*	1147.202

July is Parks & Recreation Month

Recreation facilities and parks across the country annually use July to celebrate the kick off of summer programming as well as a time to pull their communities together to volunteer, get involved in great outdoor physical activities and advocate for parks and recreation.

Archery

Ages • 8 - 13 **Instructors** • Ellen Lucas & Wendy Vane
Learn safe archery practice with certified instructors. There will be lots of opportunity to practice your skills. All equipment will be provided

Time •	3:30pm - 4:30pm	Location • PHEs	
(Th)	5/2 - 5/23	\$40	1142.201

Summer Adventure Camp

Grades • 1 - 6
(ages 5 - 12) Age 5 must have already attended a year of Kindergarten.

Campers will enjoy a variety of activities each day all in a safe and secure environment. Activities will include field trips, arts & crafts, games, creative centers, and much more! Calendars are available at the Recreation Office. Spaces are limited and pre-registration is required. Pre-register at the Recreation Department.

Time • 7am - 6pm **Locations** • TBA
(M - F) 6/3 - 8/16* \$23/day**

*No Camp 7/4

**Some trips may cost more due to trip destination, check weekly schedule for trip & cost



Kids Club

Grades • K - 6
Kids Club is a before and after school recreational enrichment program that is held at all elementary schools. Recreational activities include arts & crafts, games, homework assistance and special events all based on a weekly theme. Daily snacks are provided. Kids Club is offered Monday through Friday, 7am until 8:45am and 3 - 6pm at every elementary school while school is in session, holidays excluded. The fee is paid by the month for the morning program, the after school program or both. The fee is based on \$2.50 per day for the morning program and \$5.00 per day for the afternoon program. Enrollment is based on a first come, first served basis and we will be unable to accept any new enrollments at sites that are currently full. We encourage you to make your payment as early as possible to avoid your child not being able to participate in Kids Club. For more information call 782-9828.



TEEN/ADULTS

Dog Obedience

Ages • 8 and up **Instructor** • Guy Yeaman
 Have you and your canine companion been getting along lately? If you need help in establishing good conduct and curbing bad habits, this course is for you. Guy uses a light handed approach to help you teach your dog to obey the commands: heel, sit, stand, stay and recall. Each dog needs a choke chain, a fabric or leather lead. Dogs must be at least 4 months old.* Bring a copy of shot records the first day of class.

Time • 7 - 8pm **Location** • CVMS
 (W) 6/5 - 7/17* \$80 1422.203
 (W) 7/24 - 9/18* \$80 1422.205

*no class 7/3, 8/21, 8/28, 9/4



Introduction to Soaring

Ages • Adults **Instructors** • Russell Holtz
 Have you ever wanted to fly? In this course you will learn about the sport of soaring, including what it takes to fly a glider, how to obtain a private pilot certificate with a glider rating, as well as the basic aerodynamics and performance of gliders and how the basic flight maneuvers are performed and flight instruments. A glider specific flight simulator will be used for demonstrations and for students to practice what they learn.

Times • 9am - 12pm **Location** • WCMA
 (Sa) 5/18 \$30 1751.201
 (Sa) 6/22 \$30 1751.202
 (Sa) 7/13 \$30 1751.203
 (Sa) 8/24 \$30 1751.204



Yoga

Ages • Adults **Instructors** • John Taylor
 Yoga can be of benefit to all body types, ages and abilities. Classes are accessible to beginners, while providing a challenge for all students. Wear comfortable clothing and bring a yoga mat and a water bottle. Class will be offered in an 80 - 85 degree temperature room.

Time • 10 - 11am **Location** • LP
 (F) 5/10 - 5/31 \$5 1709.201
 (F) 6/7 - 7/5* \$5 1709.202
 (F) 7/12 - 8/2 \$5 1709.203

*No class 6/14



Beginner's Tai-Chi

Ages • Adults **Instructors** • Earl Musset
 Tai-Chi is a soft martial art, or exercise form, which originated in China thousands of years ago. In this class, we will warm up; do the five animal play series, ten form (longevity) series, "Ba Duan Jin", Nine Temple exercises, eighteen movement, Tai Chi/Qi Gong and others. Each class session will conclude with one or two repetitions of the 24 movement Yang Short Form. Wear comfortable, loose fitting clothes and tennis shoes.

Time • 8 - 10am **Location** • LP
 (Sa) 5/4 - 6/1* \$5 1710.201
 (Sa) 6/8 - 6/29 \$5 1710.202
 (Sa) 7/6 - 7/27 \$5 1710.203
 (Sa) 8/3 - 8/24 \$5 1710.204

*no class 5/11

ADULT VOLUNTEERS WANTED

The volunteer program is designed to encourage community members to volunteer by assisting staff as team members. Volunteers can supplement present services; encourage civic pride and community involvement.

Through volunteer experiences you can join us in our mission to:

- Provide recreational experiences
- Strengthen community image
- Strengthen safety and security
- Promote health and wellness
- Create community
- Foster human development
- Increase cultural unity
- Protect environmental resources

Benefits to our Volunteers:

- Gain valuable work experience
- Learn new skills
- Explore career possibilities
- Receive personal satisfaction
- Improve communication skills
- Participant in community issues
- Be a role model to youth
- Share of your talents
- Secure job references
- Make new friends
- Make a positive difference
- Demonstrate leadership
- Receive personal pride and fulfillment

Become a Volunteer Today!

ADULTS

Concealed Weapon Certification

Ages • 21 and up **Instructor** • Daniel Linn
 This course, which meets and exceeds the Nevada State CCW requirements, can be taken by CCW applicants or anyone wanting to learn to shoot handguns. Covered in the course will be; Firearms safety, handgun, ammo and holster selection, nomenclature and operation, stances, Nevada State Laws on firearms and the use of deadly force, how to shoot a handgun, and how to maintain and clean a handgun. The course will conclude with live-fire drills at the range, and certificates will be given to successful participants. Students will need: One to three handguns, 150 rounds of FACTORY ammo for the first handgun and 50 rounds for each additional handgun, hearing and eye protection and a baseball style hat for the range. Students will need to bring their own UNLOADED handguns to class.

Times • (W, F) 6 - 9:30pm (Sa) 8 - 11am	Locations • RA DCSR
(W/F) 5/15 & 5/17	
(Sa) 5/18	\$90** 1745.201
(W/F) 6/12 & 6/14	
(Sa) 6/15	\$90** 1745.202
(W/F) 7/17 & 7/19	
(Sa) 7/20	\$90** 1745.203
(W/F) 8/14 & 8/16	
(Sa) 8/17	\$90** 1745.204

***An additional \$10 insurance fee is payable to the instructor. Spouses are 1/2 price plus \$10 insurance payable to the instructor.*



All Day Scrapbooking Workshops

Ages • Adults **Instructor** • Jackie Gorton
 This is the perfect opportunity for family photo historians to start a book or get a project finished. With an entire day and an eight foot table to work at, you can share ideas with others. Tools such as punches, a die cut machine, custom cutting system and many idea books are available for use while other supplies are available for purchase. Bring a dish to share with others for a potluck style lunch or bring a sack lunch for yourself. A "Make & Take" as well as water and a snack are included.

Time • 10am - 10pm	Location • SC
(Sa) 5/18	\$25 1720.201
(Sa) 7/13	\$25 1720.202

INSTRUCTORS WANTED!

Call us at 782-9828 if you have a specialty you want to share. We would like to work with you to develop new programs that will work into your schedule.

Foundations of Investing

Ages • Adults **Instructor** • Jackie Gorton
 Don't let fears of the unknown prevent you from investing in your future. Getting started can be easier than you think if you understand the basics. Whether you are new to investing or need a refresher, in this class you will learn the key features of bonds, stocks and mutual funds, the importance of asset allocation and the impact of inflation on your long-term goals.

Time • 9am	Location • EJ
(T) 5/14	\$10 1791.201
Time • 4:30pm	Location • EJ
(W) 5.22	\$10 1791.202



Astronomy Today

Ages • Adults **Instructor** • Rick Garner
 This class is an introduction to astronomy with an emphasis on the historical development of astronomy, evolution of stars and galaxies, expanding universe and the search for life in the universe. Every class will conclude with an observing session. The final class on Saturday will be conducted at a dark sky site location with directions TBA in class. Telescopes will be provided at the dark sky site only.

Time • (T) 7:30 - 10pm (Sa) 8 - 10:30pm	Location • RA
(T) 6/4 - 6/25	
(Sa) 6/29	\$30 1747.201
(T) 7/2 - 7/23	
(Sa) 7/27	\$30 1747.202



YOUTH/TEEN SPORTS

Youth Sports Organization

The Douglas County Parks & Recreation Department prepares and maintains practice and competitive fields used by the Youth Sports Organizations. Questions regarding the sports sponsored by these organizations can be answered by calling the following:

Carson Valley AYSO Soccer

Hotline 855-297-6318
www.cvayso.org

Carson Valley Little League

Debbie Jacobsen 782-7303

Carson Valley Girls' Softball League

Joey McNich 291-3137

Carson Valley Swim Team

Carson Valley Swim Center..... 782-8840
www.carsonvalleyswimcenter.com

Douglas Dolphins Swim Team .. www.ddst.org

Pop Warner

Jim Valentine 782-8777
www.douglaspopwarner.com

Youth Basketball Leagues

Anthony Davis 782-9828
www.dcprrsports.com

Youth Flag Football Leagues

Anthony Davis 782-9828
www.dcprrsports.com

Youth Volleyball Leagues

Anthony Davis 782-9828
www.dcprrsports.com

Youth Wrestling

John Grant 720-2311

NFL Punt, Pass & Kick Competition

Ages • 6 - 15 coed

Compare your football skills with other kids your own age and gender in punting, passing & place kicking skills. 10 Divisions: Based on a players age as of Dec. 31, 2013

Boys 6-7, 8-9, 10-11, 12-13, 14-15.

Girls 6-7, 8-9, 10-11, 12-13, 14-15.

Time • 10am - 2pm **Location • SP**

(S) 9/14 Free

Online registration www.nflppk.com

Must sign up online; no event day registration

Youth NFL Flag Football

Ages • 5 - 14

Flag Football teaches boys and girls the fundamentals of football, good sportsmanship, and teamwork all in a fun, non-competitive way. Boys and girls play on the same teams. Players receive a reversible NFL Flag jersey, mouthpiece, and an individual trophy. All games are played on Saturday's. Participants will be divided into four age groups, 5-6, 7- 8, 9-11 and 12-14. Players must be 5yrs by September 1, 2013 and cannot be 15 before September 1, 2013. Teams will be formed through a draft system. Volunteer coaches are also needed. A background check is required for all volunteer coaches (**All Coaches must be background cleared by August 9, 2013**) Sign up players fast, as space is limited.

Time • 9am - 4pm **Location • SP**

Registration • (M) 4/15 - until full
(enrollment based on number of coaches)

Draft • (W) 8/14 & (Th) 8/15 TBA

Season • (Sa) 9/7 - 11/9

Player Skills Training

Time • 5:30 - 8pm **Location • LP**

(M) 8/26 Div: #3 (9 - 11 coed)

Div: #4 (12 - 14 coed)

(T) 8/27 Div: #1 (5 - 6 coed)

Div: #2 (7 - 8 coed)

Meet your coach and teammates Rain or Shine!

Cost & Leagues

Includes Jersey, Awards, Mouthpiece & Officials

5 - 6yrs coed \$75 5041.201

7 - 8yrs coed \$80 5041.202

9 - 11yrs coed \$80 5041.203

12 - 14yrs coed \$80 5041.204

*A parent permission slip & online NFL registration slip (www.NFLflag.com) must be completed at time of registration.

Challenger British Soccer Camp

Ages • 5 - 16

The Douglas County Parks and Recreation Department will be taking registration for the Challenger British Soccer Camp to be held July 15 - 19, 2013. Emphasis is placed on the development of the most important and commonly used skills at each age group by breaking down the skills into technical components and then applying them in practice, drills and a challenging format.

Half Day Camp (Ages 5 - 10)

Time • 9am - 12pm **Location • AP**
(M-F) 7/15 - 7/19 \$167 5019.201

Half Day Camp (Ages 11 - 16)

Time • 1pm - 4pm **Location • AP**
(M-F) 7/15 - 7/19 \$167 5019.202

Full Day Camp (Ages 8 - 16)

Time • 9am - 4pm **Location • AP**
(M-F) 7/15 - 7/19 \$241 5019.203

Register Today!

Visit our web site www.dcprrsports.com or registration.challengersports.com/FindACamp

HOST A COACH

Make this experience even more special for your children by hosting one of our professional British coaches during your week of camp. Call 782-9828 for more information.



TEEN/ADULT SPORTS



Beginner Tennis

Ages • 13 - up **Instructor** • Derek Barraclough
This one hour class is for those who are new to the game or have limited playing experience. The class will focus on the fundamentals of ball tracking, footwork, forehand, backhand, and serve.

Time • 9 - 10am **Location** • LP
(T) 7/17 - 7/31 \$30 1795.201
(T) 8/7 - 8/28 \$40 1795.202

Intermediate Tennis Levels 2.5 – 3.5 NTRP

Ages • 13 - up **Instructor** • Derek Barraclough
An hour and a half of singles and doubles live ball drills and play. This is a fun way to exercise, improve your technique and strategy as they apply to tennis.

Location • LP
Time • Session 1 9:30 - 11am
(M) 7/15 - 7/29 \$45 1796.201
(M) 8/5 - 8/26 \$60 1796.202
(W) 7/17 - 7/31 \$45 1796.203
(W) 8/7 - 8/28 \$60 1796.204

Youth Tennis Clinic

Ages • 7 - 12 **Instructor** • Robert Shawhan, USPTA PRO 2

This beginner to advanced tennis clinic will provide a great opportunity for students to learn the basics of tennis including serve, footwork, volley and ground strokes. This clinic will also include many fun games to help learn to play tennis. Participants need to bring their own racquet and wear athletic clothing.

Location • LP
Time • Session 1 8:30 - 9:50am
Session 2 10 - 11:20am
(M -Th) 6/3 - 6/6 \$55 1193.201
(M -Th) 6/10 - 6/13 \$55 1193.202
(M -Th) 6/17 - 6/20 \$55 1193.203
(M -Th) 6/24 - 6/27 \$55 1193.204
(M -Th) 7/8 - 7/11 \$55 1193.205

Teen/Adult Tennis Clinic

Ages • 13 - up **Instructor** • Robert Shawhan, USPTA PRO 2

This beginner to intermediate tennis clinic will provide a great opportunity to learn new tennis skills as well as brush up on current skills. This clinic will focus on the basics of tennis including serving, ground strokes, volley, as well as team play. This clinic will also include many fun games to help learn to play tennis. Participants need to bring their own racquet and wear athletic clothing.

Location • LP
Time • 6 - 7:30pm
(M -Th) 6/3 - 6/6 \$55 1793.204
(M -Th) 6/10 - 6/13 \$55 1793.205
(M -Th) 6/17 - 6/20 \$55 1793.206
(M -Th) 6/24 - 6/27 \$55 1793.207
(M -Th) 7/8 - 7/11 \$55 1793.208

Conditioning Through Tennis

Ages • 18 - up **Instructor** • Derek Barraclough
A dynamic warmup followed by an hour of heart pumping tennis with nonstop tennis drills designed to get you moving and improve your tennis skills. Session will end with a cool down to ensure a safe and proper workout.

Location • LP
Time • Session 1 8 - 9am
(M) 7/15 - 7/29 \$45 1797.201
(W) 7/17 - 7/31 \$45 1797.202

Check out sports on the web at

WWW.DCPRSPORTS.COM

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Valley Pediatric Dentistry

775.782.8077 • ValleyPediatricDentist.com

1701 County Road, Suite 1 • Minden, NV 89423



ADULT SPORTS

WANTED

Officials & Referees

Douglas County Parks & Recreation is currently looking for qualified officials for Youth and Adult Sports. Officials must be willing to work nights and weekends and have a flexible schedule. Most games last approximately 1 hour. We will train and certify for all sports. Previous officiating is preferred. Willingness to be trained in multiple sports preferred. Please call the Douglas County Parks & Recreation at 782-9828 for more information.



5th Annual Carson Valley Days Grass Volleyball Tournament

Guarantee 3 games in pool play plus elimination tournament. Games and times will be determined by the numbers of teams/divisions that sign up. Games will be played at Lampe Park, field 1 in Gardnerville. Sign in at 8am, games start at 9am. Player should bring food, water, shelter, seating and volleyball.

Divisions

Adult Women's (16 & older)	4 vs 4
Adult Men's (16 & older)	4 vs 4
Adult Coed (16 & older)	4 vs 4
Youth (Grades 5/6, 7/8 & High School)	6 vs 6
(Su) 6/9 \$15/per adult per team	5003.201
\$5/per youth per team	

Adult Fall Volleyball Leagues

Ages • 18+

Entry fee is due at time of registration. League size is restricted. All registration is based on first come first serve basis. Returning teams are not guaranteed a space. 12 players are allowed to a roster. Each team will play a minimum of 8 regular season games and participate in the post-season single elimination tournament. Awards for tournament play only. A gift certificate and T-shirts will be awarded for 1st place in the tournament. A gift certificate will be awarded for 2nd place. Game times will be between 7 - 9pm. Season runs approximately through November 8. Must be at least 18 years old to participate.

Time • 7 - 9pm **Location • CVMS**
(M - Th) 9/3 - 11/15

Registration Begins July 15th

Early Registration • \$200* By August 16th
* \$225 After August 16th

Registration Deadline • August 23rd

Leagues Offered

(M)	Women's (6 on 6)	5004.201
(T)	Open "A" (4 on 4)	5004.202
(W)	Coed "C" (6 on 6)	5004.203
(Th)	Coed "B" (6 on 6)	5004.204

Managers Meeting & Schedules

(W) 8/28 6pm **Location • RA**
The meetings will be held at the Recreation Annex, 1323 Waterloo Lane. Completed rosters are due at time of meeting.

Fall Adult Softball Leagues

Ages • 18+

Entry fee is due at time of registration. League size is restricted. All registration is based on first come first serve basis. 20 players maximum per roster. Each team will play 8 regular season games and a double elimination tournament. Awards will be given for 1st place for each division winner in league and tournament play. Game times will vary from 6:30 - 9pm. League night will vary. Regular season runs through September. All teams are required to attend a mandatory manager's meeting. Must be at least 18 years old to participate.

Time • 6:30 - 9pm **Location • LP**
(T - W) 8/6 - 10/16 \$380

Registration begins June 24th

Early registration • \$380 By July 19th
\$430 After July 19th

Registration Deadline • July 26th

Leagues Offered

(T)	Men's "Open"	5001.202
(W)	Coed "Open"	5001.201

Managers Meeting & Schedules

(W) 7/31 6pm **Location • RA**
The meetings will be held at the Recreation Annex, 1323 Waterloo Lane. Completed rosters are due at time of meeting.



CHECK OUT SPORTS ON THE WEB AT
WWW.DCPRSPORTS.COM

All leagues Sign up Information
Forms * Schedules * Rules
Up to Date League Results
Tournament Brackets • Championship Photos

ACTIVE ADULTS

Douglas County Senior Services

2300 Meadow Lane,
Gardnerville • 783-6455

Douglas County Senior Services provides many activities, services and programs. The Center provides the senior community an opportunity to socialize, enjoy a nutritious meal and get involved in a number of different activities, special events and excursions. Come check us out on the web by visiting the Douglas County website at www.douglascountynv.gov and selecting Senior Services from the Departments Tab.



Congregate Dining

The Douglas County Senior Center serves lunch Monday - Friday at 12pm. Reservations are not required. The suggested donation for lunch is \$2 each day for Seniors 60 years and older. For guests who are under 60 years of age, it is just \$3.50 for lunch.

Topaz Congregate Dining

Congregate Dining is provided each Monday, Tuesday and Thursday at 12pm at the Topaz Ranch Estates Community Center located at 3939 Carter Way. The suggested donation for lunch is \$2 each day for Seniors 60 years and older. For guests who are under 60 years of age, lunch is just \$3.50.

Meals on Wheels

All Seniors 60 years and older who do not have an able-bodied adult living with them, are physically or mentally incapacitated, and/or unable to leave the house can receive weekly or bi-weekly Meals on Wheels deliveries depending on your location. Deliveries are in town or to outlying areas including: TRE, Indian Hills, Johnson Lane and Stateline. The suggested donation is \$2 per meal.

Therapy That Makes Sense

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- Individual Counseling

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ACTIVE ADULTS

Homemaker Assistance

If you are 60 years and older, do not have an able bodied adult living with you, and are unable to do daily household chores due to physical and/or mental illnesses, you may be eligible to receive homemaker service. The service provides weekly or bi-weekly visits for basic cleaning, laundry, and grocery shopping. The suggested donation for service is \$3 an hour.

Senior Center Volunteers

Many of the programs offered through the Douglas County Senior Center would not be possible without the assistance of DC Senior Center Volunteers. If you have an interest in becoming a volunteer for the senior community please call (775) 783 - 6455.

Douglas County Dial-A-Ride Service

To ensure that our senior citizens who desire transportation assistance are able to reach their destinations in a timely and safe manner, Douglas County Senior Services offers transportation, to the senior center, hair, medical and dental appointments and much more. These rides are coordinated through the Senior Center at (775) 783-6455. **Advance notice is appreciated.**

Summertime Barbecues

Join the Douglas County Senior Center at our summer time Bar-B-Q's at local area parks (weather permitting.) Each BBQ is a fun-filled day of entertainment, food and games. All barbecues start at 10am and end at 1pm. There is a suggested donation of \$2.00 for those 60 years and older for lunch. For those who are 59 years and younger there is a \$3.50 charge for lunch. Bar-B-Q's will be held once a month on a Wednesday during the summer. Themes, dates and locations TBA. For more information, please call the Senior Center at (775) 783-6455.



782-8840



1600 Hwy 88 • Minden, NV 89423 • Open 7 Days a Week • www.cvs swim.com

Four pools indoors (open year-round):

- A 25-yard by 25-meter, L-shaped, six lane competition pool w/low & high dives in the deep end.
- An activity pool for children, kept at 86°F with water toys.
- A 92°F warm pool, fully accessible, w/ramp, pool lift & stairs for seniors, disabled & special programs.
- Two waterslides empty into the slide pool. These fully enclosed slides are 20 feet high and 180 feet long creating a thrill ride for people of all ages. Minimum height to ride the slide is 48 inches.

Two outdoor pools (open April-October):

- A 25-yard competition pool in a spectacular setting with a view of Job's Peak and the Sierra Nevada.
- A separate small pool ideal for younger children and families.
- Newly expanded outdoor deck & lawn area. 3 sun canopies & 2 BBQ/Party areas available for rental by reservation.

Exercise Room:

- Exercise equipment includes:
- Two treadmills • Lifecycle • Life step • Multi-station gym • free weights (3 - 40 lbs)
- A PreCor EFX556 located in the multipurpose room.
- This equipment is available during regular center hours for adult (18+) patrons.

ACTIVE ADULTS



YAH Gift Shop

Young at Heart sponsors a gift shop located in the Senior Center lobby. It is open from 9:30am-12pm Monday through Friday. All items are hand made and range from jewelry to clothing to home decorations. A portion of the proceeds benefit Young at Heart. To shop, or to sell your own items, come in to the Senior Center during Gift Shop hours and check us out. For more information, call 783-6455.

Carson Valley Community Bingo

Come join us for a fun and exciting afternoon of community bingo on the third Sunday of each month at the Douglas County Senior Center. Doors open at noon with early bird games starting at 1pm and regular games beginning about 1:30pm. All proceeds go to benefit the Young at Heart Citizens Club, which supports activities and programs for the senior community. Although games are played at the Senior Center, Bingo is open to everyone over 21 years of age. For more information contact the Senior Center at 783-6455.



Saturday, May 11
10am - 3pm

AARP Driver Safety Course

Instructor • Dennis Hogan

This class is a refresher course with emphasis upon how age-related changes affect driving. For drivers age 55 and older. The purpose of the class is to help seniors continue to be safe drivers as long as possible. Those who complete the class may be eligible for a discount on their auto insurance. Pre-registration is required by calling the Douglas County Senior Center, 783-6455. There is a \$14 fee for the class payable upon arriving at the class. AARP members, who bring their membership cards with them the day of the class, may be eligible for a \$2 discount.

Time • 8:30am - 1pm **Location •** SC
(Sa) 7/20
(Sa) 11/2

13th Annual Big Mama's Show & Shine Classic Car Show

The Douglas County Senior Center will be conducting the 13th Annual BIG Mama's Show & Shine Car Show on Saturday, May 11th at Lampe Park Pavilion, 1325 Waterloo Lane, Gardnerville. The event is from 10am - 3pm. It will be a day of great looking vehicles, craft and business vendors, music, food and fun. There will be raffle prizes awarded throughout the day. Early car show registration is \$45.00 (post marked on or before May 1st, 2013) and late registration is \$55.00. Sponsorship opportunities and craft booth spaces are available. Pick up a registration or sponsorship packet at the Douglas County Senior Center, 2300 Meadow Lane, Gardnerville or call the Senior Center at 775-783-6455 to have one mailed or faxed to you.

Time • 10am - 3pm

(Sa) 5/11

Location • LP

LIFE OPTIONS ACTIVITIES

Sight Impaired Support Group

meets every 1st Thursday of the month at 10:30am in the Senior Center Ceramics Room. They offer information and support to those with vision challenges, discuss topics of interest and devices that are available to assist those with sight impairment and blindness. For more information, please call the Douglas County Senior Center at 783-6455.

Watercolor Classes

These classes are offered at the Senior Center on the 2nd and 4th Thursday of the month from 9am to noon. Cost is \$20.00 per class per person which includes all materials and a completed picture to take home. For more information call instructor Lada Trimble at 882-6061.

Green Thumb Garden Club

meets at 10am on the 4th Monday of the month from March - November at the United Methodist Church in Gardnerville. They discuss different topics each month regarding taking care of your gardens and yards, plus have guest speakers and scheduled bus trips.

Ceramics

The Senior Center has a Ceramics room that is open to all seniors Tuesdays and Fridays from 9am to 3pm. Stop by to see Esther and Carolyn or call the center for more information.



Sign Up Early

If you are interested in a class or program, register today! If a minimum enrollment is not met before its start date, a class or program may be canceled. Find more information at: www.douglascountynv.gov

Creativity through Knitting, Crocheting & Needle Point

Do you enjoy knitting, crocheting and/or needlepoint? Come join the group and get tips and support for your projects. The group meets from 9am - 12pm at the Douglas County Senior Center. (On the 2nd Monday of the month, they meet at the Aspen Mobile Home Park Clubhouse.) There is no fee to attend, but seats are limited, so please call and confirm your interest. To reserve a spot or for more information contact Linda Sawtelle at 783-7278.



Become a V.I.P.!

Volunteer in Parks & Recreation

As a volunteer you can help fill a need, share a skill, and provide dedication, community involvement, and a fresh outlook on current programs. Call 782-9828 to become a volunteer.

LIFE OPTIONS ACTIVITIES

Anytime Fitness

Ages • 55 and over

Anytime Fitness is Minden/Gardnerville's only fitness club open 24 hours a day and 365 days per year with access to over 2000 clubs across ALL 50 states, so we are a great option if you travel! Our entire staff is certified in health & fitness and will be able to assist you to meet your goals. Our facility offers treadmills, cross trainers, recumbent bikes and strength circuit machines. We also have a group fitness studio and offer FREE HOT YOGA, free senior stretch & senior strength classes!! Anytime fitness offers seniors a discounted membership rate, NO enrollment fees, 3 free training sessions, & your first month FREE when you mention Senior Services "LIFE OPTIONS PROGRAM"! For more information about senior membership, please contact Greg, Bonz, Lisa or Jessica at:

(775)-783-5130 x1352

Highway 395, Suite 101-105 • Gardnerville, NV 89410

www.anytimegville.com



Senior Resistance Exercise

Join us each Monday, Wednesday and Friday from 10:30 - 11:15am for our Senior Resistance Exercise Class. Many of the infirmities contributed to aging are prevented or reduced by staying active. Resistance exercise is used to maintain and build strength, muscle mass, muscle tone and muscular endurance. The goal of Senior Resistance training is to increase your ability to produce and sustain muscular power. This class is offered FREE of charge.

DID YOU KNOW?

Information about all of the classes listed in this guide can be found on the web at

www.douglascountynv.gov

Pulse Fitness

Ages • 60 and over

Stay healthy and active with Pulse Fitness as part of the Senior Services "Life Options" program. If you are 60 and older, you can enjoy the benefits of feeling great and maintaining your health from our various fitness programs for just \$19 a month. We offer low impact aerobics, pilates, yoga, treadmills, elliptical machines, bikes, free weights, and selectorized machines. Relax in our dry sauna or finish your workout with a healthy drink. All new members will receive a consultation from a Personal Trainer to get you started on your way to a healthy lifestyle. Monthly dues are \$19, and for seniors there is no Enrollment Fee and a one time \$29 Processing Fee. For more information contact Pulse Fitness at 782-2705 and ask about a senior membership. A one year commitment is required.

Monday - Friday 4:30am - 10pm

Saturday & Sunday 7am - 7pm

885 Mahogany Drive, Minden, NV

www.PulseFitnessNV.com

Join Now for

\$0 Enrollment

& only \$19/mo

RATE GUARANTEED FOR LIFE!

LOCALLY OWNED & OPERATED!

- Over 50 pieces of Cardio equipment
- Personal Training Available
- FREE Kids Club ~ ages 6 months to 12 years
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- Group Classes: Yoga, Zumba, Pilates, Spinning®, Ballet and More!



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Offer Expires 6/30/13

With this coupon. See clubs for details

SPECIAL EVENTS



24th Annual Fishing Derby

Ages • 3 - 12

Kick off the fishing season, June 1st and 2nd, 2013 at Lampe Park. Bring your pole and camera and experience the greatest fishing of the year. Family activities and concessions will also be present. Tickets are FREE; however you MUST pre-register early to receive your session ticket. Spaces are limited. Derby hats, t-shirts and other resale items will be available for purchase. Raffle tickets are available for \$1.00 each or 6 for \$5.00. Raffle prizes this year include (but are not limited to) a 125cc two seater Go Kart!

Registration begins April 1

Registration will be available every Saturday from 10am-2pm at Raley's in Gardnerville and will continue every Saturday in April and May and at the Tack Room during normal business hours. For further info, please contact Amanda Pace at 775-450-3881, or email at illusion9376@yahoo.com.

Fishing Derby Volunteers

Douglas Kids' Fishing Derby, Inc. is a non-profit organization and is dependent upon the generosity of volunteers. Volunteers are needed to help set up, tear down, registration, river help, fish cleaning and more. If you are interested in becoming a volunteer please pick up a volunteer form at the recreation department and return no later than May 30th. All volunteers must attend one of the volunteer meetings. For more information call Tammy Lancaster at 775-315-0860.

Volunteer Meeting Dates

(Lampe Park Pavilion)		
Saturday	5/18	9am
Wednesday	5/22	6pm
Wednesday	5/29	6pm

River Help Training Dates

(Lampe Park Pavilion)		
Saturday	5/18*	
Wednesday	5/22*	
Wednesday	5/29*	

**After volunteer meeting*

For information on sponsorship and/or fundraising please contact Steve Hamilton at (775) 782-0742 or sctawhamilton@aol.com

Mother's Day Mother / Son Dance

Sponsored by Carson Valley FFA

Ages • All

Little gentlemen this is your opportunity to show mom how much you appreciate her by taking her out for an evening of dancing and entertainment. This will be a semi-formal occasion. Corsages for mom and refreshments will be provided. Photos will be available to purchase.

Time • 6:30 - 9pm **Location •** DCFG
(Sa) 5/11 \$15/couple* 1155.101
**\$7 per additional son*

Farmers Market Nevada's Own Certified Opening Day June 12

Find an abundance of fresh farm grown produce brought to you direct from local Nevada and California certified farms. The weekly Lampe Park Farmers' Market is open summer mornings, 8am - 1pm every Wednesday through September. Bring a basket and fill it with fruits, baked goods, vegetables, plants and more. For directions, participation or information go to FridayEveningMarket.com or call the Recreation Division at 782-9828.

Time • 8am - 1pm **Location •** LP
Wednesdays Free

Summer Health & Wellness Options from Douglas County Community Health

The following FREE classes are offered on an ongoing basis. All classes are held at the Partnership of Community Resources office at 1517 Church Street in Gardnerville. Instructors are certified in the subject matter. Curriculum is available for review prior to course enrollment.

Promoting Health among Teens

An abstinence only evidence based 8 hour course for youth entering 7th grade. This teen pregnancy prevention program is designed to help youth make healthy choices. Call 283-7529 for registration information.

Youth & Adult Tobacco Cessation

Evidence based adult "Freedom from Smoking" and youth "Not on Tobacco" classes. Call 782-8611 for tobacco cessation information.



A.V.I.D. Active Volunteers In Douglas

A.V.I.D. (Active Volunteers In Douglas) is a non-profit group that promotes, maintains and supports volunteerism in Douglas County; and provides avenues for recognition and encouragement of volunteers. Any non-profit organization in Douglas County may be a part of A.V.I.D. Nineteen organizations are currently active in A.V.I.D. Other organizations in the County also use volunteers, but do their own recruiting. A person seeking a volunteer position or wishing to change to a different volunteer position may call the organization directly, or coordinate through A.V.I.D. For more information, contact A.V.I.D. at 783-6450 or write: P.O. Box 1057, Minden NV 89423 or visit our website at www.douglasvolunteers.org



Trails in the Carson Valley Are You Completely Mad or Only Half Mad?

Come and find out at the inaugural Genoa Peak Mad-a-thon and Only Half Mad-a-thon on Saturday, August 10. Presented by Ascent Runs, the event will include challenging trail runs that are marathon and half marathon distances. The run will begin in Genoa Park in the historic Town of Genoa. After a 4,450 foot climb to Genoa Peak (9150 feet), the Completely Mad-a-thon trail runners will enjoy scenic Lake Tahoe views. The Only Half Mad-a-thon runners will climb half of the elevation and enjoy East Valley views. All finishers will be "certified" at the end of the run. Proceeds from this event will benefit the Carson Valley Trails Association. For more information, including registration details, visit www.ascentruns.com.

Walk-Jog-Run For Prevention!

Ages • All

The Partnership of Community Resources and Minden Rotary invite you and your family to RUN THE PARADE ROUTE preceding the Carson Valley Days Parade Saturday June 8th. Sign up to participate in our fifth annual WALK JOG RUN 5K and 10K event by going to www.active.com or contacting 782-8611 for an application packet. Registration costs: youth under 12, \$5.00, youth 13-18, \$10.00, All others \$30. T shirt any size \$10. All prices go up on race day!

Facility Rentals

**Family Picnics • Reunions
Receptions • Birthday Parties**

Douglas County Parks & Recreation Department has many rental facilities that can accommodate your needs for any special occasion. Staff is available to help you identify which facility may best meet your needs. For more information and rates to rent a facility, please call 782-9835 or go to www.douglascountynv.gov.

Ring in Kindness

Designed to lift the hearts of our community members through kindness and caring for each other. Everyone needs, at one time or another, a simple act of kindness in their lives and Ring in Kindness is a project to do exactly that. We are inviting the community to get involved in spreading kindness through handmade pieces of art. Each piece of hanging art will be touched by the hearts and hands of many and hung, anonymously throughout the community for others to find, keep, or pass on to someone who is in need of a simple act of kindness. You can get involved by volunteering your time to create the clay pieces, paint or assemble the bells. You need no artistic ability to be a part of this project. Another way to be involved is to make a cash donation to purchase supplies to perpetuate the community project. We meet the second Tuesday of each month at the Partnership of Community Resources located at 1517 Church Street in Gardnerville. For Information call 782-8611 or 782-5434.

Tours of Dangberg Home Ranch Historic Park

The Dangberg Home Ranch Historic Park preserves an essential part of Carson Valley history. With eight historic structures and a large collection of original artifacts, documents and photographs, visitors can experience 150 years of ranching through the story of H. F. Dangberg and his descendants. The site was the central property of the Dangberg Land & Live Stock Co., once one of Carson Valley's largest ranches, and home to four generations of Dangbergs. Programs include tours, exhibits, school field trips, arts performances and more. Guided history tours are available year-round. Advance tour reservations are required and can be made by calling the park at 775-783-9417. Tour admission is \$8.00 for adults, free for children 16 and younger. The park, located just west of Minden at 1450 Highway 88, can be reserved for weddings, reunions and other events from April through October. Visit www.dangberghomeranch.org for more information.



2013

GREEN LIVING

FESTIVAL

SEPTEMBER 21 • 9 a.m. - 4 p.m.

FREE Admission & Parking **River Fork Ranch**
Minden, NV

INFORMATION & FUN FOR ALL AGES

www.greenlivingfest.org

LAKE

KAHLE COMMUNITY CENTER



Passes Available

Daily • Monthly • 3 Month • Annual

- Full-size Hardwood Floor Basketball Court
- Suspended Indoor Track
- Big George's Fitness Area with cardio, free weights and machines
- Bouldering Wall for all ages
- Indoor Playground and Game Room
- Preschool
- Special Events
- Programs & Leagues for all ages

Recreation Center Hours

MAY - OCTOBER

Monday - Friday	6am - 9pm
Saturday	8am - 6pm
Sunday	Closed

NOVEMBER - APRIL

Monday - Friday	6am - 10pm
Saturday	8am - 8pm
Sunday	11am - 4pm

- Closed most holidays -

Facility Rentals

Looking for a location for an upcoming wedding, anniversary, birthday party, company picnic, baby or wedding shower, or meeting? Whatever your needs we have pavilions and indoor facilities available.

For reservation information call Kahle Community Center at 586-7271.

LAKE CLASS LOCATION CODES

- EGC..... Edgewood Golf Course
- KCC.....Kahle Community Center
- KCPKahle Community Park
- RHFSRound Hill Fire Station
- TBATo Be Announced
- ZCES..... Zephyr Cove Elementary School
- ZCP..... Zephyr Cove Park

“We’re not just
a community center,
we’re the center
of the community”

**Located at: 236 Kingsbury Grade, Stateline, NV 89449
(775) 586-7271**

PRESCHOOL

Roots & Wings Children's Center at Kahle Park

Accredited by the National Association for the Education of Young Children

Open House Thursday, May 9th, 4 - 7pm

Director • Shelly Martinez

We are delighted to offer a part-time developmental preschool program at Kahle Park. We endeavor to create an environment in which children respect themselves and others, while inviting their young minds and bodies to think, create, explore, discover, and wonder! Our goal is to inspire a lifelong love of learning. Age appropriate activities in the following curriculum areas will be offered daily: art, math, science, language, sensory, cognitive development, practical life, dramatic play, music, fine and large muscle development.

- **Licensed Pre-school designed for ages 3 - 5 (child must be potty trained)**
- **Program Hours: 9am - 12pm Monday - Friday**
- **2- 5 day programs: \$21 per day**
- **Non-refundable Registration Fee: \$100 new students, \$60 returning students**
- **Waiting list and info call (775) 586-7271**

Mud Camp

Ages • 4 - 8

Instructor • Kahle Staff

Ooey, Goey Mud - the ultimate gift from nature to children. It's science, sensory, cause and effect and more, all in one squishy package. Plan on getting dirty. We will end the day with a run through the sprinklers. Please wear swimsuits, tennis shoes that can get dirty and wet and bring a towel. *(Limit 12 children per camp)*

Time • 2 - 4pm		Location • KCC
(T) 7/9	\$13	1118.221
(W) 7/10	\$13	1118.222

Booster or car seats required for all children under 8 years of age.



Twosday Mornings

Ages • Birth to Preschool

Instructor • Roots & Wings Teachers

Wanted: Parents, grandparents, and caregivers with young children who would like to spend one morning a week in the company of their peers enjoying structured and spontaneous playful experiences. Fee includes creative art, optional group circle time and use of indoor playground.

Time • 9:30 - 11am		Location • KCC
(T) 5/7 - 5/21	\$18	1048.201

Drop in participants are welcome. The fee is \$8 per class and additional children in the family are \$1 per child per time for the monthly fee and drop in rate.

Kahle Play Camps

Ages • 3 and up

Instructor • Kahle Staff

These themed camps are designed with the young camper in mind. They offer shorter hours, high teacher/child ratio and developmentally appropriate activities including art, games, nature walks and a weekly beach trip to Sand Harbor State Park where there are lifeguards. Play campers will need to bring a back pack with towel, hat, sunglasses, sack lunch with drink, water bottle and sunscreen, all labeled with their name each day. On Beach Day, campers need to wear a swimsuit beneath their clothes or as part of their outfit. All camp days end with a popsicle.

Time • 9am - 1pm **Location** • KCC

Pirates of Kahle Park I

(M - Th) 6/10 - 6/13 \$104 1004.201

Under the Sea

(M - Th) 6/17 - 6/20 \$104 1004.202

Circus Days

(M - Th) 6/24 - 6/27 \$104 1004.203

Dinosaurs Galore

(M - Th) 7/8 - 7/11 \$104 1004.204

Forest Fairies

(M - Th) 7/15 - 7/18 \$104 1004.205

Scout About

(M - Th) 7/22 - 7/25 \$104 1004.206

Pirates of Kahle Park II

(M - Th) 7/29 - 8/1 \$104 1004.207

(Limit 15 children per camp)

PRE-KINDER/YOUTH



Birthday Parties

Let KCC help you plan, organize and make your child's birthday a special event. Complete our custom party package form and receive a custom quote. At least two weeks advance notice required. For more information call 586-7271.

Dinosaur and Worm Program

Dig into Reading @ Your Library

Read books for prizes. Call the library for more information, (775) 588-6411.

Zephyr Cove Library

(775) 588-6411

Hours • (W) 11am - 7pm
(Th/F/Sa) 9am - 5pm

Book drop at Kahle, Internet, Wireless, Inter-Library loan, E-books, Audios, DVDs, CDs, Newspapers.

YOUTH/TEEN

R.A.D. Camp (Recreation Adventure Days)

Grades • 1 - 6

Engaging your child in creative, fun and challenging activities is the goal of our R.A.D. Camp. Activities include cooperative games, unique crafts activities, imaginative play and fun field trips. Fee includes transportation, admission costs, and daily snacks. Camp is held Monday thru Friday. (Limited enrollment)

Time • 7:30am - 6pm **Location • KCC**
(M-F) 6/10 - 8/16 \$22/day

Kid's Club Programs Grades K - 6

Registration Begins August 5th

Kids Club Programs are designed to compliment the school schedule by adding recreational activities in a safe and fun environment. Our dedicated staff is there to offer crafts, games, indoor and outdoor play, snacks and homework time.

Kahle Community Center

Early Birds 7 - 8:30am

\$1 drop in per day, school bus pickup.

Zephyr Cove Elementary School

Kinder Kids After Kindergarten - 3pm*

\$10 per day. Program operates on a minimum/maximum enrollment. Enroll early.*

Kids Club 3 - 6pm

*\$5 per day**

**Must be enrolled on a monthly basis per published rate schedule.*

Climbing Wall at KCC

Play games, problem solve and build strength on our bouldering wall designed for all ages.



Get in the Act! Performing Arts Camp

Grades • 4 - 8

Instructor • Diane Handzel

Campers will have the opportunity to participate in a variety of arts classes with instruction from professional teaching artists in dance, visual art and acting. Campers will develop characters, learn songs and choreography and enhance projection and stage presence, while using memorization and imagination to perform in an edited musical theater production which will be presented on the last day of camp for family and friends. Students should bring a snack and a water bottle, wear comfortable clothing and be prepared to move. Please bring a paint shirt. Please provide participants t-shirt size and guardian/parents email. Camp enrollment limited to 22 students.

Time • 12 - 5pm **Location • KCC**
(M - F) 8/12 - 8/16 \$165 1024.201



**Final Performance on
Friday, August 16 at 4pm**

Teen Scene Friday Nights at Kahle Community Center

Grades • 6 - 12

Shoot hoops, play volleyball, climb the rock wall, and play arcade games or video games. This is the night for teens to enjoy the Community Center with their friends.

Time • 6:30 - 9pm **Location • KCC**
(F) Continuous Drop-in \$3*

**Free to pass holder*

Painting Workshop

Ages • 5 - 15

Instructor • Gina Stowell

Feel the joy of painting. Gina's painting workshop is designed to help children develop and discover the excitement of painting, and the instinctual urge to play with color and form. Students focus on art in nature, art history and painting techniques while encouraging creativity and self expression.

Time • 10am - 1pm **Location • KCC**
(M-F) 7/8 - 7/12 \$150 1712.201

First Aid for Babysitters & Teen Volunteers

Ages • 10 - 15

Make good decisions and solve problems. Keep the children you are supervising safe. This class is interactive and activity based.

Time • 10 - 2pm **Location • KCC**
(T) 6/18 \$15 1605.219

Tae Kwon Do

Ages • 7 - 12

**Instructors • Chris and Rick
Manglinong**

Emphasizes such fundamental values as courtesy, integrity, self-discipline, and a positive self-image. The powerful techniques taught in the Tae Kwon Do are exciting and a fun way to stay fit, as well as being an excellent form of self defense.

Time • 6 - 7:30pm **Location • KCC**
(W) 5/1 - 5/29 \$20 1409.201
(W) 6/5 - 6/26* \$12 1409.202
(W) 7/3 - 7/24 \$16 1409.203

**No class 6/12 • No August classes*

Drop-in \$8 per class

Leaders in Training

Ages • 12 - 17

Not old enough to get a real job yet? Are you looking for a way to make a difference in the community? Leaders in Training work under the guidance of Recreation Staff learning what it takes to be a successful leader. This program places volunteers in positions at various recreation sites including summer camp, preschool programs, and special events being held at Kahle Community Center as well as other activities and programs. Pick up an application packet at KCC. **Return applications to Kahle Community Center by June 11th.**

**July is Parks and Recreation Month
Celebrate at
Kahle Community Center**

ADULT



Relay for Life

Kahle Park • Saturday, August 10th

Be a part of a fun-filled event designed to celebrate survivorship and raise money for research, education, advocacy and service programs of the American Cancer Society. During this event, teams will gather at KAHLE PARK and take turns walking or running laps.

Contact Information • Call 775-291-1479 or www.relayforlife.org/southtahoenv

Attention Program Instructors!

Are you interested in teaching a class or program? Do you have a special skill to share with others? Make a few extra dollars teaching others your skills. Call KCC at 586-7271 or stop by. **We are always here for our community.**



Friday Evening Market at Kahle Opening Day May 3rd

The Friday Evening Farmers Market at Kahle Community Park operates every Friday evening from 4 - 7pm. We offer local and regional fruits, vegetables, honey, crafts, oils, a cupcakery and much more. Great lake views along with plenty of free and easy parking.

Like us on facebook or www.FridayEveningMarket.com for the latest information.

Dog Obedience

Instructor • Guy Yeaman

Have you and your canine companion been getting along lately? If you need help in establishing good conduct and curbing bad habits, this course is for you. Guy uses a light-handed approach to help your dog to obey commands: heel, sit, stand, stay and recall. Each dog needs a training collar and a fabric or leather lead. Dogs must be at least four months old. Bring a copy of shot records to the first class.

Time • 7 - 8pm
 (Th) 6/6 - 7/18* \$80 1422.202
 (Th) 7/25 - 9/19* \$80 1422.204
 *No class 7/4, 8/22, 8/29, 9/5

Location • KCC

Garden Party

Green thumbs wanted! Michelle's garden, dedicated in remembrance of Michelle Croke is located at the entrance of KCC. Would you like to volunteer to enhance and maintain this area? We will supply all tools and gardening supplies. Please call 586-7271 or stop by the front counter.



Gourmet Indian Cooking

Instructor • Ravinder Kaur Saini

Come experience the art of authentic Indian cooking. Explore, learn techniques and share in the camaraderie and spicy deliciousness. Special times may be available for 4 or more people. Classes will repeat in order every 4 weeks, no class on 6/29.

Time • 3 - 5pm **Location** • KCC

Indian Appetizers

(Sa) 6/1, 7/6, 8/3 1716.201-203

Vegetarian Dishes

(Sa) 6/8, 7/13, 8/10 1716.204-206

Non-Veg Dishes

(Sa) 6/15, 7/20, 8/17 1716.207-209

Lentils

(Sa) 6/22, 7/27, 8/24 1716.210-212

\$30 per class + \$10 materials

Nutrition for Health, Healing and Longevity

Instructor • Dorothy Dumbra
R.N. Holistic Practitioner

An exciting and different preventive health course using kinesiology to determine imbalances in organs and nutrients, nutrition for hypoglycemia and other conditions (food allergies, low thyroid, weight) best recommended supplements and why, preventing dementia, the importance of alkaline PH, and what is a healthy diet.

6 Week Session

Time • 7pm
(T) 5/7 - 6/11 \$15/class 1821.201-206

Tahoe Douglas Christian Preschool

Open Enrollment
Available Now

Monday-Friday • Ages 2-5

2 year olds need **NOT** be potty trained

Affordable Rates • Nevada State Licensed • Loving Teachers • Safe Environment

145 Daggett Way • Kingsbury Grade • 775.588.7450



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ADULT FITNESS

Pilates

Ages • 13 & up **Instructor** • Rose Marie Ottman
Gain strength, flexibility and improve your posture with Pilates mat exercises. This method focuses on core strength to support the low back and improves body awareness, balance and coordination. Joseph Pilates' mindful technique of breathing and muscular control can be applied to sports and daily living. This is a multi-level class – modifications are provided to address individual body issues and abilities. Foam rollers are available for class use on the first Tuesday and Saturday of the month
Time • 10:15 - 11:30am **Location** • KCC (T, Sa) Ongoing \$11/class 1728.201-204
Punch cards: 4/\$35, 8/\$62



Zumba

Ages • 13 - Adult **Instructor** • Lyn Twitchell
Are you ready to dance yourself into shape with the nation's hottest fitness workout? Zumba® class is a fun, joyful dance fitness program that incorporates rhythms and dance moves from Latin music, belly dancing, hip hop and more. Zumba® will reduce stress, burn calories, and tone your body. It doesn't matter if you think you can dance, if you are comfortable with your body, all are welcome and guaranteed a great workout! So, join the party... first class is free!

Time • (Tu/Th) 8:30 - 9:30am **Location** • KCC (W) 12 - 1pm and 4 - 5pm 1823.201-204
Youth & Kable Members \$5
Drop-in \$8 per class
Punch cards 4/\$25, 8/\$40

Jazzercise

Instructors • Sherry Baiocchi, Shannon Shearer
Power and Cardio in one, FUN, effective 60 minutes total body workout. Jazzercise combines dance-based cardio with strength training and stretching to sculpt, tone and burn maximum fat. Each 60 minute class includes a warm-up, 30 minutes of aerobic segment, muscle toning and strengthening using weights and a full body stretch.

(M, W, F, Sa) 8:30am* **Location** • KCC (T, Th) 5:30pm
Drop-in fee is \$10 per class to instructor
Monthly reduced fees are available
**Class continues at 9am until 6/1*

Personal Training

Being part of a personal training program can create lifelong healthy habits and improve your overall well being. Personal training is provided by training professionals. Personal trainers are available to design and supervise your exercise program. Prices vary. Information is available at KCC front counter.

Golf at Edgewood

Instructors • Ron Blum & Chris Holmes
Experience Lake Tahoe's premier golf course while you learn to play the game! Instructors will show you basic golf concepts including full swing, short games, putting and golf course rules and etiquette.
Time • 3 - 4:30pm **Location** • EGC (T, Th) 5/14 - 5/23 \$75 1719.202

Yoga for Athletes

Ages • 18 & up **Instructor** • Alison Cotey
Vinyasa flow that focuses on breathing and movement to promote strength and flexibility in the whole body. Class will be both a physically challenging and teach how yoga practice can enhance breathing and emotional balance in training and racing. Please bring your mat, water, and a positive energy!
Time • 5:30 - 6:30pm **Location** • KCC (M) Drop-in \$5/class 1822.201-204



Aerobox

Ages • 18 & up **Instructor** • Ramak Rahmani
This class combines traditional kickboxing moves combined with Aerobics moves and energetic music to push you physically. You will stretch, kick, punch, elbow and knee your way into great shape. The class may use focus mitts, steps, dumbbells, chairs and medicine balls. Come prepared to "GET IT ON!"
Time • 5:30 - 6:30pm **Location** • KCC (T/Th) \$10/class 1732.201-204
Punch cards 4/\$32, 8/\$56

MARTIAL ARTS CLASSES

Tae Kwon Do

Ages • 13 & up **Instructors** • Chris and Rick Manglinong
Tae Kwon Do emphasizes such fundamental values as courtesy, integrity, self-discipline, and a positive self-image. The powerful techniques taught in the Tae Kwon Do are exciting and a fun way to stay fit, as well as being an excellent form of self defense.
Time • 6 - 7:30pm **Location** • KCC (W) 5/1 - 5/29 \$30 1409.201 (W) 6/5 - 6/26* \$18 1409.202 (W) 7/3 - 7/24 \$24 1409.203

Philippine Stick Fighting Arnis

Ages • 16 & up **Instructors** • Chris and Rick Manglinong
Arnis is a blending of the countless styles. Arnis is simple to learn and requires no special conditioning or raw physical strength.
Time • 7:30 - 8:30pm **Location** • KCC (W) 5/1 - 5/29 \$30 1707.201 (W) 6/5 - 6/26* \$18 1707.202 (W) 7/3 - 7/24 \$24 1707.203
**No class 6/12 • No August classes*
Drop-in \$10 per class



ACTIVE ADULT

National Senior Health and Fitness Day

**Barton Health & Kahle Community Center
WEDNESDAY, MAY 29TH**

Barton Health supports Senior Health and Fitness Day with a goodie bag full of outreach materials and gifts.

Seniors FREE all day!

AARP Driver Safety Course

The class is a refresher course for drivers age 55 and older with emphasis upon how age-related changes affect driving. The purpose of the class is to help seniors continue to be safe drivers as long as possible. Those who complete the course may be eligible for a discount on their auto insurance. Pre-registration is required, call 775-586-7271.

Time • 8:30am - 1pm
Location • KCC
 (Sa) 5/11 \$14* 1737.201
 (Sa) 8/10 \$14* 1737.202

*Fee is paid to instructor at class



Tahoe-Douglas Senior Center (TDSC)

TDSC serves Douglas County's senior population residing inside the Tahoe Basin. The Center is located at 885 Hwy 50, next to the fire station on the corner of Warrior Way and US 50, telephone: (775) 588-5140. It is unique among Nevada's senior centers in that it is currently operated solely by volunteers, for which reason it is not open every day. Among the many services and activities TDSC offers are:

- Twice-weekly (Tuesdays and Saturdays) member socializing activities plus afternoon BINGO sessions beginning at 1 PM. Weekly Tuesday/Friday Texas Hold'Em Poker sessions are at 9:30am SHARP, call 530-314-0048.
- Four casino/musical and other outings each year, plus various other group activities such as visits to Apple Hill and to other points of interest such as Thunderbird Lodge, etc.

- A monthly membership luncheon with speaker program at Harrah's (2nd Wednesday of each month.)
- Participation in an annual canned food drive for the needy.
- Collection of "distressed" bakery items from Round Hill Safeway for distribution to members at the center Saturday (AM).
- Distribution of USDA food commodities to those deemed eligible to receive same per USDA's family income criteria (4th Thursday of every other month).
- Monday shopping trips and transport to medical/dental appointments for members aboard one of TDSC's two vans operated by volunteer member/ drivers (members only). TDSC's annual membership fee is a nominal \$10 per person.

ADULT SPORTS

It's Your Turn to Play! Adult Sports

Age • 18 & up
 So your vertical isn't what it used to be? But you know you've still got the moves. Enjoy the game in an informal atmosphere. Players of various skill levels are welcome to join in. All participants must be a pass holder to the Community Center or pay the \$7 drop-in fee. Player's must rotate in if more than 2 teams are formed.

Basketball

(M, W, Th) 12 - 3pm
 (T) 1 - 3pm
 (Sa) 12 - 3pm
Location • KCC

Volleyball

Call 586-7271 to schedule

Gym availability varies daily by use and programs. KCC attempts to satisfy all users.

Adult 6 - Man Flag Football League

Registration • Returning teams 5/9 - 5/23
 New teams 5/24 until full
Entry Fee • \$250 per team 5037.201
 \$100 bond* 5037.203
Dates • Season Starts on 6/12 **Location** • ZCP
Division • Wednesday nights
 Maximum of 12 players per team. Completed rosters are due at the first game. No Exceptions.
 Official's Fee: Each team will be required to pay \$27 cash on the field at the start of each game.
**Bond to be held by DCPRD for the season.*

Zephyr Cove Tennis Club

South Lake's only fully functioning, all age tennis club with programs and events for all ability levels.
 • Available for Adult and Jr. Lessons
 • Tennis Racket stringing **Location** • ZCP



YOUTH SPORTS

Baseball Camp

Ages • 8 - 12 (co-ed) **Instructor** • Matt Tillson
 This baseball camp is for all levels of baseball players. Camp will include quality instruction on the fundamentals of batting, throwing, catching, pitching, base running and fielding. Campers need to bring a lunch, water bottle, glove & bat each day. Each camper will receive quality instruction, camp T-shirt, new friends, fun and games.

Time • 9:30am - 2pm **Location** • KCP
 (M-F) 7/22 - 7/26 \$125 5017.201

***Registration deadline: Thursday, July 12th.**

Please register by deadline date to ensure program taking place.



Advantage Basketball Camp

Ages • 6 - 18 (co-ed)

World-Renowned Advantage Basketball Camps and some of their top coaches will make their annual stop to Lake Tahoe. Camp is available in 2, 3 and 4 day formats. Early bird discount is available as well as group and team discounts for 5 or more campers. **Register today at www.advantagebasketball.com or contact our national office at 425-670-8877.** Advantage Basketball Camps are nationally recognized as one of the Top ball handling camps in the world. Advantage Basketball Camps were named by Sports Illustrated Kids as one of the top camps in the country. Your child will learn a work ethic and life lessons that they will carry with them for the rest of their life. Come meet one of the top coaching staffs in the world that will motivate and inspire your child.

Time • 9am - 4pm **Location** • KCC
 (M - F) 6/24 - 6/28 \$145 - \$225

For more information,
 email: info@advantagebasketball.com

LEARN MORE

Learn more about sports with the Douglas County Parks & Recreation Department at www.dcprrsports.com



Maltase Youth Soccer Camp

Ages • 4 - 14 (co-ed) **Instructor** • Steve Maltase
 Bring lunch, water bottle, snacks and shin guards. Cost includes a camp T-shirt.

Lil-Kicks (Ages 4 - 6)

Time • 10am - 1pm **Location** • KCP
 (M - F) 7/8 - 7/12 \$125 5016.204
 (M - F) 7/29 - 8/2 \$125 5016.205

Ages 7 and up

Time • 10am - 3pm **Location** • KCP
 (M - F) 7/8 - 7/12 \$145 5016.206
 (M - F) 7/29 - 8/2 \$145 5016.207

South Tahoe Flag Football Camp

Ages • 8 - 13 (co-ed) **Instructor** • STHS
 Football Coaches and Players

Gather your friends and come enjoy a week of fun playing flag football in the beautiful South Tahoe High School's Viking Bowl. The camp will focus on basic flag football skills as well as having games each day. Participants need to have shorts, t-shirt, tennis shoes, sunscreen and to bring a lunch and water bottle each day.

Time • 9am - 3pm **Location** • STHS
 Viking's Bowl

(M - F) 7/15 - 7/19 \$100*

*Registration and information, contact the Sportsman at 2358 Lake Tahoe Blvd., 530-542-3474.



Youth Sports Organization

The Douglas County Parks & Recreation Department maintains practice and competitive fields used by the Youth Sports Organizations. Questions regarding the sports sponsored by these organizations can be answered by calling the following:

AYSO Soccer

www.slstayso.com

Youth Ice Hockey

www.tahoegrizzlies.com

Pop Warner Football

www.southtahoepopwarner.com

Lake Tahoe Track & Field, Cross Country

www.adsportstahoe.com

Little League Baseball

www.tahoelittleleague.com

Zephyr Cove Ski Club

www.zephyrcoveskiclub.com

"Share Because You Care" Gifts

Your donations help to provide:

- Sponsorship for Youth & Teens • Supplies for Recreation Programs & Special Events
- Equipment for Kahle Community Center-Sports Equipment
- Park Benches • Trees and Shrubs • Field Lighting • Sod for Fields
- Roping Chutes • Build Playgrounds

For more information on how you can help, call 775-782-9828 Carson Valley or 775-586-7271 Lake Tahoe.

Become a V.I.P!

Volunteer in Parks and Recreation

As a volunteer, you can join us in our mission to provide recreational experiences, promote health and wellness and protect and maintain our parks. If you can fill a need or have a skill to share call 775-782-9828 Carson Valley or 775-586-7271 Lake Tahoe.

Scholarships Available!

We want every child to have the opportunity to participate in recreation activities. Financial assistance is available for many of our programs.

The Foundation for Douglas County Recreation & Senior Centers

Commonly known as the
Community Services Foundation
P.O. Box 838, Minden, NV 89423 • (775) 782-9828

Transportation



Douglas County Dial-A-Ride Service

Dial-A-Ride offers a curb-to-curb shared ride service to eligible passengers that operates Monday through Friday between the hours of 8am to 5pm in most areas of Douglas County. Dial-A-Ride offers two types of service: ADA (must be certified by a physician and scheduled at least 2 weeks in advance with service available on a prescheduled basis. Rides with less than 2 weeks notice will be scheduled based on availability, including same day requests. This service is only open to residents of the Minden and Gardnerville areas. For more information call Dart at 775-783-6456.



Tahoe's Smooth Movin' Shuttle

Ride BlueGO to biking, skiing, hiking, swimming, gaming, shopping, walking, kayaking and sailing! We are your ride for getting around South Lake Tahoe, Camp Richardson, Meyers, Stateline, Zephyr Cove, Marla Bay, Round Hill and Upper Kingsbury. Call 530-541-7149 or visit us online at www.bluego.org for more information.

PHOTOS

Douglas County Parks and Recreation may take photos of participants and facility users. The photos are for department use only and may be used in our Activity Guide and flyers. Please notify the office in writing if you do not wish you or your child to be photographed.



COMING 2015



The NEW Carson Valley Community and Senior Center

WALK-IN REGISTRATION

Registration accepted at Lampe Park office, Monday through Friday 8am to 5pm
Kahle Community Center, Monday through Friday 6am to 9pm, Saturday 8am to 6pm

DROP-OFF REGISTRATION

Payments can be dropped off after hours at Lampe Park office in the night drop box by the front door.

MAIL-IN REGISTRATION

Douglas County Parks & Recreation Department, P.O. Box 218, Minden, NV 89423
Kahle Community Center, P.O. Box 5040, Stateline, NV 89449
Make checks payable to (DCPRD) Douglas County Parks & Recreation Department. Send payment with name of enrollee, program title and code.

FAX OR PHONE REGISTRATION

Lampe Park office - Register by phone using a M/C or Visa by calling 782-9828 or by fax to 782-9844.
Kahle Community Center - Register by phone using a M/C or Visa by calling 586-7271 or by fax to 586-7273.

Register Early! Great classes have been cancelled because of last minute registrations.

Douglas County Parks & Recreation Department Customer Service Locations

Administration Office (Lampe Park Office)
1323 Waterloo Lane
Gardnerville, NV 89410
Phone 782-9828 • Fax 782-9844

Kahle Community Center
236 Kingsbury Grade
Stateline, NV 89449
Phone 586-7271 • Fax 586-7273

SATISFACTION GUARANTEE

The Douglas County Parks and Recreation Department is constantly striving to provide you with the highest quality recreation activities, events, and programs. We are confident that you will enjoy these programs, and we will back up commitment to provide high quality services. Your suggestions, comments or ideas for improvements are appreciated. They will help us do the best job possible.

If you are not completely satisfied, tell us and we will arrange for you to:

1. Repeat the class at NO charge -or-
2. Receive full credit that can be applied to any other program -or-
3. Receive all of your money back.

Satisfaction guarantee requests may be made in person or by calling us at 782-9828. Requests should be made within 5 working days after the first class meeting. Refund checks will be mailed within two (2) weeks.

Please note that due to the nature of the activities, sports leagues, facility rentals, and Kahle Daily Walk-In fees, 30-Day Pass fees and 90-Day Pass fees are not eligible for these refund provisions.

POLICIES

Full credit will be given for cancellation prior to the activity and a \$5 processing fee will be charged. 100% refund if the department cancels. Refunds take approximately two weeks to receive.

Registration will not be accepted by instructors unless noted. The department has the right to cancel classes. Classes may be canceled if under minimum enrollment. Space is limited in most programs. All registrations are accepted on a first-come, first-serve basis. Participation in Parks & Recreation Department Programs is at Your Own Risk

TO REGISTER

Douglas County Parks and Recreation Department's Minden Park 2013 GE Family Concert Series

Co-sponsored by Town of Minden & Carson Valley Inn

May 31

Nathan Owens & the Sounds of Motown

Co-sponsor: Heritage Bank of Nevada

This high-energy performance will make you want to dance in the aisles. With a horn section that emulates the Motown sound, this show has it all with singing, dancing and costumes. Nathan Owens is backed by a dynamic seven-piece band, performing the biggest hits from the Motown era. The show includes special tribute to Michael Jackson and the Jackson Five, Stevie Wonder, Gladys Knight, Tina Turner and Aretha Franklin. More and more people walk out of this show saying that it was the best show they have ever seen! So "Hold On"... these Motown sounds are coming to you - Don't miss it!



June 21

Journey Unauthorized

Co-sponsor: American Family Insurance - Mike Eddy Agency

Journey Unauthorized is comprised of the best musicians and performers specializing in a complete Journey concert production. These musicians love what they do and work hard at being the very best at it. Journey Unauthorized can perform the full range of Journey onstage, including the most complex and challenging songs that Journey themselves recorded in the studios and performed for live audiences. No other rendition of Journey's music comes close to this level of performance, which has taken years of mastery and unmatched attention to detail. The Journey Unauthorized production captures it all flawlessly. Through Journey Unauthorized, we invite you to experience the group and music that defined a pop culture with their multitude of classic rock-n-roll super hits.



July 12

Garratt Wilkins and the Parrotheads (Jimmy Buffett Tribute)

Co-sponsor: Dr James the Dentist

"Garratt Wilkin & the Parrotheads" are experiencing an expanding popularity while headlining fairs and festivals in not only his own hometown of Placerville, California, but throughout all of the Western United States, including Alaska and Hawaii, and as far away as Florida, Texas, Vermont, Delaware, Massachusetts, Connecticut and Nashville, Tennessee. Garratt and his band have been billed as the #1 Jimmy Buffett tribute band. Garratt says, "Traveling with 'The Parrotheads' is a great way to meet Jimmy Buffett fans and to make new 'Parrothead' friends. We get such a kick out of performing for fans that become just as much a part of the show as we are."



August 2

Savannah Blue (A Southern Rock Revue)

Co-sponsor: Tahoe Ridge Winery & Bistro

Not only do they play the music of Lynyrd Skynyrd or The Allman Brothers, Savannah Blue is presenting music from the entire genre. Expect to hear great Southern Rock Classics like "Keep On Smilin'," "If You Want To Get To Heaven" or "The South's Gonna Do It Again," along with perennial Allman & Skynyrd favorites. Others of the Southern genre, like The Outlaws, The Marshall Tucker Band and Molly Hatchet are represented with their most popular material. Additionally, Southern icons such as 38 Special, The Charlie Daniels Band and ZZ Top are featured in the brand new Savannah Blue repertoire!



August 23

Jelly Bread (Funk/Soul/Root Rock)

Co-sponsor: Edgewood Companies

Jelly Bread, emerging out of Reno, NV is a tour de force of full frontal funk, thoroughly steeped in a Rock-Americana style, with a dash of rollicking indie alt-rock radio appeal. The band's influences range from the likes of Stevie Wonder, James Brown & Parliament Funkadelic to the reaches of modern contemporaries like Robert Randolph, Ivan Neville's Dumpstaphunk, Ben Harper and the John Butler Trio. Jelly Bread has marked over 350 shows under its belts in its short 3 year history.



All Concerts are from 6:30 to 8:30pm with the exception of August 23rd which will be held from 6:00 to 8:00pm.
All concerts are free of charge due to the generous contributions of local businesses and organization. Food will be available to purchase.

THANKS TO OUR SPONSORS: Carson Tahoe Health * Douglas Disposal * Edward Jones
* Mort's Auto Body, INC * Sullivan Law * Superior Collision Center * Wells Fargo Advisors, LLC * Park Place AM/PM * Wealth Strategies Development

Home of:



CHAPPELL RANCH LLC



Safe, Fun, Educational Horsemanship

Wild Willy's Horse Camp

- * Year-round Programs
- * Week-long and Weekend Camps; Day Programs
- * Kids ages 6 and up, including teens

KinderPonyPlay

- * Children ages 4, 5, & 6 learn beginning horsemanship and riding skills

KinderRanchSchool

- * Bringing ranch life into your child's life while they learn their ABC's and 1, 2, 3's for 3, 4, & 5 year olds.

Group and Private Lessons; Adult Programs; Special Interest Groups; Girls Scouts; Special Events; & Birthday Parties

Equine-Assisted Learning

- * Life Coaching sessions for adults, groups, businesses, and kids with the help of the horse.

Chappell Morgan Horses

Contact: Kim Chappell 775-265-6483
www.chappellranchllc.com • kkc827@aol.com
531 Centerville Lane • Gardnerville, NV

