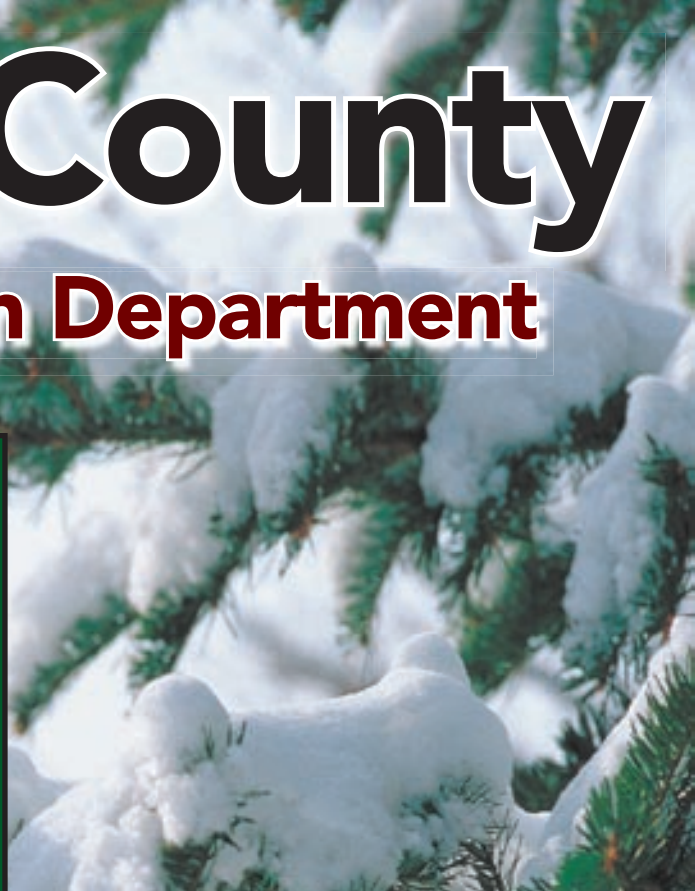


Douglas County

Parks & Recreation Department



www.dcprsports.com
www.douglascountynv.gov

Activity Guide

WINTER/SPRING

**Carson Valley
& Lake Tahoe**

2013

Head, Shoulders, Knees & Toes



and everything in between.

We've got you covered.

Carson Valley Medical Center

Your Community Hospital
24-Hour Hospital and Emergency Room
Emergency & Elective Surgery
Outpatient Services

Information: (775) 782-1500

Emergency Room: (775) 782-1600

Minden Family Medicine & Complete Care

Complete care for patients of all ages
Same-day appointments available
Scheduled visits and walk-ins welcome
Discounted fees for service based on income

Colleen Kriss, DO

Rose Paiva, MD

Tim O'Neill, PA

Debra Tomaszewski, PA

(775) 782-1603

Topaz Ranch Medical Clinic

Complete care for patients of all ages
Same-day appointments available
Scheduled visits and walk-ins welcome
Discounted fees for service based on income

Lisa Roberge, PA

(775) 783-3096

CVMC Senior Care

Specialized care for patients over 65

Evan Easley, MD

Siemay Lee, MD

Judith Rosso, DO

Stephen Perry, MD

Garrett Schwartz, MD

(775) 783-4823

Job's Peak Internal Medicine & Family Practice

Comprehensive care for your family

Evan Easley, MD

Siemay Lee, MD

Judith Rosso, DO

Stephen Perry, MD

Garrett Schwartz, MD

(775) 782-1550

Job's Peak General Surgery

*Advanced surgery performed in
caring hands*

Soon Kim, MD

(775) 783-3020

Alpine Medical

Comprehensive care for your family
Internal Medicine
Cosmetic and weight loss treatments
Allergy testing and treatment

Steven Brown, MD

(775) 782-9118

Herbig Family Medicine

Comprehensive care for your family

Ralph Herbig, DO

(775) 782-4030

Dankworth Family Medical

Comprehensive care for your family

William Craig, MD

Christine Grayson, PA

(775) 882-2900



Carson Valley Medical Center
YOUR COMMUNITY HOSPITAL

www.cvmchospital.org



WELCOME

Director's Note

Scott Morgan

Community Services / Parks & Recreation Director

Community & Senior Center Update

Since this is probably the biggest news since the opening of the Kahle Community Center and Gymnasium in Stateline, Douglas County and the Parks & Recreation Department will continue to update the residents of the status of this project until its proposed completion in the spring of 2015. Under construction at this time is the fill pad project, including site grading and preparation of the building pad at Herbig Park, across the street from Lampe Park in Gardnerville, Nevada. If you drive by on Waterloo Lane you will notice some substantial changes to the site and the new Community Center pad is recognizable.

In December the County will close the Design Competition and select a contractor in the months of February and March 2013. Right now three competitors, Clark and Sullivan, Core Construction and Turner Construction are competing in the Design Build Competition. In spring of 2013 the County will award contract for improvements to Waterloo Lane which include widening, sidewalks and improvements which will enhance the accessibility of the new Community Center. Total project budget is still under \$17 million for approximately 70,000 square feet of facility, parking lot improvements and landscaping.

By industry standards, this is quite an accomplishment and a great value to the residents of Douglas County. The new Community & Senior Center will include a full functioning Senior Center, double gymnasium, community rooms, community health nurse, and a senior daycare facility. As the design competition ends and facility design is finalized, the Parks & Recreation Department will provide updates through the Parks & Recreation Commission and County Board of Commissioners as well as our local newspaper.

If you have any questions or would like to contribute to the Foundation in support of this facility please contact the Parks & Recreation Department at 775-782-9828.



LAKE VALLEY

Pre Kinder	2 - 3
Youth	4 - 5
Teens	5 - 6
Adult	6 - 7
Youth/Teen Sports	8
Adult Sports	9
Transportation	10
Active Adult	11 - 13
Special Events	14
Community Services	15

LAKE VALLEY

Kahle Community Center	16
Pre Kinder/Youth	17
Youth/Teen	18-19
Adult Fitness	19-20
Adult	21
Active Adult	22
Youth/Teen Sports	23
Adult Sports	23
General Information	24
How to Register	25



Mission Statement

To continue to create and preserve quality parks and recreation opportunities, serving people of all ages and interests, that positively affect the community and enrich life.

Parks & Recreation Commission Meetings

Meetings are held the first Tuesday of every month. Locations vary; call the Recreation Department at 782-9828 for meeting location.

Staff Members

Parks & Recreation Director Scott Morgan **Recreation Division** Brian Fitzgerald • Vicki Schussel Sheryl Christian • Traci Dill • Steve Rosenbloom • Patti Gurule • Elizabeth Baumgartner
Parks Division Craig Burnside • Peter Knight • Don Swan • Jerry Harrison • James Howard • Ryan Stanton

Special Thanks

The Parks & Recreation Department gratefully acknowledges the continuing support of the following:
County Commissioners Greg Lynn • Doug Johnson • William Penzel • Lee Bonner • Nancy McDermid
Parks & Recreation Commission David Craig • Debra Lang • Kelly Gardner • Celeste Pierini • Elaine Flynn
 Britta Swanson • Thomas Moore **Douglas County School District**

Compiled by G. Pedro Kinner **Layout & Design** Barbara Bridges, Sierra Nevada Media Group

Photos Sierra Nevada Media Group

Advertising Opportunities please call The Record-Courier at (775) 782-5121

PRE-KINDER



Discovery Center Preschool

A Place of Wonder – Discovery – Experience

Ages • 3 - 5

Director • Cindy Webb

The Discovery Center is a program which focuses on the developmental needs of all children, and structures its environment with respect to each child's particular learning style. The environment, inside and outside, is rich in the materials young children require in order to grow physically, intellectually and emotionally. Every day your child will have the opportunity to explore and discover all of the education disciplines through play in a structured environment. The staff has been trained to provide children with a positive, non-pressured, non-judgmental school atmosphere and is particularly fluent in Art, Science, Language, Play, Environments, Brain and Child Development. To reserve a space for your child, register at the Recreation Office located at 1327 Waterloo Lane or call for a free brochure and application. Students must be at least 3 years old and potty trained.

Schedule

AM Session • 8:30am - 12pm

Fees and Tuition

- 2 Sessions a week minimum
- 2 sessions a week - \$140 monthly
- 3 sessions a week - \$190 monthly
- 5 sessions a week - \$300 monthly (a \$30 savings)

Information

The Discovery Center is located in the Recreation Annex at 1323 Waterloo Lane in Gardnerville, across from Lampe Park. For more information please call:

Director, Cindy Webb	790-1235
Recreation Department	782-9828
Discovery Center	783-6454

VALLEY CLASS LOCATION CODES

AP.....Aspen Park	MES.....Minden Elementary School
CCMES.....C.C. Meneley Elementary School	MP.....Minden Park
CVGC.....Carson Valley Golf Course	MTA.....Minden Tahoe Airport
CVMS.....Carson Valley Middle School	PHES.....Piñon Hills Elementary School
DC.....Discovery Center	PWL.....Pau Wa Lu Middle School
DCFG.....Douglas County Fairgrounds	RA.....Recreation Annex
DCL.....Douglas County Library	RD.....Recreation Department
DCSR.....Douglas County Shooting Range	SC.....Senior Center
DWS.....Dance Workshop	SES.....Scarselli Elementary School
EJ.....Edward Jones	SG.....St. Gall
GES.....Gardnerville Elementary School	SHA.....Sharkey's
HSG.....Heart Strings Gallery	SP.....Stodick Park
JVES.....Jacks Valley Elementary School	TBA.....To Be Announced
LP.....Lampe Park	TRE.....Topaz Ranch Estates

VALLEY



Baby Tunes

Ages • 2 - 3

Instructor • Tracy George

This introductory dance class includes ballet, tap and creative movement. Young dancers will learn the basic steps while learning how to follow direction and imitate movement. Engaging music is used to inspire dance and the use of props such as hula hoops, maracas, parachutes and balance beam enable imagination, creativity and fun. Wear ballet shoes and comfortable clothes.

Time • (M) 5 - 5:30pm
(T) 9:30 - 10am

Location • DWS

(M)	1/7 - 2/4*	\$35	1037.101
(T)	1/8 - 1/29	\$35	1037.102
(M)	2/11 - 3/11*	\$35	1037.103
(T)	2/5 - 2/26	\$35	1037.104
(M)	3/18 - 4/15*	\$35	1037.105
(T)	3/5 - 3/26	\$35	1037.106

*No class 1/21, 2/18, 4/1

Library Hours

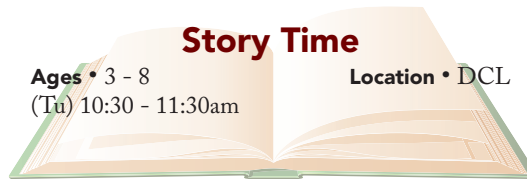
Monday, Tuesday, Wednesday • 10am - 7pm
 Thursday & Friday • 10am - 6pm
 Saturdays • 10am - 5pm
 Closed on Sundays and Holidays
 For more information call 775-782-9841

Story Time

Ages • 3 - 8

Location • DCL

(Tu) 10:30 - 11:30am



Little Miss Douglas County Pageant

Ages • 0 - 17

Instructor • Ann Peters

Lisa Prosser

This will be a fun, positive activity for girls in Douglas County and a chance to show off their talent. There will be lots of winners, prizes, and each contestant will receive a gift. The competition will be judged by a professional panel of judges and will consist of interview and talent for ages 6 and up and modeling party dresses for all contestants. The winners will receive a banner and crown and will ride on the Little Miss Douglas County Float during the Carson Valley Days parade. Titles to be awarded are: Baby Miss, Wee Miss, Little Miss, Jr. Miss, and Teen Miss Douglas County.

Pre-Pageant Meeting

Pre-Pageant Meeting is scheduled for Saturday, February 9 at 10am for ages 0 to 5 and 12pm for ages 6 to 17.

Pageant

10 - 11am (ages 0 - 5) 1666.101
 11am - 12:30pm (ages 6 - 17) 1666.102
 (Sa) 2/23 \$80 **Location •** DWS
 Tickets to attend the pageant are \$10 each at the door.



YOUTH

Adventure Camp Days

Grades • K - 6

Camp will include arts & crafts, games, creative centers, snacks and much more! Look for a flier to be sent home before each date. Spaces are limited and pre-registration is required. Pre-register at the Recreation Department.

Time • 7am - 6pm

Location • TBA

(M)	1/7	\$23
(M)	2/4	\$23
(F)	3/29	\$23



Spring Break Adventure Camp

Grades • K - 6

Campers will enjoy a variety of activities each day, all in a safe and secure environment. Activities will include field trips, arts & crafts, games, creative centers, and much more! Calendars are available at the Recreation Office. Spaces are limited and pre-registration is required. Pre-register at the Recreation Department.

Time • 7am - 6pm

Locations • PHES/MES

(Tu - F) 4/2 - 4/5 \$23/day

Jump Rope for Fun & Fitness

Ages • 8 - up

Instructor • Ellen Lucas

Class will focus on learning jump rope skills as individuals, partners and groups, including double dutch. Students will learn activities and routines for fun and/or competition. Come have fun while getting a good workout in the process!

Time • 3:30 - 4:30pm

Location • (T) CCMES (Th) PHES

(T)	1/15 - 2/19	\$40	1117.101
(Th)	1/17 - 2/21	\$40	1117.102

Introduction to the Violin

Grades • 3 - 6

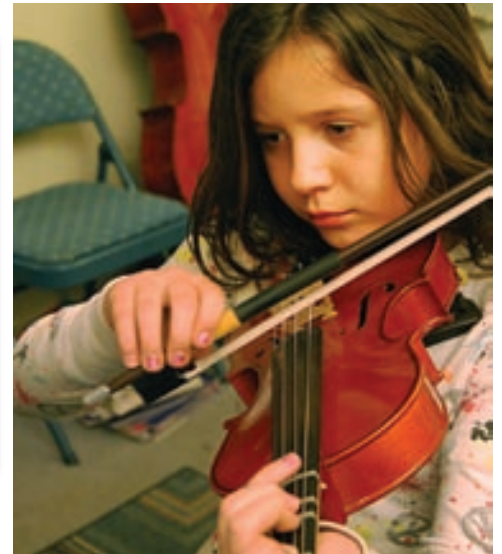
Instructor • John O'Neil

This class offers students the opportunity to acquaint themselves with the violin and find out if this is the right instrument for them. Participants will learn the correct way to hold the violin and bow and will be able to play several easy melodies by the completion of the class. All materials and the use of a violin are included.

Time • 3:30 - 4:15pm

Location • PHES

(Th) 2/7-2/28 \$25 1158.101



Kids Club

Kids Club is a before and after school recreational enrichment program that is held at all elementary schools. Recreational activities include arts & crafts, games, homework assistance and special events all based on a weekly theme. Daily snacks are provided. Kids Club is offered Monday through Friday, 7am until 8:45am and 3 - 6pm at every elementary school while school is in session, holidays excluded. The fee is paid by the month for the morning program, the after school program or both. The fee is based on \$2.50 per day for the morning program and \$5.00 per day for the afternoon program. Enrollment is based on a first come, first served basis and we will be unable to accept any new enrollments at sites that are currently full. We encourage you to make your payment as early as possible to avoid your child not being able to participate in Kids Club. For more information call 782-9828.

YOUTH/TEEN

Teen Dance

Dance Time 6:30 to 9pm

Grades • 6 - 8

Dances will include DJ, music, food and fun! Dances will be held at the Douglas County Fairgrounds. Students must arrange their own transportation ahead of time and need to be picked up promptly at 9pm. All students must show their Student ID Card or a copy of their most recent report card. All school rules will apply, including dress code.

Time • 6:30 - 9pm

Location • DCFG

(F) 1/25 \$10*
(F) 4/26 \$10*

*Includes a slice of pizza and a drink

Beginning Irish Dance

Ages • 7 - 17

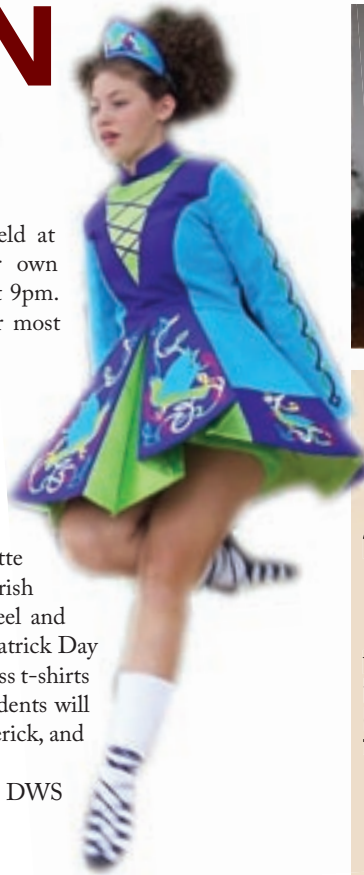
Instructor • Miriam Blanchette

This course will teach the basic techniques and steps of traditional Irish dance. Students will be taught two soft shoe dances, the Basic Reel and Light Jig, and will be invited to participate in the Virginia City St. Patrick Day Parade! Students need to wear black shorts or skirt and soft shoes. Class t-shirts can be purchased at class for \$15 and shoes for \$60. Continuing students will be taught the Slip Jig and Single Jig, Two-Hand Reel, Walls of Limerick, and Hard Shoe Dances.

Time • 6:15 - 7:15pm

Location • DWS

(T) 1/8 - 1/29	\$55	1137.101
(T) 2/5 - 2/26	\$55	1137.102
(T) 3/5 - 3/26	\$55	1137.103
(T) 4/9 - 4/30	\$55	1137.104



Nevada Junior Cotillion (Dancing, Dining, Manners)

Grades • 5 - 9 Instructor • Stephanie Kent

This traditional American program teaches students ballroom dancing (swing, salsa, foxtrot and waltz) along with correct dining and etiquette skills. Ten evening classes, in a party like setting, where students have fun practicing social skills that will help put them ahead in life (no previous dance skills necessary, dress code required).

Times • 5:45 - 6:45pm (Grades: 5th - 6th)

7 - 8pm (Grades: 7th - 9th)

(M) 2/11 - 4/22 \$150 1115.101

*No class 4/8 1115.102

Class held at Capital Christian Activity Center
1600 Snyder Ave, Carson City



Four pools indoors (open year-round):

- A 25-yard by 25-meter, L-shaped, six lane competition pool w/low & high dives in the deep end.
- An activity pool for children, kept at 86°F with water toys.
- A 92°F warm pool, fully accessible, w/ramp, pool lift & stairs for seniors, disabled & special programs.
- Two waterslides empty into the slide pool. These fully enclosed slides are 20 feet high and 180 feet long creating a thrill ride for people of all ages. Minimum height to ride the slide is 48 inches.

Two outdoor pools (open April-October):

- A 25-yard competition pool in a spectacular setting with a view of Job's Peak and the Sierra Nevada.
- A separate small pool ideal for younger children and families.
- Newly expanded outdoor deck & lawn area. 3 sun canopies & 2 BBQ/Party areas available for rental by reservation.

Exercise Room:

- Exercise equipment includes:
- Two treadmills • Lifecycle • Life step • Multi-station gym • free weights (3 - 40 lbs)
- A PreCor EFX556 located in the multipurpose room.
- This equipment is available during regular center hours for adult (18+) patrons.



782-8840



1600 Hwy 88 • Minden, NV 89423 • Open 7 Days a Week • www.cvswim.com

TEEN/ADULTS

Introduction to Soaring

Ages • 13 & up **Instructor** • Russell Holtz
 Have you ever wanted to fly? In this course you will learn about the sport of soaring, including what it takes to fly a glider, how to obtain a private pilot certificate with a glider rating, as well as the basic aerodynamics and performance of gliders and how the basic flight maneuvers are performed and flight instruments. A glider specific flight simulator will be used for demonstrations and for students to practice what they learn.

Times • (Sa) 9am -12pm **Location** • MTA
 (T) 6 - 9pm
 (Sa) 1/19 \$30 1751.101
 (T) 2/19 \$30 1751.102
 (Sa) 3/23 \$30 1751.103
 (T) 4/23 \$30 1751.104



Beginner's Tai Chi

Ages • Adults **Instructor** • Earl Mussett
 Tai Chi is a soft martial art, or exercise form, which originated in China thousands of years ago. In this class, we will warm up; do the five animal play series, ten form (longevity) series, "Ba Duan Jin", Nine Temple exercises, eighteen movement, Tai Chi/Qi Gong and others. Each class session will conclude with one or two repetitions of the 24 movement Yang Short Form. Wear comfortable, loose fitting clothes and tennis shoes.

Time: 8 - 10am **Locations:** TBA
 (Sa) 1/5 - 1/26* \$5 1750.101
 (Sa) 2/2 - 3/2** \$5 1750.102
 (Sa) 3/9 - 3/30 \$5 1750.103
 (Sa) 4/6 - 4/20 \$5 1750.104
 *1/19 class held at Sharkey's
 **no class 2/23



Dog Obedience

Ages • 8 & up **Instructor** • Guy Yeaman
 Have you and your canine companion been getting along lately? If you need help in establishing good conduct and curbing bad habits, this course is for you. Guy uses a light handed approach to help you teach your dog to obey the commands: heel, sit, stand, stay and recall. Each dog needs a choke chain, a fabric or leather lead. Dogs must be at least 4 months old. *Bring a copy of shot records the first day of class.

Time • 7 - 8pm **Location** • DCFG
 (W) 1/9 - 2/13 \$80 1422.101
 (W) 2/20 - 3/27 \$80 1422.103
 (W) 4/3 - 5/29* \$80 1422.103
 *No class 4/24, 5/1, 5/8

World Tai-Chi / Oi Gong Day

Instructor • Carson Valley Tai Chi Club
 A gathering in the Minden Park of all persons interested in improving their health and well being through the practice of Tai Chi and Oi Gong movements. Boost your immune system, slow the aging process, lower blood pressure, and improve your balance and outlook on life.
Time • 10am - 12pm **Location** • MP
 (Sa) 4/27 Free

Silk Painting Class

Instructor • Lee Lewis
 This class will teach you how to paint on Silk Square with silk dye. Square can be made into a wall hanging or sewn into a pillow or quilt. You will learn the basics of silk painting to be used in a larger project at a later date. All supplies are included.
Dates & Times **Location** • HSG
 (M) 1 - 4pm ongoing \$48/class
 (T) 1 - 4pm ongoing \$48/class
 (Sa) 10am - 1pm ongoing \$48/class



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Fly Fishing

Ages • 18+ **Instructors • Don & Liz Weirauch**
 Fly Fishing is a great way to enjoy the outdoors! Students will be taught the mechanics of casting a fly rod and the beginning casts, how to read the water to find trout, the knots, gear and it's uses, local entomology (the bugs trout eat), matching the hatch, the flies to use throughout the year and trout identification. Dry fly and nymphing rigs will be discusses to catch fish year round. Class will be held at Recreation Annex on Tuesdays from 6 – 7:30pm and at the Carson Valley Middle School Old Gym on Saturdays from 10 – 11:30am, class is not on the water. All equipment for the class will be provided at no additional cost, if needed.

Times • (T) 6 - 7:30pm Location • RA/CVMS
(Sa) 9 - 10:30am

(T) 1/15 - 2/19* \$125 1798.101
 (T) 2/26 - 4/2** \$125 1798.102

*Classes on 1/26 & 2/9 will be held at CVMS Old Gym from 9 - 10:30am

**Classes on 3/9 & 3/23 will be held at CVMS Old Gym from 10 - 11:30am

All Day Scrapbooking Workshops

Instructor • Jackie Gorton

This is the perfect opportunity for family photo historians to start a book or get a project finished. With an entire day and an eight foot table to work at, you can share ideas with others. Tools such as punches, a die cut machine, custom cutting system and many idea books are available for use while other supplies are available for purchase. Bring a dish to share with others for a potluck style lunch or bring a sack lunch for yourself. Water and a snack are included.

Time • 10am - 10pm Location • SC
 (Sa) 1/12 \$25 1720.101
 (Sa) 3/9 \$25 1720.102

Beginning Ballroom Dancing

Ages • 18+ **Instructors • Craig & Ann Peters**
 Have fun on Friday nights. This is a chance to learn and practice the fundamentals of the Fox Trot, Swing, Waltz, and many Latin dances. This class is designed to provide dancers with confidence and knowledge for the dance floor. Following the last session there will be a party so you will have 2 more hours to practice, socialize, and dance. Singles are welcome, fun way to spend Friday night.

Time • 7:30 - 8:30pm Location • DWS
 (F) 1/11 - 2/1 \$80/couple 1735.101
 \$45/single
 (F) 2/8 - 3/8* \$80/couple 1735.102
 \$45/single
 (F) 4/5 - 4/26 \$80/couple 1735.103
 \$45/single

*No class 2/22

Volunteers Wanted

The volunteer program is designed to encourage community members to volunteer by assisting staff as team members. Volunteers can supplement present services; encourage civic pride and community involvement.

Through volunteer experiences you can join us in our mission to

- * Provide Recreational Experiences
- * Strengthen Community Image
- * Strengthen Safety and Security
- * Promote Health and Wellness
- * Create Community
- * Foster Human Development
- * Increase Cultural Unity
- * Protect Environmental Resources
- * Gain valuable work experience
- * Learn new skills
- * Explore career possibilities
- * Receive personal satisfaction
- * Improve communication skills
- * Participant in community issues
- * Be a role model to youth
- * Share of your talents
- * Secure job references
- * Make new friends
- * Make a positive difference
- * Demonstrate leadership
- * Receive personal pride and fulfillment

Become a Volunteer Today!

INSTRUCTORS WANTED

Call us at 782-9828 if you have a specialty you want to share. We would like to work with you to develop new programs that will work into your schedule.

Foundations of Investing

Instructors • James Berston & Tim Cleveland
 Don't let fear of the unknown prevent you from investing in your future. Getting started can be easier than you think if you understand the basics. Whether you are new to investing or need a refresher, in this class you will learn the key features of bonds, stocks and mutual funds, the importance of asset allocation and the impact of inflation on your long-term goals.

Location • EJ
 (T) 1/8 • 9am \$10 1791.101
 (T) 1/15 • 4:30pm \$10 1791.102



Concealed Weapon Certification

Ages • 21 & up Instructor • Daniel Linn
 This course, which meets and exceeds the Nevada State CCW requirements, can be taken by CCW applicants or anyone wanting to learn to shoot handguns. Covered in the course will be; Firearms safety, handgun, ammo and holster selection, nomenclature and operation, stances, Nevada State Laws on firearms and the use of deadly force, how to shoot a handgun, and how to maintain and clean a handgun. The course will conclude with live-fire drills at the range, and certificates will be given to successful participants. Students will need: One to three handguns, 150 rounds of FACTORY ammo for the first handgun and 50 rounds for each additional handgun, hearing and eye protection and a baseball style hat for the range. Students will need to bring their own UNLOADED handguns to class.

Time • (W/F) 6 - 9:30pm Location • RA
(Sa) 8 - 11am

(W/F) 1/16 & 1/18
 (Sa) 1/19 \$95** 1745.101
 (W/F) 2/20 & 2/22
 (Sa) 2/23 \$95** 1745.102
 (W/F) 3/20 & 3/22
 (Sa) 3/23 \$95** 1745.103
 (W/F) 4/17 & 4/19
 (Sa) 4/20 \$95** 1745.104

**An additional \$10 insurance fee is payable to the instructor. Spouses are 1/2 price plus \$10 insurance payable to the instructor.

YOUTH/TEEN SPORTS



Youth & Teen Coed Volleyball Leagues

These Leagues are for beginner to advanced players, emphasizing skill development and fun competition. There will be four leagues: 3rd/4th, 5th/6th, 7th/8th and 9th-12th grade. Participants will be randomly assigned to a team through a draft system. All games will be played on Saturdays with at least one practice set aside each week. Practice sites may vary. Game times will be from 9:00 am to 6:00 pm. Volunteer coaches will be used.

Time • 9am - 6pm **Locations** • CVMS

Registration • Monday, January 14, 2013 until full
Draft • Wednesday, March 6th & Thursday, March 7th

Clinic • Player Skills Training

League Play • March 23-May 18

Cost • \$80 *Includes t-shirt, awards & officials*

3rd/4th grade \$75 **NEW** 5006.100

5th/6th grade 5006.101

7th/8th grade 5006.102

9th - 12th grade 5006.104

For information and applications go to the Website: dcprsports.com

Youth and Teen Coed Volleyball Draft

DCPR has adopted a draft system for player placement on teams. Coaches will be required to attend a paper draft at the DCPR Recreation Annex to select teams. PARENTS WILL NOT BE ABLE TO REQUEST A CERTAIN COACH OR PLACEMENT WITH ANOTHER PLAYER, NO EXCEPTIONS!!

Draft • (W) 3/6 & (Th) 3/7

Locations • Rec Annex

Time • (W) 3/6 at Rec Annex Building

3rd/4th grade - 6:00pm **NEW**

5th/6th grade - 7:00pm

Time • (Th) 3/7 at Rec Annex Building

7th/8th grade - 6:00pm

9th-12th grade - 7:00pm

Youth and Teen Volleyball Coach & Player Skills Training Clinic

Monday & Tuesday March 11 & 12 from 5:30pm to 8:00pm at Carson Valley Middle School

The first day of practice will begin with our coach and player skills clinic for all participants. Players will be introduced to a variety of athletic and volleyball skills with league coaches providing proper instructions of each drill. Afterwards coaches will meet with their new team & parents. All DCPR youth league players must attend.

Volleyball Coaches Needed

We are now accepting Head Coach Applications for the upcoming 2013 Youth/Teen volleyball season. Without volunteer coaches these programs are impossible to provide a positive experience for youth in our community. A background check is required for all volunteer coaches. (All Head Coaches must be background cleared by February 23, 2013.) For information and applications go to the Website: dcprsports.com

Draft • Wednesday, March 6th &

Thursday, March 7th

Location • Rec Annex

Time • Wednesday, March 6th at Rec Annex Bldg.

3rd/4th grade - 6:00pm **NEW**

5th/6th grade - 7:00pm

Time • Thursday, March 7th at Rec Annex Bldg.

7rd/8th grade - 6:00pm

9th/12th grade - 7:00pm

Introduction to Junior Golf

Ages • 5 - 16

Juniors will learn the basics of golf including rules, etiquette, putting, chipping and full swing. Participants will be divided into groups based on age. Club rental and golf balls are included in the fee. Refreshments will be provided.

Times • 12 - 4:15pm

Location • CVGC

(Sa) 4/13

\$20

Golf Times

Ages 5 - 6 12 - 1:15pm 5015.301

Ages 7 - 8 1:30 - 2:45pm 5015.302

Ages 9 - 16 3 - 4:15pm 5015.303

YOUTH SPONSORS

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G. E. Energy
Jethro's Oven & Grill
McDermid Management Co.
Minden Rotary
Park Place AM/PM #81672

Sorensen's Resort
Southwest Gas
Tahoe Fracture & Orthopedic
Medical Clinic
Valley Eye Care
Wells Fargo Advisors, LLC

Youth Sports Organization

The Douglas County Parks & Recreation Department prepares and maintains practice and competitive fields used by the Youth Sports Organizations. Questions regarding the sports sponsored by these organizations can be answered by calling the following:

AYSO Soccer

www.ayso318.org

Carson Valley Little League

Debbie Jacobsen782-7303

Carson Valley Girls' Softball League

Joey McNinch291-3137

Carson Valley Swim Team

Carson Valley Swim Center.....782-8840
www.carsonvalleyswimcenter.com

Douglas Dolphins Swim Team

www.ddst.org

Pop Warner

Jim Valentine782-8777

www.douglaspopwarner.com

Youth Basketball Leagues

Anthony Davis782-9828

www.dcprsports.com

Youth Flag Football Leagues

Anthony Davis782-9828

www.dcprsports.com

Youth Volleyball Leagues

Anthony Davis782-9828

www.dcprsports.com

Youth Wrestling

John Grant720-2311

ADULT SPORTS



Adult Spring Volleyball Leagues

Ages • 18+

Entry fee is due at time of registration. League size is restricted. All registration is based on first come first serve basis. Returning teams are not guaranteed a space. 12 players are allowed to a roster. Each team will play a minimum of 8 regular season games and participate in the post-season single elimination tournament. Awards for tournament play only. A gift certificate and T-shirts will be awarded for 1st place in the tournament. A gift certificate will be awarded for 2nd place. Game times will be between 7:30 – 9:30pm. Must be at least 18 years old to participate.

Time • 7:30 - 9:30pm

Location • CVMS

(M - Th) 3/4 - 5/23

Registration Begins 1/21

Registration • Early \$200* By February 15
\$225 After February 15

Registration Deadline • February 22

Leagues Offered

(M) Women's (6 on 6)	5004.101
(W) Coed "C" (6 on 6)	5004.103
(Th) Coed "B" (6 on 6)	5004.104

Adult Softball Leagues

Ages • 18+

Entry fee is due at time of registration. League size is restricted. All registration is based on first come first serve basis. Returning teams are not guaranteed a space. 20 players are allowed to a roster. Two games a week leagues will play minimum of 18 regular season games and participate in a post-season double elimination tournament. One night a week leagues will play a minimum of 10 regular season games and participate in a post-season double elimination tournament. Awards will be given for league and tournament winners. A plaque and t-shirts will be awarded for 1st place in the tournament. A plaque will be awarded for 2nd place in the tournament. Game times will be between 6:30pm – 9:00pm. League nights will vary. All teams are required to attend a mandatory manager's meeting. Must be at least 18 years old to participate.



Time • 6:30 - 9pm

(M - Th) 4/22 - 7/25 \$700
\$475

Location • LP

(2 nights)
(1 night)

Leagues Offered

(W) Women's	5001.101
(M/W) Men's "Open"	5001.102
(T) Men's "D"	5001.103
(Th) Coed Open	5001.104

Registration Begins 3/4

Registration • Early \$700/\$475 By April 5
\$750/\$525 After April 5

Registration Deadline • 4/12

Managers Meeting

A mandatory managers meeting will be held on Thursday, April 18 at 6pm at the Recreation Annex Building. Schedules will be available at the meeting.

Introduction to Golf for Ladies

Ages • 18+

Taught by the professionals at the Carson Valley Golf Course, ladies can learn to play golf in a fun, relaxed environment. The clinics will cover all the basics including full swing, chipping, putting & etiquette. This clinic is open to all levels of players and beginners are very welcome. Sign up fast, as space is limited.

Time • 5:15 - 6:15pm

Location • CVGC
(M & T) 4/15 & 4/16

\$30
5015.105

Introduction to Golf for Couples

Ages • 18+

Taught by the professionals at the Carson Valley Golf Course, couples can learn to play golf in a fun, relaxed environment. The clinics will cover all the basics including full swing, chipping, putting & etiquette. This clinic is open to all levels of players and beginners are very welcome. Sign up fast, as space is limited.

Time • 5:15 - 6:15pm

Location • CVGC
(M/T) 4/22 & 4/23

\$50/couple
5015.106



**CHECK OUT SPORTS
ON THE WEB @
WWW.DCPRSPORTS.COM**

All Leagues

Sign up Information

Forms • Schedules • Rules

Up to Date League Results

Tournament Brackets

Championship Photos

Wanted • Officials & Referees

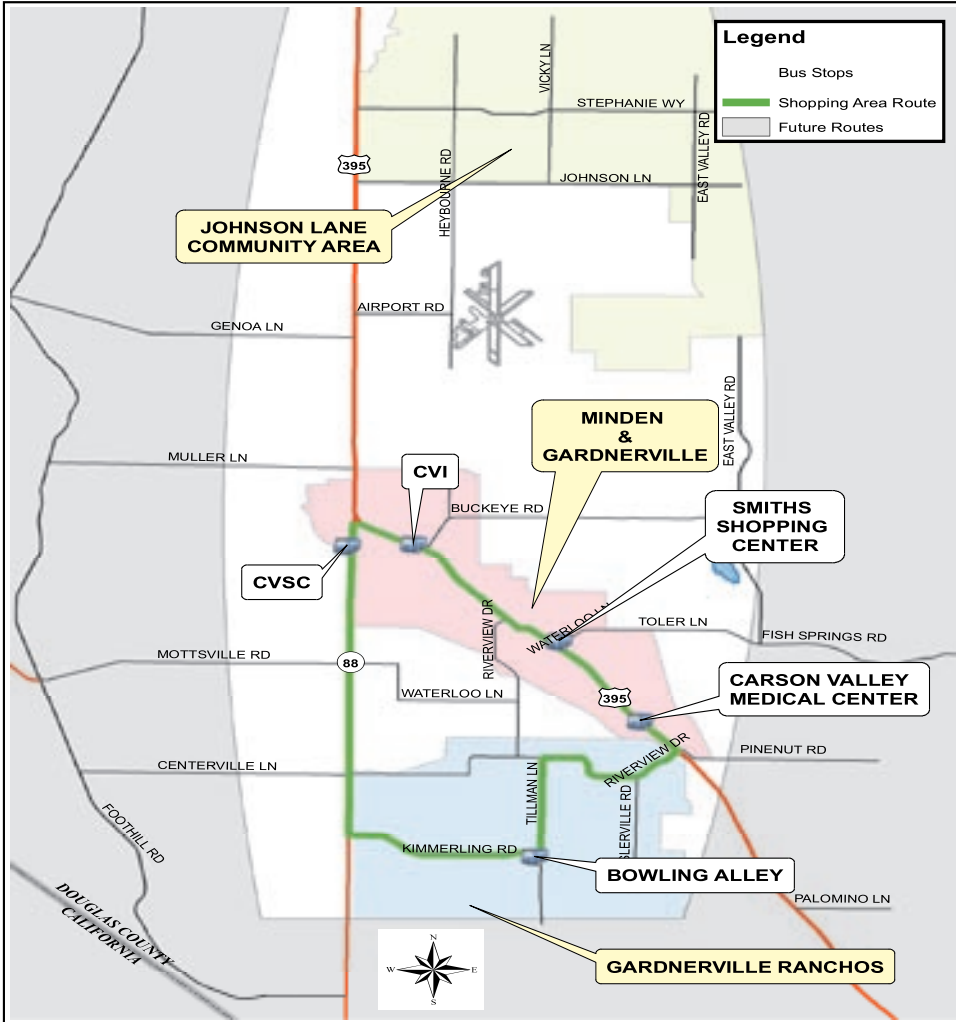
Douglas County Parks & Recreation is currently looking for qualified officials for Youth and Adult Sports. Officials must be willing to work nights and weekends and have a flexible schedule. Most games last approximately 1 hour. We will train and certify for all sports. Previous officiating is preferred. Willingness to be trained in multiple sports preferred. Please call the Douglas County Parks & Recreation at 782-9828 for more information.



Douglas County Dial-A-Ride Service

Dial-A-Ride offers a curb-to-curb shared ride service to eligible passengers that operates Monday through Friday between the hours of 8am to 5pm in most areas of Douglas County. Dial-A-Ride offers two types of service: ADA (must be certified by a physician and scheduled at least 2 weeks in advance with service available on a prescheduled basis. Rides with less than 2 weeks notice will be scheduled based on availability, including same day requests. This service is only open to residents of the Minden and Gardnerville areas. For more information call Dart at 775-783-6456.

Dial-A-Ride Express



DART Express

DART Express is a public fixed route

The **DART Express** Route is specifically designed to transport the fast paced passenger who is seeking access to Minden , Gardnerville and the Gardnerville Ranchos. Specific transfer points have been built into the route, to be shared with Tahoe Transportation District for passengers seeking to ride North to Carson City (19X) or to South Lake Tahoe (20X).

For visitors and residents of Douglas County , the **DART Express** Route offers transportation to points of interest such as: Tillman Center (Bowling Alley), Carson Valley Medical Center , Shopping Centers (Smiths) located in Gardnerville, Herbig Park, Senior Center, Carson Valley Inn, Library and Carson Valley Swim Center.

All passengers wishing to utilize this service, please review the schedule and call dispatch at 783-6455 if you have any further questions concerning the DART Express Route .



2300 Meadow Lane
 Gardnerville, NV 89410
 775.783.6455 & 775.783.6456
 Email: dart@co.douglas.nv.us

Northbound - Dial-A-Ride Express

	TILLMAN CENTER (Bowling Alley)	CARSON VALLEY MEDICAL CENTER	HERBIG PARK	SHOPPING CENTER (SMITHS)	SENIOR CENTER	CARSON VALLEY INN	LIBRARY	CARSON VALLEY SWIM CENTER
Route # 1	7:15am	7:25am	7:30am	7:40am	7:45am	7:55am	----	8:05am
Route # 3	11:00am	11:15am	11:25am	11:30am	11:35am	11:45am	11:50am	12:00pm
Route # 5	4:00pm	4:15pm	4:20pm	4:25pm	----	4:35pm	4:40pm	4:45pm

Southbound - Dial-A-Ride Express

	CARSON VALLEY SWIM CENTER	LIBRARY	CARSON VALLEY INN	SENIOR CENTER	SHOPPING CENTER (SMITHS)	HERBIG PARK	CARSON VALLEY MEDICAL CENTER	TILLMAN CENTER (Bowling Alley)
Route # 2	8:05am	----	8:15am	8:25am	8:30am	8:35am	8:40am	9:05am
Route # 4	2:35pm	2:45pm	2:55pm	3:10pm	3:15pm	3:20pm	3:30pm	4:00pm
Route # 6	4:45pm	----	On Call	----	----	4:55pm	----	5:00pm

ACTIVE ADULTS

Congregate Dining

The Douglas County Senior Center serves lunch Monday - Friday at 12pm. Reservations are not required. The suggested donation for lunch is \$2 each day for Seniors 60 years and older. For guests who are under 60 years of age, it is just \$3.50 for lunch.

Topaz Congregate Dining

Congregate Dining is provided each Monday, Tuesday and Thursday at 12pm at the Topaz Ranch Estates Community Center located at 3939 Carter Way. The suggested donation for lunch is \$2 each day for Seniors 60 years and older. For guests who are under 60 years of age, lunch is just \$3.50.

Douglas County Senior Services

2300 Meadow Lane, Gardnerville • 783-6455

The Douglas County Senior Services provides many activities, services and programs. The center provides the senior community an opportunity to socialize, enjoy a nutritious meal and get involved in a number of different activities, special events and excursions. Check us out on the web at <http://www.douglascountynv.gov/index.aspx?nid=97>

Senior Center Volunteers

Many of the programs offered through the Douglas County Senior Center would not be possible without the assistance of our Volunteers. If you have an interest in becoming a volunteer for the senior community please call (775) 783 - 6455.

Senior Companion Program

Senior Companions are volunteers who may drive you to an appointment, keep you company during the day or help out in other ways. The suggested donation for this service is \$3 per hour. Call 783-6455 for a list of volunteers and their phone numbers.

Meals on Wheels

All Seniors 60 years and older who do not have an able-bodied adult living with them, are physically or mentally incapacitated, and/or unable to leave the house can receive weekly or bi-monthly Meals on Wheels deliveries depending on your location. Deliveries are in town or to outlying areas including: TRE, Indian Hills, Johnson Lane and Stateline. The suggested donation is \$2 per meal.

14th Annual SENIOR HEALTH FAIR

Douglas County Senior Center will be hosting our 14th Annual Senior Health Fair on Wednesday, January 23, 2013 at the Carson Valley Inn, Minden. The event will be held in the Valley Ballroom from 8am-12pm. Admission is FREE. All ages are welcome. There will be many informational booths to include: medical, legal, insurance, investment, vision, residential care, chiropractic, home care options and more. For more information or to have a vendor packet mailed to you, please call Amanda at (775) 783-6455.

Time • 8am - 12pm **Location** • CVI (W) 1/23

Homemaker Assistance

If you are 60 years and older, do not have an able bodied adult living with you, and are unable to do daily household chores due to physical and/or mental illnesses, you may be eligible to receive homemaker service. The service provides weekly or bi-weekly visits for basic cleaning, laundry, and grocery shopping. The suggested donation for service is \$3 an hour.



90+ & 100+ BIRTHDAY CELEBRATION PARTY

10:30am - 1pm

FREE Event • at the Douglas County Senior Center

On Wednesday, February 20, 2013, Douglas County Senior Services will be hosting our annual 90+ and 100+ Birthday Celebration at the Senior Center, 2300 Meadow Lane, Gardnerville from 10:30am to 1:00pm. This is the Senior Center's opportunity to honor those who have reached this lifetime milestone. We have a special presentation and lunch for our 90+ & 100+ seniors. Family are welcome to attend. This event is a great way to honor our seniors. For more information please contact Amanda at (775) 783-6455.



Carson Valley Community Bingo

Come join us for a fun and exciting afternoon of community bingo on the third Sunday of each month at the Douglas County Senior Center. Doors open at noon with early bird games starting at 1pm and regular games beginning about 1:30pm. All proceeds go to benefit the Young at Heart Citizens Club, which supports activities and programs for the senior community. Although games are played at the Senior Center, Bingo is open to everyone over 21 years of age. For more information contact the Senior Center at 783-6455.

13th Annual Big Mama's Show & Shine Classic Car Show

The Douglas County Senior Center will be conducting the 13th Annual BIG Mama's Show & Shine Car Show on Saturday, May 11th at Lampe Park Pavilion, 1325 Waterloo Lane, Gardnerville. The event is from 10am - 3pm. It will be a day of great looking vehicles, craft and business vendors, music, food and fun. There will be raffle prizes awarded throughout the day. Registration Forms, Sponsorship Opportunities and Vendor Booth Spaces are available. Pick up a registration or sponsorship packet at the Douglas County Senior Center, 2300 Meadow Lane, Gardnerville or call Amanda at (775) 783-6455 to have one mailed or faxed to you.

Time • 10am - 3pm
(Sa) 5/11

Location • SC

Green Thumb Garden Club

Meets every 4th Monday of the month from March through November at the United Methodist Church in Gardnerville. They discuss different topics each month regarding taking care of your gardens and yards, plus have guest speakers and scheduled bus trips. The first meeting of the year will be held on Monday, March 25th.

Watercolor Classes

These classes are offered at the Senior Center on the 2nd and 4th Thursday of the month from 9:00a.m. to noon. Cost is \$20.00 per class per person which includes all materials and a completed picture to take home. For more information call instructor Lada Trimble at 882-6061.

Easter Hat Parade

Join the Douglas County Senior Center for our annual Easter Hat Parade. Design your own Easter bonnet and come prepared to promenade around the dining room. If you need inspiration, check in with the Senior Center to find out when Esther will be hosting her Hat building Workshop. Prizes are awarded for the prettiest, funniest and most original hats. Open to ladies and gentlemen. For more information, call Amanda at 783-6455.

Time • 11:30am

(F) 3/29 Free

Location • SC

Douglas County Dial-A-Ride Service

To ensure that our senior citizens and ADA Riders who desire transportation assistance are able to reach their destinations in a timely and safe manner, Douglas County Senior Services offers transportation to the senior center, hair, medical and dental appointments and much more.

These rides are coordinated through the DART DIAL-A-RIDE office which can be reached at (775) 783-6455. Please allow one business day for your return call. We request at least 3 business days notice to schedule a ride.



Anytime Fitness 24/7 Fitness Club!

Ages • 60 and over

Anytime Fitness is Minden/Gardnerville's only fitness club open 24 hour a day and 365 days a year with access to 1500 clubs across all 50 states, so we are a great option if you travel! Our entire staff is certified in health & fitness and will be able to assist you to meet your goals! Our Facility offers treadmills, cross trainers, recumbent bikes, and strength circuit machines. We also have a group fitness studio and offer Yoga, free senior stretch & senior strength classes! Anytime Fitness offers seniors a discounted membership rate, No Enrollment fees, 3 free training sessions & your first month free when you mention Senior Services "LIFE OPTIONS PROGRAM!" For more information about Senior Membership, please contact Jessie, Allen or Karen at (775) 783-5130

Time • Monday - Sunday

Open 24 hours!

**1352 HWY 395 Suite 101-104,
Gardnerville**

www.anytimeville.com

Pulse Fitness

Ages • 55 and over

Stay healthy and active with Pulse Fitness as part of the Senior Services "Life Options" program. If you are 60 and older, you can enjoy the benefits of feeling great and maintaining your health from our various fitness programs for just \$19 a month. We offer low impact aerobics, pilates, yoga, treadmills, elliptical machines, bikes, free weights, and selectorized machines. Relax in our dry sauna or finish your workout with a healthy drink. All new members will receive a consultation from a Personal Trainer to get you started on your way to a healthy lifestyle. Monthly dues are \$19, and for seniors there is no Enrollment Fee and a one time \$29 Processing Fee. For more information contact Pulse Fitness at 782-2705 and ask about a senior membership.



885 Mahogany Drive, Minden, NV

www.PulseFitnessNV.com

Time • Monday - Friday 4:30am - 10pm

Saturday & Sunday 7am - 7pm

http://www.anytimeville.com

LIFE OPTIONS ACTIVITIES

Ceramics

The Senior Center has a Ceramics room that is open to all seniors on Tuesdays and Fridays from 9:00 a.m. to 3:00 p.m. Stop by and see Esther and Carolyn or call the center for more information.



Senior Resistance Exercise

Join us each Monday, Wednesday and Friday from 10:30 - 11:15am for our Senior Resistance Exercise Class. Many of the infirmities contributed to aging are prevented or reduced by staying active. Resistance exercise is used to maintain and build strength, muscle mass, muscle tone and muscular endurance. The goal of Senior Resistance training is to increase your ability to produce and sustain muscular power.

YAH Gift Shop

Young at Heart sponsors a gift shop located in the Senior Center lobby. It is open from 10am-12pm Monday through Friday. All items are hand made and range from jewelry to clothing to decorations. A portion of the proceeds benefit Young at Heart. To shop, or to sell your own items, come in to the Senior Center during Gift Shop hours and check us out. For more info, call 783-6455.

**Time • 9:30am - 12pm
(M - F)**

Location • SC

Sight Impaired Support Group

Meets every 1st Thursday of the month at 10:30am in the Senior Center Ceramics Room. They offer information and support to those with vision challenges, discuss topics of interest and devices that are available to assist those with sight impairment and blindness. For more information, please call the Douglas County Senior Center at 783-6455.

Creativity through Knitting & Crocheting

Do you enjoy knitting, crocheting and/or needlepoint? Come join the group and get tips and support for your projects. The group meets each Monday at 9:00 am for "Creativity through Knitting, Crocheting & Needle Point." The group meets from 9am - 12pm at the Douglas County Senior Center. (On the 2nd Monday of the month, the class meets at the Aspen Mobile Home Park Clubhouse.) There is "no fee" to attend, but seats are limited, so please call and confirm your interest. To reserve your spot or for more information contact Linda Sawtelle at 783-7278.

AARP Driver Safety Course

Instructor • Dennis Hogan

This class is a refresher course with emphasis upon how age-related changes affect driving. For drivers age 55 and older. The purpose of the class is to help seniors continue to be safe drivers as long as possible. Those who complete the class may be eligible for a discount on their auto insurance. Pre-registration is required by calling the Douglas County Senior Center, 783-6455. Fee payable upon arriving at the class. AARP members, who bring their membership cards with them the day of the class, are eligible for a discount.

**Time • 8:30am - 1pm
(Sa) 3/23**

Location • SC

SPECIAL EVENTS



Valentine's Day Father/Daughter Sweetheart Dance

Ages • All

What better way for dad to celebrate Valentine's Day than with a night out with his favorite girl...his daughter. Come spend a very special evening on the town for fathers (or adult chaperone) and daughters. Couples will dance to DJ music reflecting all tastes and styles. Refreshments will be served and photo keepsakes of the evening will be available for an additional fee. Because of the popularity of this event, early registration is recommended and spaces are limited.

Time • 6 - 8:30pm

Location • SG

(F) 2/1	\$20/couple*	1113.101
(Sa) 2/2	\$20/couple*	1113.102

*\$8 per additional daughter

Mother's Day Mother / Son Dance

Sponsored by Carson Valley FFA

Ages • All

Little gentlemen this is your opportunity to show mom how much you appreciate her by taking her out for an evening of dancing and entertainment. This will be a semi-formal occasion. Corsages for mom and refreshments will be provided. Photos will be available to purchase.

Time • 6:30 - 9pm

Location • DCFG

(Sa) 5/11	\$15/couple*	1155.101
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*\$7 per additional son

Sign Up Early

If you are interested in a class or program, register today!
If a minimum enrollment is not met before its start date, a class or program may be canceled. Find more information at www.douglascountynv.gov

Become a V.I.P.!

Volunteer in Parks & Recreation

As a volunteer you can help fill a need, share a skill, and provide dedication, community involvement, and a fresh outlook on current programs. Call 782-9828 to become a volunteer.

24th Annual Kids Fishing Derby

Ages • 3 -12

Kick off the fishing season, June 1st and 2nd, 2013 at Lampe Park. Bring your pole and camera and experience the greatest fishing of the year. Family activities and concessions will also be present. Tickets are FREE; however you MUST Pre-register early to receive your session ticket. Spaces are limited. Derby hats, t-shirts and other resale items will be available for purchase. Raffle tickets are available for \$1.00 each or 6 for \$5.00. Raffle prizes this year include (but are not limited to) a 125cc two seater Go kart!

Registration

Registration will begin 2 April, 2013 and will be available every Saturday from 10am-1pm at Raley's in Gardnerville and will continue every Saturday in April and May. For more information, please call Amanda Pace @775-450-3881 or via email at illusion9376@yahoo.com

Fishing Derby Volunteers

Douglas Kids' Fishing Derby, Inc. is a non-profit organization and is dependent upon the generosity of volunteers. Volunteers are needed to help set up, tear down, registration, river help, fish cleaning and more. If you are interested in becoming a volunteer please pick up a volunteer form at the recreation department and return no later than May 30th. All volunteers must attend one of the volunteer meetings. For more information, please contact Trent Dowell at kfdvolunteers@aol.com

SAVE THE DATE

Cowboy Poetry & Music Festival

May 3 - 5, 2013



Eagles and Agriculture

February, 22 – 24, 2013

Eagles & Ag, celebrating its 11th year in 2013, provides a once a year opportunity to experience the influx of bald eagles and other birds of prey that come to the scenic Carson Valley during the winter calving season. This remarkable interaction between nature and agriculture attracts photographers, birders and nature-lovers of all kinds who come to closely observe bald and golden eagles, hawks, falcons, owls, and a variety of other bird and wildlife species.

The event includes:

The Friday night welcome dinner, with an always entertaining program including an appearance by a raptor (and its handler), starts the weekend off. Friday night is also a great chance to chat with Eagles & Ag supporting organizations at their event displays.

The Ranch & Eagle Tour, the centerpiece of the weekend. Attendees get access to 4 or 5 private ranch properties escorted by expert birders to have the best possible opportunity to view and photograph eagles and other wildlife.

The motor coach tour is followed by a luncheon and the incomparable wrap up and world famous mooing contest.

Other options include the Owl Prowl, Highways and Byways Raptor Tour, a two day photo workshop and a rafting/birding trip down the Carson River.

Tours & Workshops

Friday Night Welcome Dinner	\$ 35
Ranch & Eagle Tour	\$ 70
Highway & Byway Tour(s)	\$ 45
Owl Prowl	\$ 45
Rafting/Birding Trip	\$ 75

For more information, please call the Carson Valley Chamber of Commerce and Visitors Authority at 782-8144.



Dangberg Home Ranch Historic Park

The Dangberg Home Ranch Historic Park is located just west of Minden at 1450 Highway 88. The site includes eight historic structures built between 1857 and 1917, along with a collection of 39,000 artifacts, documents and photographs acquired and used by the Dangberg family. Programs include tours, exhibits and other public events. During the winter months, guided tours of the Dangberg residence are available by appointment. To make a tour reservation, contact the park at 775-783-9417. Tour admission is \$8.00 for adults, free for children 16 and younger. The park can also be reserved for weddings, reunions and other events from April through October.

Ring of Kindness

Designed to lift the hearts of our community members through kindness and caring for each other. Everyone needs, at one time or another, a simple act of kindness in their lives and Ring in Kindness is a project to do exactly that. We are inviting the community to get involved in spreading kindness through handmade pieces of art. Each piece of hanging art will be touched by the hearts and hands of many and hung, anonymously throughout the community for others to find, keep, or pass on to someone who is in need of a simple act of kindness. You can get involved by volunteering your time to create the clay pieces, paint or assemble the bells. You need no artistic ability to be a part of this project. Another way to be involved is to make a cash donation to purchase supplies to perpetuate the community project. We meet the second Tuesday of each month at the Partnership of Community Resources located at 1517 Church Street in Gardnerville. For Information call 782-8611 or 782-5434.

Trails in the Carson Valley

The winter months are a great time to get out on the trails for some hiking, snowshoeing or cross-country skiing. The Carson Valley offers a number of trails for outdoor winter fun. The Fay-Luther and Jobs Peak Ranch Trails on the west side of the valley provide panoramic valley views. These trails are well-marked and the Fay-Luther Trail has several loop trails to explore. The Bently-Kirman Tract Trail on the east side of the valley has several loops and provides access to the Carson River. This is a natural surface trail that can be very muddy during wet weather. For more information about these and additional nearby trails, visit the Carson Valley Trails Association's website: www.carsonvalleytrails.org.

Facility Rentals

Family Picnics • Reunions

Receptions • Birthday Parties

Douglas County Parks & Recreation Department has many rental facilities that can accommodate your needs for any special occasion. Staff are available to help you identify which facility may best meet your needs. For more information and rates to rent a facility call (775) 782-9835 or go to www.douglascountynv.gov.



A.V.I.D.

Active Volunteers In Douglas

A.V.I.D. is a non-profit group that promotes, maintains and supports volunteerism in Douglas County; and provides avenues for recognition and encouragement of volunteers. Any non-profit organization in Douglas County may be a part of A.V.I.D. Nineteen organizations are currently active in A.V.I.D. Other organizations in the County also use volunteers, but do their own recruiting. A person seeking a volunteer position or wishing to change to a different volunteer position may call the organization directly, or coordinate through A.V.I.D. For more information, contact A.V.I.D. at 783-6450 or write: P.O. Box 1057, Minden NV 89423 or visit our website at www.douglasvolunteers.org

KAHLE COMMUNITY CENTER



- Full-size Hardwood Floor Basketball Court
- Suspended Indoor Track
- Big George's Fitness Area with cardio, free weights and machines
- Bouldering Wall for all ages
- Indoor Playground and Game Room
- Preschool
- Special Events
- Programs & Leagues for all ages

Recreation Center Hours

NOVEMBER - APRIL

Monday - Friday	6am - 10pm
Saturday	8am - 8pm
Sunday	11am - 4pm

MAY - OCTOBER

Monday - Friday	6am - 9pm
Saturday	8am - 6pm
Sunday	Closed

- Closed most holidays -

Located at:
236 Kingsbury Grade
Stateline, NV 89449

Facility Rentals

Looking for a location for an upcoming wedding, anniversary, birthday party, company picnic, baby or wedding shower, or meeting? Whatever your needs we have pavilions and indoor facilities available.

For reservation information call Kahle Community Center at 586-7271.

Passes Available

Daily • Monthly • 3 Month • Annual

“We’re not just
a community center,
we’re the center
of the community”

LAKE CLASS LOCATION CODES

EGC.....	Edgewood Golf Course
KCC.....	Kahle Community Center
KCP	Kahle Community Park
RHFS	Round Hill Fire Station
TBA	To Be Announced
ZCES.....	Zephyr Cove Elementary School
ZCP.....	Zephyr Cove Park

PRESCHOOL

Roots & Wings Children's Center at Kahle Park

Accredited by the National Association for the
Education of Young Children

Director • Shelly Martinez

We are delighted to offer a part-time developmental preschool program at Kahle Park. We endeavor to create an environment in which children respect themselves and others, while inviting their young minds and bodies to think, create, explore, discover, and wonder! Our goal is to inspire a lifelong love of learning. Age appropriate activities in the following curriculum areas will be offered daily: art, math, science, language, sensory, cognitive development, practical life, dramatic play, music, fine and large muscle development.

- **Licensed Pre-school designed for ages 3 - 5 (child must be potty trained)**
- **Program Hours: 9am - 12pm Monday - Friday**
- **2 - 5 day programs: \$21 per day**
- **Non-refundable Registration Fee: \$100 new students, \$60 returning students**
- **Waiting list and info call (775) 586-7271**



Story Time

Theme based stories for children

Ages • 3-8

Library Services Coordinator, Carol Nageotte and Children's Librarian, Kathy Echavarria

Time • 9-9:45 am **Location** • KCC
Alternating Thurs. and Fri. beginning 1/10

Zephyr Cove Library

(775) 588-6411

Hours • (W) 11am - 7pm
(Th/F/Sa) 9am - 5pm

Book drop at Kahle, Internet, Wireless, Inter-Library loan, E-books, Audios, DVDs, CDs, Newspapers.

Twosday Mornings

Ages • Birth to Preschool

Instructor • Roots & Wings Teachers

Wanted: Parents, grandparents, and caregivers with young children who would like to spend one morning a week in the company of their peers enjoying structured and spontaneous playful experiences. Fee includes creative art, optional group circle time and use of indoor playground.

Time • 9:30 - 11:15am

Location • KCC

(T) 1/8 - 1/29	\$24	1048.101
(T) 2/5 - 2/26	\$24	1048.102
(T) 3/5 - 3/26	\$24	1048.103
(T) 4/2 - 4/30	\$30	1048.104

Drop in participants are welcome. The fee is \$8 per class and additional children in the family are \$1 per child per time for the monthly fee and drop in rate.

PRE-KINDER/YOUTH

Tot Egg Hunt

Sponsored by the Tahoe Douglas
Firefighter's Association

Ages • 0 - 6

An Eggstra special day for Family Fun! The Easter Bunny will be hiding eggs outside and you can climb on fire trucks. Come inside and enjoy our bounce house, indoor playground and refreshments. Bring a basket to collect eggs and a camera for an Eggscting day!

Time • Hunt begins at 11am **Location** • KCP
Gym open until 1pm
(F) 3/29 FREE

Birthday Parties

Let KCC help you plan, organize and make your child's birthday a special event. Complete our custom party package form and receive a custom quote. **At least two weeks advance notice required.** For more information call 586-7271.

Kiddie Kickers

Indoor Soccer Program

Ages • 4* - 5

Staff • Recreation Leaders
& Volunteer Coaches

This introductory soccer program is for beginners. Games will be played on Sunday afternoons at Kahle Community Center during the end of March through May.

Volunteer coaches are needed.

Cost • \$45 includes team

T-shirt & award

Registration • Begins 2/6 until full

Time • Games will be between noon - 4pm w
(Su) 3/24 - 5/19 5011.101

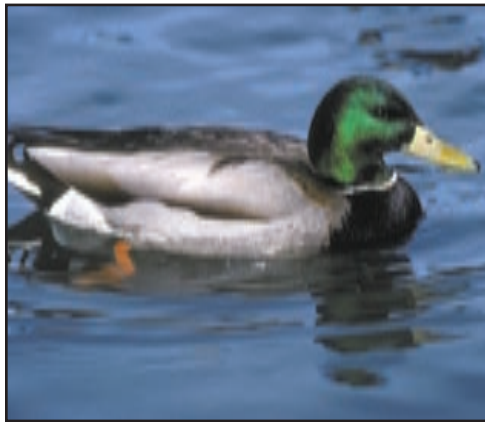
**Must be 4 years old by 4/1/2013.*

A parent permission form needs to be completed at time of registration.





YOUTH/TEEN



Nevada Wildlife Duck Stamp Contest

Grades • 1 - 5 **Instructor** • Suemi Atherton
 For the Nevada Duck Stamp design! Students will create subject artwork depicting N.A. ducks, geese and swans in their natural habitat. The Federal Junior Duck Stamp Conservation Program is designed to increase awareness among our nation's youth of the need to conserve N.A. Wetlands and water fowl through an educational curriculum which includes art.

Time • 3:30 - 5pm **Location** • KCC
 (Th) 3/7 & 3/14 \$14* 1129.103
**Additional \$10 supply fee payable to instructor at class*

Spring Break Adventure Days

Grades • 1 - 6
 Enjoy your school break with us by going on field trips, playing games, crafts, and having fun! Fee includes admission, transportation and supervision. Bring a sack lunch and spending money each day. Watch for a flyer coming home from school with more information.

Time • 7:30am - 6pm **Location** • KCC
 (M - F) 4/1 - 4/5 \$22/day 1123.102/105



Climbing Wall at KCC

Not ready to scale El Capitan? Kahle Community Center has a bouldering wall great for beginners.

Tae Kwon Do

Ages • 7 - 12 **Instructors** • Chris and Rick Manglinong

Emphasizes such fundamental values as courtesy, integrity, self-discipline, and a positive self-image. The powerful techniques taught in the Tae Kwon Do are exciting and a fun way to stay fit, as well as being an excellent form of self defense.

Time • 6 - 7:30pm **Location** • KCC
 (W) 1/9 - 1/30 \$16 1409.101
 (W) 2/6 - 2/27 \$12 1409.102
 (W) 3/6 - 3/27 \$16 1409.103
 (W) 4/3 - 4/24 \$12 1409.104
 (W) 5/1 - 5/29 \$20 1409.201

Drop-in \$8 per class. No class 2/20, 4/10

Teen Scene

Friday Nights at Kahle Community Center

Grades • 6 - 12
 Shoot hoops, play volleyball, climb the rock wall, and play arcade games or video games. This is the night for teens to enjoy the Community Center with their friends.

Time • 6:30 - 9pm
 (F) Ongoing Drop-in \$3**

**Free to pass holder*

Kahle Community Center is a SAFE PLACE

In cooperation with Tahoe Youth and Family Services



Kid's Club Programs Grades K - 6

Kids Club Programs are designed to compliment the school schedule by adding recreational activities in a safe and fun environment. Our dedicated staff are there to offer crafts, games, indoor and outdoor play, snacks and homework time.

Kahle Community Center

Early Birds 7 - 8:30am
\$1 drop in per day, school bus pickup.

Zephyr Cove Elementary School

Kinder Kids After Kindergarten - 3pm
\$10 per day. Program operates on a minimum/maximum enrollment. Enroll early.

Kids Club 3 to 6pm

*\$5 per day**
**Must be enrolled on a monthly basis per published rate schedule.*

SPECIAL EVENT

Father/Daughter Sweetheart Dance

Sponsored by Harrah's/Harvey's Resort Hotel and Casino

Be the coolest dad in town and dance the night away with your daughter! This is a very special evening for daughters and their fathers (or adult male chaperones) to dance and visit with friends. Refreshments will be served and a photo keepsake is available for an additional fee. This event sells out each year. Tickets go on sale January 2.

Time • 7 - 9:30pm **Location** • Harrah's Convention Center
 (F) 2/8 \$20/couple* 1113.103
 *\$8 per additional daughter



ADULT FITNESS



Tae Kwon Do

Ages • 13 & up **Instructors** • Chris and Rick Manglinong

Tae Kwon Do emphasizes such fundamental values as courtesy, integrity, self-discipline, and a positive self-image. The powerful techniques taught in the Tae Kwon Do are exciting and a fun way to stay fit, as well as being an excellent form of self defense.

Time • 6 - 7:30pm	Location • KCC
(W) 1/9 - 1/30 \$24	1409.105
(W) 2/6 - 2/27 \$18	1409.106
(W) 3/6 - 3/27 \$24	1409.107
(W) 4/3 - 4/24 \$18	1409.108
(W) 5/1 - 5/29 \$30	1409.205

Drop-in \$10 per class. No class 2/20, 4/10

Philippine Stick Fighting Arnis

Ages • 16 & up **Instructors** • Chris and Rick Manglinong

Arnis is a blending of the countless styles. Arnis is simple to learn and requires no special conditioning or raw physical strength.

Time • 7:30 - 8:30pm	Location • KCC
(W) 1/9 - 1/30 \$24	1707.101
(W) 2/6 - 2/27 \$18	1707.102
(W) 3/6 - 3/27 \$24	1707.103
(W) 4/3 - 4/24 \$18	1707.104
(W) 5/1 - 5/29 \$30	1707.201

Drop-in \$10 per class. No class 2/20, 4/10



Do you have a hobby or special skill?

Are you interested in teaching a class or program, do you have a special skill to share with others. Make a few extra dollars teaching others your skills. Call KCC at 586-7271 or stop by. We are always here for our community.

Celeste M. Eckerman, D.D.S.
 & Wendy Auslen Schopf, D.D.S.

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Pilates

Ages • 13 & up **Instructor** • Rose Marie Ottman
Gain strength, flexibility and improve your posture with Pilates mat exercises. This method focuses on core strength to support the low back and improves body awareness, balance and coordination. Joseph Pilates' mindful technique of breathing and muscular control can be applied to sports and daily living. This is a multi-level class – modifications are provided to address individual body issues and abilities. Foam rollers are available for class use on the first Tuesday and Saturday of the month.

Time • 10:15 - 11:30am **Location** • KCC
(T/Sa) Ongoing \$11/class 1728.101-104
Punch cards: 4/\$35, 8/\$62

Zumba

Ages • 13 - Adult **Instructor** • Lyn Twitchell
Are you ready to dance yourself into shape with the nation's hottest fitness workout? Zumba® class is a fun, joyful dance fitness program that incorporates rhythms and dance moves from Latin music, belly dancing, hip hop and more. Zumba® will reduce stress, burn calories, and tone your body. It doesn't matter if you think you can dance, if you are comfortable with your body, all are welcome and guaranteed a great workout! So, join the party... first class is free!

Time • (Tu/Th) 8:30-9:30 **Location** • KCC
(W) 12-1 and 4-5 1823.101-104
*4 classes \$25, 8 classes \$40
Youth & Kable Members \$5.
Drop-in \$8 per class*



Yoga for Athletes

Ages • 18 & up **Instructor** • Alison Cotey
Vinyasa flow that focuses on breathing and movement to promote strength and flexibility in the whole body. Class will be both a physically challenging and teach how yoga practice can enhance breathing and emotional balance in training and racing. Please bring your mat, water, and a positive energy!

Time • 5:30 - 6:30pm **Location** • KCC
(M) Drop-in \$5/class 1822.101-104

Middle Eastern Dance

Ages • 18 & up **Instructor** • Ramak Rahmani
Are you ready to improve your body's flexibility, stamina, gain a toned body and learn dancing techniques all at the same time? If your answer is yes, then you are at the right place! These dance classes offer an unbelievable workout, the beat of the music is contagious and the atmosphere is relaxed.

Time • 5:30 - 6:30pm **Location** • KCC
(Tu/Th) \$10/class 1732.101-104
Punch cards: 4/\$32 or 8/\$56.



Jazzercise

Ages • 18 & up **Instructors** • Sherry Baiocchi, Shannon Shearer, Katy Nye-Morrell
Power and Cardio in one, FUN, effective 60 minutes total body workout. Jazzercise combines dance-based cardio with strength training and stretching to sculpt, tone and burn maximum fat. Each 60 minute class includes a warm-up, 30 minutes of aerobic segment, muscle toning and strengthening using weights and a full body stretch.

(M/W/F/Sa) 9am **Location** • KCC
(T/Th) 5:30pm
Drop-in fee is \$10 per class to instructor. Monthly reduced fees are available.

Personal Training

Being part of a personal training program can create lifelong healthy habits and improve your overall well being. Personal training is provided by training professionals. Personal trainers are available to design and supervise your exercise program. Prices vary. Information is available at KCC front counter.

ADULTS

Dog Obedience

Instructor • Guy Yeaman

Have you and your canine companion been getting along lately? If you need help in establishing good conduct and curbing bad habits, this course is for you. Guy uses a light-handed approach to help your dog to obey commands: heel, sit, stand, stay and recall. Each dog needs a training collar and a fabric or leather lead. Dogs must be at least four months old. Bring a copy of shot records to the first class.

Time • 7 - 8pm		Location • KCC
(Th) 1/10 - 2/14	\$80	1422.102
(Th) 2/21 - 3/28	\$80	1422.104
(Th) 4/4 - 5/30	\$80	1422.106



Gourmet Indian Cooking

Instructor • Ravinder Kaur Saini

Come experience the art of authentic Indian cooking. Explore, learn techniques and share in the camaraderie and spicy deliciousness.

Time • 3 - 5pm		Location • KCC
(Sa) 1/12	Indian Appetizers	1716.101
(Sa) 1/26	Breads	1716.102
(Sa) 2/2	Vegetarian Dishes	1716.103
(Sa) 2/9	Non-Vegetarian Dishes	1716.104
(Sa) 2/16	Desserts	1716.105
(Sa) 2/23	Lentils	1716.106

\$40 per class + \$10 materials

CPR

Instructors • Tahoe Douglas Firefighters

You have just three minutes to save a life. Do you have the skills? An American Red Cross class for CPR and foreign body airway obstruction and prudent heart living. Emergency Medical System entry and the legalities of these procedures will be discussed.

Time • 6 - 9pm		Location • RHFD
(Th) 2/7	\$30	1715.101
(Th) 4/25	\$30	1715.102

Anyone with special needs may call Kelly at 775-230-6300 for other class availability



Be a part of the next issue of the Activity Guide

Be part of the next issue of the Douglas County Parks and Recreation Activity Guide! More than 72,000 copies are distributed in both The Record-Courier and Tahoe Daily Tribune, as well as target locations throughout Douglas County each year. Don't miss this opportunity to be a part of this publication! Call your Account Manager today.



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3/31/13

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ACTIVE ADULTS

AARP Driver Safety Course

AARP's Driver Safety course (55 ALIVE) will be held from 8:30am to 1pm at Kahle Community Center. The class is a refresher course for drivers age 55 and older with emphasis upon how age-related changes affect driving. The purpose of the class is to help seniors continue to be safe drivers as long as possible. Those who complete the course may be eligible for a discount on their auto insurance. Pre-registration is required. There is a \$14 fee payable to the instructor at the class.

Time • 8:30am - 1pm **Location** • KCC
 (Sa) 5/11 \$14 1738.201



Tahoe-Douglas Senior Center (TDSC)

TDSC serves Douglas County's senior population residing inside the Tahoe Basin. The Center is located at 885 Hwy 50, next to the fire station on the corner of Warrior Way and US 50, telephone: (775) 588-5140. It is unique among Nevada's senior centers in that it is currently **operated solely by volunteers**, for which reason it is not open every day. Among the many services and activities TDSC offers are:

- Twice-weekly (Tuesdays and Saturdays) member **socializing activities** plus afternoon **BINGO** sessions beginning at **12 (Noon)**. Weekly **Friday (some Tuesdays) Texas Hold'Em Poker** sessions are at **9:30am SHARP**, call **530-314-0048**.
- Four **casino/musical and other outings** each year, plus various other group activities such as visits to **Apple Hill** and to other points of interest such as **Thunderbird Lodge**, cruising Lake Tahoe aboard the **MS Dixie**, etc.
- A monthly **membership luncheon** with speaker program at Harrah's (2nd Wednesday of each month.)
- Participation in an annual **canned food drive** for the needy.
- **Collection of "distressed" bakery items** from Round Hill Safeway for distribution to members at the center Saturday (AM).
- **Distribution of USDA food commodities** to those deemed eligible to receive same per USDA's family income criteria (4th Thursday of every other month).
- Monday **shopping trips** and transport to medical/ dental appointments for members aboard one of TDSC's two vans operated by volunteer member/drivers (members only).

TDSC's annual membership fee is a nominal \$10 per person. Find us on the web by visiting the Douglas County website at www.douglascountynv.gov and selecting the Senior Center from the 'Departments' drop down menu.

**Farmer's Market
 Returning This Summer to
 Kahle Community Center
 Friday Evenings
 May 3 - September 24, 2013**



SPORTS YOUTH

LEARN MORE

Learn more about sports with the Douglas County Parks & Recreation Department at www.dcprrsports.com



Kiddie Kickers Indoor Soccer Program

Ages • 4* - 5

This introductory soccer program is for beginners. Games will be played on Sunday afternoons at Kahle Community Center during the end of March through May. Volunteer coaches are needed.

Cost • \$45 includes team T-shirt & award

Registration • Begins 2/6 until full

(Su) 3/24 - 5/19

5011.101

Time • Games will be between noon - 4pm

*Must be 4 years old by 4/1/2013. A parent permission form needs to be complete at time of registration.

Staff • Recreation Division & Volunteer Coaches

Youth Sports Organization

The Douglas County Parks & Recreation Department prepares and maintains practice and competitive fields used by the Youth Sports Organizations. Questions regarding the sports sponsored by these organizations can be answered by contacting the following:

AYSO Soccer

www.aysotahoe.org

Pop Warner Football

www.southtahoepopwarner.com

Little League Baseball

www.tahoelittleleague.com

Youth Ice Hockey

www.tahoegrizzlies.com

Track & Field, Cross Country

Anthony Davis

www.adsportstahoe.com

Zephyr Cove Ski Club

www.zephyrcoveskiclub.com

Volunteer Coaches & Team Sponsors

Our Kiddie Kickers Soccer Program is in search of volunteer coaches. Without volunteer coaches this program is not possible. If you are unable to coach but would like to help out with these programs, the Recreation Division is looking for team sponsors. If you are interested in helping out, please contact Kahle Community Center at (775) 586-7271.



ADULT

"Open" Adult 5 on 5 Basketball League

Registration • Returning teams 2/6 until full

Register early - limited space available)

Entry Fee • \$450 per team **Location** • KCC

Dates • Tentative starts on 3/26

Time • Games played between 5:30 - 8:30pm

Divisions Offered

Tuesday night 5009.101

Thursday night 5009.102

Minimum 7 games and season ending single elimination tournament. Completed rosters are due at the first game. No exceptions.



Adult Softball

Coed League: Tuesday Nights

Registration Fee: \$475

Registration Begins: Wednesday, April 3

League Begins: Tuesday, May 7 (*weather and field dependent*)

Games Played: Zephyr Cove Park

For more information or to inquire about a Men's or Women's League, please contact Kahle Community Center, 775-586-7271

It's Your Turn to Play! Adult Sports

Age • 18 & up

So your vertical isn't what it used to be? But you know you've still got the moves. Enjoy the game in an informal atmosphere. Players of various skill levels are welcome to join in. All participants must be a pass holder to the Community Center or pay the \$7 drop-in fee. Players must rotate in if more than two teams are formed.

Basketball

(M/W/Th) 12 - 3pm

(T) 1 - 3pm

(Sa) 12 - 3pm *half court only*

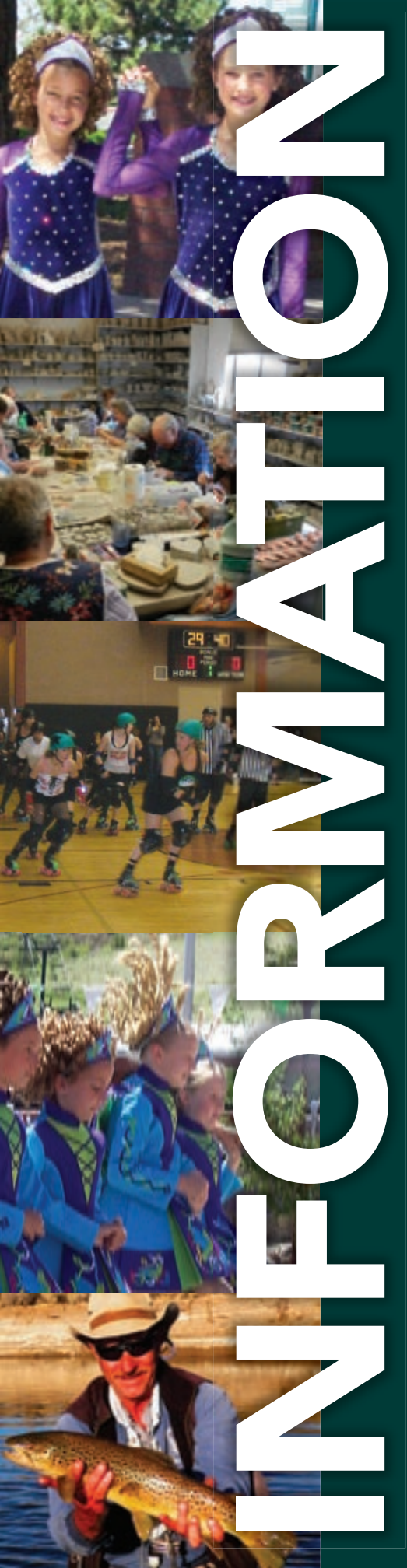
Location • KCC

Volleyball

Call 586-7271 to schedule

Please check weekly schedule for any schedule changes or planned programs.





INFORMATION

“Share Because You Care” Gifts

Your donations help to provide:

- Sponsorship for Youth & Teens • Supplies for Recreation Programs & Special Events
- Equipment for Kahle Community Center-Sports Equipment
- Park Benches • Trees and Shrubs • Field Lighting • Sod for Fields
- Roping Chutes • Build Playgrounds

For more information on how you can help, call 775-782-9828 Carson Valley or 775-586-7271 Lake Tahoe.

Become a V.I.P!

Volunteer in Parks and Recreation

As a volunteer, you can join us in our mission to provide recreational experiences, promote health and wellness and protect and maintain our parks. If you can fill a need or have a skill to share call 775-782-9828 Carson Valley or 775-586-7271 Lake Tahoe.

Scholarships Available!

We want every child to have the opportunity to participate in recreation activities. Financial assistance is available for many of our programs.

The Foundation for Douglas County Recreation & Senior Centers

Commonly known as the
Community Services Foundation

P.O. Box 838, Minden, NV 89423 • (775) 782-9828

Transportation



Douglas County Dial-A-Ride Service

Dial-A-Ride offers a curb-to-curb shared ride service to eligible passengers that operates Monday through Friday between the hours of 8am to 5pm in most areas of Douglas County. Dial-A-Ride offers two types of service: ADA (must be certified by a physician and scheduled at least 2 weeks in advance with service available on a prescheduled basis. Rides with less than 2 weeks notice will be scheduled based on availability, including same day requests. This service is only open to residents of the Minden and Gardnerville areas. For more information call Dart at 775-783-6456.



Tahoe’s Smooth Movin’ Shuttle

Ride BlueGO to biking, skiing, hiking, swimming, gaming, shopping, walking, kayaking and sailing! We are your ride for getting around South Lake Tahoe, Camp Richardson, Meyers, Stateline, Zephyr Cove, Marla Bay, Round Hill and Upper Kingsbury. Call 530-541-7149 or visit us online at www.bluego.org for more information.

PHOTOS

Douglas County Parks and Recreation may take photos of participants and facility users. The photos are for department use only and may be used in our Activity Guide and flyers. Please notify the office in writing if you do not wish you or your child to be photographed.

COMING 2015



The NEW Carson Valley Community and Senior Center

WALK-IN REGISTRATION

Registration accepted at Lampe Park office, Monday through Friday 8am to 5pm
Kahle Community Center, Monday through Friday 6am to 9pm, Saturday 8am to 6pm

DROP-OFF REGISTRATION

Payments can be dropped off after hours at Lampe Park office in the night drop box by the front door.

MAIL-IN REGISTRATION

Douglas County Parks & Recreation Department, P.O. Box 218, Minden, NV 89423
Kahle Community Center, P.O. Box 5040, Stateline, NV 89449
Make checks payable to (DCPRD) Douglas County Parks & Recreation Department. Send payment with name of enrollee, program title and code.

FAX OR PHONE REGISTRATION

Lampe Park office - Register by phone using a M/C or Visa by calling 782-9828 or by fax to 782-9844.
Kahle Community Center - Register by phone using a M/C or Visa by calling 586-7271 or by fax to 586-7273.

Register Early! Great classes have been cancelled because of last minute registrations.

Douglas County Parks & Recreation Department Customer Service Locations

Administration Office (Lampe Park Office)
1327 Waterloo Lane
Gardnerville, NV 89410
Phone 782-9828 • Fax 782-9844

SATISFACTION GUARANTEE

The Douglas County Parks and Recreation Department is constantly striving to provide you with the highest quality recreation activities, events, and programs. We are confident that you will enjoy these programs, and we will back up commitment to provide high quality services. Your suggestions, comments or ideas for improvements are appreciated. They will help us do the best job possible.

If you are not completely satisfied, tell us and we will arrange for you to:

1. Repeat the class at NO charge -or-
2. Receive full credit that can be applied to any other program -or-
3. Receive all of your money back.

Satisfaction guarantee requests may be made in person or by calling us at 782-9828. Requests should be made within 5 working days after the first class meeting. Refund checks will be mailed within two (2) weeks.

Please note that due to the nature of the activities, sports leagues, facility rentals, and Kahle Daily Walk-In fees, 30-Day Pass fees and 90-Day Pass fees are not eligible for these refund provisions.

POLICIES

Full credit will be given for cancellation prior to the activity and a \$5 processing fee will be charged. 100% refund if the department cancels. Refunds take approximately two weeks to receive.

Registration will not be accepted by instructors unless noted. The department has the right to cancel classes. Classes may be canceled if under minimum enrollment. Space is limited in most programs. All registrations are accepted on a first-come, first-serve basis.

Participation in Parks & Recreation Department Programs is at Your Own Risk

TO REGISTER

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- * Kids ages 6 and up, including teens

 **KinderPonyPlay**

- * Children ages 4, 5, & 6 learn beginning horsemanship and riding skills

 **KinderRanchSchool**

- * Bringing ranch life into your child's life while they learn their ABC's and 1, 2, 3's for 3, 4, & 5 year olds.

 **Group and Private Lessons; Adult Programs; Special Interest Groups; Girls Scouts; Special Events; & Birthday Parties**

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- * Life Coaching sessions for adults, groups, businesses, and kids with the help of the horse.

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