

# Douglas County

## Parks & Recreation Department



Roots & Wings Preschool at Kahle Community Center  
First preschool in Nevada to be rated 5 stars!!



PARKS & RECREATION DEPARTMENT

[www.dcprrsports.com](http://www.dcprrsports.com)

[www.douglascountynv.gov](http://www.douglascountynv.gov)

Carson Valley & Lake Tahoe **Activity Guide**

# FALL 2014

*It's not an emergency...*



*...but it can't wait.*

Urgent Care is a great option for urgent but non-life threatening medical concerns such as simple cuts, fractures, burns and sprains as well as fevers, allergic reactions, animal bites, rashes and sore throats. Walk-ins are welcome and x-rays and labs are performed on site for urgent care patients.

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**(at the corner of Ironwood Dr. and Highway 395)**

**Kenneth Gibb, MD**  
**Daniel Joseph, PA-C**

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**OPEN SATURDAY 9 AM TO 5 PM**  
**775.782.1610**



Carson Valley Medical Center  
**URGENT CARE**

[www.cvmchospital.org](http://www.cvmchospital.org)



# WELCOME

## Director's Note

**Scott Morgan**

Community Services / Parks & Recreation Director

### Still taking care of business

For the last year most of our attention and energy seemed to be focused on the new Community & Senior Center being constructed in Herbig Park, Gardnerville. It is truly an amazing facility and will be a model for every other organization attempting to accomplish the same goal. Even with much focus on the project, the Douglas County Parks and Recreation Department has been carrying out its routine business of providing quality, safe park facilities, programs and activities for residents of all ages. So that our department's efforts do not go unnoticed, I would like to highlight a few accomplishments.

The department received a Programs Excellence Award from the Nevada Recreation & Park Society for its Play With The Pro program recognizing Sheryl Christian, Recreation Supervisor and Anthony Davis, Recreation Specialist. The Roots & Wings Preschool program at Kahle Community Center also received a Five Star rating from the State of Nevada Office of Early Care and Education making it the highest rated preschool in the State of Nevada and the only preschool to obtain a Five Star rating.

Just recently the department opened up Phase II of the Stateline to Stateline Bike Path taking it from Elk Point Road to Round Hill Pines Beach. For those who have not ridden the trail it is truly a spectacular bike path and is a 'must do' this summer or fall.

On the plans, is the re-lamping of Ballfield #2 which is the Little League field at Lampe Park, upgrading the Lampe Park irrigation system and renovating the playground equipment in the Ranchos Aspen Park. We bring these to your attention just so our residents understand that not all of our energies are going towards the new community & Senior Center that is scheduled to open Spring 2015.

If you have questions regarding projects within the Parks & Recreation Department please feel free to call 775-782-9828

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### Mission Statement

To continue to create and preserve quality parks and recreation opportunities, serving people of all ages and interests, that positively affect the community and enrich life.

### Parks & Recreation Commission Meetings

Meetings are held the first Tuesday of every month. Locations vary; call the Recreation Department at 782-9828 for meeting location.

### Staff Members

**Parks & Recreation Director** Scott Morgan **Recreation Division** Brian Fitzgerald • Travis Lee • Sheryl Christian Traci Dill • Amanda Reid • Elizabeth Baumgartner

**Parks Division** Craig Burnside • Peter Knight • Don Swan • Ryan Stanton • Jerry Harrison • James Howard **Senior Services and Transportation Divisions** Travis Lee • Tammy McComb • Linda Skaggs • Sheri Kerosich Patti Gurule

### Special Thanks

**The Parks & Recreation Department gratefully acknowledges the continuing support of the following:**  
**County Commissioners** Greg Lynn • Doug Johnson • Barry Penzel • Lee Bonner • Nancy McDermid  
**Parks & Recreation Commission** Cherise Smith • Debra Lang • Kelly Gardner • Celeste Pierini • Gary Dove Britta Swanson • Thomas Moore **Douglas County School District**

**Layout** Matt Moore, Sierra Nevada Media Group

**Advertising Opportunities** please call The Record-Courier at (775) 782-5121

# YOUTH/TEEN

## Winter Break Adventure Camp

**Grades •** K - 6

Campers will enjoy a variety of activities each day all in a safe and secure environment. Activities will include field trips, arts & crafts, games, creative centers, and much more! Calendars are available at the Recreation Office. Spaces are limited and pre-registration is required. Pre-register at the Recreation Department.

**Time •** 7am - 6pm

**Locations •** JVES/MES

(M - F) 12/22 - 1/5\*

\$23/day

\*No Camp 12/25 or 1/1

## Adventure Camp Days

**Grades •** K - 6

Camp will include arts & crafts, games, creative centers, snacks and much more! Look for a flier to be sent home before each date. Spaces are limited and pre-registration is required. Pre-register at the Recreation Department.

**Time •** 7am - 6pm

**Locations •** TBA

(F) 9/26

\$23

(F) 10/10

\$23

(F) 11/7

\$23

(M) 11/10

\$23



## Kids Club

**Grades •** K - 6

Kids Club is a before and after school recreational enrichment program that is held at all elementary schools. Recreational activities include arts & crafts, games, quiet homework time and special events all based on a weekly theme. A daily snack is provided in the afternoon. Kids Club is offered Monday through Friday, 7am until 8:45am and 3 - 6pm at every elementary school while school is in session, holidays and teacher workdays excluded. The fee is paid by the month for the morning program, the afternoon program or both. Early enrollment discount is available on payments received on or before monthly due date. Payment due dates and fee schedules are available at the Recreation Division. Enrollment is based on a first come, first served basis and we will be unable to accept any new enrollments at sites that are currently full. We encourage you to make your payment as early as possible to avoid your child not being able to participate in Kids Club. For more information call 782-9828.

## Library Hours

Mon, Tues, Wed • 10am - 7pm

Thurs & Fri • 10am - 6pm

Sat • 10am - 5pm

*Closed on Sundays and Holidays*

For more information call 775-782-9841

## Main Library

### Story Time

Story time\*: Toddler Story time, ages 18 mos. to 3 yrs, Tuesdays at 10:30 a.m. in the Minden Library. Preschool Story time, Ages 3 to 5 years, Tuesdays at 11:15 a.m. in the Minden Library.

*\*All Story time programs are seasonal; please contact the library for detailed information.*

## VALLEY CLASS LOCATION CODES

CCMES ..... C.C. Meneley Elementary School  
 CVMS..... Carson Valley Middle School  
 CVGC .....Carson Valley Golf Course  
 DCFG..... Douglas County Fairgrounds  
 DCL..... Douglas County Library  
 DCSR ..... Douglas County Shooting Range  
 DWS .....Dance Workshop  
 GES.....Gardnerville Elementary School  
 GGC ..... Genoa Golf Course  
 JVES ..... Jacks Valley Elementary School  
 LP..... Lampe Park

MES .....Minden Elementary School  
 PHES..... Piñon Hills Elementary School  
 PWL .....Pau-Wa-Lu  
 RA..... Recreation Annex  
 RD.....Recreation Department  
 SC.....Senior Center  
 SES ..... Scarselli Elementary School  
 SGCC..... St. Gall Community Center  
 SP .....Stodick Park  
 TBA.....To Be Announced

VALLEY

# YOUTH/TEEN



## Beginning Irish Dance

**Ages** • 5 - 17

**Instructor** • Miriam Blanchette

This course will teach the basic techniques and steps of traditional Irish dance. Students will be taught two soft shoe dances, the Basic Reel and Light Jig, and will be invited to local community events such as parades. Students need to wear black shorts or skirt and soft shoes. Class t-shirts can be purchased at class for \$15. Shoes may be purchased from the instructor. Continuing students will be taught the Slip Jig and Single Jig, Two-Hand Reel, Walls of Limerick, and Hard Shoe Dances.

**Time** • 6:15 - 7:15pm

**Location** • DWS

(T)	9/9 - 9/30	\$55
(T)	10/7 - 10/28	\$55
(T)	11/4 - 11/25*	\$55
(T)	12/2 - 12/16	\$55

*\$5 off sibling discount*

*\*No class 11/11*

## Archery

**Ages** • 8 - 13

**Instructors** • Ellen Lucas & Wendy Vane

Learn safe archery practice with certified instructors. There will be lots of opportunity to practice your skills. All equipment will be provided.

**Time** • 3:30 - 4:30pm

**Location** • CCMES

(M)	9/29 - 10/20	\$40
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*\*\$5 equipment fee payable to the instructor*

## INSTRUCTORS WANTED!

Call us at 782-9828 if you have a specialty you want to share. We would like to work with you to develop new programs that will work into your schedule.



## Introduction to the Violin

**Grades** • 3 - 6

**Instructor** • John O'Neill

This class offers students the opportunity to discover the violin and find out if this is the right instrument for them to study. Participants will be instructed in the proper way to hold the instrument and bow and will learn to play one or two simple melodies. All materials and the use of a violin are included.

**Time** • 3:30 - 4:15pm

**Location** • PHES

(W)	9/17 - 10/8	\$25
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## MAKE A SPLASH!

Enjoy the final days of summer at the Carson Valley Swim Center!

Four Indoor pools (open year-round)

Two Outdoor Pools (open April-October)

Exercise Room

Visit our website to see Events and Amenities!

[www.cvs swim.com](http://www.cvs swim.com)



1600 Hwy 88 • Minden, NV 89423 • 782.8840  
Open 7 Days a Week

SIGN UP FOR FALL  
**Dance Classes**  
for all ages. Sign up now!



DANCE CLASSES FOR KIDS AND ADULTS  
THE VALLEYS ONLY AERIAL SILKS STUDIO  
CLASSES START AUGUST 25TH

775-267-4446 • STUDIOEDANCE.NET  
2556 PRECISION DRIVE UNIT E, MINDEN

# TEEN/ADULTS

## Dog Obedience

**Ages** • 8 and up **Instructor** • Guy Yeaman  
 Have you and your canine companion been getting along lately? If you need help in establishing good conduct and curbing bad habits, this course is for you. Guy uses a light handed approach to help you teach your dog to obey the commands: heel, sit, stand, stay and recall. Each dog needs a choke chain, a fabric or leather lead. Dogs must be at least 4 months old.\* Bring a copy of shot records the first day of class. www.dogmanguy.com

**Time** • 7 - 8pm **Locations** • CVMS/DCFG  
 (W) 10/1 - 11/5 \$80  
 (W) 11/12 - 12/17 \$80



## Beginner's Tai-Chi

**Ages** • Adults **Instructors** • Earl Musset  
 Tai-Chi is a soft martial art, or exercise form, which originated in China thousands of years ago. In this class, we will warm up; do the five animal play series, ten form (longevity) series, "Ba Duan Jin", Nine Temple exercises, eighteen movement, Tai Chi/Qi Gong and others. Each class session will conclude with one or two repetitions of the 24 movement Yang Short Form. Wear comfortable, loose fitting clothes and tennis shoes.

**Time** • 8 - 10am **Location** • LP/CVMS  
 (Sa) 9/6 - 9/27 \$5  
 (Sa) 10/18 - 11/1 \$5  
 (Sa) 11/8 - 11/29 \$5  
 (Sa) 12/6 - 12/20 \$5

## Yoga

**Instructor** • Jon Taylor  
 Yoga can benefit all body types, ages, and abilities. Classes are accessible to beginners, while providing a challenge for all students. Wear comfortable clothing and bring a yoga mat and water bottle. Class will be offered in 80 - 85 degree temperature.

**Time** • 10 - 11am **Location** • RA  
 (F) 9/5 - 9/26 \$20  
 (Su) 9/7 - 9/28 \$20  
 (F) 10/3 - 10/24 \$20  
 (Su) 10/5 - 10/26 \$20  
 (F) 11/7 - 11/21 \$20  
 (Su) 11/2 - 11/23 \$20  
 (F) 12/5 - 12/26 \$20  
 (Su) 12/7 - 12/28 \$20

## Beginning Ballroom Dancing

**Instructors** • Craig & Ann Peters  
 Each month will focus on a different style of dance and touch on some other dance basics. September - Swing, October - Tango, November - Waltz. Class will be held on Tuesdays with a 2 hour class/party on the last Friday.

**Time** • 7:45 - 8:45pm **Location** • DWS  
 (T) 9/9,16,23 & (F) 9/26 \$80/couple  
 (T) 10/7,14,21 & (F) 10/24 \$80/couple  
 (T) 10/28,11/4,18 & (F) 11/21 \$80/couple  
 \*no class 11/11

## 30 Hour Drivers Education Classroom Course

**Instructor** • Chuck Ayers  
 This 30 hour Driver's Education Class (NAC 389.568) satisfies the requirement for a Nevada Driver License. After completing the 30 hour class, the student will receive a Certification of completion.

**Time** • 8:30am - 4pm  
**Location** • RA  
 (Sa) 9/6 - 9/27 \$70

## Scrapbooking "Crop"toberfest Celebration

**Instructor** • Jackie Gorton  
 Create a fall themed 2 page scrapbook layout using the provided papers and embellishments. Learn how to create any easy, attractive page border using a special border punch. Try your hand at stamping and dry embossing. There will be door prizes and a grand prize at the end of the day! Tools and idea books are available for use while other supplies are available for purchase. Bring a dish to share with others for a potluck style lunch or bring a sack lunch for yourself. Water and a snack are included.

**Time** • 10am - 8pm  
**Location** • SC (Sa) 10/18 \$36

## ADULT VOLUNTEERS WANTED

The volunteer program is designed to encourage community members to volunteer by assisting staff as team members. Volunteers can supplement present services; encourage civic pride and community involvement.

### Through volunteer experiences you can join us in our mission to:

- Provide recreational experiences
- Strengthen community image
- Strengthen safety and security
- Promote health and wellness
- Create community
- Foster human development
- Increase cultural unity
- Protect environmental resources

### Benefits to our Volunteers:

- Gain valuable work experience
- Learn new skills
- Explore career possibilities
- Receive personal satisfaction
- Improve communication skills
- Participant in community issues
- Be a role model to youth
- Share of your talents
- Secure job references
- Make new friends
- Make a positive difference
- Demonstrate leadership
- Receive personal pride and fulfillment

**Become a Volunteer Today!**

# ADULTS



## The Wonders of Watercolor and more

**Instructor** • Dana Childs

Let professional painter, Dana Childs be your wind beneath your artistic wings on a rewarding and successful journey towards your own creations using your choice of watercolor, graphic pen and ink, oil or acrylic paints. Students will need to bring their own supplies. Supply list available at time of registration.

**Time** • 6:30 - 8:30pm **Location** • RA  
 (M) 9/8 - 10/13 \$79  
 (M) 10/20 - 11/24 \$79

## Concealed Weapon Certification

**Ages** • 21 and up

**Instructor** • Daniel Linn

This course, which meets and exceeds the Nevada State CCW requirements, can be taken by CCW applicants or anyone wanting to learn to shoot handguns. Covered in the course will be; Firearms safety, handgun, ammo and holster selection, nomenclature and operation, stances, Nevada State Laws on firearms and the use of deadly force, how to shoot a handgun, and how to maintain and clean a handgun. The course will conclude with live-fire drills at the range, and certificates will be given to successful participants. Students will need: One to three handguns, 150 rounds of FACTORY ammo for the first handgun and 50 rounds for each additional handgun, hearing and eye protection and a baseball style hat for the range. Students will need to bring their own UNLOADED handguns to class.

**Times** • (W, F) 6 - 9:30pm (Sa) 8 - 11am **Location** • RA/DCSR  
 (W/F) 9/17 & 9/19 (Sa) 9/20 \$90\*\*  
 (W/F) 10/15 & 10/17 (Sa) 10/18 \$90\*\*  
 (W/F) 11/12 & 11/14 (Sa) 11/15 \$90\*\*  
 (W/F) 12/17 & 12/19 (Sa) 12/20 \$90\*\*

*\*\*An additional \$10 insurance fee is payable to the instructor. Spouses are 1/2 price plus \$10 insurance payable to the instructor.*



THE CHOICES  
**YOU MAKE NOW**  
 CAN IMPACT THE REST  
 OF YOUR LIFE

**AND ABUSING THIS**



WILL IMPACT YOUR  
 PERFORMANCE  
**ON & OFF THE FIELD**

**MAKE GOOD CHOICES**



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\*Funded by the Nevada Division of Public and Behavioral Health, Substance Abuse Prevention and Treatment Agency (SAPTA) through the Partnership for Success Grant for the Substance Abuse and Mental Health Services Administration (SAMHSA). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of the U.S. DHHS, SAMHSA, or the State of Nevada.\*

# YOUTH/TEEN SPORTS

## Youth Sports Organization

The Douglas County Parks & Recreation Department prepares and maintains practice and competitive fields used by the Youth Sports Organizations. Questions regarding the sports sponsored by these organizations can be answered by calling the following:

**AYSO Soccer** ..... www.cvayso.org

**Carson Valley Little League**

Debbie Jacobsen ..... 782-7303

**Carson Valley Girls' Softball League**

Joey McNich ..... 291-3137

**Carson Valley Swim Team**

Carson Valley Swim Center..... 782-8840

www.cvswwim.com

**Douglas Dolphins Swim Team**

www.ddst.org

**Pop Warner**

Jim Valentine ..... 782-8777

www.douglaspopwarner.com

**Youth Basketball Leagues**

Anthony Davis ..... 782-9828

www.dcprsports.com

**Youth Flag Football Leagues**

Anthony Davis ..... 782-9828

www.dcprsports.com

**Youth Volleyball Leagues**

Anthony Davis ..... 782-9828

www.dcprsports.com

**Youth Wrestling**

John Grant ..... 720-2311



## NFL Punt, Pass & Kick Competition

**Ages** • 6-15 Girls & Boys

Compare your football skills with other kids your own age and gender in punting, passing & place kicking skills.

**Time** • 10am to 2pm  
(Sa) 9/27

**Location** • SP

**Cost** • Fun & Free!

**Registration** • Free! *Online at [www.nflppk.com](http://www.nflppk.com)*

**10 Divisions**

*Based on a players age as of Dec. 31, 2014*

**Boys** • 6-7, 8-9, 10-11, 12-13, 14-15

**Girls** • 6-7, 8-9, 10-11, 12-13, 14-15

1. The competition is open to all boys and girls ages 6 -15. Boys and girls compete separately. The five age classifications are based upon the child's age as of December 31st of the current year.
2. There is no charge to participate in the NFL PUNT, PASS & KICK program.
3. No football shoes, turf shoes, cleats or bare feet are allowed. Only soft-sole gym shoes are permitted.
4. All participants must register online [www.nflppk.com](http://www.nflppk.com)
5. The top finisher in each of the boys' and girls' divisions each Local Competition will advance to the Sectional Round...with a chance to advance to the team championships on the field at a NFL game. At all levels of competition, only first-place winners will be considered for advancement to the next level.
6. Competitions are held rain or shine.

## Introduction to Junior Golf

**Ages** • 5-16

Juniors will learn the basics of golf including rules, etiquette, putting, chipping and full swing. Participants will be divided into groups based on age. Club rental and golf balls are included in the fee. Refreshments will be provided.

**Times** • 12-4:15pm **Location** • CVGC  
(Sa) 9/6 \$20

**Golf times**

Ages 5-6	12 -1:15pm
Ages 7-8	1:30-2:45pm
Ages 9-16	3-4:15pm

## Junior Golf Clinic Series

**Ages** • 7-17

**Instructor** •Gary Louie

Get your junior off to a great start with this 3 day golf clinic series at Finish 3 Golf Academy at The Ranch Course at Genoa. Junior golfers will learn the fundamental mechanics of full swing, short game, putting, rules, etiquette and equipment. From setup, getting off the tee, to chipping and putting, come have fun at the Finish 3 Golf Academy.

**Times** • 5:30-7:30pm **Location** • GGC  
(M-W) 9/8-9/10 \$60

*Bring your own clubs or loaners will be supplied.*



**CHECK OUT SPORTS ON THE WEB @ [WWW.DCPRSPORTS.COM](http://WWW.DCPRSPORTS.COM)**

**All Leagues Sign up Information • Forms • Schedules Rules  
Up to Date League Standings Brackets • Championship Photos**

# YOUTH/TEEN SPORTS

## Boys Basketball

**Grades** • 3rd – 8th

The youth boy's basketball league is offered for beginning to advanced players, emphasizing skill development and fun competition. Participants will be assigned to a team through a draft system (see below). Games will be on one day each week at Carson Valley or Pau-Wa-Lu Middle Schools with at least one planned practice each week at a school gym in the area.

**Registration** • 9/15 – until full

*Please sign up early, as registration is limited*

**Season** • (TBA) Dec – March

**Time** • TBA

**Location** • TBA

**Cost** • 3rd - 4th Grade

\$75\*

5th - 8th Grade

\$80\*\*

\*Includes official, team t-shirt and awards

\*\*Includes 2 officials, team t-shirt and awards

## Girls Basketball League

**Grades** • 3rd – 8th

The youth girl's basketball league is offered for beginning to advanced players, emphasizing skill development and fun competition. Participants will be assigned to a team through a draft system (see below). Games will be on one day each week at Carson Valley or Pau-Wa-Lu Middle Schools with at least one planned practice each week at a school gym in the area.

**Registration** • 9/15 – until full

*Please sign up early, as registration is limited*

**Season** • (TBA) Dec – March

**Time** • TBA

**Location** • TBA

**Cost** • 3rd - 4th Grade

\$75\*

5th - 8th Grade

\$80\*\*

\*Includes official, team t-shirt and awards

\*\*Includes 2 officials, team t-shirt and awards

## Coed High School Basketball Girls & Boys

**Grades** • 9th-12th

The coed girls & boys teen basketball league is offered for beginning to advanced players, emphasizing skill development and fun competition. Participants will be assigned to a team through a draft system. Games will be on Saturday at Carson Valley or Pau-Wa-Lu Middle Schools with at least one planned practice each week at a school gym in the area.

**Registration** • 9/15 – until full

*Please sign up early, as registration is limited*

**Season** • (TBA) Dec – March

**Time** • TBA

**Location** • TBA

\$80\*

\*Includes 2 officials, team t-shirt & awards

### Leagues

3rd & 4th Grade

5th & 6th Grade

7th & 8th Grade

*Please sign up early, as registration is limited. A parent permission slip, code of conduct and player registration must be completed at time of registration.*

### Leagues

3rd & 4th Grade

5th & 6th Grade

7th & 8th Grade

*Please sign up early, as registration is limited. A parent permission slip, code of conduct and player registration must be completed at time of registration.*

### Leagues

9th & 12th Grade

*Please sign up early, as registration is limited. A parent permission slip, code of conduct and player registration must be completed at time of registration.*

## WANTED OFFICIALS & REFEREES

Douglas County Parks & Recreation is currently looking for qualified officials for Youth and Adult Sports. Officials must be willing to work nights and weekends and have a flexible schedule. Most games last approximately 1 hour. We will train and certify for all sports. Previous officiating is preferred. Willingness to be trained in multiple sports preferred. Please call the Douglas County Parks & Recreation at (775) 782-9828 for more information.



## Recreation League Basketball Coaches Clinic

Join us at our new Coach Education Training clinic (CET) for Youth Volunteer Coaches on Saturday, November 22 or 29 from 9am-3pm at DHS Gym.

Our new Coach Education Training (CET) will benefit the most experienced coach to the first year beginner coach. Let's share some skills and drills to build your teams level of play. Gain tips on playing strategies, productive practices, parent communication, team motivation, health, safety and why we value volunteer coaches in our community. This Clinic is hosted by the Douglas High School Girls Basketball Program

**Date:** Saturday, November 22nd or 29th from 9am to 3pm

**Location:** Douglas High School

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# ADULT SPORTS

## Adult Winter Volleyball Leagues

**Ages** • 18+

Entry fee is due at time of registration. League size is restricted. All registration is based on first come first serve basis. Returning teams are not guaranteed a space. 12 players are allowed to a roster. Each team will play a minimum of 8 regular season games and participate in the post-season single elimination tournament. Awards for tournament play only. A gift certificate and T-shirts will be awarded for 1st place in the tournament. A gift certificate will be awarded for 2nd place. Game times will be between 7:30 - 9:30pm. Must be at least 18 years old to participate.

**Time** • 7:30 - 9:30pm

(M - Th) 11/10

**Location** • CVMS

**Registration Begins October 6th**

**Registration** • Early: \$200\*

By October 31

\*\$225

After November 7

**Registration Deadline** • November 7

### Leagues Offered

(M) Women's (6 on 6)

(T) Open "A" (4 on 4)

(Th) Coed "B" (6 on 6)



## Adult Flag Football League

**Ages** • 18+

Entry fee is due at time of registration. League size is restricted. All registration is based on first come first serve basis. 15 players are allowed to a roster. Each team will play a minimum of 10 regular season games. Top 8 teams will advance to the post-season single elimination tournament. Awards will be given for tournament play only. Game times will vary. Players must be at least 18 years old to participate.

**Time** • 9am - 2pm

**Location** • LP

**Registration** • Early: \$480

11/17 - 12/12

\$530 after 12/19

**Registration Deadline** • December 19th

**Season** • (Su) 12/28 - 3/22

### Managers Meeting

A managers meeting will be held on Tuesday, December 23rd at 6pm at the Recreation Annex Building. Schedules will be available at the meeting.

## Ladies Golf Clinic Series

**Instructor** • Gary Louie

This clinic held at Finish 3 Golf Academy at The Ranch Course at Genoa is geared for all levels and abilities and is fun and stress free. Learn the fundamental or advanced mechanics of full swing, short game, putting, rules, etiquette and equipment. From setup, getting off the tee, to chipping and putting, come have fun at the Finish 3 Golf Academy.

**Time**: 5:30 - 7:30pm

**Location**: GGC

(M - W) 9/15 - 9/17

\$85

*Bring your own clubs or loaners will be supplied.*

## Wanted - Officials & Referees

Douglas County Parks & Recreation is currently looking for qualified officials for Youth and Adult Sports. Officials must be willing to work nights and weekends and have a flexible schedule. Most games last approximately 1 hour. We will train and certify for all sports. Previous officiating is preferred. Willingness to be trained in multiple sports preferred. Please call the Douglas County Parks & Recreation at 782-9828 for more information.



**CHECK OUT SPORTS ON THE WEB AT  
WWW.DCPRSPORTS.COM**

**All Leagues Sign up Information**

**Forms \* Schedules \* Rules \* Up to Date League Results \* Tournament Brackets \* Championship Photos**

# SPECIAL EVENTS

## Fall Family Costume Ball Sponsored by Douglas County 4-H

**Ages • All**

Families can wear their favorite costumes and enjoy an evening of dancing and fall themed activities. This event is for the whole family and you need not be a 4-H member to attend! Admission includes dancing and fun contests with cash prizes. Contests are for all ages (youth and adults): costume contest, limbo contest and "Bring a Decorated Pumpkin" contest. Other activities available for additional purchase are: carnival games, a photo booth, a silent auction, raffle prizes and refreshments.

**Time • 5:30 - 9pm**

**Location • DCFG**

(Sa) 10/25

\$5 per ticket

\$20/family of 5, Ages 4 and under free

All youth must be accompanied by an adult and may not attend unaccompanied. Event times are 5:30-6:30 pm carnival games and contests, 6:30 to 9:00 pm dancing, Saturday October 25, Douglas County Fairgrounds.



## Farmers Market

**Last day September 24th**

Find an abundance of fresh farm grown produce brought to you direct from local Nevada and California certified farms. Your weekly community Farmer's Market is open summer mornings from 9am - 1pm at Lampe Park in Gardnerville. Bring a basket and fill it with fruits, baked goodies, vegetables, plants and more. For more information call the Recreation Division at 782-9828 or go to [www.laketahoemarkets.com](http://www.laketahoemarkets.com).

**Time • 9am - 1pm**

**Location •**

Lampe

Wednesdays

Free



## Valentine's Day Father / Daughter Sweetheart Dance

**Ages • All**

What better way for dad to celebrate Valentine's Day than with a night out with his favorite girl... his daughter. Come spend a very special evening on the town for fathers (or adult male chaperone) and daughters. Couples will dance to DJ music reflecting all tastes and styles. Refreshments will be served and photo keepsakes of the evening will be available for an additional fee. Tickets are only \$10 each. Because of the popularity of this event, early registration is recommended and spaces are limited.

**Time • 6 - 8:30pm**

**Location • SGCC**

(F) 2/6

\$10/ticket

(Sa) 2/7

\$10/ticket

## North Pole Calling Thursday, December 4th

**Ages • 3 - 6**

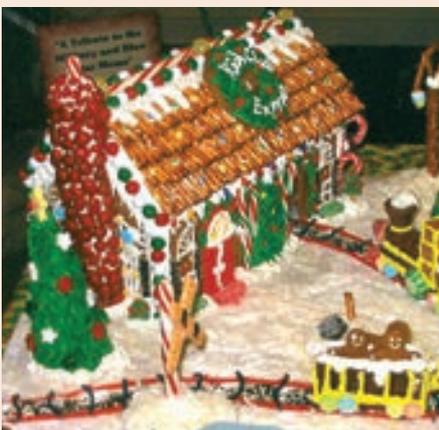
Watch your children's eyes light up when they receive a personal phone call from Santa!! Santa will call to spread the fun and magic of the holidays. We are helping Santa by passing out "Hotline" forms, which will be available after November 17th at the Douglas County Parks & Recreation Department. Santa will be calling Thursday, December 4th. If you would like to be a volunteer Santa, please call the Recreation Division at 782-9828.

**Time • 4:30 - 6:30pm**

FREE

(Th) 12/4

## Carson Valley Arts Council's Gingerbread House Decorating Contest



This annual contest is open to all individuals, families, organizations and clubs. Entries can be a house, church, barn, historical building, castle or any whimsical structure you choose. The Gingerbread House Exhibit at the Carson Valley Museum & Cultural Center opens December 6 and runs through December 20. Winners will be announced at the Artisan's Reception held at the museum on December 20. Applications and complete rules are available at the Lampe Park Recreation Office, the Carson Valley Museum and at the Copeland Cultural Arts Center. For more information contact Dennis Little at 775-267-5634 or [CVGingerbread@aol.com](mailto:CVGingerbread@aol.com).



## STOCKING STUFFER

Father/Daughter Dance Tickets will be available beginning December 15th. The dance will be held on February 6th & 7th at St. Gall Community Center in Gardnerville from 6 - 8:30pm each night.



# COMMUNITY

## Tours of Dangberg Home Ranch Historic Park

The Dangberg Home Ranch Historic Park preserves an essential part of Carson Valley history. With eight historic structures and a large collection of original artifacts, documents and photographs, visitors can experience 150 years of ranching through the story of H. F. Dangberg and his descendants. The site was the central property of the Dangberg Land & Live Stock Co., once one of Carson Valley's largest ranches, and home to four generations of Dangbergs. Programs include tours, exhibits, school field trips, arts performances and more. Guided history tours are available year-round. Advance tour reservations are required and can be made by calling the park at 775-783-9417. Tour admission is \$8.00 for adults, free for children 16 and younger. The park, located just west of Minden at 1450 Highway 88, can be reserved for weddings, reunions and other events from April through October. Visit [www.dangberghomeranch.org](http://www.dangberghomeranch.org) for more information.



## Facility Rentals

### Family Picnics • Reunions • Receptions • Birthday Parties

Douglas County Parks & Recreation Department has many rental facilities that can accommodate your needs for any special occasion. Staff is available to help you identify which facility may best meet your needs. For more information and rate on to rent a facility please call 782-9835 or go to [www.douglascountynv.gov](http://www.douglascountynv.gov).



## Mental Health First Aid Course

Mental Health First Aid (MHFA) Sign up for an 8 hour class that helps lay people understand mental health. Find out about ALGEE, the Mental Health First Aid Action Plan and what the people in the picture are doing. Sign up by calling the Partnership of Community Resources at 782-8611

## Ring in Kindness

Join the fun, create kindness bells hung throughout Douglas County. Finders can keep it or share it with someone needing a special boost! Meets the 2nd Tuesday of each month 2:30 pm – 4:30 pm at the Partnership of Community Resources Office, 1517 Church Street, Gardnerville. Contact Lorraine Felix, Felix Pottery, 782-5434 to ask questions or plan a group activity on a different day!



## A.V.I.D. - Active Volunteers In Douglas

A.V.I.D. (Active Volunteers In Douglas) is a non-profit group that promotes, maintains and supports volunteerism in Douglas County; and provides avenues for recognition and encouragement of volunteers. Any non-profit organization in Douglas County may be a part of A.V.I.D. Nineteen organizations are currently active in A.V.I.D. Other organizations in the County also use volunteers, but do their own recruiting. A person seeking a volunteer position or wishing to change to a different volunteer position may call the organization directly, or coordinate through A.V.I.D. For more information, contact A.V.I.D. at 783-6450 or write: P.O. Box 1057, Minden NV 89423 or visit [www.douglasvolunteers.org](http://www.douglasvolunteers.org)



## Therapy That Makes Sense

Lileo T. Sunderland, M.F.T.

- Marriage • Family
- Individual Counseling

Licensed in Nevada and California

**775-783-1136**

1191 - A High School Street  
P.O. Box 2275  
Gardnerville, NV 89410



Lileo Sunderland  
M.F.T.

## Tahoe Douglas Christian Preschool

Fall Enrollment  
Full or Part-Time Available

Monday-Friday • Ages 18 mo - 5 yrs

18 month - 2 years need **NOT** be potty trained

Affordable Rates • Nevada State Licensed • Loving Teachers • Safe Environment

145 Daggett Way • Kingsbury Grade • 775.588.7450



## Douglas County Community Health

1538 Hwy 395 (south of Wells Fargo in Gardnerville)  
Hours - M-F 8:30 - 4:30

Services Offered: Vaccinations for all ages, TB testing, Family Planning, Women's health, Sexual health/STD testing

# COMMUNITY

## Carson Valley Arts Council Presents 2014/15 Concert Series



For more information or to purchase season tickets, individual tickets or Pick 3, call 782-8207 or visit [www.cvartscouncil.com](http://www.cvartscouncil.com) or stop by the CVAC office at 1572 Hwy 395, Suite A Minden NV 89423

**Season tickets:** Friends \$75, General Public \$100 (\$109 value)  
 "Pick 3 Pack": Friends \$50, General Public \$60 (\$62-69 value)  
 Carson Valley Arts Council – 501(c) Non-profit Organization

### TOCCATA - 9/11 Memorial Concert

TOCCATA orchestra and chorus performs Faure's Requiem, Grieg Piano Concerto and Ann LaRose plays Tchaikovsky's Violin Concerto with national known, Elizabeth Pitcairn

**September 12th, 2014**

**St. Gall's Catholic Church, Gardnerville**

**Advance tickets \$25 and \$28 at door, Students \$5**

### Californian Honeydrops

Their powerful vocals with a conversational intimacy and humor hark back to the golden age of soul and country music. "Though from Oakland, their Southern fried jazz is so authentic that audiences may wonder whether they've been transported to the Big Easy." LA Times.

**October 24th, 2014**

**CVIC Hall, Minden**

**Advance tickets \$22 and \$25 at door, Students \$5**

## JOB SEEKING ASSISTANCE

Ages 18 and older

Need Help Finding a Job? Douglas County's Workforce Development Program provides a variety of program to help you prepare and support you during your job search.

### Jobseeker's Networking Group

Broaden your network! Connect with other local jobseekers. You will learn about which companies are hiring, skill based training opportunities, and other valuable leads, tips and advice that will enhance your job search.

**FREE** 9am - 10am (Sa)

Mondays (except holidays) September - December

### Job Readiness Seminar

"You're Hired!" a free 3 day job readiness seminar! You will receive hands-on expert advice on the workplace readiness skills that employers see in qualified applicants, résumé development, organizing and managing your job search, the essentials of networking, using social media to your advantage, improving your interview skills, effective post-interview follow-up, transitioning back to work and keeping the job. Pre-registration is required. Call (775) 782-9825 to reserve a seat. Lunch is provided.

Certificate of completed will be awarded.

**FREE**

Wednesday 10/8 & Thursday 10/9 8:30am-3:00pm

Friday 10/10 8:30am-12:30pm

Carson Valley Inn

### Employment FastTrack Workshop

You will learn a variety of job readiness skills including how to market yourself effectively, create or update your résumé, improve your interview skills and the importance of networking. The FastTrack program is a series of seven workshops set in an interactive learning environment where our instructors provide one-on-one assistance. Certificate of completion will be awarded.

**FREE** Workshops are on-going September - December.

Call 782-9825 for schedule and registration.

### Financial Literacy Classes for Everyone:

Need to brush up on your budgeting? Douglas County Social Services has recently partnered with Nevada State Bank to offer Financial Literacy classes to all residents. Nevada State Bank embraces opportunities to give back to the community and this is just one way they are doing it! From now through December, classes will be held at Social Services. The classes start at 5:30pm, will be approximately one hour, and focus on budgeting, credit, FICO scores and much more.

**FREE**

8/12 and 12/9 - The Cost of Credit

8/26 and 12/23 - Understanding your FICO

9/9 - Protecting Your Financial Identity

9/23 - Investing in Your Future: Paying for College.

10/14 - Things Just Don't Happen

10/28 - Credit: What is it and are you worthy?

11/25 - Budgeting

**For more information call Douglas County Social Services at 782-9825**

# ACTIVE ADULTS

## Douglas County Senior Services

2300 Meadow Lane, Gardnerville • 783-6455

Douglas County Senior Services provides many activities, services and programs. The Center provides the senior community an opportunity to socialize, enjoy a nutritious meal and get involved in a number of different activities, special events and excursions. Check us out on the web at [www.douglascountynv.gov/index.aspx?nid=97](http://www.douglascountynv.gov/index.aspx?nid=97)



### Up Coming Events & Trips

(All of our Trips are Open to the Public). Contact the Senior Center (775) 783-6455 for pricing and/or further information.

Join us on our upcoming events & trips:

- 9/5 – UNR v. Washington State Football
- 9/13 – Spectra at the El Dorado
- 9/25 – Apple Hill
- 10/2 – Meadowood Mall
- 11/1 – UNR v. San Diego State U Football
- 11/7 – USO Celebration
- 11/16 – My Fair Lady @ CCCT
- 11/26 – Thanksgiving Feast at the Gardnerville Center
- 12/2 – Meadowood Mall Trip
- 12/13 – The Spirit of Christmas

### Young at Heart Craft Fair

Start your holiday season off right with music, an all day raffle, snacks and gift ideas. Held on the Saturday before Thanksgiving from 8am - 3pm at the Senior Center, the YAH Craft Fair is a one stop spot for holiday cheer. For more information, or to become a vendor, please call Esther at (775) 265-2312.

**Time •** 8am - 3pm **Time •** SC (Sa) 11/28

### YAH Senior Christmas Party

This event is open to anyone age 60 and over. Join us for a meal, entertainment and holiday cheer. Please call the Senior Center at (775) 783-6455 for more information.

**Time •** 12pm - 5pm **Location •** SC (Sa) 12/7

### Congregation Dining

The Douglas County Senior Center serves lunch Monday - Friday at 12pm. Reservations are not required. The suggested donation for lunch is \$3.00 each day for Seniors 60 years and older. For guests who are under 60 years of age, it is \$5.00 for lunch.

### Topaz Congregation Dining

Congregate Dining is provided each Monday, Tuesday and Thursday at 12pm at the Topaz Ranch Estates Community Center located at 3939 Carter Way. The suggested donation for lunch is \$3.00 each day for Seniors 60 years and older. For guests who are under 60 years of age, lunch is \$5.00.

### North County Congregate Dining

Congregate Dining is provided each Wednesday, and Friday at 12pm at the James Lee Park GID located at 3394 James Lee Park, Carson City (Indian Hills). The suggested donation for lunch is \$3.00 each day for Seniors 60 years and older. For guests who are under 60 years of age, lunch is \$5.00.

### YAH Gift Shop

Young at Heart sponsors a gift shop located in the Senior Center lobby. It is open from 9:30am-12pm Monday through Friday. All items are hand made and range from jewelry to clothing to home decorations. A portion of the proceeds benefit Young at Heart. To shop, or to sell your own items, come in to the Senior Center during Gift Shop hours and check us out. For more information, call 783-6455.

# ACTIVE ADULTS

## Meals on Wheels

All Seniors 60 years and older who do not have an able-bodied adult living with them, are physically or mentally incapacitated, and/or unable to leave the house can receive weekly or bi-weekly Meals on Wheels deliveries depending on your location. Deliveries are in town or to outlying areas including: TRE, Indian Hills, Johnson Lane and Stateline. The suggested donation of \$3.00 per meal.

## Homemaker Assistance

If you are 60 years and older, do not have an able-bodied adult living with you, and are unable to do daily household chores due to physical and/or mental illnesses, you may be eligible to receive homemaker service. The service provides weekly or bi-weekly visits for basic cleaning, laundry, and grocery shopping. The suggested donation for service is \$3 an hour.

## Carson Valley Community Bingo

Come join us for a fun and exciting afternoon of community bingo on the third Sunday of each month at the Douglas County Senior Center. Doors open at noon with early bird games starting at 1pm and regular games beginning about 1:30pm. All proceeds go to benefit the Young at Heart Citizens Club, which supports activities and programs for the senior community. Although games are played at the Senior Center, Bingo is open to everyone over 21 years of age. For more information contact the Senior Center at 783-6455.

## SENIOR CENTER VOLUNTEERS

Many of the programs offered through the Douglas County Senior Center would not be possible without the assistance of DC Senior Center Volunteers. If you have an interest in becoming a volunteer for the NEW Senior & Community Centers please call (775) 783 - 6455.



## Douglas County Dial-A-Ride Service

To ensure that our senior citizens who desire transportation assistance are able to reach their destinations in a timely and safe manner, Douglas County Senior Services offers transportation, to the senior center, hair, medical and dental appointments and much more. These rides are coordinated through the Senior Center at (775) 783-6455.

Tahoe-Douglas Senior Dial-A-Ride is available by calling 783-6455 or 6456. Transportation from your home and back is available for medical/dental appointments, Senior Center activities, and shopping (up to 4 bags per rider). Pickup times will occur over a span of 15 minutes before, to 10 minutes after your reservation. Please notify DART as soon as possible if your reservation has to be cancelled.

2 day's advance notice is appreciated.

## AARP Driver Safety Course

Instructor Dennis Hogan

This class is a refresher course with emphasis upon how age-related changes affect driving. For drivers age 55 and older. The purpose of the class is to help seniors continue to be safe drivers as long as possible. Those who complete the class may be eligible for a discount on their auto insurance. Pre-registration is required by calling the Douglas County Senior Center, 783-6455. There is a \$14 fee for the class payable upon arriving at the class. AARP members, who bring their membership cards with them the day of the class, may be eligible for a \$2 discount.

**Time:** 8:30 a.m. to 1p.m.

**Location:** SC

(Sa) September 21st

(Sa) November 15th

# LIFE OPTIONS ACTIVITIES

## Sight Impaired Support Group

Meets every 1st Thursday of the month at 10:00am in the Senior Center Ceramics Room. They offer information and support to those with vision challenges, discuss topics of interest and devices that are available to assist those with sight impairment and blindness. For more information, please call the Douglas County Senior Center at 783-6455.

## Dementia & Alzheimer's Support Group

This group meets every other month, on the 3rd Wednesday from 9:30-10:30am at the Senior Center, in the ceramics room. Contact the Senior Center to find out when the next meeting is scheduled (775) 783-6455. The group will focus on helping caregivers of loved ones stricken with dementia address various issues associated with the progression of dementia and Alzheimer's and its affects.

## Green Thumb Garden Club

Meets at 10am on the 4th Monday of the month from March - November at the United Methodist Church in Gardnerville. They discuss different topics each month regarding taking care of your gardens and yards, plus have guest speakers and scheduled bus trips. The first meeting of the year will be held on Monday, March 24th.



## Ceramics

The Senior Center has a Ceramics room that is open to all seniors Tuesdays and Fridays from 9:00 a.m. to 3:00 p.m. Stop by to see Esther and Carolyn or call the center for more information.

## Watercolor Classes

These classes are offered at the Senior Center on the 2nd and 4th Thursday of the month from 9:00a.m. to noon. Cost is \$20.00 per class per person which includes all materials and a completed picture to take home. For more information call instructor Lada Trimble at 882-6061.

## Become a V.I.P.!

### Volunteer in Parks & Recreation

As a volunteer you can help fill a need, share a skill, and provide dedication, community involvement, and a fresh outlook on current programs. Call 782-9828 to become a volunteer.

## Creativity through Knitting, Crocheting & Needle Point

Do you enjoy knitting, crocheting and/or needlepoint? Come join the group and get tips and support for your projects. The group meets from 9am - 12pm at the Douglas County Senior Center. (On the 2nd Monday of the month, they meet at the Aspen Mobile Home Park Clubhouse.) There is no fee to attend, but seats are limited, so please call and confirm your interest. To reserve a spot or for more information contact Linda Sawtelle at 783-7278.

## Senior Resistance Exercise

Join us each Monday, Wednesday and Friday from 10:30 - 11:15am for our Senior Resistance Exercise Class. Many of the infirmities contributed to aging are prevented or reduced by staying active. Resistance exercise is used to maintain and build strength, muscle mass, muscle tone and muscular endurance. The goal of Senior Resistance training is to increase your ability to produce and sustain muscular power. This class is offered FREE of charge.

## Sign Up Early

If you are interested in a class or program, register today! If a minimum enrollment is not met before its start date, a class or program may be canceled. Find more information at:

[www.douglascountynv.gov](http://www.douglascountynv.gov)



# LIFE OPTIONS ACTIVITIES

## Anytime Fitness

**Ages • 60 and over**

Anytime Fitness is Minden/Gardnerville's only fitness club open 24 hours a day and 365 days per year with access to over 2000 clubs across ALL 50 states, so we are a great option if you travel! Our entire staff is certified in health & fitness and will be able to assist you to meet your goals. Our facility offers treadmills, cross trainers, recumbent bikes and strength circuit machines. We also have a group fitness studio and offer FREE HOT YOGA, free senior stretch & senior strength classes!! Anytime fitness offers seniors a discounted membership rate, NO enrollment fees, 3 free training sessions, & your first month FREE when you mention Senior Services "LIFE OPTIONS PROGRAM"! For more information about senior membership, please contact Greg, Bonz, Lisa or Jessica at (775) 783-5130.

**Highway 395, Suite 101-105, Gardnerville, NV 89410**  
**www.anytimeville.com**

## Pulse Fitness

**Ages • 60 and over**

Stay healthy and active with Pulse Fitness as part of the Senior Services "Life Options" program. If you are 60 and older, you can enjoy the benefits of feeling great and maintaining your health from our various fitness programs for just \$19 a month. We offer low impact aerobics, pilates, yoga, treadmills, elliptical machines, bikes, free weights, and selectorized machines. Relax in our dry sauna or finish your workout with a healthy drink. All new members will receive a consultation from a Personal Trainer to get you started on your way to a healthy lifestyle. Monthly dues are \$19, and for seniors there is no Enrollment Fee and a one time \$29 Processing Fee. For more information contact Pulse Fitness at 782-2705 and ask about a senior membership. A one year commitment is required.

**Mon - Fri 4:30am - 10pm • Sat & Sun 7am - 7pm**  
**885 Mahogany Drive, Minden, NV**  
**www.PulseFitnessNV.com**

## Grief and Loss Support Group

This new group meets on the 2nd & 4th Wednesday of each month from 9:30-10:30am at the Sr. Center, in the Ceramics Room. This group is sponsored by the Carson Valley Medical Center—Vitality for Life. Grief is a process we go through as we adjust to the loss of anyone, or anything important in our life. Loss of a job, a move, divorce, declining health, or loss of a loved one, are just a few of the losses than can cause grief. The work of grieving is emotionally,

mentally and physically exhausting. The time involved with adjusting to the loss depends on the type of loss, one's life experiences and support system. There is no right, or wrong way of grieving as long as one is not becoming self destructive. We don't get over the loss, or recover from it. We get through it to acceptance, regain our balance, and eventually move on with our lives. This group is geared toward helping you through this process.

### DID YOU KNOW?

Information about all of the classes listed in this guide can be found on the web at [www.douglascountynv.gov](http://www.douglascountynv.gov)

Try us out for **FREE**

**7 DAY VIP PASS**

**BUY ONE YEAR GET 3 MONTHS**

**FREE**

*With this coupon. Call for details.*

6 Personal Training Sessions

**ONLY \$199**

**YOGA & ZUMBA**

Drop-ins Welcome!





**LIMITED TIME OFFER**



**(775) 782-2705**

885 Mahogany Dr.  
Minden, NV

[www.pulsefitnessnv.com](http://www.pulsefitnessnv.com)

# KAHLE COMMUNITY CENTER

LAKE CLASS



## Passes Available

Daily • Monthly • 3 Month • Annual

- Full-size Hardwood Floor Basketball Court
- Suspended Indoor Track
- Big George's Fitness Area with cardio, free weights and machines
- Bouldering Wall for all ages
- Indoor Playground and Game Room
- Preschool
- Special Events
- Programs & Leagues for all ages

## Recreation Center Hours

### NOVEMBER - APRIL

Monday - Friday	6am - 10pm
Saturday	8am - 8pm
Sunday	11am - 4pm

### MAY - OCTOBER

Monday - Friday	6am - 9pm
Saturday	8am - 6pm
Sunday	Closed

- Closed most holidays -

## Annual Kahle Community Center Cleaning

Facility Closed	August 27 - September 1
Classrooms Closed	August 27 - September 7
Gymnasium Floor Closed	August 27 - September 14

## Facility Rentals

Looking for a location for an upcoming wedding, anniversary, birthday party, company picnic, baby or wedding shower, or meeting? Whatever your needs we have pavilions and indoor facilities available.

For reservation information call Kahle Community Center at 586-7271.

“We’re not just  
a community center,  
**we’re the center**  
of the community”

**Located at: 236 Kingsbury Grade, Stateline, NV 89449**  
**(775) 586-7271**

## LAKE CLASS LOCATION CODES

EGC.....	Edgewood Golf Course
KCC.....	Kahle Community Center
KCP .....	Kahle Community Park
RHFS .....	Round Hill Fire Station
TBA .....	To Be Announced
ZCES.....	Zephyr Cove Elementary School
ZCL.....	Zephyr Cove Library
ZCP.....	Zephyr Cove Park

# PRESCHOOL

## Roots & Wings Children's Center at Kahle Park

Accredited by the National Association for the Education of Young Children

First Pre-school in Nevada to be rated 5 Stars! ★★★★★

**Director** • Shelly Martinez

We are delighted to offer a part-time developmental pre-school program at Kahle Park. We endeavor to create an environment in which children respect themselves and others, while inviting their young minds and bodies to think, create, explore, discover, and wonder! Our goal is to inspire a lifelong love of learning. Age appropriate activities in the following curriculum areas will be offered daily: art, math, science, language, sensory, cognitive development, practical life, dramatic play, music, fine and large muscle development.

- **Licensed Pre-school designed for ages 3 - 5**  
(child must be potty trained)
- **Program Hours: 9am - 12pm Monday - Friday**
- **2- 5 day programs: \$22 per day**
- **Non-refundable Registration Fee:**  
\$100 new students, \$60 returning students
- **Waiting list and info call (775) 586-7271**

### Zephyr Cove Library

(775) 588-6411

**Hours** • (W 11am - 7pm  
(Th/F/Sa) 9am - 5pm

**Book drop at Kahle**, Internet, Wireless, Inter-Library loan, E-books, Audios, DVDs, CDs, Newspapers.

#### Library Story Time

**Time** • 9 - 10am  
Alternating Thursdays and Fridays

### A Tree Party

**Ages** • 3 - 8

**Instructor** • Recreation Staff

Wear your play clothes and come ready to explore nature on a short hike that ends with activities, free play time, and a tree inspired lunch at the willow hut.

Saturday, September 20, 2014, 9am-1pm  
\$28.00

Preregistration required by 9/12/14

### Birthday Parties

Let KCC help you plan, organize and make your child's birthday a special event. Complete our custom party package form and receive a custom quote. At least two weeks advance notice required. For more information call 775-586-7271.



### Twosday Mornings

**Ages** • Birth to Pre-school

**Instructor** • Roots & Wings Teachers

Wanted: Parents, grandparents, and caregivers with young children who would like to spend one morning a week in the company of their peers enjoying structured and spontaneous playful experiences. Fee includes creative art, optional group circle time, use of indoor playground and indoor walking track with child in stroller., during class time or immediately before or after class.

**Time** • 9:30 - 11am

**Location** • KCC

(T) 10/7 - 10/28 \$28

(T) 11/4 - 11/25\* \$21

(T) 12/2 - 12/16 \$21

*Drop in participants are welcome. The fee is \$8 per class and additional children in the family are \$1 per child per time for the monthly fee and drop in rate.*

*\*no class 11/11*

### Halloween Carnival Celebration

Sponsored by Kiwanis of Lake Tahoe Sunrisers

Celebrate the spirit of make believe, a sense of community and "spooktacular" happenings, all under one roof at Kahle Community Center on Halloween. The festivities will include carnival games, lots of treats to guarantee a "bootiful" fun, safe and ghoulishly good time for all ages. Community groups invited to host or run a booth.

For more info please call 775-586-7271  
(F) 10/31 4 - 6:30pm

**Location** • KCC

### Breakfast with Santa

Sponsored by Mott Canyon

A memorable experience for each hungry child! Come join Santa for a delicious pancake breakfast with OJ, hot chocolate and coffee included! Photos with Santa available for additional cost.

**Time** • 9 - 11am **Location** • KCC  
(Sa) 12/6 \$2

*Zephyr Cove Ski Club Signups 9am - 11am*



### North Pole Calling

**Ages** • 3 - 6

Watch your children's eyes light up when they receive a personal phone call from Santa! Santa will call to spread the fun and magic of the holidays. We are helping Santa by passing out "Hotline" forms, which will be available after December 1st at Kahle Community Center. Santa will be calling Thursday, December 11.

**Time** • 4:30 - 6:30pm

(Th) 12/11

**Free**

# YOUTH/TEEN

## Kid's Club Programs Grades K - 6

Kid's Club Programs are designed to compliment the school schedule by adding recreational activities in a safe and fun environment. Our dedicated staff are there to offer crafts, games, indoor and outdoor play, snacks and homework time.

### Kahle Community Center

**Early Birds** 7 - 8:30am

\$1 drop in per day, school bus pickup.

### Zephyr Cove Elementary School

**Kid's Club** 3 - 6pm

\$5 per day\*

\*Must be enrolled on a monthly basis per published rate schedule.



## School out fun day

**Grades** • K - 6

**Time** • 7:30am - 6pm

**Location** • KCC

(F)	9/26	\$23
(F)	10/10	\$23
(F)	11/7	\$23
(M)	11/10	\$23

## Winter Break Adventure Days

**Grades** • K - 6

Enjoy your school break with us by going on field trips, playing games, crafts, and having fun! Fee includes admission, transportation & supervision. Bring a sack lunch and spending money each day. Watch for a flyer coming home from school with more information about activities and how you can sign up for Adventure Days.

<b>Time</b> • 7:30am - 6pm	<b>Location</b> • KCC	
(M)	12/22	\$23
(Tu)	12/23	\$23
(M)	12/29	\$23
(Tu)	12/30	\$23
(F)	1/2	\$23
(M)	1/5	\$23

## Teen Scene

### Friday Nights at Kahle Community Center

**Grades** • 6 - 12

Shoot hoops, play volleyball, climb the rock wall, and play arcade games or video games. This is the night for teens to enjoy the Community Center with their friends.

**Time** • 6:30 - 9pm

(F) Drop-in \$3\*

\*Free to pass holder

## Granlibakken Ropes Course Adventure Day

**October 4, 2014**

**Ages** • 10 and up

**Instructors** • Recreation Staff

Calling all thrill seekers! Test your agility and ability to risk take at Treetop Adventure Ropes Course and Zip Line in this safe state of the art adventure park. We'll stop at a park TBA on the way home for lunch and to decompress.

**Cost** • \$60 includes entrance fee, supervision, and transportation.

**Time** • 8am - 3pm

Please bring lunch, snacks, water, and also please dress in layers, and wear close toed shoes.

DCPRD waiver and Ropes Course waiver must be completed at time or registration.

Register by 9/26/14 at 3pm, need 12 participants for activity to "go".

## Tae Kwon Do

**Ages** • 7 - 12

**Instructors** • Chris & Rick Manglinong

Emphasizes such fundamental values as courtesy, integrity, self-discipline, and a positive self-image. The powerful techniques taught in the Tae Kwon Do are exciting and a fun way to stay fit, as well as being an excellent form of self defense.

**Time** • 6 - 7:30pm

**Location** • KCC

(W) 9/10 - 9/24

\$12

(W) 10/1 - 10/29

\$16

(W) 11/5 - 11/19

\$12

(W) 12/3 - 12/17

\$12

Drop-in \$8 per class.

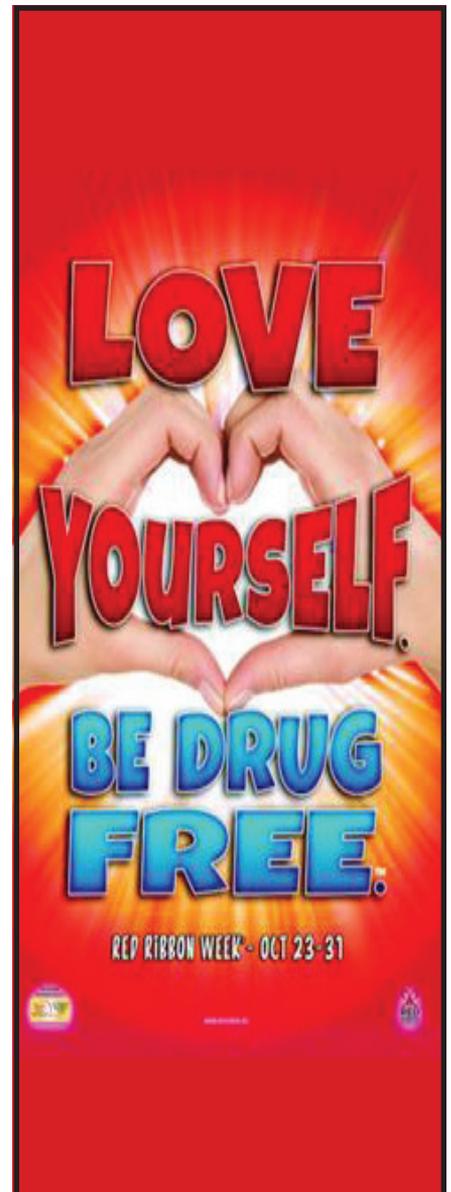
\*no class 11/26

## Zephyr Cove Ski Club Signups

**Time** • 9 - 11am

**Location** • KCC

(Sa) 12/6



**Be drug free  
and show your support!**

**Wear your  
Red Wristband  
and get a**

**FREE ICE CREAM**

**at**

**Kahle Community Center**

**Oct. 23rd - Oct. 31st**

# ADULT

## Community Hands Only CPR and AED

**Ages** • 13 & over

**Instructors** • Kelly Petit,  
Tahoe Douglas Firefighters

**Time** • (Sa) Oct. 11, 9:30-11am or 1-2:30

**Location** • KCC gym

**FREE\***

\*donations accepted. Call Kahle CC at 775-586-7271 by September 30th to RSVP.

For more class information, call instructor Kelly Petit at 775-230-4117

## Dog Obedience

**Instructor** • Guy Yeaman

Have you and your canine companion been getting along lately? If you need help in establishing good conduct and curbing bad habits, this course is for you. Guy uses a light-handed approach to help your dog to obey commands: heel, sit, stand, stay and recall. Each dog needs a training collar and a fabric or leather lead. Dogs must be at least four months old. Bring a copy of shot records to the first class.

**Time** • 7 - 8pm

**Location** • KCC

(Th) 10/2- 11/6

\$80

(Th) 11/13 - 1/8

\$80



## Yoga for Everybody

**Instructor** • Susan Glasson

**Ages** • 12 and up

This class will be taught to all levels. Asana (postures) and Pranayama (breath) will be the main focus during the class time. Some beginning level philosophy will be introduced in order for students to gain a deeper understanding of the practice of yoga. Students are strongly encouraged to stay for the entire class. Instructor is RYT200 certified in the Raja-Hatha Yoga style. Students need to bring a mat to class.

**Time** • (Tu) 9/16 - 12/23, 6:30 - 7:30pm

**Location** • KCC

**Cost** • \$5 drop in

*(scholarship may be available in case of financial hardship)*

*\*no class 10/28 & 11/4*

## Family Health & Fitness Day USA

**Saturday, September 27, 2014**

**FREE DAY PASS AT KAHLE COMMUNITY CENTER**

The 18th annual Family Health & Fitness Day USA is a national health and fitness day for families, to promote family involvement in physical activity in our community. Check out our Park and our Recreation Center.

## Dance Classes

**Instructor** • Christine Jeanblanc-Russo **Ages** • all ages **Location** • KCC

### Jazz

#### Beginner / Intermediate

The 1 hour Jazz class consists of a Jazz dance warm-up section followed by Jazzdance combinations.

(W) 9/10

**Time** • 10am, ongoing

**Cost** • \$9/class \$35/4 classes \$65/8 classes

### Ballet

#### Beginner / Intermediate

The 1 hour ballet class consists of a Ballet Barre followed by Ballet center floor combinations (Adage, Jumps, Petit and Grand Allegro)

(M,F) 9/8

**Time** • 10am, ongoing

**Cost** • \$9/class \$35/4 classes \$65/8 classes



## 2014 General Election

Kahle Community Center will be a polling location for the General Election

On Tuesday, November 4, 2014 from 7am – 7pm. Early voting will be held at Kahle Community Center from 10 am – 3:00pm on Saturday, October 18 and from 2:00pm – 6pm on Tuesday, October 28. For further details, see the Douglas County Clerk-Treasurer's website at <http://clt.co.douglas.nv.us>

**(Sa) 10/18** 10am - 3pm

**(Tu) 10/28** 2 - 6pm

**(Tu) 11/4** 7am - 7pm

**(Sa) 10/18** 10am - 3pm

**(Tu) 10/28** 2 - 6pm

**(Tu) 11/4** 7am - 7pm

**(Sa) 10/18** 10am - 3pm

**(Tu) 10/28** 2 - 6pm

**(Tu) 11/4** 7am - 7pm

**(Sa) 10/18** 10am - 3pm

**(Tu) 10/28** 2 - 6pm

**(Tu) 11/4** 7am - 7pm

## SIGN UP EARLY

If you are interested in a class or program, register today! If a minimum enrollment is not met before its start date, a class or program may be canceled. Find more information at:

[www.douglascountynv.gov](http://www.douglascountynv.gov)

# ADULT FITNESS



## Zumba®

**Ages** • 13 & up **Instructor** • Nancy Taylor  
 Are you ready to dance yourself into shape with the nation's hottest fitness workout? Zumba® class is a fun, joyful dance fitness program that incorporates rhythms and dance moves from Latin music, belly dancing, hip hop and more. Zumba® will reduce stress, burn calories, and tone your body. It doesn't matter if you think you can dance or if you are comfortable with your body. All are welcome and guaranteed a great workout! So, join the party... **Time** • (M,W,F) 6-7pm (Tu,Th) 9-10am

**Location** • KCC

*Drop-in \$5 per class, Punch cards 11/\$45 or 20/\$80*

*No class 11/4*



## Jazzercise

**Instructors** • Sherry Baiocchi, Shannon Shearer  
 Power and Cardio in one, FUN, effective 60 minutes total body workout. Jazzercise combines dance-based cardio with strength training and stretching to sculpt, tone and burn maximum fat. Each 60 minute class includes a warm-up, 30 minutes of aerobic segment, muscle toning and strengthening using weights and a full body stretch.

(M, W, F, Sa) 9am\* **Location** • KCC  
 (T, Th) 5:30pm

*\*No class 10/28, 11/4*

*Drop-in fee is \$10 per class to instructor*

*Monthly reduced fees are available*



## Personal Training

Being part of a personal training program can create lifelong healthy habits and improve your overall well being. Personal training is provided by training professionals. Personal trainers are available to design and supervise your exercise program. Prices vary. Information is available at KCC front counter. Stop by and meet Darla, Dave, Fran and Andy.



## Pilates

**Ages** • 13 & up **Instructor** • Rose Marie Ottman  
 Gain strength, flexibility and improve your posture with Pilates mat exercises. This method focuses on core strength to support the lower back and improves body awareness, balance and coordination. Joseph Pilates' mindful technique of breathing and muscular control can be applied to sports and daily living. This is a multi-level class – modifications are provided to address individual body issues and abilities. Foam rollers are available for class use on the first Tuesday and Saturday of the month.

**Time** • 10:15 - 11:30am

**Location** • KCC

(T, Sa) Ongoing\*

*Drop-in \$11/class, Punch cards: 4/\$35, 8/\$62*

*\*No class 10/28, 11/4*

## MARTIAL ARTS CLASSES

**Instructors** • Rick and Chris Manglinong

### Tae Kwon Do

**Ages** • 13 & up  
 Tae Kwon Do emphasizes such fundamental values as courtesy, integrity, self-discipline, and a positive self-image. The powerful techniques taught in the Tae Kwon Do are exciting and a fun way to stay fit, as well as being an excellent form of self defense.

**Time** • 6 - 7:30pm **Location** • KCC  
 (W) 9/10 - 9/24 \$18  
 (W) 10/1 - 10/29 \$30  
 (W) 11/5 - 11/19 \$18  
 (W) 12/3 - 12/17 \$18

### Philippine Stick Fighting Arnis

**Ages** • 16 & up  
 Arnis is a blending of the countless styles. Arnis is simple to learn and requires no special conditioning or raw physical strength.

**Time** • 7:30 - 8:30pm **Location** • KCC  
 (W) 9/10 - 9/24 \$18  
 (W) 10/1 - 10/29 \$30  
 (W) 11/5 - 11/19 \$18  
 (W) 12/3 - 12/17 \$18

*Drop-in \$10 per class. \*No class 11/26*



# YOUTH SPORTS

## 3 on 3

### Girl's Basketball League

**Grades •** 3 - 5

**Staff •** Recreation Staff & Volunteer Coaches

Kahle Community Center would like to continue its 3 on 3 girl's basketball league this coming basketball season. If we don't get the minimum number of girls needed for this league, they will have the option of playing in the Youth Basketball League. All participants will be assigned to a team through a draft system. Games will be played at Kahle Community Center once a week in the evenings and teams usually practice at least once a week throughout the season.

**Dates •** Mid-November (practice)

December - February (games)

**Time •** Game times are 5:30 - 7:30pm

**Registration •** 9/15 until full

(T) 3rd - 5th Grade \$85

*Includes team t-shirt, award, 1 game official and scorekeeper*

### 3 on 3 Middle School Girl's Basketball League

**Grades •** 6 - 8

**Staff •** Recreation Staff & Volunteer Coaches

Kahle Community Center would like to start a 3 on 3 girl's basketball league this coming basketball season if there is enough interest. If we don't get the minimum number of girls needed for this league, they will have the option of playing in the Middle School Basketball League. All participants will be assigned to a team through a draft system. Games will be played at Kahle Community Center once a week in the evenings and teams usually practice at least once a week throughout the season.

**Dates •** Mid-December (practice)

January - March (games)

**Time •** Game times are 5 - 8pm

**Games •** Wednesdays & possibly Mondays

**Registration •** 9/15 until full \$85

*Includes team t-shirt, award, 1 game official and scorekeeper*

### Girls Basketball League Information

*Each division is limited to a certain number of participants. Please register early! Please remember if we don't get the minimum number of girls needed for this league, they will have the option of playing in the Youth Basketball League. A parent permission slip needs to be filled out at the time of registration. Requests for teams or coaches will not be granted.*

### Youth Basketball League

**Grades •** 3 - 6

**Staff •** Recreation Staff & Volunteer Coaches

This basketball league is offered for beginning to advanced players and will emphasize skill development and fun competition. All participants will be assigned to a team through a draft system. Games will be played Tuesday or Thursday evenings at Kahle Community Center. Teams will be practicing at least one time during the week throughout the league.

**Dates •** Mid-November (practice)

December - February (games)

**Time •** Game times between 5:30 & 7:30pm

**Registration •** Begins 9/15 until full

#### Leagues

(T) 3rd & 4th Grade \$70

*Includes team t-shirt and awards*

(Th) 5th - 6th Grade \$80

*Includes team t-shirt, awards and 2 officials*

### Middle School Basketball League

**Grades •** 7 - 8

**Staff •** Recreation Staff & Volunteer Coaches

This basketball league is offered for beginning to advanced players and will emphasize skill development and fun competition. All participants will be assigned to a team through a draft system. Games will be played Wednesday evenings and maybe some Mondays at Kahle Community Center. Teams will be practicing at least one time during the week throughout the league.

**Dates •** Mid-December (practice)

January - March (games)

**Time •** Game times between 5:30 & 7:30pm

(Wednesdays & possibly Mondays)

**Registration •** Begins 9/15 until full \$80

*Includes team t-shirt, awards and 2 officials*

### Basketball League Information

*Each division is limited to a certain number of participants. Register early to avoid division filling up. A parent permission slip needs to be filled out at time of registration. Requests for teams or coaches will not be granted.*

### Youth Basketball Draft

Due to the increasing size of the Youth Basketball Programs for grades 3 to 8, DCPR has adopted a draft system for player placement on teams. Coaches will be required to attend a paper draft at a future date. Parents will not be able to request a coach or request that children be placed together on teams.

### Youth Sports Organizations

The Douglas County Parks & Recreation Department prepares and maintains practice and competitive fields used by the Youth Sports Organizations. Questions regarding the sports sponsored by these organizations can be answered by contacting the following:

#### AYSO Soccer

[www.slstayso.com](http://www.slstayso.com)

#### Pop Warner Football

[www.southtahoepopwarner.com](http://www.southtahoepopwarner.com)

#### Little League Baseball

[www.tahoelittleleague.com](http://www.tahoelittleleague.com)

#### Youth Ice Hockey

[tahoegrizzlies.com](http://tahoegrizzlies.com)

#### Zephyr Cove Ski Club

[www.zephyrcoveskiclub.com](http://www.zephyrcoveskiclub.com)

### Volunteer Coaches & Team Sponsors

Our Girls Basketball, Youth Basketball and Middle School Basketball are in search of volunteer coaches. Without volunteer coaches this program is not possible. If you are unable to coach but would like to help out with these programs, the Recreation Division is looking for team sponsors. If you are interested in helping out, please contact Kahle Community Center at (775) 586-7271.



# ADULT SPORTS



## "30 & Over" Adult 5 on 5 Basketball League

**Registration** • Begins November 4th until Full  
(Register early – Only taking 6 teams)  
**Entry Fee** • \$570 per team      **Location** • KCC  
**Dates** • Season begins 12/1  
(M) 7 - 9pm  
Minimum 10 games and season ending single  
elimination tournament. Completed rosters are  
due at the first game. No exceptions.

## COMING THIS SPRING "Open" Adult 5 on 5 Basketball League

**Registration** • Begins February 4th until Full  
(Register early – Limited space available)  
**Entry Fee** • \$450 per team      **Location** • KCC  
**Dates** • Season begins 3/17  
Games played between 5:30 - 8:30pm  
**Divisions Offered**  
**Tuesday Night and Thursday night**  
Minimum 7 games and season ending single  
elimination tournament. Completed rosters are  
due at the first game. No exceptions.

## It's Your Turn to Play! Adult Sports

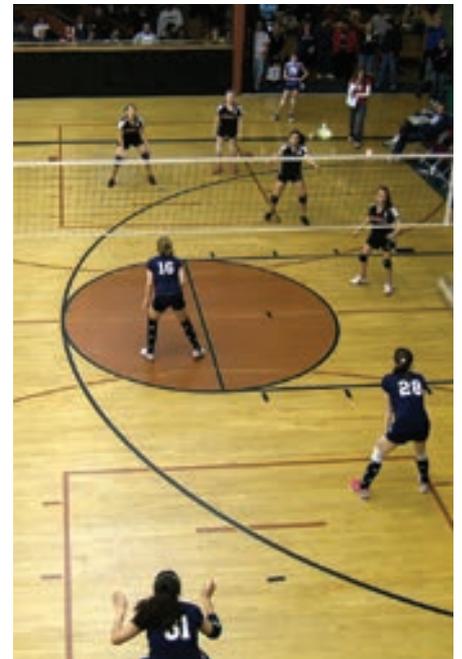
**Ages** • 18 & up  
So your vertical isn't what it used to be, but you know you've still got the moves. Enjoy the game in an informal atmosphere. Players of various skill levels are welcome to join in. All participants must be a pass holder to the Community Center or pay the \$7 drop-in fee. Player's must rotate in if more than 2 teams are formed.

### Basketball

(M/W/Th) 12 - 3pm      **Location** • KCC  
(T) 1 - 3pm  
(Sa) 12 - 3pm (half court only)

### Volleyball

**Call (775)-586-7271 to schedule**  
*Please check weekly schedule for any schedule changes or planned programs.*



## Zephyr Cove Tennis Club

South Lake's only fully functioning, all age tennis club with programs and events for all ability levels.

- Available for Adult and Junior Lessons
- Tennis Racket stringing

For more information, contact Head Pro Robert Wheatley at 760-485-5454.

## Attention Program Instructors!

Are you interested in teaching a class or program? Do you have a special skill to share with others? Make a few extra dollars teaching others your skills. Call KCC at (775)-586-7271 or stop by.

# ACTIVE ADULT



## AARP Driver Safety Course

The class is a refresher course for drivers age 55 and older with emphasis upon how age-related changes affect driving. The purpose of the class is to help seniors continue to be safe drivers as long as possible. Those who complete the course may be eligible for a discount on their auto insurance. Pre-registration is required, call 775-586-7271.

**Time** - 9am - 2pm

**Location** - KCC

(Sa) 11/15                      \$14\*

*\*Fee is paid to instructor at class*



**(775) 588-5140 • Located at 885 Hwy 50  
Next to fire station on the corner of US 50 and Warrior Way**

TDSC serves Douglas County's senior population residing inside the Tahoe Basin. It is unique among Nevada's senior centers in that it is operated solely by volunteers. Hours vary daily. Annual membership fee is a nominal \$10.

### Services and activities include:

- Socializing activities and 1pm Bingo Tuesdays and Saturdays
- Texas Hold'em Poker sessions 9am Tuesdays and Fridays
- Monthly membership luncheon and speaker program at Harrah's 2nd Wednesday of each month
- Casinos, musical outings and group activities such as visits to Apple Hill, Thunderbird Lodge and other points of interest
- Participation in annual canned food drive for the needy



- Collection of "distressed" bakery items from Round Hill Safeway for distribution to members at the center on Saturday AM
- Distribution of USDA food commodities to those deemed eligible per USDA's family income criteria (4th Thursday of every other month)
- Shopping trips and transport to medical/dental appointments for members aboard a TDSC van operated by volunteer member/drivers

# INFORMATION

## "Share Because You Care" Gifts

### Your donations help to provide:

- Sponsorship for Youth & Teens • Supplies for Recreation Programs & Special Events
- Equipment for Kahle Community Center-Sports Equipment
- Park Benches • Trees and Shrubs • Field Lighting • Sod for Fields
- Roping Chutes • Build Playgrounds

For more information on how you can help, call 775-782-9828 Carson Valley or 775-586-7271 Lake Tahoe.

## Become a V.I.P!

### Volunteer in Parks and Recreation

As a volunteer, you can join us in our mission to provide recreational experiences, promote health and wellness and protect and maintain our parks. If you can fill a need or have a skill to share call 775-782-9828 Carson Valley or 775-586-7271 Lake Tahoe.

## Scholarships Available!

We want every child to have the opportunity to participate in recreation activities. Financial assistance is available for many of our programs.

### The Foundation for Douglas County Recreation & Senior Centers

Commonly known as the

Community Services Foundation

P.O. Box 838, Minden, NV 89423 • (775) 782-9828

## Transportation



### Douglas County Dial-A-Ride Service

Dial-A-Ride offers a curb-to-curb shared ride service to eligible passengers that operates Monday through Friday between the hours of 8am to 5pm in most areas of Douglas County. Dial-A-Ride offers two types of service: ADA (must be certified by a physician and scheduled at least 2 weeks in advance with service available on a prescheduled basis. Rides with less than 2 weeks notice will be scheduled based on availability, including same day requests. This service is only open to residents of the Minden and Gardnerville areas. For more information call Dart at 775-783-6456.



### Tahoe's Smooth Movin' Shuttle

Ride BlueGO to biking, skiing, hiking, swimming, gaming, shopping, walking, kayaking and sailing! We are your ride for getting around South Lake Tahoe, Camp Richardson, Meyers, Stateline, Zephyr Cove, Marla Bay, Round Hill and Upper Kingsbury. Call 530-541-7149 or visit us online at [www.bluego.org](http://www.bluego.org) for more information.

## PHOTOS

Douglas County Parks and Recreation may take photos of participants and facility users. The photos are for department use only and may be used in our Activity Guide and flyers. Please notify the office in writing if you do not wish you or your child to be photographed.

COMING 2015

## The NEW Carson Valley Community and Senior Center

### WALK-IN REGISTRATION

Registration accepted at Lampe Park office, Monday through Friday 8am to 5pm  
Kahle Community Center, Monday through Friday 6am to 9pm, Saturday 8am to 6pm

### DROP-OFF REGISTRATION

Payments can be dropped off after hours at Lampe Park office in the night drop box by the front door.

### MAIL-IN REGISTRATION

Douglas County Parks & Recreation Department, P.O. Box 218, Minden, NV 89423  
Kahle Community Center, P.O. Box 5040, Stateline, NV 89449  
Make checks payable to (DCPRD) Douglas County Parks & Recreation Department. Send payment with name of enrollee, program title and code.

### FAX OR PHONE REGISTRATION

Lampe Park office - Register by phone using a M/C or Visa by calling (775)-782-9828 or by fax to (775)-782-9844. Kahle Community Center - Register by phone using a M/C or Visa by calling (775)-586-7271 or by fax to (775)-586-7273.

**Register Early! Great classes have been cancelled because of last minute registrations.**

### Douglas County Parks & Recreation Department Customer Service Locations

Administration Office (Lampe Park Office)  
1323 Waterloo Lane  
Gardnerville, NV 89410  
Phone (775)-782-9828 • Fax (775)-782-9844

Kahle Community Center  
236 Kingsbury Grade  
Stateline, NV 89449  
Phone (775)-586-7271 • Fax (775)-586-7273

### SATISFACTION GUARANTEE

The Douglas County Parks and Recreation Department is constantly striving to provide you with the highest quality recreation activities, events, and programs. We are confident that you will enjoy these programs, and we will back up commitment to provide high quality services. Your suggestions, comments or ideas for improvements are appreciated. They will help us do the best job possible.

If you are not completely satisfied, tell us and we will arrange for you to:

1. Repeat the class at NO charge -or-
2. Receive full credit that can be applied to any other program -or-
3. Receive all of your money back.

Satisfaction guarantee requests may be made in person or by calling us at 782-9828. Requests should be made within 5 working days after the first class meeting. Refund checks will be mailed within two (2) weeks.

Please note that due to the nature of the activities, sports leagues, facility rentals, and Kahle Daily Walk-In fees, 30-Day Pass fees and 90-Day Pass fees are not eligible for these refund provisions.

### POLICIES

Full credit will be given for cancellation prior to the activity and a \$5 processing fee will be charged. 100% refund if the department cancels. Refunds take approximately two weeks to receive.

Registration will not be accepted by instructors unless noted. The department has the right to cancel classes. Classes may be canceled if under minimum enrollment. Space is limited in most programs. All registrations are accepted on a first-come, first-serve basis.

Participation in Parks & Recreation Department Programs is at Your Own Risk

TO REGISTER

*Home of:*



# CHAPPELL RANCH L.L.C.

**Safe, Fun, Educational Horsemanship**

 **Wild Willy's Horse Camp**

- \* Year-round Programs
- \* Week-long and Weekend Camps; Day Programs
- \* Kids ages 6 and up, including teens

 **KinderPonyPlay**

- \* Children ages 4, 5, & 6 learn beginning horsemanship and riding skills

 **KinderProgram**

- \* Bringing ranch life into your child's life while they learn their ABC's and 1, 2, 3's for 3, 4, & 5 year olds.

 **Group and Private Lessons; Adult Programs; Special Interest Groups; Girls Scouts; Special Events; & Birthday Parties**

 **Equine-Facilitate Life Coaching**

- \* Life Coaching sessions for adults, groups, businesses, and kids with the help of the horse.

 **Chappell Morgan Horses**

**Contact: Kim Chappell 775-265-6483**  
**[www.chappellranchllc.com](http://www.chappellranchllc.com) • [kkc827@aol.com](mailto:kkc827@aol.com)**  
**531 Centerville Lane • Gardnerville, NV**

