

# Douglas County

## Parks & Recreation Department



Carson Valley & Lake Tahoe **Activity Guide**



[www.dcprrsports.com](http://www.dcprrsports.com)  
[www.douglascountynv.gov](http://www.douglascountynv.gov)

# WINTER/SPRING 2014



**Carson Valley Medical Center**  
**YOUR COMMUNITY HOSPITAL**

24-Hour Hospital and Emergency Room • Emergency & Elective Surgery  
Advanced Diagnostic Imaging Services • Full Service Lab • Infusion Treatment • Interventional Radiology  
• Occupational Medicine • Physical & Occupational Therapy • Respiratory Therapy  
• Senior Mental Health Wellness • Sleep Diagnostics • Speech Therapy • Telemedicine • Wound Care Center  
**Information: (775) 782-1500 | Emergency Room: (775) 782-1600**



**Minden Family Medicine  
& Complete Care**

*Same-day appointments available  
Scheduled visits and walk-ins welcome  
Discounted fees for service based on  
income*

**Colleen Kriss, DO**  
**Rose Paiva, MD**  
**Cody Myers, PA-C**  
**Tim O'Neill, PA-C**  
**Debra Tomaszewski, PA**  
**(775) 782-1603**

**Topaz Ranch Medical Clinic**

*Same-day appointments available  
Scheduled visits and walk-ins welcome  
Discounted fees for service based on income*

**Lisa Roberge, PA-C**  
**(775) 783-3096**

**Job's Peak Internal Medicine  
& Family Practice**

*Comprehensive care for your family*

**Celeste Callinan, PA-C**  
**Evan Easley, MD**  
**Jean Held, APRN**  
**Judith Rosso, DO**  
**Garrett Schwartz, MD**  
**(775) 782-1550**

**Alpine Medical**

*Internal Medicine  
Allergy testing and treatment  
Cosmetic and weight loss treatments*

**Steven Brown, MD**  
**(775) 782-9118**

**Herbig Family Medicine**

*Comprehensive care for your family*

**Ralph Herbig, DO**  
**(775) 782-4030**

**CVMC Senior Care**

*Specialized care for patients over 65*

**Celeste Callinan, PA-C**  
**Evan Easley, MD**  
**Jean Held, APRN**  
**Judith Rosso, DO**  
**Garrett Schwartz, MD**  
**(775) 783-4823**

**Job's Peak General Surgery**

*Advanced surgery performed in  
caring hands*

**Soon Kim, MD**  
**(775) 783-3020**



**Carson Valley Medical Center**  
1107 Highway 395 • Gardnerville, NV 89410  
[www.cvmchospital.org](http://www.cvmchospital.org)



# WELCOME

## Director's Note

**Scott Morgan**

Community Services / Parks & Recreation Director

### A Call To Action

Thank you to all of those who have supported the new Douglas County Community & Senior Center. Your support has enabled us to get to the point where we are under construction on this 83,000 square foot facility which will meet the needs of all ages and abilities in our community. For those who have supported us so diligently through this process it is your time and your call to action. When the County Board of Commissioners approved this project they did so without providing funding for the one time purchases of furnishings, fixtures and equipment, believing it to be a community responsibility and the supporters' investment into the facility.

A foundation was formed called the Douglas County Community Services Foundation, to tackle an almost \$2 million furnishings, fixtures and equipment need, and the Foundation has prioritized those needs with a \$600,000 goal in fundraising to open the senior portion of the facility. The Foundation has over one year to raise these funds and your support is critical.

You can help by donating to the Foundation at [WWW.DCCSF.COM](http://WWW.DCCSF.COM) where a variety of donor programs exist for individuals, businesses and organizations including the Buy A Brick program where your name can be engraved on a brick in a permanent part of the center's patio improvements.

I hope that you consider giving and giving generously to make this building even more spectacular. I look forward to seeing the Foundation meet its goals and seeing you at the grand opening. For more information contact me at 775-782-9828.

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## Mission Statement

To continue to create and preserve quality parks and recreation opportunities, serving people of all ages and interests, that positively affect the community and enrich life.

## Parks & Recreation Commission Meetings

Meetings are held the first Tuesday of every month. Locations vary; call the Recreation Department at 782-9828 for meeting location.

## Staff Members

**Parks & Recreation Director** Scott Morgan **Recreation Division** Brian Fitzgerald • Vicki Schussel Sheryl Christian • Traci Dill • Amanda Reid • Patti Gurule • Elizabeth Baumgartner  
**Parks Division** Craig Burnside • Peter Knight • Don Swan • Ryan Stanton • Jerry Harrison • James Howard

## Special Thanks

**The Parks & Recreation Department gratefully acknowledges the continuing support of the following:**  
**County Commissioners** Greg Lynn • Doug Johnson • Barry Penzel • Lee Bonner • Nancy McDermid  
**Parks & Recreation Commission** Cherise Smith • Debra Lang • Kelly Gardner • Celeste Pierini • Elaine Flynn  
 Britta Swanson • Thomas Moore **Douglas County School District**

**Compiled by** G. Pedro Kinner **Layout & Design** Keigh Cox, Sierra Nevada Media Group  
**Advertising Opportunities** please call The Record-Courier at (775) 782-5121

# YOUTH/TEEN

## Spring Break Adventure Camp

**Grades •** K - 6

Campers will enjoy a variety of activities each day all in a safe and secure environment. Activities will include field trips, arts & crafts, games, creative centers, and much more! Calendars are available at the Recreation Office. Spaces are limited and pre-registration is required. Pre-register at the Recreation Department.

**Time •** 7am - 6pm  
(T - F) 4/22 - 4/25

**Locations •** PHES/MES  
\$23/day

## Adventure Camp Days

**Grades •** K - 6

Camp will include arts & crafts, games, creative centers, snacks and much more! Look for a flier to be sent home before each date. Spaces are limited and pre-registration is required. Pre-register at the Recreation Department.

**Time •** 7am - 6pm  
(M) 1/6  
(F) 2/28

**Locations •** TBA  
\$23



## Kids Club

**Grades •** K - 6

Kids Club is a before and after school recreational enrichment program that is held at all elementary schools. Recreational activities include arts & crafts, games, homework assistance and special events all based on a weekly theme. Daily snacks are provided. Kids Club is offered Monday through Friday, 7am until 8:45am and 3 - 6pm at every elementary school while school is in session, holidays excluded. The fee is paid by the month for the morning program, the after school program or both. The fee is based on \$2.50 per day for the morning program and \$5.00 per day for the afternoon program. Enrollment is based on a first come, first served basis and we will be unable to accept any new enrollments at sites that are currently full. We encourage you to make your payment as early as possible to avoid your child not being able to participate in Kids Club. For more information call 782-9828.

## Main Library Story Time

Story time\*: Toddler Story time, ages 18 mos. to 3 yrs, Tuesdays at 10:30 a.m. in the Minden Library. Preschool Story time, Ages 3 to 5 years, Tuesdays at 11:15 a.m. in the Minden Library.

*\*All Story time programs are seasonal; please contact the library for detailed information.*

## Library Hours

Mon, Tues, Wed • 10am - 7pm

Thurs & Fri • 10am - 6pm

Sat • 10am - 5pm

*Closed on Sundays and Holidays*

For more information call 775-782-9841

## VALLEY CLASS LOCATION CODES

CCMES..... C.C. Meneley Elementary School  
CVGC..... Carson Valley Golf Course  
CVMS..... Carson Valley Middle School  
DCFG..... Douglas County Fairgrounds  
DCL..... Douglas County Library  
DCSR..... Douglas County Shooting Range  
DWS..... Dance Workshop  
GES..... Gardnerville Elementary School  
JVES..... Jacks Valley Elementary School  
LP..... Lampe Park

LTC..... Lampe Tennis Courts  
MES..... Minden Elementary School  
PHES..... Piñon Hills Elementary School  
PWL..... Pau-Wa-Lu  
RA..... Recreation Annex  
RD..... Recreation Department  
SC..... Senior Center  
SES..... Scarselli Elementary School  
SP..... Stodick Park  
TBA..... To Be Announced

VALLEY

# YOUTH/TEEN

## Little Miss Douglas County Pageant

### Ages • 0 - 17

This will be a fun, positive activity for girls in Douglas County and a chance to show off their talent. There will be lots of winners, prizes, and each contestant will receive a gift. The competition will be judged by a professional panel of judges and will consist of interview and talent for ages 6 and up and modeling party dresses for all contestants. The winners will receive a banner and crown and all contestants are invited to ride on the Little Miss Douglas County Float during the Carson Valley Days parade. Titles to be awarded are: Baby Miss, Wee Miss, Little Miss, Jr. Miss, and Teen Miss Douglas County. For more information on the pageant go to face book page [littlemissdouglascounty](http://littlemissdouglascounty).

### Pre-Pageant Meeting

**Time • 10am** **Location • DWS**  
 (Sa) 2/1 Ages 0 - 5  
 Ages 6 - 17

### Pageant

**Time • 10am** **Location • DWS**  
 (Sa) 2/22 Ages 0 - 5 \$80  
**Time • 1pm** **Location • DWS**  
 (Sa) 2/2 Ages 6 - 17 \$80  
*Pageant admission fee is \$10 per person*



## Beginning Irish Dance

**Ages • 5 - 17** **Instructor • Miriam Blanchette**

This course will teach the basic techniques and steps of traditional Irish dance. Students will be taught two soft shoe dances, the Basic Reel and Light Jig, and will be invited to local community events such as parades. Students need to wear black shorts or skirt and soft shoes. Class t-shirts can be purchased at class for \$15. Shoes may be purchased from the instructor. Continuing students will be taught the Slip Jig and Single Jig, Two-Hand Reel, Walls of Limerick, and Hard Shoe Dances.

**Time • 6:15 - 7:15pm** **Location • DWS**  
 (T) 1/7 - 1/28 \$55  
 (T) 2/4 - 2/25 \$55  
 (T) 3/4 - 3/25 \$55  
 (T) 4/1 - 4/29\* \$55

*\$5 off sibling discount*

*\*No class 4/22*

## Jump Rope for Fun & Fitness

**Ages • 8 - up** **Instructors • Ellen Lucas**  
 Class will focus on learning jump rope skills as individuals, partners and groups, including double dutch. Students will learn activities and routines for fun and/or competition. Come have fun while getting a good workout in the process!

**Time • 3:30 - 4:30pm** **Location • (W) CCMES**  
 (Th) PHES

(W) 1/15 - 2/12 \$35\*  
 (Th) 1/16 - 2/13 \$35\*

*\*\$5 material/equipment fee payable to the instructor*

## Introduction to the Violin

**Grades • 3 - 6** **Instructor • John O'Neill**

This class offers students the opportunity to discover the violin and find out if this is the right instrument for them to study. Participants will be instructed in the proper way to hold the instrument and bow and will learn to play one or two simple melodies. All materials and the use of a violin are included.

**Time • 3:30 - 4:15pm** **Location • PHES**  
 (Th) 1/16 - 2/6 \$25



## INSTRUCTORS WANTED!

Do you have a special skill that you would like to share with others and are you interested in teaching a class or program? If so call 782-9828.

# TEEN/ADULTS



## Photographic Composition

**Instructor** • Doug Dill

Wow your friends with beautiful photographic images. Learn how to see great photographic design and composition and become skilled using lenses to accomplish the scene you want. Class will include instruction, critiques, tips and evaluations. This class is for digital and/or film cameras.

**Time** • 6 - 9pm **Location** • RA  
 (W) 1/22 \$15  
 (W) 2/26 \$15  
 (W) 4/16 \$15

## Take Charge of your Digital Camera

**Instructor** • Doug Dill

Do you only use the point and shoot setting on your digital camera and want to learn more? This class will get you familiar with your camera and to understand how it works. Class will emphasize shutter speeds, aperture openings, and ISO settings, and how they work together to make the photos you intended with your digital. Please read your camera manual before attending class and bring your camera to class.

**Time** • 6 - 9pm **Location** • RA  
 (W) 3/12 \$15

## Point and Shoot Photography

**Instructor** • Doug Dill

Whether you use a cell phone or a point and shoot camera, this class is for you. Cell phones and point and shoot cameras both use similar techniques when photographing. In this class we will discuss the differences, and in addition, cover photo composition, lighting and some legal aspects of photography.

**Time** • 6 - 9pm **Location** • RA  
 (W) 1/8 \$15  
 (W) 2/5 \$15  
 (W) 3/26 \$15

## World Tai-Chi/Oi Gong Day

**Instructor** • Carson Valley Tai Chi Club

A gathering in the Minden park of all persons interested in improving their health and well being through the practice of Tai Chi and Oi Gong movements. Boost your immune system, slow the aging process, lower blood pressure, and improve your balance and outlook on life.

**Time** • 10am - 12pm **Location** • MP  
 (Sa) 4/26 Free

## Dog Obedience

**Ages** • 8 and up **Instructor** • Guy Yeaman

Have you and your canine companion been getting along lately? If you need help in establishing good conduct and curbing bad habits, this course is for you. Guy uses a light handed approach to help you teach your dog to obey the commands: heel, sit, stand, stay and recall. Each dog needs a choke chain, a fabric or leather lead. Dogs must be at least 4 months old.\* Bring a copy of shot records the first day of class. [www.dogmanguy.com](http://www.dogmanguy.com)

**Time** • 7 - 8pm **Location** • DCFG  
 (W) 1/8 - 2/26\* \$80  
 (W) 3/5 - 4/9 \$80  
 (W) 4/16 - 5/21 \$80  
 \*No class 1/29 & 2/5



## Beginner's Tai-Chi

**Ages** • Adults **Instructor** • Earl Musset

Tai-Chi is a soft martial art, or exercise form, which originated in China thousands of years ago. In this class, we will warm up; do the five animal play series, ten form (longevity) series, "Ba Duan Jin", Nine Temple exercises, eighteen movement, Tai Chi/Qi Gong and others. Each class session will conclude with one or two repetitions of the 24 movement Yang Short Form. Wear comfortable, loose fitting clothes and tennis shoes.

**Time** • 8 - 10am **Location** • CVMS  
 (Sa) 1/4 - 1/25 \$5  
 (Sa) 2/1 - 2/22 \$5  
 (Sa) 3/1 - 3/22 \$5  
 (Sa) 3/27 - 4/19 \$5

## VOLUNTEERS WANTED

The volunteer program is designed to encourage community members to volunteer by assisting staff as team members. Volunteers can supplement present services; encourage civic pride and community involvement.

**Through volunteer experiences you can join us in our mission to:**

- \* Provide recreational experiences
- \* Strengthen community image
- \* Strengthen safety and security
- \* Promote health and wellness
- \* Create community
- \* Foster human development
- \* Increase cultural unity
- \* Protect environmental resources

**Benefits to our Volunteers:**

- \* Gain valuable work experience
- \* Learn new skills
- \* Explore career possibilities
- \* Receive personal satisfaction
- \* Improve communication skills
- \* Participant in community issues
- \* Be a role model to youth
- \* Share of your talents
- \* Secure job references
- \* Make new friends
- \* Make a positive difference
- \* Demonstrate leadership
- \* Receive personal pride and fulfillment

**Become a Volunteer Today!**

# ADULTS

## Beginning Ballroom Dancing

**Instructors** • Craig & Ann Peters

Have fun on Friday nights. This is a chance to learn and practice the fundamentals of the Fox Trot, Swing, Waltz, and many Latin dances. This class is designed to provide dancers with confidence and knowledge for the dance floor. Following the last session there will be a party so you will have 2 more hours to practice, socialize, and dance.

**Time** • 7:30 - 8:30pm

**Location** • DWS

(F) 1/10 - 1/31	\$80/couple	\$45/single
(F) 2/7 - 3/7*	\$80/couple	\$45/single
(F) 4/4 - 4/25	\$80/couple	\$45/single

\*No class 2/21

## All Day Scrapbooking Workshops

**Instructor** • Jackie Gorton

With 8 hours and an eight foot table to work on, you will need to bring plenty of photos to this workshop! Tools such as punches, a die cut machine, custom cutting system and many idea books are available for use while other supplies are available for purchase. Bring a dish to share with others for a potluck style lunch or bring a sack lunch for yourself. Water and a snack are included.

**Time** • 10am - 6pm

**Location** • SC

(Sa) 1/11	\$10
(Sa) 2/8	\$10
(Sa) 3/15	\$10
(Sa) 4/12	\$10

\*\$3 per person material fee payable to the instructor.



## Concealed Weapon Certification

**Ages** • 21 and up

**Instructor** • Daniel Linn

This course, which meets and exceeds the Nevada State CCW requirements, can be taken by CCW applicants or anyone wanting to learn to shoot handguns. Covered in the course will be; Firearms safety, handgun, ammo and holster selection, nomenclature and operation, stances, Nevada State Laws on firearms and the use of deadly force, how to shoot a handgun, and how to maintain and clean a handgun. The course will conclude with live-fire drills at the range, and certificates will be given to successful participants. Students will need: One to three handguns, 150 rounds of FACTORY ammo for the first handgun and 50 rounds for each additional handgun, hearing and eye protection and a baseball style hat for the range. Students will need to bring their own UNLOADED handguns to class.

**Times** • (W, F) 6 - 9:30pm

**Locations** • RA

(Sa) 8 - 11am DCSR

(W/F) 1/15 & 1/17 \$90\*\*

(Sa) 1/18 \$90\*\*

(W/F) 2/19 & 2/21 \$90\*\*

(Sa) 2/22 \$90\*\*

(W/F) 3/19 & 3/21 \$90\*\*

(Sa) 3/22 \$90\*\*

(W/F) 4/23 & 4/25 \$90\*\*

(Sa) 4/26 \$90\*\*

\*\*An additional \$10 insurance fee is payable to the instructor. Spouses are 1/2 price plus \$10 insurance payable to the instructor.

## Winter Scenes in Watercolor Workshop

**Instructor** • Dana Childs

Create your very own winter scene using watercolors. Let professional painter, Dana Childs be your wind beneath your artistic wings on a rewarding and successful journey towards your own creations. Students will need to bring their own supplies. Supply list available at time of registration.

**Time** • 10am - 2:30pm

**Location** • RA

(Sa) 1/18	\$55
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## Adult Art Multi Media - Watercolor

**Instructor** • Dana Childs

Let professional painter, Dana Childs be your wind beneath your artistic wings on a rewarding and successful journey towards your own creations using your choice of watercolor, graphic pen and ink, oil or acrylic paints. Students will need to bring their own supplies. Supply list available at time of registration.

**Time** • 6:30 - 8:30pm

**Location** • RA

(M) 2/3 - 3/10	\$79
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# YOUTH/TEEN SPORTS

## MEFIYI Spring Break Sports Bash

**Ages • 6 - 14**

MEFIYI (Me-for-Incredible-Youth, Inc.) Spring Break Sports Bash will provide an all day sports day for boys and girls, ages 6-14, who enjoy or want to learn skills and drills in basketball, non-contact football, tennis, volleyball and baseball-softball. Camps will focus on the fundamentals associated with each sport. Our goal is to give athletes an opportunity to introduce and maintain their interest in sports. Athletes will be able to join two camps for the week. Fee includes a t-shirt and chance to win prizes. Discounts available for families and all day camp attendance. Athletes must bring a snack or sack lunch and water bottle. Camp Director is retired NFL Player JoJo Townsell and Douglas High School Football Coach J.P. Albert. Guest instructors will include local Douglas High School coaches and players. Location for all camps is Douglas High School. To register, contact Douglas County Parks & Recreation, (775)-782-9828. For more information email [mefiyi4kids@gmail.com](mailto:mefiyi4kids@gmail.com).

(M - Th) 4/21 - 4/24

**Location • DHS**

### Camps

Basketball Camp	9am - 12pm
Baseball-Softball Camp	9am - 12pm
Football Camp	1 - 4pm
Volleyball Camp	1 - 4pm
Tennis Camp	1 - 4pm

### Camp Fees

Each camp is \$75.00 or \$120 for two

Family Camp Fees is \$65.00 or \$110 for two

## Youth Tennis Clinic

**Age • 7 - 12**

**Instructors • Ginny Unger & Susan Cowan**

This clinic will teach the fundamentals of all tennis strokes and the love of the game. This class will be high energy class of leaning techniques and playing games. Students need to wear tennis shoes and bring a racket.

**Time • 4 - 4:30pm**

(M) 3/3 - 3/24

(M) 4/7 - 4/28

**Location • LTC**

\$70

\$70

## High School Prep Tennis Clinic

**Age • 13 - up**

**Instructors • Ginny Unger & Susan Cowan**

This beginner to advance tennis clinic will provide a great opportunity for students interested in high school tennis to learn the fundamentals in a fun and energetic class environment. Students need to wear tennis shoes and bring a racket.

**Time • February 4 - 4:30pm**

March & April 5 - 6pm

(M) 2/3 - 3/24

(M) 3/3 - 3/24

(M) 4/7 - 4/28

**Location • LTC**

\$70

\$70

\$70

## Introduction to Junior Golf

**Age • 5 - 16**

Juniors will learn the basics of golf including rules, etiquette, putting, chipping and full swing. Participants will be divided into groups based on age. Club rental and golf balls are included in the fee. Refreshments will be provided.

**Time • 12 - 4:15pm**

(Sa) 4/12

**Location • CVGC**

\$20

### Golf Times

Ages 5 - 6

Ages 7 - 8

Ages 9 - 16

12 - 1:15pm

1:30 - 2:45pm

3 - 4:15pm

## Youth & Teen Coed Volleyball Leagues

These leagues are for beginner to advanced players, emphasizing skill development and fun competition. There will be four leagues: 3rd/4th, 5th/6th, 7th/8th and 9th-12th grade. Participants will be randomly assigned to a team through a draft system. All games will be played on Saturdays with at least one practice set aside each week. Practice sites may vary. Volunteer coaches will be used.

**Time • 9am - 6pm**

**Location • CVMS**

**Registration • (M) 1/14 until full**

**Clinic • Player Skills Training (TBA)**

**League Play • March - May**

**Cost • \$80 Includes t-shirt, awards & officials**  
3rd/4th grade \*\*NEW\*\*

5th/6th grade

7th/8th grade

9th - 12th grade

For information and applications go to the website: [dcprsports.com](http://dcprsports.com)

## WANTED OFFICIALS & REFEREES

Douglas County Parks & Recreation is currently looking for qualified officials for Youth and Adult Sports. Officials must be willing to work nights and weekends and have a flexible schedule. Most games last approximately 1 hour. We will train and certify for all sports. Previous officiating is preferred. Willingness to be trained in multiple sports preferred. Please call the Douglas County Parks & Recreation at 782-9828 for more information.



# YOUTH/TEEN SPORTS



## Challenger British Soccer Camp

**Ages • 5 - 16**  
Camps are designed to provide the camper with in-depth instruction and introduction of core values, skills, and tactics. Emphasis is placed on the development of the most important and commonly used skills at each age group and by breaking down the skills into technical components and then allowing the camper to practice and hone these techniques in an age appropriate, fun, educational and challenging format. Bring a water bottle, sack lunch, and wear shin guards and sunscreen. Price includes a soccer ball and t-shirt.

### Half Day Camp (Ages 5- 10)

**Time • 9am - 12pm**      **Location • Aspen Park**  
(M-F) 6/16 -6/20      \$174

### Half Day Camp (Ages 11 - 16)

**Time • 1pm - 4pm**      **Location • Aspen Park**  
(M-F) 6/16 -6/20      \$174

### Full Day Camp (Ages 8 - 16)

**Time • 9am - 4pm**      **Location • Aspen Park**  
(M-F) 6/16 -6/20      \$250

**Sign up on-line by May 31 for a FREE Soccer Jersey! [www.challengersports.com](http://www.challengersports.com)**

## WANTED: Volunteer Coaches & Team Sponsors

Our youth Sports Leagues are in search of volunteer coaches for Flag Football, Basketball and Volleyball. Without coaches these programs are not possible. A background check is required for all volunteer coaches. If you are unable to coach but would like to help out with these programs; contact the Recreation Division to sponsor/support your favorite youth team. Please call 775-782-9828.



## Youth Sports Organization

The Douglas County Parks & Recreation Department prepares and maintains practice and competitive fields used by the Youth Sports Organizations. Questions regarding the sports sponsored by these organizations can be answered by calling the following:

### AYSO Soccer

**HOTLINE** .....855-297-6318  
[www.cvasyo.org](http://www.cvasyo.org)

### Carson Valley Little League

Debbie Jacobsen ..... 782-7303

### Carson Valley Girls' Softball League

Joey McNich ..... 291-3137

### Carson Valley Swim Team

Carson Valley Swim Center..... 782-8840  
[www.carsonvalleyswimcenter.com](http://www.carsonvalleyswimcenter.com)

### Douglas Dolphins Swim Team

[www.ddst.org](http://www.ddst.org)

### Pop Warner

Jim Valentine ..... 782-8777  
[www.douglaspopwarner.com](http://www.douglaspopwarner.com)

### Youth Basketball Leagues

Anthony Davis ..... 782-9828  
[www.dcprsports.com](http://www.dcprsports.com)

### Youth Flag Football Leagues

Anthony Davis ..... 782-9828  
[www.dcprsports.com](http://www.dcprsports.com)

### Youth Volleyball Leagues

Anthony Davis ..... 782-9828  
[www.dcprsports.com](http://www.dcprsports.com)

### Youth Wrestling

John Grant ..... 720-2311

### Douglas Ski Club Saturday Program

Robert Pumphrey ..... 782-3543

### Douglas Ski Club Sunday Program

Jim Simpson ..... 450-9077

## Challenger British Soccer Camp HOST A COACH

Make this experience even more special for your children by hosting one of our professional British coaches during your week of camp. Call 916-596-1664 for more information.

# ADULT SPORTS

## Adult Softball Leagues

**Ages • 18+**

Entry fee is due at time of registration. League size is restricted. All registration is based on first come first serve basis. Returning teams are not guaranteed a space. 20 players are allowed to a roster. Leagues will play a minimum of 10 regular season games and participate in a post-season double elimination. Awards will be given for tournament play only. A trophy and t-shirts will be awarded for 1st place in the tournament. A plaque will be awarded for 2nd place in the tournament. Game times will be between 6:30 - 9pm. League nights will vary. All teams are required to attend a manager's meeting. Must be at least 18 years old to participate.

**Game Time • 6:30 - 9pm**      **Location • LP**  
(M - Th) 4/21 - 7/10

**Registration Begins March 3**

**Registration • Early:**      \$475      by April 4  
   \$525      after April 4

**Registration Deadline • April 11**

**Leagues Offered**

- (M) Men's "Open"
- (T) Men's "D"
- (W) Women's
- (W) Men's "Open"
- (Th) Coed Open

### Managers Meeting

A managers meeting will be held on Tuesday, April 15th at 6pm at the Recreation Annex Building. Schedules will be available at the meeting.

## Introduction to Golf for Ladies

**Ages • 18+**

Taught by the professionals at the Carson Valley Golf Course, ladies can learn to play golf in a fun, relaxed environment. The clinics will cover all the basics including full swing, chipping, putting & etiquette. This clinic is open to all levels of players and beginners are very welcome. Sign up fast, as space is limited.

**Time • 5:15 - 6:15pm**      **Location • CVGC**  
(W & Th) 4/30 & 5/1      \$30

## Introduction to Golf for Couples

**Ages • 18+**

Taught by the professionals at the Carson Valley Golf Course, couples can learn to play golf in a fun, relaxed environment. The clinics will cover all the basics including full swing, chipping, putting & etiquette. This clinic is open to all levels of players and beginners are very welcome. Sign up fast, as space is limited.

**Time • 5:15 - 6:15pm**      **Location • CVGC**  
(W & Th) 5/5 & 5/7      \$50/couple



## WANTED Officials & Referees

Douglas County Parks & Recreation is currently looking for qualified officials for Youth and Adult Sports. Officials must be willing to work nights and weekends and have a flexible schedule. Most games last approximately 1 hour. We will train and certify for all sports. Previous officiating is preferred. Willingness to be trained in multiple sports preferred. Please call the Douglas County Parks & Recreation at 782-9828 for more information.

## Adult Spring Volleyball Leagues

**Ages • 18+**

Entry fee is due at time of registration. League size is restricted. All registration is based on first come first serve basis. Returning teams are not guaranteed a space. 12 players are allowed to a roster. Each team will play a minimum of 8 regular season games and participate in the post-season single elimination tournament. Awards for tournament play only. A gift certificate and T-shirts will be awarded for 1st place in the tournament. A gift certificate will be awarded for 2nd place. Game times will be between 7:30 - 9:30pm. Must be at least 18 years old to participate.

**Time • 7:30 - 9:30pm**      **Location • CVMS**  
(M - Th) 3/3 - 5/22

**Registration Begins January 21**

**Registration • Early:**      \$200      by February 14  
   \$225      after February 14

**Registration Deadline • February 21**

**Leagues Offered**

- (M) Women's (6 on 6)
- (T) Open "A" (4 on 4)
- (W) Coed "C" (6 on 6)
- (Th) Coed "B" (6 on 6)



**CHECK OUT SPORTS  
ON THE WEB AT  
[WWW.DCPRSPORTS.COM](http://WWW.DCPRSPORTS.COM)**

**All Leagues  
Sign Up Information**

**Forms • Schedules • Rules  
Up to Date League Results  
Tournament Brackets • Championship Photos**

# ACTIVE ADULTS

## Douglas County Senior Services

2300 Meadow Lane, Gardnerville • 783-6455

Douglas County Senior Services provides many activities, services and programs. The Center provides the senior community an opportunity to socialize, enjoy a nutritious meal and get involved in a number of different activities, special events and excursions. Check us out on the web at [www.douglascountynv.gov/index.aspx?nid=97](http://www.douglascountynv.gov/index.aspx?nid=97)



### Dementia

#### Support Group

Meets the third Wednesday of every other month, from 9:30-10:30am at the Douglas County Sr. Center. This group will focus on helping caregivers of loved ones affected with dementia address various issues associated with the progression. This group will also help give caregivers direction and reassurance.

### Meals on Wheels

All Seniors 60 years and older who do not have an able bodied adult living with them, are physically or mentally incapacitated and/or unable to leave the house can receive weekly or bi-monthly Meals on Wheels deliveries depending on your location. Deliveries are in town or to outlying areas including: TRE, Indian Hills, Johnson Lane and Stateline. The suggested donation is \$2 per meal.

### Douglas County Dial-A-Ride Service

To ensure that our senior citizens and ADA Riders who desire transportation assistance are able to reach their destinations in a timely and safe manner, Douglas County Senior Services offers transportation to the senior center, hair, medical and dental appointments and much more. These rides are coordinated through the DART DIAL-A-RIDE office which can be reached at (775) 783-6455. Please allow one business day for your return call. **We request at least 3 business days notice to schedule a ride.**

**New! Dart Dial-A-Ride services available at Stateline.**

### Congregation Dining

The Douglas County Senior Center serves lunch Monday – Friday at 12pm at the Senior Center. Reservations are not required. The suggested donation for lunch is \$2 each day for Seniors over 60 years and older. For guests who are under 60 years of age, lunch is only \$3.50.

### Topaz Congregation Dining

Congregate Dining is provided each Monday, Tuesday and Thursday at 12pm at the Topaz Ranch Estates Community Center located at 3939 Crater Way. The suggested donation for lunch is \$2 each day for Seniors 60 years and older. For guests who are under 60 years of age, lunch is only \$3.50.

### North County Congregation Dining

Congregate Dining is provided each Wednesday and Friday at 12pm at James Lee Park in Indian Hills. The suggested donation for lunch is \$2 each day for Seniors 60 years and older. For guests who are under 60 years of age, lunch is only \$3.50.



# ACTIVE ADULTS



## YAH Gift Shop

Young at Heart sponsors a gift shop located in the Senior Center lobby. It is open from 9:30am -12pm Monday through Friday. All items are hand made and range from jewelry to clothing to decorations. A portion of the proceeds benefit Young at Heart. To shop, or to sell your own items, come in to the Senior Center during Gift Shop hours and check us out. For more info, call (775) 783-6455.

## Homemaker Assistance

If you are 60 years and older, do not have an able bodied adult living with you, and are unable to do daily household chores due to physical and/or mental illnesses, you can receive homemaker services. The service provides weekly, bi-weekly or monthly visits for basic cleaning, laundry and grocery shopping. The suggested donation for service is \$3.00 per hour.

## Senior Center Volunteers

Many of the programs offered through the Douglas County Senior Center would not be possible without the assistance of DC Senior Center Volunteers. If you have an interest in becoming a volunteer for the senior community, please call (775) 783-6455.



## DOUGLAS COUNTY COMMUNITY SERVICES FOUNDATION

The Douglas County Community Services Foundation was formed in 2011 to support community and senior centers in Douglas County, at the Lake and Valley. The main emphasis is to support the construction of the new Carson Valley Community & Senior Center to be completed in 2015. The Foundation is a non-profit 501(C)(3) corporation to provide funding for additional design improvements to the Community & Senior Center with the maximum amount of accountability. The Foundation acts as a liaison between the government of Douglas County and the private donor in order to maximize and meet the private donor's wishes.

### Maximum Accountability

The Foundation will guarantee that your funds are utilized in the manner in which you intend, holding Douglas County accountable for their use.

### It's Easy!

The Foundation will handle the negotiations with the County regarding recognition, facility enhancements and expense accountability.



### Communicate Your Philanthropic Citizenship

Highlight your community commitment and recognize the substantial benefits to your employees, members or friends through these community facilities. Your support will highlight your company, club, or organization's name recognition. The gift you give today will have a lasting effect for many generations, improving the lives of seniors, families, young adults and children.

### Contact the Foundation at:

**Community Services Foundation**

**P. O. Box 838, Minden, Nevada 89423**

**office: 775-782-9828 fax: 775-782-9844**

**www.dccsf.com**

# ACTIVE ADULTS SPECIAL EVENTS



## Easter Hat Parade

Join the Douglas County Senior Center for our annual Easter Hat Parade. Design your own Easter bonnet and come prepared to promenade around the dining room. If you need inspiration, check in with the Senior Center to find out when Esther will be hosting her Hat building Workshop. Prizes are awarded for the prettiest, funniest and most original hats. Open to ladies and gentlemen. For more information, call Sheri at 783-6455.

**Time** • 11:30am  
(F) 4/18

**Location** • SC  
Free

## 15th Annual Health Fair

Douglas County Senior Center will be hosting the 15th Annual Senior Health Fair on January 22nd at the Carson Valley Inn, Minden. The event will be held in the Valley Ballroom from 9am - 12pm. Admission is free. All ages are welcome. There will be many informational booths to include medical, legal, insurance, investment, residential care, chiropractic, vision and a whole lot more. All day raffle benefits Meals on Wheels. If you would like more information or to have a vendor registration packet mailed to you, please call Sheri at (775) 783-6455 or email request to [snorthway@co.douglas.nv.us](mailto:snorthway@co.douglas.nv.us)

## Sweetheart Dance Valentine's Day



## 13th Annual Big Mama's Show & Shine Classic Car Show

The Douglas County Senior Center will be conducting the 13th Annual BIG Mama's Show & Shine Car Show on Saturday, May 11th at Lampe Park Pavilion, 1325 Waterloo Lane, Gardnerville. The event is from 10am - 3pm. It will be a day of great looking vehicles, craft and business vendors, music, food and fun. There will be raffle prizes awarded throughout the day. Registration Forms, Sponsorship Opportunities and Vendor Booth Spaces are available. Pick up a registration or sponsorship packet at the Douglas County Senior Center, 2300 Meadow Lane, Gardnerville or call Sheri at (775) 783-6455 to have one mailed or faxed to you.

**Time** • 10am - 3pm  
(Sa) 5/11

**Location** • SC



# LIFE OPTIONS ACTIVITIES



## Creativity through Knitting, Crocheting & Needlepoint

Do you enjoy knitting, crocheting and/or needlepoint? Come join the group and get tips and support for your projects. The group meets from 9am - 12pm at the Douglas County Senior Center. (On the 2nd Monday of the month, they meet at the Aspen Mobile Home Park Clubhouse.) There is "no fee" to attend, but seats are limited, so please call and confirm your interest. To reserve a spot or for more information contact Linda Sawtelle at (775) 783-7278.

## Watercolor Classes

These classes are offered at the Senior Center on the 2nd and 4th Thursday of the month from 9am to noon. Cost is \$20 per class, per person, which includes all materials and a completed picture to take home. For more information or to sign up, please call instructor Lada Trimble at (775) 882-6061.

## Sight Impaired Support Group

Meets every 1st Thursday of the month at 10:30am in the Senior Center Ceramics Room. They offer information and support to those with vision challenges, discuss topics of interest and devices that are available to assist those with sight impairment and blindness. For more information, please call the Douglas County Senior Center at (775) 783-6455.

## Ceramics

The Senior Center has a Ceramics room that is open to all seniors on Tuesdays and Fridays from 9am - 3pm. You choose a piece to paint, we fire it, and you take it home, all for a small fee and donation for the paints and glazes. Stop by to see Esther and Carolyn or call the center for more information.

**Time** • 9am - 3pm  
(Tu & F)

**Location** • SC

## Green Thumb Garden Club

Meets every 4th Monday of the month at the Methodist Church from March thru November. They discuss different topics each month regarding taking care of your gardens and yards, have guest speakers and scheduled bus trips.



## BECOME A V.I.P.!

### Volunteer in Parks & Recreation

As a volunteer you can help fill a need, share a skill, and provide dedication, community involvement, and a fresh outlook on current programs. Call 782-9828 to become a volunteer.

## Carson Valley Community Bingo

Come join us for a fun and exciting afternoon of community bingo on the third Sunday of each month at the Douglas County Senior Center. Doors open at noon with early bird games starting at 1pm and regular games beginning about 1:30pm. All proceeds go to benefit the Young at Heart Senior Citizens Club, which supports activities and programs for the senior community. Even though games are played at the Senior Center, Bingo is open to anyone age 21 and older. For more information contact the Senior Center at (775) 783-6455.

# LIFE OPTIONS ACTIVITIES

## Senior Resistance Exercises

Join us each Monday, Wednesday and Friday from 10:30 – 11:15am for our Senior Resistance Exercise Class. Many of the infirmities contributed to aging are prevented or reduced by staying active. Resistance exercise is used to maintain and build strength, muscle mass, muscle tone and muscular endurance. The goal of Senior Resistance training is to increase your ability to produce and sustain muscular power. This class is FREE.

**Time** • 10:30 - 11:15am **Location** • SC (M, W, F)



## AARP Driver Safety Course

The class is a refresher course with emphasis upon how age-related changes affect driving. For drivers age 55 and older. The purpose of the class is to help seniors continue to be safe drivers as long as possible. Those who complete the class may be eligible for a discount on their auto insurance. For Class schedules and to Pre-registration call the Douglas County Senior Center at (775) 783-6455. There is a \$14 fee for the class payable to the instructor. AARP members, who bring their membership cards with them the day of the class, are eligible for a \$2 discount.

## SIGN UP EARLY

If you are interested in a class or program, register today! If a minimum enrollment is not met before its start date, a class or program may be canceled. Find more information at: [www.douglascountynv.gov](http://www.douglascountynv.gov)

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- Tanning & Sauna Available
- Group Classes: Yoga, Zumba, Pilates, Spinning®, Ballet and More!

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Licensed in Nevada and California

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P.O. Box 2275  
Gardnerville, NV 89410

Lileo Sunderland  
M.F.T.

Try us out for **FREE 7 DAY VIP PASS**

**BUY ONE YEAR GET 3 MONTHS FREE**

885 Mahogany Dr • Minden  
**775-782-2705**

Offer Expires 2/28/14

With this coupon. See clubs for details

# SPECIAL EVENTS

## Valentine's Day Father / Daughter Sweetheart Dance

**Ages** • All

What better way for dad to celebrate Valentine's Day than with a night out with his favorite girl... his daughter. Come spend a very special evening on the town for fathers (or adult chaperone) and daughters. Couples will dance to DJ music reflecting all tastes and styles. Refreshments will be served and photo keepsakes of the evening will be available for an additional fee. Because of the popularity of this event, early registration is recommended and spaces are limited.

**Time** • 6 - 8:30pm

**Location** • SGCC

(F) 2/7

\$10/ticket

(Sa) 2/8

\$10/ticket



## Mother's Day Mother / Son Dance

**Sponsored by Carson Valley FFA**

**Ages** • All

Little gentlemen this is your opportunity to show mom how much you appreciate her by taking her out for an evening of dancing and entertainment. This will be a semi-formal occasion. Corsages for mom and refreshments will be provided. Photos will be available to purchase.

**Time** • 6:30 - 9pm

**Location** • DCFG

(Sa) 5/10

\$15/couple\*

\*\$7 per additional son

**Douglas County Parks &  
Recreation Departments presents**

## 2014 GE Family Concert Series at Minden park

If your business or organization is interested in becoming a co-sponsor, or would like to place an ad in the concert program, please call the recreation department at 782-9828.

## SILVER ANNIVERSARY

# Kids' Fishing Derby



## 25th Annual Kids' Fishing Derby

**Ages** • 3 - 12

Kick off the fishing season, Saturday May 31st and Sunday June 1st, 2014 at Lampe Park. Bring your pole and camera and experience the greatest fishing of the year. Family activities and concessions will also be present. Tickets are FREE; however you MUST Pre-register early to receive your session ticket. Spaces are limited. Derby hats, t-shirts and other resale items will be available for purchase. Raffle tickets are available for \$1 each or 6 for \$5. Raffle prizes to be announced at a later date.

### Registration begins April 1

Registration will be begin on April 1st and will continue daily through May. Updates on registration and details will be provided at a later publication. For further info, please contact Bobbie Folden (775-781-5325, dfolden@msn.com) or Heather Gertsch (775-684-9018, heather\_gertsch@yahoo.com).

Watch The Record-Courier for additional registration events or visit us at <https://www.facebook.com/DouglasCountyNVKidsFishingDerby> for up-to-date information.

*For information on sponsorship and/or fundraising please contact Steve Hamilton at (775) 782-0742 or [sctawhamilton@aol.com](mailto:sctawhamilton@aol.com)*

## Fishing Derby Volunteers

Douglas Kids' Fishing Derby, Inc. is a non-profit organization and is dependent upon the generosity of volunteers. Volunteers are needed to help with many non-fish related opportunities. If you are interested in becoming a volunteer, please pick up a volunteer form at the Recreation Department or request a form via e-mail at [KFDVolunteers@AOL.com](mailto:KFDVolunteers@AOL.com) and return no later than May 28th. All volunteers must attend one of the volunteer meetings. For more information contact Amanda Pace (775-450-3881, [illusion9376@yahoo.com](mailto:illusion9376@yahoo.com)).

### Volunteer Meeting Dates

Location • LP Pavilion	
(Sa)	5/17 9am
(W)	5/21 6pm
(W)	5/28 6pm

### River Help Training Dates

Location • LP Pavilion	
(Sa)	5/17 after volunteer meeting
(W)	5/21 after volunteer meeting
(W)	5/28 after volunteer meeting

**SAVE THE DATE • Cowboy Festival May 2 - 4, 2014**

# COMMUNITY

## Students Taking on Prevention

Do you want to learn leadership and advocacy? Do you like being involved in the community? Or maybe you just want to be a part of a group. Whichever it is, we invite you to join our club! We are youth volunteers from 7th-12th grade and we educate our peers and the community about the dangers of alcohol, tobacco, and other drug use. We work with the schools, county commissioners and several organizations to promote awareness of our cause. It is never too young to make a change in the society, and it is always fun to make new friends!

## Tours of Dangberg Home Ranch Historic Park

The Dangberg Home Ranch Historic Park preserves an essential part of Carson Valley history. With eight historic structures and a large collection of original artifacts, documents and photographs, visitors can experience 150 years of ranching through the story of H. F. Dangberg and his descendants. Programs include tours, exhibits, school field trips, arts performances and more. Advance tour reservations are required and can be made by calling the park at 775-783-9417. The park, located at 1450 Highway 88, can be reserved for events from April through October. Visit [www.dangberghomeranch.org](http://www.dangberghomeranch.org) for more information.

## Facility Rentals

**Family Picnics • Reunions  
Receptions • Birthday Parties**

Douglas County Parks & Recreation Department has many rental facilities that can accommodate your needs for any special occasion. Staff is available to help you identify which facility may best meet your needs. For more information and rate on to rent a facility please call 782-9835 or go to [www.douglascountynv.gov](http://www.douglascountynv.gov).

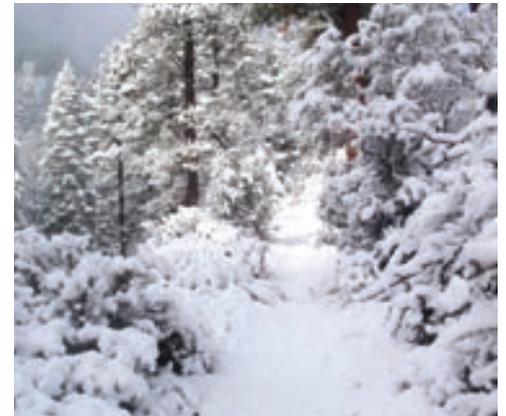


## Ring in Kindness

Designed to lift the hearts of our community members through kindness and caring for each other. Everyone needs, at one time or another, a simple act of kindness in their lives and Ring in Kindness is a project to do exactly that. We are inviting the community to get involved in spreading kindness through handmade pieces of art. Each piece of hanging art will be touched by the hearts and hands of many and hung, anonymously throughout the community for others to find, keep, or pass on to someone who is in need of a simple act of kindness. You can get involved by volunteering your time to create the clay pieces, paint or assemble the bells. You need no artistic ability to be a part of this project. Another way to be involved is to make a cash donation to purchase supplies to perpetuate the community project. We meet the second Tuesday of each month at the Partnership of Community Resources located at 1517 Church Street in Gardnerville. For Information call 782-8611 or 782-5434.

## Hit the Trails for Winter Fun!

The winter months are a great time to hit the trails for hiking, snowshoeing or cross-country skiing. The Carson Valley offers a number of trails for outdoor winter fun. The Fay-Luther, Jobs Peak Ranch, Eagle Ridge Loop and Genoa Loop trails on the west side of the valley provide panoramic valley views. The Bently-Kirman Tract Trail on the east side of the valley has several loops and provides access to the Carson River. It is a natural surface trail that can be very muddy during wet weather. For more information about these and additional nearby trails, visit the Carson Valley Trails Association's website: [www.carsonvalleytrails.org](http://www.carsonvalleytrails.org).



## Chautauqua

A funny sounding word meaning an educational meeting with drama and music in an outdoor setting. The Douglas County Historical Society invites all students 3rd-8th grade to participate in its Young Chautauqua program. If you are interested in drama, speech, history, or costumes this may be the program for you as you can pick a character from history and create a performance in costume. When finished you will perform at community events. Working meetings with group leaders are held evenings twice a month at the Carson Valley Historical Society in Gardnerville from January 7, 2014 until June. The program is free of charge. For more information call the museum at 775-782-2555. Remember the Gardnerville Museum is open on the first Saturday of every month with free admission for children and parents



A.V.I.D. (Active Volunteers In Douglas) is a non-profit group that promotes, maintains and supports volunteerism in Douglas County; and provides avenues for recognition and encouragement of volunteers. Any non-profit organization in Douglas County may be a part of A.V.I.D. Nineteen organizations are currently active in A.V.I.D. Other organizations in the County also use volunteers, but do their own recruiting. A person seeking a volunteer position or wishing to change

to a different volunteer position may call the organization directly, or coordinate through A.V.I.D. For more information, contact A.V.I.D. at 783-6450 or write: P.O. Box 1057, Minden NV 89423 or visit [www.douglasvolunteers.org](http://www.douglasvolunteers.org)



**The Partnership of  
Community Resources  
2014 Resource Directory  
is now available!**

Call 775-782-8611 to learn where to pick one up. Business Hours: Mon-Thurs, 9am-2pm

## Promoting Health Among Teens

The Partnership of Community Resources is hosting free classes for 9-12 and 13-15 year old youth to provide factual health information about changes to their bodies. Classes are offered 4 consecutive days, Tuesdays thru Friday, after school. This is an Abstinence Only Evidence based Program approved by the Center for Disease Control and provided by Carson City professional health staff.

**Receive a \$25 gift card for completing the 8-hour class! For more information, call Carson City Health and Human Services at 775-283-7529.**

# KAHLE COMMUNITY CENTER



## Passes Available

Daily • Monthly • 3 Month • Annual

- Full-size Hardwood Floor Basketball Court
- Suspended Indoor Track
- Big George's Fitness Area with cardio, free weights and machines
- Bouldering Wall for all ages
- Indoor Playground and Game Room
- Preschool
- Special Events
- Programs & Leagues for all ages

## Recreation Center Hours

### NOVEMBER - APRIL

Monday - Friday	6am - 10pm
Saturday	8am - 8pm
Sunday	11am - 4pm

### MAY - OCTOBER

Monday - Friday	6am - 9pm
Saturday	8am - 6pm
Sunday	Closed

- Closed most holidays -

## Facility Rentals

Looking for a location for an upcoming wedding, anniversary, birthday party, company picnic, baby shower, or meeting? Whatever your needs, we have pavilions and indoor facilities available.

For reservation information call Kahle Community Center at 586-7271.

“We’re not just  
a community center,  
**we’re the center**  
of the community”

**Located at: 236 Kingsbury Grade, Stateline, NV 89449  
(775) 586-7271**

## LAKE CLASS LOCATION CODES

EGC.....	Edgewood Golf Course
KCC.....	Kahle Community Center
KCP .....	Kahle Community Park
RHFS .....	Round Hill Fire Station
TBA .....	To Be Announced
ZCES.....	Zephyr Cove Elementary School
ZCP.....	Zephyr Cove Park

# PRE-KINDER

## Roots & Wings Children's Center at Kahle Park

Accredited by the National Association for the Education of Young Children

**Director** • Shelly Martinez

We are delighted to offer a part-time developmental preschool program at Kahle Community Center. We endeavor to create an environment in which children respect themselves and others, while inviting their young minds and bodies to think, create, explore, discover, and wonder! Our goal is to inspire a lifelong love of learning. Age appropriate activities in the following curriculum areas will be offered daily: art, math, science, language, sensory, cognitive development, practical life, dramatic play, music, fine and large muscle development.

• **Licensed Pre-school designed for ages 3 - 5**  
(child must be potty trained)

• **Program Hours:**

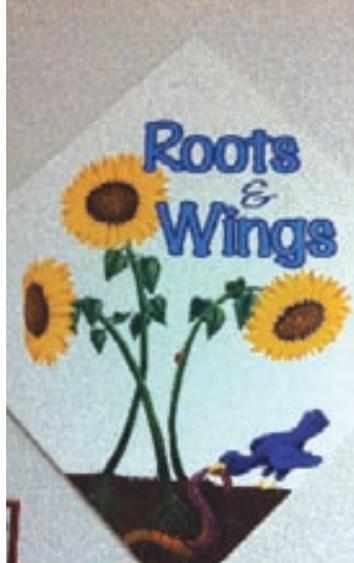
9am - 12pm Monday – Friday

• **2 – 5 day programs: \$22 per day**

• **Non-refundable Registration Fee:**

\$100 new students, \$60 returning students

• **Waiting list and info call (775) 586-7271**



### Story Time

**Theme based stories for children**

**Ages** • 3 - 8

**Time** • 9 - 9:30am

**Location** • KCC

Alternating Thursday and Friday beginning 1/9

### Zephyr Cove Library

(775) 588-6411

**Hours** • (W)

11am - 7pm

(Th/F/Sa)

9am - 5pm

**Book drop at Kahle**, Internet, Wireless, Inter-Library loan, E-books, Audios, DVDs, CDs, Newspapers.

### Movie Night

**Ages** • 4 & up

**Instructors** • KCC Recreation Staff

Come in your pajamas if you want, ready for pizza dinner popcorn and a movie. Children are welcome to bring sleeping bags, pillows and blankets (mats provided). Movie selection will be announced at the beginning of the month of the Movie night.

**Time** • 5:30 - 9pm

**Location** • KCC

(F) 1/10

\$20

(F) 3/7

\$20

### Birth to Pre-School Programs

**Ages** • Birth to Preschool

**Instructors** • KCC Recreation Staff

Wanted: Parents, grandparents, and caregivers with young children who would like to spend a morning in the company of their peers enjoying structured and spontaneous playful experiences. Activities include creative art, optional group circle time, use of indoor playground and use of indoor walking track with child in stroller.

### Twosday Mornings

**Time** • 9:30 - 11am

**Location** • KCC

(T) 1/7 - 1/28

\$24

(T) 2/4 - 2/25

\$24

(T) 3/4 - 3/25

\$24

(T) 4/1 - 4/29

\$30

*Drop in participants are welcome. The fee is \$8 per class and additional children in the family are \$1 per child per time for the monthly fee and drop in rate.*

### NEW!

### Friday Fun, Two, Three

**Time** • 9:30 - 11am

**Location** • KCC

(F) 1/10 - 1/31

\$24

*Monthly session only. Pre-registration is recommended to ensure class takes place.*

### Sweet Art Party

**Ages** • 3 & up

**Instructor** • KCC

Recreation Staff

Grown-ups can enjoy a date night of their own knowing that their children are making sweet creations and tasting heart shaped treats at a valentine themed art party.

**Time** • 5 - 9pm

**Location** • KCC

(Sa) 2/1

\$30



### DID YOU KNOW?

All of our classes can be found online at: [www.douglascountynv.gov](http://www.douglascountynv.gov)

# KINDER-YOUTH

## Kiddie Kickers Indoor Soccer Program

**Ages** • 4\* - 5      **Staff** • Recreation Leaders & Volunteer Coaches  
This introductory soccer program is for beginners. Games will be played on Sunday afternoons at Kahle Community Center during the end of March through May. Volunteer coaches are needed.  
**Cost** • \$45 includes team T-shirt & award  
**Registration** • Begins 2/6 until full  
**Time** • Games will be between noon - 4pm (Su) 3/23 - 5/18  
*\*Must be 4 years old by 4/1/2013.  
A parent permission form needs to be completed at time of registration.*

## LAKE TAHOE DANCE

Weekly classes begin Monday, January 13th at the Kahle Community Center.\*

### Tiny Tots

**Ages** • 2 - 4      **Instructor** • Melissa Yerton  
Explore the amazing world of dance and tumbling. Have fun learning body awareness, strength, flexibility, teamwork and a love of exercise and movement.  
**Time** • 3 - 4pm  
*\*No class 1/20, 2/17*

### Beginning Ballet

**Ages** • 5 - 8      **Instructor** • Melissa Yerton  
**Time** • 4 - 5pm      \$6  
*\*No class 1/20, 2/17*

### Beginning Jazz

**Ages** • 5 - 8      **Instructor** • Melissa Yerton  
An introduction to the world of jazz and ballet in an upbeat atmosphere.  
**Time** • 5 - 6pm      \$6  
*\*No class 1/20, 2/17*

## Birthday Parties

Let KCC help you plan, organize and make your child's birthday a special event. Complete our custom party package form and receive a custom quote. **At least two weeks advance notice required.** For more information call 586-7271.

# SPECIAL ACTIVITIES

## Father/Daughter Sweetheart Dance

**Sponsored by Harrah's/Harvey's  
Resort Hotel and Casino**

Be the coolest dad in town and dance the night away with your daughter! This is a very special evening for daughters and their fathers (or adult male chaperones) to dance and visit with friends. Refreshments will be served and a photo keepsake is available for an additional fee. This event sells out each year. Tickets go on sale January 6th.  
**Time** • 7 - 9:30pm      **Location** • Harrah's Convention Center  
(F) 2/7      \$20/couple\*  
*\*\$8 per additional daughter*



## Tot Egg Hunt

**Sponsored by the  
Tahoe Douglas  
Firefighter's Association**

**Ages** • 0 - 6  
An Eggstra special day for Family Fun! The Easter Bunny will be hiding eggs outside and you can climb on fire trucks. Come inside and enjoy our bounce house, indoor playground and refreshments. Bring a basket to collect eggs and a camera for an Eggsciting day!  
**Time** • 11am SHARP!      **Location** • KCP (F) 4/18      FREE  
Gym open until 1pm

## Tahoe Douglas Christian Preschool

**Some Spaces  
Still Available**

**Monday-Friday • Ages 18 mo - 5 yrs**

18 mo - 2 years need **NOT** be potty trained

Affordable Rates • Nevada State Licensed • Loving Teachers • Safe Environment  
145 Daggett Way • Kingsbury Grade • 775.588.7450



## Be a part of the Summer Parks & Recreation Activity Guide

Reach thousands of Douglas County residents with your message. Don't miss your chance to be a part of this publication.



Contact your account manager  
at The Record-Courier today!

**775-782-5121**

**The Record-Courier**

# YOUTH/TEEN

## Spring Break Adventure Days

**Grades** • 1 - 6

Enjoy your school break with us by going on field trips, playing games, crafts, and having fun! Fee includes admission, transportation and supervision. Bring a sack lunch and spending money each day. Watch for a flyer coming home from school with more information.

**Time** • 7:30am - 6pm

**Location** • KCC

(M - F) 4/21 - 4/25

\$22/day

## Tae Kwon Do

**Ages** • 7 - 12

**Instructors** • Chris & Rick

Manglinong

Emphasizes such fundamental values as courtesy, integrity, self-discipline, and a positive self-image. The powerful techniques taught in Tae Kwon Do are exciting and a fun way to stay fit, as well as being an excellent form of self defense.

**Time** • 6 - 7:30pm

**Location** • KCC

(W) 1/8 - 1/29

\$16

(W) 2/5 - 2/26\*

\$12

(W) 3/5 - 3/26

\$16

(W) 4/2 - 4/30\*

\$16

Drop-in \$8 per class.

No class 2/19, 4/9



## Climbing Wall at KCC

Not ready to scale El Capitan? Kahle Community Center has a bouldering wall great for beginners. Drop-in fee gains access to the wall as well as the rest of the facilities.

## Kid's Club Programs Grades K - 6

Kids Club Programs are designed to compliment the school schedule by adding recreational activities in a safe and fun environment. Our dedicated staff are there to offer crafts, games, indoor and outdoor play, snacks and homework time.

### Kahle Community Center

**Early Birds** 7 - 8:30am

*\$1 drop in per day, school bus pickup.*

### Zephyr Cove Elementary School

**Kids Club** 3 to 6pm

*\$5 per day\**

*\*Must be enrolled on a monthly basis per published rate schedule.*

## Teen Scene

### Friday Nights at

### Kahle Community Center

**Grades** • 6 - 12

Shoot hoops, play volleyball, climb the rock wall, and play arcade games or video games. This is the night for teens to enjoy the Community Center with their friends.

**Time** • 6:30 - 9pm

(F)

Drop-in \$3\*

*\*Free to pass holder*

## Fitness for Teens

Dance, Martial Arts, Jazzercise, Pilates, Zumba and Yoga available for teens! See page 23 in Fitness Section.

## SIGN UP EARLY

**If you are interested in a class or program, register today! If a minimum enrollment is not met before its start date, a class or program may be canceled. Find more information at:**

[www.douglascountynv.gov](http://www.douglascountynv.gov)

# ADULT



## Dog Obedience

**Instructor** • Guy Yeaman

Have you and your canine companion been getting along lately? If you need help in establishing good conduct and curbing bad habits, this course is for you. Guy uses a light-handed approach to help your dog to obey commands: heel, sit, stand, stay and recall. Each dog needs a training collar and a fabric or leather lead. Dogs must be at least four months old. Bring a copy of shot records to the first class.

**Time** • 7 - 8pm

(Th) 1/2 - 2/27

(Th) 3/6 - 4/10

(Th) 4/17 - 5/22

\*No class 1/23, 1/30, 2/6

**Location** • KCC

\$80

\$80

\$80

## TAHOE DOUGLAS FIRE DEPARTMENT PROGRAMS

### CPR & First Aid

**Instructors** • Tahoe Douglas Firefighters

Would you know what to do if someone suddenly became injured or sick? Every day, there's the potential for an injury, illness, or sudden health emergency to occur in the places where we live, work, learn and play. While many of these situations require no more than a Band-Aid, others may be life-threatening. Please pre-register to ensure class will take place.

#### CPR

**Time** • 9am - 12pm

(S) 2/1

**Location** • RHFS

\$40

#### First Aid

**Time** • 1 - 5pm

(S) 2/1

**Location** • RHFS

\$40

**CPR/First Aid Combo**

\$75

### Fire Extinguisher Training

**Instructors** • Tahoe Douglas Firefighters

Learning how to respond could save your life or your property! Course offers training on procedures to take when a small fire breaks out by properly using a fire extinguisher.

**Time** • 7 - 8pm

(W) TBA

**Location** • KCC

FREE

### Child Safety Seat Workshop

**Instructors** • Tahoe Douglas Firefighters

Car crashes are the leading cause of death for children and 4 out of 5 safety seats are installed or used wrong! This course offers training on selecting the right seat for your child and installing the seat properly into the vehicle. Learning how can save your child's life!

**Time** • 7 - 8pm

(W) TBA

**Location** • KCC

FREE



782-8840



1600 Hwy 88 • Minden, NV 89423 • Open 7 Days a Week • [www.cvsim.com](http://www.cvsim.com)

#### Four pools indoors (open year-round):

- A 25-yard by 25-meter, L-shaped, six lane competition pool w/low & high dives in the deep end.
- An activity pool for children, kept at 86°F with water toys.
- A 92°F warm pool, fully accessible, w/ramp, pool lift & stairs for seniors, disabled & special programs.
- Two waterslides empty into the slide pool. These fully enclosed slides are 20 feet high and 180 feet long creating a thrill ride for people of all ages. Minimum height to ride the slide is 48 inches.

#### Two outdoor pools (open April-October):

- A 25-yard competition pool in a spectacular setting with a view of Job's Peak and the Sierra Nevada.
- A separate small pool ideal for younger children and families.
- Newly expanded outdoor deck & lawn area. 3 sun canopies & 2 BBQ/Party areas available for rental by reservation.

#### Exercise Room:

- Exercise equipment includes:
- Two treadmills • Lifecycle • Life step • Multi-station gym • free weights (3 - 40 lbs)
- A PreCor EFX556 located in the multipurpose room.
- This equipment is available during regular center hours for adult (18+) patrons.

# FITNESS

## Pilates

**Ages** • 13 & up **Instructor** • Rose Marie Ottman  
Gain strength, flexibility and improve your posture with Pilates mat exercises. This method focuses on core strength to support the low back and improves body awareness, balance and coordination. Joseph Pilates' mindful technique of breathing and muscular control can be applied to sports and daily living. This is a multi-level class – modifications are provided to address individual body issues and abilities. Foam rollers are available for class use on the first Tuesday and Saturday of the month  
**Time** • 10:15 - 11:30am **Location** • KCC (T, Sa) Ongoing \$11/class  
*Punch cards: 4/\$35, 8/\$62*

## Personal Training

Being part of a personal training program can create lifelong healthy habits and improve your overall well being. Personal training is provided by training professionals. Personal trainers are available to design and supervise your exercise program. Prices vary. Information is available at KCC front counter. Stop by and meet Darla, Dave, Fran, Andy and Rod.



## Zumba®

**Ages** • 13 & up **Instructor** • Nancy Taylor  
Are you ready to dance yourself into shape with the nation's hottest fitness workout? Zumba® class is a fun, joyful dance fitness program that incorporates rhythms and dance moves from Latin music, belly dancing, hip hop and more. Zumba® will reduce stress, burn calories, and tone your body. It doesn't matter if you think you can dance, if you are comfortable with your body, all are welcome and guaranteed a great workout! So, join the party... first class is free!  
**Time** • 6 - 7pm **Location** • KCC (M, W, F)  
*Drop-in \$5 per class  
Punch cards available*

## Jazzercise

**Instructors** • Sherry Baiocchi, Shannon Shearer  
Power and Cardio in one, FUN, effective 60 minutes total body workout. Jazzercise combines dance-based cardio with strength training and stretching to sculpt, tone and burn maximum fat. Each 60 minute class includes a warm-up, 30 minutes of aerobic segment, muscle toning and strengthening using weights and a full body stretch.  
(M, W, F, Sa) 9am **Location** • KCC  
(T, Th) 5:30pm  
*Drop-in fee is \$10 per class to instructor  
Monthly reduced fees are available*



## Lake Tahoe Dance

**Ages** • 14 & up **Instructor** • Melissa Wharton  
**Ballet**  
**Time** • 6 - 7pm **Location** • KCC (M) 1/13\* & ongoing \$6 per class  
**Jazz**  
**Time** • 7 - 8pm **Location** • KCC (M) 1/13\* & ongoing \$6 per class  
*\*No class on 1/20, 2/17*

Lake Tahoe Yoga is offering Yoga classes for Kahle Community Center members! Flyers with more info available.

## MARTIAL ARTS CLASSES

### Tae Kwon Do

**Ages** • 13 & up  
**Instructors** • Rick and Chris Manglinong  
Tae Kwon Do emphasizes such fundamental values as courtesy, integrity, self-discipline, and a positive self-image. The powerful techniques taught in the Tae Kwon Do are exciting and a fun way to stay fit, as well as being an excellent form of self defense.  
**Time** • 6 - 7:30pm **Location** • KCC (W) 1/8 - 1/29 \$24 (W) 2/5 - 2/26\* \$18 (W) 3/5 - 3/26 \$24 (W) 4/2 - 4/30\* \$24  
*Drop-in \$10 per class  
\*No class 2/19, 4/9*

### Philippine Stick Fighting Arnis

**Ages** • 16 & up  
**Instructors** • Rick and Chris Manglinong  
Arnis is a blending of the countless styles. Arnis is simple to learn and requires no special conditioning or raw physical strength.  
**Time** • 7:30 - 8:30pm **Location** • KCC (W) 1/8 - 1/29 \$24 (W) 2/5 - 2/26\* \$18 (W) 3/5 - 3/26 \$24 (W) 4/2 - 4/30\* \$24  
*Drop-in \$10 per class  
\*No class 2/19, 4/9*



# YOUTH SPORTS

## Youth Sports Organizations

The Douglas County Parks & Recreation Department prepares and maintains practice and competitive fields used by the Youth Sports Organizations. Questions regarding the sports sponsored by these organizations can be answered by contacting the following:

**AYSO Soccer**  
www.sltayso.com

**Pop Warner Football**  
www.southtahoepopwarner.com

**Little League Baseball**  
www.tahoelittleleague.com

**Youth Ice Hockey**  
tahoegrizzlies.com

**Track & Field, Cross Country**  
www.adsportstahoe.com

**Zephyr Cove Ski Club**  
www.zephyrcoveskiclub.com



## Kiddie Kickers Indoor Soccer Program

**Ages** • 4\* - 5  
**Staff** • Recreation Division & Volunteer Coaches  
This introductory soccer program is for beginners. Games will be played on Sunday afternoons at Kahle Community Center during the end of March through May. Volunteer coaches are needed.  
**Cost** • \$45 includes team T-shirt & award  
**Registration** • Begins 2/6 until full  
**Time** • Games will be between noon - 4pm (Su) 3/23 - 5/18  
*\*Must be 4 years old by 4/1/2014. A parent permission form needs to be complete at time of registration.*

## VOLUNTEER COACHES & TEAM SPONSORS

Our Kiddie Kickers Soccer Program is in search of volunteer coaches. Without volunteer coaches this program is not possible. If you are unable to coach but would like to help out with these programs, the Recreation Division is looking for team sponsors. If you are interested in helping out, please contact Kahle Community Center at (775) 586-7271.

## LEARN MORE

Learn more about sports with the Douglas County Parks & Recreation Department at [www.dcpssports.com](http://www.dcpssports.com)

# ADULT SPORTS

## "Open" Adult 5 on 5 Basketball League

**Divisions** • Tuesday night, Thursday night  
**Registration Fee** • \$450 per team  
**Registration begins** • Returning teams 2/6  
New teams 2/19 until full  
**League begins** • Tentative week of March 18  
**Games played** • KCC between 5:30 - 8:30pm

## Adult Softball

**Coed League:** Tuesday Nights  
**Registration Fee:** \$475 per team  
**Registration Begins:** Wednesday, April 2  
**League Begins:** Tuesday, May 6 (*weather and field dependent*)  
**Games Played:** Zephyr Cove Park  
*For more information or to inquire about a Men's or Women's League, please contact Kahle Community Center, 775-586-7271*

## It's Your Turn to Play! Adult Sports

**Age** • 18 & up  
So your vertical isn't what it used to be? But you know you've still got the moves. Enjoy the game in an informal atmosphere. Players of various skill levels are welcome to join in. All participants must be a pass holder to the Community Center or pay the \$7 drop-in fee. Players must rotate in if more than two teams are formed.

### Basketball

**Location** • KCC  
(M/W/Th) 12 - 3pm  
(T) 1 - 3pm  
(Sa) 12 - 3pm *half court only*

### Volleyball

**Call 586-7271 to schedule**

*Please check weekly schedule for any schedule changes or planned programs.*

## COMING IN MAY

**Golf at Edgewood • Tennis • Farmers Market**

# ACTIVE ADULT



## AARP Driver Safety Course 55 Alive

You may be eligible for a discount on your auto insurance! This class is a refresher for drivers age 55 and older with emphasis upon how age-related changes affect driving and will help seniors continue to be safe drivers.

**Time** • 8:30am - 1pm

**Location** • KCC

(Sa) 5/10

\$14\*

**Pre-registration is required by calling 775-586-7271.**

*\*Fee payable to instructor at class*

## Tahoe-Douglas Senior Center (TDSC) (775) 588-5140

TDSC serves Douglas County's senior population residing in the Tahoe Basin. Located at 885 Hwy 50, next to the fire station on the corner of Warrior Way and Hwy 50. Currently **operated solely by volunteers** and thereby not open every day. Call for hours.

- A monthly membership luncheon is held each second Wednesday of the month at Harrah's.
- Weekly (Tuesdays and Saturdays) **socializing activities** plus **BINGO** sessions beginning at 12 (Noon), **Texas Hold 'em Poker** (Fridays) beginning at 9:30 am SHARP, call (530) 314-0048. Some Tuesday sessions and tournaments are scheduled as well. Thursdays are game days - **Mexican Train**, etc.
- Van trips are offered to Reno/Sparks, Carson City and Minden casinos and theatrical performances, **Lake Tahoe**

**boat cruises, Apple Hill, Thunderbird Lodge** and other destinations.

- Distribution of "distressed" bakery items donated by the Roundhill Safeway on Saturdays at the center.
- USDA food commodities are distributed to eligible recipients on the 4th Thursday every other month. Our newsletter describes the USDA family income criteria.
- Van transportation is available for members' medical/dental appointments and shopping. Reservations are required in advance, and a transportation fee is collected.

TDSC current annual membership fee is \$10 per person per year. The TDSC bi monthly newsletter with activity schedule is available by mail or on line through the Douglas County website at [www.douglascountynv.gov](http://www.douglascountynv.gov).

# INFORMATION

## “Share Because You Care” Gifts

### Your donations help to provide:

- Sponsorship for Youth & Teens • Supplies for Recreation Programs & Special Events
- Equipment for Kahle Community Center-Sports Equipment
- Park Benches • Trees and Shrubs • Field Lighting • Sod for Fields
- Roping Chutes • Build Playgrounds

For more information on how you can help,  
call 775-782-9828 Carson Valley or 775-586-7271 Lake Tahoe.

## Become a V.I.P!

### Volunteer in Parks and Recreation

As a volunteer, you can join us in our mission to provide recreational experiences, promote health and wellness and protect and maintain our parks. If you can fill a need or have a skill to share call 775-782-9828 Carson Valley or 775-586-7271 Lake Tahoe.

## Scholarships Available!

We want every child to have the opportunity to participate in recreation activities. Financial assistance is available for many of our programs and youth Kahle Community Center memberships.

### The Foundation for Douglas County Recreation & Senior Centers

Commonly known as the Community Services Foundation

P.O. Box 838, Minden, NV 89423 • (775) 782-9828

## Transportation



### Douglas County Dial-A-Ride Service

Dial-A-Ride offers a curb-to-curb shared ride service to eligible passengers that operates Monday through Friday between the hours of 8am to 5pm in most areas of Douglas County. Dial-A-Ride offers two types of service: ADA (must be certified by a physician and scheduled at least 2 weeks in advance with service available on a prescheduled basis. Rides with less than 2 weeks notice will be scheduled based on availability, including same day requests. This service is only open to residents of the Minden and Gardnerville areas. For more information call Dart at 775-783-6456.



### Tahoe's Smooth Movin' Shuttle

Ride BlueGO to biking, skiing, hiking, swimming, gaming, shopping, walking, kayaking and sailing! We are your ride for getting around South Lake Tahoe, Camp Richardson, Meyers, Stateline, Zephyr Cove, Marla Bay, Round Hill and Upper Kingsbury. Call 530-541-7149 or visit us online at [www.bluego.org](http://www.bluego.org) for more information.

## PHOTOS

Douglas County Parks and Recreation may take photos of participants and facility users. The photos are for department use only and may be used in our Activity Guide and flyers. Please notify the office in writing if you do not wish you or your child to be photographed.

**COMING 2015**



## The NEW Carson Valley Community and Senior Center

### DOUGLAS COUNTY PARKS & RECREATION DEPARTMENT CUSTOMER SERVICE LOCATIONS

#### **Administration Office (Lampe Park Office)**

1323 Waterloo Lane  
Gardnerville, NV 89410  
Phone 782-9828 • Fax 782-9844  
Monday - Friday 8am - 5pm  
After Hours Night Drop Box

#### **Kahle Community Center**

236 Kingsbury Grade  
Stateline, NV 89449  
Phone 586-7271 • Fax 586-7273  
Monday - Friday 6am - 9pm  
Saturdays 8am - 6pm  
Sundays 11am - 4pm

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### MAIL-IN REGISTRATION

Douglas County Parks & Recreation Department, P.O. Box 218, Minden, NV 89423  
Kahle Community Center, P.O. Box 5040, Stateline, NV 89449  
Make checks payable to (DCPRD) Douglas County Parks & Recreation Department. Send payment with name of program title, name of enrollee, mailing address, phone number, email and birth date.

### FAX OR PHONE REGISTRATION

Lampe Park office - Register by phone using a M/C or Visa by calling 782-9828 or by fax to 782-9844.  
Kahle Community Center - Register by phone using a M/C or Visa by calling 586-7271 or by fax to 586-7273.

***Register Early! Great classes have been cancelled because of last minute registrations.***

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### SATISFACTION GUARANTEE

The Douglas County Parks and Recreation Department is constantly striving to provide you with the highest quality recreation activities, events, and programs. We are confident that you will enjoy these programs, and we will back up commitment to provide high quality services.

Your suggestions, comments or ideas for improvements are appreciated. They will help us do the best job possible. If you are not completely satisfied, tell us and we will arrange for you to:

1. Repeat the class at NO charge -or- 2. Receive full credit that can be applied to any other program -or- 3. Receive all of your money back.

Satisfaction guarantee requests may be made in person or by calling us at 782-9828. Requests should be made within 5 working days after the first class meeting. Refund checks will be mailed within two (2) weeks.

Please note that due to the nature of the activities, sports leagues, facility rentals, and Kahle Daily Walk-In fees, 30-Day Pass fees and 90-Day Pass fees are not eligible for these refund provisions.

### POLICIES

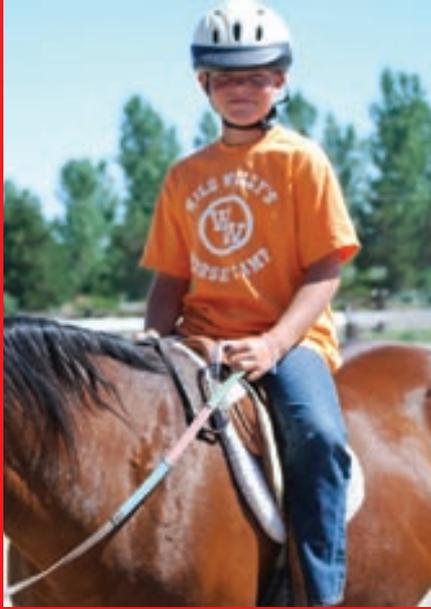
Full credit will be given for cancellation prior to the activity and a \$5 processing fee will be charged. 100% refund if the department cancels. Refunds take approximately two weeks to receive.

Registration will not be accepted by instructors unless noted. The department has the right to cancel classes. Classes may be canceled if under minimum enrollment. Space is limited in most programs. All registrations are accepted on a first-come, first-serve basis.

Participation in Parks & Recreation Department Programs is at Your Own Risk

**TO REGISTER**

*Home of:*



# CHAPPELL RANCH LLC



**Safe, Fun, Educational Horsemanship**

 **Wild Willy's Horse Camp**

- \* Year-round Programs
- \* Week-long and Weekend Camps; Day Programs
- \* Kids ages 6 and up, including teens

 **KinderPonyPlay**

- \* Children ages 4, 5, & 6 learn beginning horsemanship and riding skills

 **KinderProgram**

- \* Bringing ranch life into your child's life while they learn their ABC's and 1, 2, 3's for 3, 4, & 5 year olds.

 **Group and Private Lessons; Adult Programs; Special Interest Groups; Girls Scouts; Special Events; & Birthday Parties**

 **Equine-Facilitate Life Coaching**

- \* Life Coaching sessions for adults, groups, businesses, and kids with the help of the horse.

 **Chappell Morgan Horses**

**Contact: Kim Chappell 775-265-6483**  
**www.chappellranchllc.com • kkc827@aol.com**  
**531 Centerville Lane • Gardnerville, NV**

