

BOULDER CITY PARKS & RECREATION

September 2010 - February 2011 Brochure

Where Community Begins



293-9256

www.bcnv.org

Quality of Life *The benefits of Boulder City's Parks & Recreation*

Better Health ~ Community Awareness ~ Community Involvement
Cultural Enrichment ~ Educational Development ~ Fitness Opportunities
Higher Self-Esteem ~ Lush Landscaping ~ Personal Growth
Positive Role Models ~ Progressive Arts Program ~ Quality Family Time

Boulder City Parks & Recreation Department MISSION STATEMENT

To provide high-quality and cost-effective recreation activities for all residents of Boulder City. These programmed activities include workshops, labs, tournaments, camps and classes, as well as activities in aquatics, arts, golf, sports and special events. We are striving to meet the community's recreational needs in all phases of our operation.

City Council

Roger Tobler, Mayor
Duncan McCoy, Mayor Pro Tem
Travis Chandler, Councilman
Linda Strickland, Councilwoman
Cam Walker, Councilman

City Manager

Vicki G. Mayes

Parks and Recreation Commission

Chairman, Harold Begley
Members, Carol Lelles, Daniel Hearn, Darryl L. Molisee,
Mary Ann Wainwright, Scott Kahler, & Chris Leavitt

Parks & Recreation 293-9256

Director, Roger C. Hall
Department Secretary, Julie Calloway
Office Assistant, Deni Novoselek & Pam Hickey
Maintenance, Bob Kreger, Buster Schiemer,
Tom Werner & Ryan Allain

Aquatics 293-9286

Coordinator, Sheri O'Berto
Administrative Clerk, Bobbe R. Wilson

Art Center 293-1612

Coordinator, Robin Kariam

Golf Courses

Boulder City Municipal Golf Course 293-9236

Head Golf Professional, Tony Fiorentini

Boulder Creek Golf Club 294-6534

Head Golf Professional, Andy Schaper

Recreation 293-9340

Coordinator, Patty Sullivan

Fitness Center 293-0870

Manager, Marcie Gibson

Sports 293-9254



Dear Boulder City Residents,

I am delighted to present our City's latest recreational brochure for September 2010 through February 2011. The mission statement of the Parks and Recreation Department is to provide high-quality and cost-effective recreation activities for all residents of Boulder City. We are striving to meet the community's recreational needs in all phases of our operation. Our Recreation Department offers a wide variety of programs, activities and youth and adult sports to enhance your family's lifestyle. We are confident that you will find many activities to suit your individual or family needs.

We as a department would like to thank the City Council, City Manager, sponsors and participants who provide support to fund our programs. During these hard financial times, your support is greatly appreciated.

If you have any questions regarding our programs or activities, feel free to call the appropriate facilities listed in this brochure. For your convenience, addresses and telephone numbers are provided. If you have any constructive ideas or suggestions that might add to or improve our programs, please call us at 293-9256. We welcome input from our community as we strive to meet the community's recreational needs.

Sincerely,

Roger C. Hall

Director, Parks and Recreation

Please read through our brochure to learn about the many benefits that your Parks & Recreation Department can bring you. Call 293-9256 with any questions you may have. Check us out online at www.bcnv.org

Our Thanks & Photo Credits to the BCRD staff, BCHMA, Cliff Segerblom and volunteer Vince Stern for the photography work used in our BCRD marketing.

LOOK WHAT'S INSIDE AND SEE WHAT WE'RE DOING . . .

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SWIMMING POOL / RACQUETBALL COMPLEX

We are an authorized provider for Senior Dimensions!

The Recreation Department operates the swimming pool & racquetball complex. The facility consists of 3 pools: a year-round recreation/lap pool & during the summer months, a wading pool & a diving pool with 1 & 3-meter diving boards are available for public use. There are 3 racquetball or wallyball courts & a cross-training room to complement pool programs. Limited Senior Dimensions funds are available for Aquatics & Racquetball complex programs.

AGES	Youth 0-17	Adult 18-59	Senior 60+
DAILY	Youth & Senior		\$1.50
15-PUNCH PASS	Youth & Senior		\$20.25
30-PUNCH PASS	Youth & Senior		\$40.50
DAILY	Adult		\$2
15-PUNCH PASS	Adult		\$27
30-PUNCH PASS	Adult		\$54
INDIVIDUAL ANNUAL			\$175
FAMILY ANNUAL			\$300
FAMILY SUMMER			\$150

ADULT LAP M-F 6:30-9am

OPEN SWIM M-TH 12-1:30pm
 5:15-7:30pm
 F 4:45-7:30pm
 Sat 9am-2pm
 Sun closed
 Lap lanes available during Open Swim

RACQUETBALL & WALLYBALL

M-TH	6:30am-8pm
F	6:30-9am 2:00-8pm
Sat	9am-2pm
Sun	closed

WALLYBALL Enjoy the fun & excitement of wallyball in a temperature-controlled racquetball court. Similar to volleyball, but court walls are used to keep the ball in play which provides interesting strategy & longer play periods. A great activity for 4, 6 or 8 players. Please call 293-9286 to reserve a court & specify that you want to play wallyball!

FEE per court \$8 per hour

RACQUETBALL LEAGUES, open play racquetball & racquetball leagues are available for the general public. Depending on interest, new leagues with several divisions begin periodically throughout the year. Call 293-9286 for more information.

RESERVATIONS are taken up to 2 weeks in advance by calling 293-9286. Walk-ins accepted. Racquets are available for rental. Protective eyewear is strongly recommended.

OPEN PLAY FEES

PRIME	M-F	4-8pm	\$6
PRIME	Sat & holidays	business hours	\$6
NON-PRIME	M-F	6:30am-4pm	\$5
YOUTH	Sat fall through spring	business hours	\$4

~ Special holiday hours are posted at the complex~

~ Dates & times subject to change~

~ CLOSED for maintenance part of Sept. ~

POOL PARTIES

Not sure where to have your next special event? How about at the pool! Rent the pool for a private party or join us during our open swim hours; your guests are sure to have a SPLASH! Please call the pool ahead of time if you plan to bring a party during our open swim times! \$100 Private Party hourly rate includes 1 lifeguard, additional fees may apply

THE BOULDER CITY POOL IS HIRING!

Are you 16 or older & want a fun & rewarding job?

Certified to teach water, fitness, or racquetball related program? Work as a lifeguard or swim instructor! Lifeguard applicants must be already certified in American Red Cross

Lifeguard Training,

CPR/AED & First-Aid.

WE WANT YOU !

For more information call 293-9286.

LIGHTNING POLICY

For our patron's safety, the pool will close for 30 minutes if lightning is seen or thunder is heard. If this occurs, please exit the pool deck immediately. We ask patrons not to shower before they exit the locker rooms, as lightning can travel through waterlines. If the lightning ceases within 30 minutes, the pool will re-open. We encourage our patrons to call the facility during poor weather conditions if they are unsure if the pool will be open!

Sorry, refunds will not be issued.

POOL POLICIES

- * Parents please supervise your children; you must be present on the pool deck at all times!
- * Children who are 7 & under who cannot pass the swim test must be accompanied by an individual 12 or older who is in the water with them! During classes, the parent or guardian must be present on the pool deck at all times!
- * No diving in shallow water.
- * No extended breath holding.
- * Please read all rules before entering our facility.
- * All children 3 & under must wear a swim diaper! No exceptions



LIFEGUARD

AMERICAN RED CROSS

Are you looking for a fun & challenging job? Become a lifeguard at the Boulder City Pool! This training course certifies you as an American Red Cross Lifeguard upon successful completion. Pre-course swim skills test required. Class includes First Aid, CPR for the Professional Rescuer, & AED. Materials are included in fee. Please call for further information.

age 15.5+
 fee \$145

SWIM LESSONS

MASTERS SWIM

Senior Dimensions Approved

This program is perfect for those who want a good workout & learn proper stroke technique. This is a great way for swimmers to stay in shape and a great fitness program!

age 16+
 average monthly fees
 2x's week \$28 / month
 3x's week \$40 / month
 5x's week \$52 / month
 drop-in (space availability) \$5.00 / class
 day/time
 fall-spring M,W 9:15-10am
 F 8:15-9am
 T,Th,F 6:30-7:15pm

PRIVATE SWIM LESSONS

Private, all ages \$25 per 1/2 hour
 Please inquire at the front desk.

Register for these classes at the pool!

PARENT & CHILD SWIMMING

We are pleased to offer these popular classes year-round giving parents the chance to have a personal 1-on-1 experience with their child while learning valuable water safety skills. Parents are in the water & teach their child under the guidance of a trained instructor.

PARENT-BABY/TOT

Introduction to basic swimming & water safety skills. Children learn fast in a group environment with 1-on-1 attention. Songs & games make the water a fun place to be & build parent/child relationships. The goal is for the tots to become swimmers.

age 6 mos-4 yrs
 monthly class \$38 per month/average fee
 day/time
 fall-spring M&W 12:15-1:00pm

AMERICAN RED CROSS

YOUTH LEARN TO SWIM

Classes are designed to teach progressive swimming techniques from the non-swimmer to advanced. Children learn water safety & develop coordination, strength & skill.

age 4+
 monthly class \$34 average monthly fee
 day fall-spring M&W
 time 5-5:45pm level I/II

TADPOLES & FROGS

These year round programs are an excellent class for a Parent-Baby/Tot swim program graduate or as a good preparation for Pre-Swim Team. Kids build breathing skills, arm coordination & technique.

Required: evaluation before registration
 (must be able to swim)
 monthly class \$34 per month/average fee
 day/time
 fall-spring M &W 4:15-5pm Tadpoles
 fall-spring T&Th 4:15-5pm Frogs

**Main Pool
 Renovation 2009**



SWIM TEAM

CROSS TRAINING BCH/non aquatic

Session dates are the same as Swim Team - training will be coordinated with the BCH practice! Program designed to specifically improve swimming skills & also benefits any other physical activity or sport. Instructors are certified personal trainers.
 age BCH adv elementary & adv secondary groups
 required evaluation before registration

monthly class \$20 Group A (M,W,F) Group B (T,TH,F)
 \$34 Group AA (M-F)
 fall-spring 4:45-5:15pm Groups A & B
 3:15 -3:55pm Group AA

PRE-SWIM TEAM

A great class for the child who swims like a fish but is still learning coordinated strokes. Focus is on learning stroke & competitive skills & techniques to prep for swim team.

required: level III swim skills &
 evaluation prior to registration

age 6-up
 monthly class \$42 per month/average fee
 day/time fall-spring T,Th 4:30-5:15pm

BCH SWIM TEAM

This year-round USA Swimming registered program focuses on building an all around competitive swimmer by developing technique & endurance. Swimmers must be able to swim 1 pool length freestyle & backstroke & kick 1 pool length breast stroke & butterfly. Practice may be canceled when coaches are attending swim meets.

age 6+
 location *during seasonal pool maintenance,
 practice is held at a Henderson pool

required evaluation prior to registration
 coaches Mike Polk, Jan Bunch,
 Carol Peterson & Lynn Fielding

USA Swim \$55 annual registration fee
 per month/average fee:
 \$65 novice
 \$75 adv elementary
 \$80 adv secondary
 \$200 family max

day/time
 fall-spring M-F 2:45-4:30pm



FITNESS CLASSES

LIMITED FUND ARE AVAILABLE FOR SENIOR DIMENSIONS PATRONS

Can't make it to a full month of classes?
 Inquire at the pool front desk about "daily drop-in" options & fees.

A doctor's written approval must be submitted with first class registration.

WATER AEROBICS

Improve your health, mobility & flexibility while enjoying an aerobic workout set to music in the refreshing & invigorating pool environment. Water provides the perfect medium to reduce the strain of exercise. Raise your heart rate & have fun!

age 16+
 monthly class \$43 per month/average fee
 drop-in \$4 per class (limited to space availability)
 day/time fall-spring M-Th 8-8:55am

BALL/STRETCHING

Come challenge your balance / core with physioballs, therapy balls, bosu trainers & more; then stretch to unwind!

Call pool for appointment.

CROSS TRAINING EXERCISE

weekly class \$15 per semi-private hour
 \$20 per private 1/2 hour

STRENGTH TRAINING /STRETCHING

Come enjoy a core workout using therabands, stretchbands, medicine balls, dumbbells & relaxing wind down stretches!
 Call pool for appointment.

LOW IMPACT WATER EXERCISE

Water gives the best low-stress workout as it provides buoyancy & resistance simultaneously. An excellent class for those who are arthritic or recuperating from surgery. This is a great place to start when working into a new exercise program!

age 18+
 monthly class \$43 per month/average fee
 drop-in \$4 per class (limited to space availability)
 day/time M-Th 9-9:55am

MASTERS SWIM

Senior Dimensions Approved

This program is perfect for those who want a good workout & learn proper stroke technique. This is a great way for swimmers to stay in shape and a great fitness program!

age 16+
 average monthly fees
 2x's week \$28 / month
 3x's week \$40 / month
 5x's week \$52 / month
 drop-in (space availability) \$5 / class
 day/time
 fall-spring M,W 9:15-10am
 F 8:15-9am
 T,Th,F 6:30-7:15pm

POTTERY THROWING

BEGINNER TO INTERMEDIATE

Each session is structured to the students' skill level. Techniques in design, glazing and creativity are encouraged. Class progression is accomplished by taking several sessions and labs.

\$25 MATERIAL FEE

INCLUDES: 25# bag of clay, use of glazes & firing. Use of facility equipment.

2 FREE LABS ARE INCLUDED WITH EACH POTTERY CLASS

location Art Center Room #6
 weekly class \$45 per month
 as needed \$25 city material fee

Pottery Instructors

CRAIG COREY graduated from Otis Art Institute in Los Angeles with a BA Degree and has over 10 years of experience in ceramic art.

age 16-adult
 day/time Monday 6:30-9pm
 no class 11/1, 12/6-27, & 1/3



DEBBIE HAGAN started working with clay in the 1970's. She has taught adults and children for the Department of Recreation in St. Petersburg, FL.

age 16-adult
 day/time Wednesday 6:30-9pm
 no class 9/1, December

JULIE CONNELL, with an AA Degree in art, has taught all ages and skill levels at Reed Whipple Cultural Center for 13 years.

age 16-adult
 day/time Wednesday 9-11:30am
 age 13-adult
 day/time Thursday 6:30-9pm
 no class 9/1 & 9/2, 11/25 & 12/2-30

SPECIAL EVENT:

HANDS-ON POTTERY

Meet our pottery instructors.

\$5.00 will allow you to make a Drop Plate or your Handprint or Splatter glaze a bowl.

location Art Center
 day/time Saturday 9/25 11am-2pm

CLAY PUMPKINS Instructor **JULIE CONNELL**.

The pumpkins are made by our instructor. Your fun is in the carving. We will glaze and fire them in time for **HALLOWEEN**.

age 7-adult
 location Art Center #1
 fee \$10 + \$5 city material fee
 day/time Saturday 10/9 10-11:30am

POTTERY LABS

Lab is for the use of the BCRD Pottery equipment only: not an instructional forum.

location Art Center #6
Drop in's Welcome
 fee \$7 or a 12-lab pass for \$50
 no lab Holidays & Special events
 Tues 6-9pm & Sun 10am-1pm

SOY CANDLES Instructor **JULIE CONNELL**.

Replace your petroleum based paraffin candles with non-toxic soy candles, **MADE BY YOU**, that burn cleaner, cooler & longer.

age 7-adult
 location Art Center #1
 fee \$15 + \$5 instructor material fee
 day/time Saturdays 10-11:30am
 9/4, 10/2, 11/6



CLAY VALENTINE PLATTER

Instructor **JULIE CONNELL**. Using the Slab Roller you will make a heart shaped platter.

age 7-adult
 location Art Center #1
 fee \$10 + \$5 city material fee
 day/time Saturday 2/5 10-11:30

WIRE WRAPPING CHET FREEDMAN, Instructor is an avid jewelry designer and crystal collector. With his knowledge you will learn and fashion a semi-precious stone pendant **Wrapped** with silver all in one day.

age 16-adult
 location Art Center Room #4
 fee \$20 + \$20 Instructor material fee
 day/time Saturday 10:0am-1:00pm
 9/4, 10/2, 11/6, 2/5

MUSIC PRIVATE LESSONS:

VOICE, GUITAR, DULCIMER, PIANO

FRANCYL GAWRYN, Instructor is a composer and performing artist, has been teaching music to individuals and groups for over 25 years. Private music lessons for all ages. Learn to sing, play piano, guitar, or dulcimer.

age 10-adult
 location ABC Gym
 day/time Thursday & Saturday
 9:30am-5pm
 session times are arranged with the instructor
 fee \$30 per 3/4hour
 available September—February
 no class December

BEADING

BARBARA GRAHAM, Instructor will teach an introductory beading class. Introducing basic bead stitching, Peyok, Brick Stitch, right angle weave daisy chain spiral rope and complete one bracelet.

age 16-adult
 location Art Center Room #4
 day/time Thursday 6-8pm
 fee \$35 +\$20 instructor material fee
 dates 11/4, 11 & 18

ROBIN KARIAM is the Art Center Coordinator and instructor, with a BA Degree in Art and Sociology.

PRIVATE LESSONS in all Medium

times and dates arranged with Instructor
 fee \$30 per hour

FINE ART PREP

A class where you will be acquainted with a variety of drawing techniques using pencil, charcoal, watercolor, acrylics, pen and ink.

age 7-16
 location Art Center #1
 weekly class \$30 per month
 as needed \$10 city material fee
 holiday cards 9/7-28
 no class 11/2 & 12/7-28
 day/time Tuesday 3-4:30pm

NEW ADULT FINE ART**

A class where you will be acquainted with a variety of drawing techniques using pencil, charcoal, watercolor, acrylics, pen and ink.

Specifically designed for your needs. Call Robin Kariam prior to class. 293-1612

age 16-adult
 location Art Center #1
 fee \$30
 as needed \$10 city material fee
 day/time Wednesday 6-8pm
 10/6-27 or 11/3-24

CABOCHON Glass

You will make 15 of these round glass gems.

age 13-adult
 location Art Center #1
 fee \$25 +\$5 city material fee
 day/time Thursday 6-8pm
 dates 9/9&16
 11/4 & 11
 12/9 & 16
 2/10 & 17



NEW SATURDAY WORKSHOPS**

- CABOCHON Glass (6ea) September 11**
- Cracked Glass Bowl (2ea) November 20**
- Holiday Glass Ornament (6ea) December 4**

age 7-adult
 location Art Center #1
 fee \$15 +\$5 city material fee
 day/time 10-11:30am

SPECIAL EVENT

Winterfest: November 13th & 14th, Boulder City Art Guild Winter Show, \$1000 proceeds go to Art Center.

SPECIAL EVENT: Twilight Bazaar at the Art Center

Saturday, December 11, 2-6pm

First 50 receive artist made Glass Key chain. Meet our staff and enjoy holiday cookies Purchase special gifts from our talented artists and students.



SPECIAL EVENT AT THE ART CENTER

Ziti-in-A Bowl Fundraiser at the Art Center

Enjoy Baked Ziti, a luscious pasta dish, in a hand-made, (take home) bowl made by our Pottery instructors, while listening to the romantic sounds of crooner, Michael Miele.

January 15th, 1pm-3pm

\$20.00 at the door

\$15.00 advance

"Where your friends are..."

manager Marcie Gibson
age 16+

(younger persons can contact the manager for a case-by-case review possible exception)

daily fee	\$4
1 mo fee	\$20 single \$35 couple \$50 family of 3 \$70 family of 4 \$85 family of 5
3 mo fee	\$55 single \$95 couple \$135 family of 3 \$180 family of 4 \$225 family of 5
6 mo fee	\$95 single \$165 couple \$250 family of 3 \$335 family of 4 \$420 family of 5

open	M-Th	5am-8pm
	Fri	5am-7pm
	Sat	7am-4pm
closed	Sundays, major holidays	

REGISTER AT THE FITNESS CENTER
801 Adams Blvd

SEE YOU SOON!
www.bcnv.org



"Community" is not just part of our name; it is what our Fitness Center is all about. Approximately 90 of your friends & neighbors use the Community Fitness Center on any given day. Many friendships are created in our friendly, relaxed, & family-oriented facility. Most of our staff are volunteer workers, part of that wonderful community of helpful, involved, people who make Boulder City the special place it is.

A membership has no conditions, contracts or further obligation. It's only \$4 for an entire day of facility usage. If you are a regular user, you may wish to take advantage of our \$20 per month rate. There are also discounted rates for 3 & 6-month memberships, as well as for "couples" & "family" memberships. You only pay for what you want, how you want & only as long as you want.

We are located in the ABC Park. Stop by & check us out. Become healthier, meet people & make some new friends (or visit old ones)!

BENEFITS

- ~ Personal fitness files ~
- ~ Friendly & family-oriented ~
- ~ Trained helpful staff ~
- ~ Full line of free weights ~
- ~ Exercise & cardio machines ~
- ~ Free body composition testing ~
- ~ Experienced, affordable, Certified personal trainers ~

SENIOR DIMENSIONS FIT FOR LIFE CLUB

The Community Fitness Center & Aquatics Center is a Senior Dimensions' Fit for Life Club provider. Senior Dimensions is a private health insurance company, a subsidiary of Sierra Health, that is also a Medicare provider. It recognizes the positive health value of regular exercise by encouraging members to exercise by paying certain exercise-related expenses for Senior Dimensions members. It pays Center fees, limited personal training fees and for classes as noted throughout this brochure, for it's members.

The City of Boulder City does not endorse or recommend Senior Dimensions as a insurance company. It merely has an agreement to accept payment from Senior Dimensions for those Fit for Life Club members who choose to utilize City of Boulder City facilities. For information, call the Aquatics or Community Fitness Center or Senior Dimensions at 242-7301.

BODY COMPOSITION ANALYSIS FREE (TO MEMBERS)

The Community Fitness Center provides body composition analysis every 4-6 weeks. This analysis is a far more reliable method of charting personal fitness progress than body weight measurements. It determines: body fat percentage & pounds, lean mass pounds & percentage, hydration level, basal metabolic rate, & target ideal weight.

Dr. Jeff Andrews conducts the analysis & explains results with a written report giving you a reliable, scientific measure of your personal progress with your fitness program. For more information & or to learn the next analysis date, please visit the Community Fitness Center or call 293-0870.

PERSONAL TRAINING Personal training can be beneficial for elite athletes & those who have never exercised before. If you want to lose weight, improve your sports performance, or to be assured that you are truly improving your health in the most efficient manner, a personal trainer may be just what you need. A personal trainer can tailor a fitness program that takes your current physical condition & fitness goals into consideration.

The Community Fitness Center has experienced certified personal trainers available for our members. With a fee of only \$35 per 1-hr session, our trainers provide the best value for your money in all of BC. Our trainers can tell you the best exercise program for you and assist any special needs training issues as well. Our trainers have flexible hours to work with you, they are:

MARCIE GIBSON is the Community Fitness Center Manager & is CPR/AED First-Aid Certified. She has lived in Boulder City for 20 years & is very active in many BC community organizations.

TERRY GROTHE has been training Boulder City residents for over 10 years. She is involved at the BC Pool & with Boulder City's awesome swim team. Although a specialist in competitive athletic training, Terry is very popular with women who aren't "going for gold" but still wish to lose weight & firm up. Terry is an APFA Certified Personal Trainer.

MEGAN GARNETT is an American Council on Exercise Certified Personal Trainer. Megan has lived in Boulder City for 6 years. She enjoys running & has competed in the Las Vegas Marathon. Megan trains all age groups & fitness levels.

DENI NOVOSELEK is an AFPA Certified Personal Trainer. Deni lives in Boulder City and has participated in the Pumpkinman Triathlon. Deni trains all age groups and fitness levels.

To get more information regarding our personal training services or to make an appointment with a Community Fitness Center trainer, simply visit your Community Fitness Center @ 801 Adams Blvd. or call us at 293-0870.



1501 Veterans Memorial Drive



1 Clubhouse Drive

BC RESIDENT*	<u>ANY DAY</u>
EARLY, until 12pm	\$50
LATE, until 2pm	\$40
TWILIGHT, after 2pm	\$30
9 HOLES	\$30
<u>CLARK COUNTY RESIDENT*</u>	
EARLY, until 12pm	\$60
LATE, until 2pm	\$50
TWILIGHT, after 2pm	\$40
9 HOLES	\$40
<u>RESORT GUESTS*</u>	
EARLY, until 12pm	\$100
LATE, until 2pm	\$80
TWILIGHT, after 2pm	\$60
9 HOLES	\$60
<u>JUNIOR GOLFERS</u> (UNDER 18 YEARS)	
18 HOLES	\$10
9 HOLES	\$5

*GOLF CART INCLUDED

BC RESIDENT*	<u>M-Th</u>	<u>F-Sun</u>
EARLY, until 12pm	\$30	\$35
LATE, until 2pm	\$25	\$30
TWILIGHT, after 2pm	\$20	\$25
9 HOLES	\$20	\$25
<u>CLARK COUNTY RESIDENT*</u>		
EARLY, until 12pm	\$40	\$45
LATE, until 2pm	\$30	\$35
TWILIGHT, after 2pm	\$25	\$35
9 HOLES	\$25	\$30
<u>RESORT GUESTS*</u>		
EARLY, until 12pm	\$60	\$70
LATE, until 2pm	\$50	\$60
TWILIGHT, after 2pm	\$35	\$45
9 HOLES	\$35	\$45
<u>JUNIOR GOLFERS</u> (under 18 years)		
18 HOLES	\$5	\$5
9 HOLES	\$3.50	\$3.50
<u>SENIOR BC RESIDENTS*</u> (60 yrs & over)		
18 HOLES	\$26	\$26
9 HOLES	\$16	\$21

*GOLF CART INCLUDED

BC RESIDENTS SEASON TICKETS & PUNCH PASSES

(Golf Cart Not Included)

SINGLE	\$1,872
FAMILY	\$2,800
SENIOR SINGLE	\$1,380
SENIOR HUSBAND & WIFE	\$2,028
PUNCH PASS (20 Rounds)	\$300

DRIVING RANGE

SMALL BUCKET	\$3
LARGE BUCKET	\$5

GOLF BOULDER CITY

Visit Our Website
For Current Promotions



702-293-9236



www.golfbouldercity.com

702-294-6534

****GOLF BOULDER CITY PLAYERS CARD** ALL FOR ONLY \$150!**

We greatly appreciate the loyalty of returning guests at the Boulder Creek Golf Club and the Boulder City Golf Course. To show our appreciation we have created the Golf Boulder City Players Card. It is a way for us to thank you for your loyalty by giving you a discounted rate when you play golf with us. Each time you use it you will receive a 15% discount off the Morning rate & a 10% discount off the Late & Twilight rates. You also receive: * 2 weeks advance reservations * Monthly Tournaments for members * play 7 rounds & get the 8th round free * USGA GHIN handicap through the SNGA * 24 guest passes, limited to 4-some at a time * 15% off non-sale merchandise in our golf shop

Management reserves the right adjust rates at any time.

The Boulder Creek Golf Club & Boulder City Golf Course are proud affiliates of



www.TheFirstTeeSouthernNevada.org

THE FIRST TEE OF SOUTHERN NEVADA

reaches more than 30,000 Southern Nevada youth, through a multitude of programming offered throughout the year: Danny Gans Jr Golf Academy, Fore All Year Open Clinic, Middle School Program & Adaptive Program.

For more information
call 293-9236 or 294-6534



Our Mission:

To impact the lives of young people by providing learning facilities & educational programs that promote character development & life-enhancing values through the game of golf.

JR GOLF

These excellent classes provide fundamental beginner instruction & fine tunes the skills of experienced students. Competitive skill games make this class challenging & rewarding. Class focuses on swing, stance, grip, putting & scoring. Players hit practice balls each day & work with PGA professionals. Instructor **TONY FIORENTINI, RUSTY POSTLEWAIT & PGA GOLF STAFF.**

location	BC Golf Course
day/time	M,W&F 3:30-5pm
fee	\$20
age	11+ 10/4-8
age	6-10 10/11-15
note	register at the Recreation Dept. located at 900 Arizona Street



PHOTO: BRIAN OAR

SPECIAL INTEREST CLASSES Register at the Recreation Department located at 900 Arizona Street

ACTING is an enjoyable experience in personal & professional growth using acting, auditioning & interviewing techniques. Acting techniques include cold reading, character development, improvisation, theater games, on-camera & stage techniques, commercial techniques, voice over & auditioning.

Instructor ART LYNCH is a BC resident & a professional theater, film, television & communications coach. For the past 13 years, Lynch has been an adjunct professor at CSN, & an acting instructor at schools, businesses & to industry professionals.

age	8+	5:30-6:50pm
age	15+	7-9pm
location	ABC Park Admin #1	
fee	\$40 monthly for a weekly class	
no class	11/29 & 1/3	
day	Monday	

PRIVATE ACTING LESSONS

This fun, relaxed course is designed to allow students to move at their own pace & grow as individuals while working on auditions & acting skills for professional or self-improvement.

fee	\$20 per hour per person
	evening & weekends times & dates arranged directly with the instructor

Specialized classes are forming to develop a living theater of the history of Boulder City & Hoover Dam. For more information, call 293-9340, email createcom@mac.com or visit <http://www.bcnv.org>



BABYSITTING WORKSHOP 101

Learn the essentials to start babysitting which include safety, etiquette, children's activities & more. You will create your own babysitting kit. Instructor DEBBIE BARTH is CPR/First Aid certified & teaches young people in a variety of programs.

age	8+
location	Youth Center #1
time	9:30-11am
fee	\$20
day	One-day Saturday
date	Oct 9
date	Jan 8

BABY STROLLER FITNESS will get you off to a healthy start with your new baby while interacting with adult peers! Stroller Fitness will incorporate cardio vascular, resistance/strength, and flexibility training for you while spending quality time with your baby. You will need a stroller (any stroller will do!), your baby, and YOU! Instructor Megan Garnett is an American Council on Exercise Certified Personal Trainer. She is a personal trainer at the Community Fitness Center.

age	babies 6 weeks and older & adults 18+
location	Recreation Dept. Gym
time	9:30-10:30am
fee	\$40 monthly
no class	Sept., & 11/25
day	T&Th

NEW



BELLY-DANCING is a mesmerizing & exhilarating dance form. Class format accommodates all ages, shapes & sizes. A great way to build endurance & muscle tone with the psychological benefits of dance & music.

Instructor AMY "Amaya" STEPHENSON.

age	6-adult
location	Recreation Center #2
note	*instructor approval required
day	Thursday
no class	9/2&9, 11/25

Skills Class

youth	age 6-11	4-5pm
beg II	age 12+	5-6pm *
beg I	age 12+	6-7pm

Choreography Prep

age 12+	7-8pm
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Sep	\$19
Oct	\$25
Nov	\$19
Dec	\$32
Jan	\$25
Feb	\$25

BOOTCAMP is a creative, unique, and FUN outdoor fitness program for men and women designed to give you maximum results. Each day brings a completely different and challenging workout. Workouts are modified to include all fitness levels. You will leave Bootcamp with a feeling of achievement, self gratification and confidence.

age	18+
location	Veterans' Memorial Park N. Pratte Soccer Field
when	monthly M-F
time	6-7am & 6:30-7:30 pm
fee	5 days per week \$155 4 days per week \$130 3 days per week \$105
note	you may come to either or both time slots per day

CHEERLEADING

All levels are welcome! Learn the importance of a team, being a leader & a follower. Learn skills for tryouts & key competition assets: basic techniques, stomps, claps, jumps, new cheers, write cheers & choreograph to music. Instructor SANDI WACHTEL specializes in competition instruction. Her experience is with CYO & Lenape competitions, CYO Cheer Camp & HS JV/Varsity basketball & football.

grades	K-5	11:30am-12:30pm
grades	6-8	12:30-1:30pm
location	Recreation Center #2	
when	Sat	
no class	9/4, 12/4-25 & 1/1	
extra class	12/3 & 12/4 parade	
drop in	\$10 per class	
Sep	\$24	
Oct	\$32	
Nov/Dec	Christmas parade	
	\$35 plus \$25 uniform fee	
Jan	\$32	
Feb	\$32	

Private sessions are available and arranged with the instructor.



CPR / FIRST AID

Learn CPR procedures using American Heart Association curricula that meets Heartsaver/AED requirements & general first aid. This class is intended for the lay rescuer & does NOT fulfill Healthcare Provider requirements. Instructors are Certified BC Firemen.

age 12+
 location BC Fire Dept.
 notes certification offered
 fee \$45
 when Sat 9am-1pm
 dates 9/11
 11/6
 1/8



CHILDRENS' PERFORMING ARTS

RISING STARS

Children learn singing, dancing and performance skills all in one class. Each five-week session prepares children for a specific performance. Instructors LISA MORRIS & KARA LARSEN are both performance and kid enthusiasts. Lisa has been singing, dancing and performing since 1983 with formal education in music dance theater from the High School of the Performing Arts in Los Angeles and Brigham Young University. Kara has a degree in elementary education from UNLV, has been a dancer since the age of three and has teaching experience from Dance Etc.

day Tuesday
 grade 4 yrs old-K 2:45-3:30pm
 grade 1st-3rd 3:30-4:15pm
 grade 4th-7th 4:15-5:15pm
 location Multi-use Bldg
 notes \$10 annual shirt fee
 fee \$50 per session
 5-week class Performance Dates
 dates 9/7-10/5 Oldies Music
 11/9-12/7 Holiday Music
 Holiday Show Dec. 7
 1/11-2/8 Valentine's Show
 Date TBA



DOG OBEDIENCE

This class encourages the use of positive reinforcement to teach the 5 basic obedience commands sit, stay, down, come, and place. These 5 basic commands help enforce your place as pack leader and are the basis for all other training such as tricks, agility, fly ball, etc. To reach your training goals, it is vital that you working with your dog for a minimum of 15 to 20 min. each day using the information and exercises covered in class. With your dedication and commitment, you can have the well behaved dog that you have always wanted. We will teach you how to determine the best methods for training your dog based on its personally and breed. Remember you are the one in charge and your dog needs to respond accordingly.

Instructor KATHY BETHKE is a lifelong dog training enthusiast & a certified remote collar trainer since 2006. She focuses on dog behaviors & how to be the pack leader for your dog as it is key in her training style. Bring lots of motivational treats and a 15 ft. leash. Supplies are available through the instructor.

Call 267-7864 for more information.

day Monday
 beginner 6:30-7:45pm
NO dogs at first class
 agility / intro 8-9pm
 dates 9/13-10/18
 10/25-11/29
 12/6-1/10
 1/24-2/28
 location Multi-use Building
 fee \$50 per session
 age 10+



(youth ages 10-14 require an adult to participate with them)

DOG OBEDIENCE

REMEDIAL TRAINING

Graduates of the 6-week Dog Obedience Class, may attend additional sessions as a practice session.

Dates: Same as Dog Obedience Class
 Fee: \$15 per session

DOG DAY BONUS TIME

Treat your dog to a unstructured time socializing with other dogs in a remedial learning environment.

Fee \$15 per month

(free to those who have graduated from the Recreation Department class)

day Saturday 10 am
 @ Multi-use Building park area
 & Sunday 4 pm
 @ Wilbur Square



SPECIAL INTEREST CLASSES Register at the Recreation Department located at 900 Arizona Street

GYMNASTICS WITH MISS MISSY

Instructor MISSY MOJICA was a Level 8 gymnast & has been teaching since 1992 in Boulder City & Henderson. She is a USA Gymnastics Safety & Professional Member, USAG Skill Evaluator for level 1-4 & Progressive Development Program 1 & is certified in CPR/First Aid.

MDM - MOMMY/DADDY & ME Ages 18mo+

Have fun with your toddler as he/she develops social/motor skills & coordination via music & gymnastics equipment. Mom &/or Dad participates.

KGYM - KINDERGYM Ages 3+

An introduction to basic tumbling skills that include activities to develop listening, social & perceptual motor skills, as well as eye/hand coordination & body awareness through movement. Students must be potty trained.

location Recreation Center #3
no class 9/3, 10/29, 11/12&26 and 12/22-31
notes wear loose-fitting clothes

10:00-10:45am	MDM	age 18mo+
Sep	F	\$19
Oct	F	\$25
Nov	F	\$13
Dec	F	\$19
Jan	F	\$25
Feb	F	\$25

11:30am-12:15pm	KGYM	age 3+
12:15-1pm	KGYM	age 3+
Sep	T	\$25
Oct	T	\$25
Nov	T	\$25
Dec	T	\$13
Jan	T	\$25
Feb	T	\$25

10:45-11:30am	KGYM	age 3+
11:30am-12:15pm	KGYM	age 4+
12:15-1pm	KGYM	age 4+
Sep	W & F	\$44
Oct	W & F	\$44
Nov	W & F	\$38
Dec	W & F	\$38
Jan	W & F	\$50
Feb	W & F	\$50



GYMNASTICS WITH MISS BRANDI

Instructor BRANDI CARSTENSEN, a competitive gymnast for seven years, bring nine additional years as an instructor to the mat.

PRIVATE LESSONS \$20 per 1/2 hr

BEGINNERS learn to do basic gymnastic movements on the floor. Flexibility is increased & basic tumbling is taught. Bars, beams and vault are introduced.

ADVANCED BEGINNERS receive further instruction to refine skills. Gymnast must be able to perform a backward roll, cartwheel, handstand, round off, bridge, basic bars, beam & vault skills. Instructor approval is required.

INTERMEDIATE & ADVANCED classes are designed for the gymnast with intermediate skills on beam, bars, floor & vault. Gymnast should be able to do a back walkover. Skills are polished & difficulty increased.

age 6+ skills assessment available for ages 5 & under
location Recreation Center #3
no class 9/1&2, 11/11&25 and 12/21-30

notes	wear loose fitting clothes	
4-5pm	Adv Beg	
5-6pm	Intermediate	
6-7pm	Advanced	
Sep	T & Th	\$62
Oct	T & Th	\$62
Nov	T & Th	\$55
Dec	T & Th	\$40
Jan	T & Th	\$62
Feb	T & Th	\$62

4-5pm	Beginner	
Sep	W	\$31
Oct	W	\$31
Nov	W	\$31
Dec	W	\$24
Jan	W	\$31
Feb	W	\$31

5-6:30pm	Adv Beginner	
Sep	W	\$46
Oct	W	\$46
Nov	W	\$46
Dec	W	\$35
Jan	W	\$46
Feb	W	\$46

HORSEBACK RIDING CLASSES

Classes teach you to lead, saddle & ride a horse, understand its behavior & read its language. Strength, confidence & respect for nature are a few benefits of this sport. Skills that are necessary to develop proper riding style & etiquette are taught. Ground school horse care techniques will be taught when weather is not favorable for riding. Instructor Virginia Perkins has been riding horses for over 40 years.

age 6+
location BC Horse Corrals
no class 11/25-27, 12/24&25, 1/1
required safety helmet & closed-toe shoes
day/time
T-F 3:30-4pm or 4-4:30pm
Sat 9-9:30am or 9:30-10am

	T	W	TH	F	S
Sep	\$103	\$103	\$103	\$78	\$78
Oct	\$103	\$103	\$103	\$128	\$128
Nov	\$128	\$103	\$78	\$78	\$78
Dec	\$103	\$128	\$128	\$103	\$78
Jan	\$103	\$103	\$103	\$103	\$128
Feb	\$103	\$103	\$103	\$103	\$103

HORSEBACK RIDING

PRIVATE ADULT LESSONS

Sessions are arranged with the instructor
fee \$25 per 1/2 hour

HUNTER EDUCATION This 2-day workshop meets the NV requirement that all persons born 1/1/1960 or later must complete a certified hunter safety class prior to purchasing a hunting license. Registration begins 1 month prior to the workshop date. Students must complete instructional materials prior to first class. NV Dept of Wildlife certified instructors.

age 11+
location Garrett Middle School
fall 2010 T & W 10/5&6
time 6-9:30 pm
fee \$5 to instructor at class

**REGISTER WITH THE NEVADA
DEPARTMENT OF WILDLIFE AT www.ndow.org.**

For additional information, please contact the
Nevada Department of Wildlife at 486-5127

**INSTRUCTIONAL MATERIALS CAN BE OBTAINED
AT THE RECREATION DEPARTMENT OFFICE**

Bowling Fishing Classes will be held at the Veterans' Park Fishing Pond. Call 486-5127x3504 for more information.

LANGUAGE

Instructor BEATRICE WERNER is currently teaching at CSN, with a MA from the School of Languages of Middlebury College. She speaks 5 languages & has extensive experience teaching students both young & old.

**PRIVATE, SEMI PRIVATE,
& SMALL GROUP LESSONS**
SPANISH ~ GERMAN ~ ITALIAN
FRENCH ~ ENGLISH ~ ESL

Learning a new language can be fun & exciting. If you're planning a trip to a foreign country, Beatrice can give you just what you need to make your trip more enjoyable. She has been a tour guide all over the world & can help with regional terminology.

- age 5+
- location ABC Park Classroom #2
- day/time arranged directly with the instructor
- fee per person, per one-hr class
 - \$20 1 person
 - \$12 2 people
 - \$8 3+ people

Ask about classes for preschool age children.

**Mandarin Chinese Lessons
are available for ages 3+.**

**Please contact our main office
at 293-9256 for more information**



LEARN 2 STRETCH CLASS

A low-impact workout based on individual abilities & potential. Enjoy visiting & exercising with others. Instructor Marcie Gibson, Fitness Center Manager.

- fee \$18 individual
\$28 couple per month
- day M, W & F
- time 7:45-8:45am
- age 55+ & physically challenged
- location Recreation Center Gym
- no class 9/6, 10/29, 11/26, 12/24 & 31,
1/17 & 2/21
- note limited Senior Dimension funds
are available for this class



MARTIAL ARTS ~ AIKIDO

A Japanese self defense martial art based on non-resistance against an aggressor's force to subdue attack. Circular & centered body movements are used as a means of defense. It is especially beneficial for women as Aikido does not depend on physical strength & is suitable for any age. Aikido ranks are available. Instructor BUD HINDMAN, a third degree black belt, is a member of Birankai North America. Instructor GENE SINNETT is a second degree black belt & has been teaching since 2002. Sensei James Goggin, sixth degree black belt, as advisory council.

- age 14+
- fee \$40 per month
- day M & W 7-9pm
& Sat 9-11am
- location Recreation Center #2
- note wear loose fitting clothing

MARTIAL ARTS ~ JUJITSU

As one of the oldest martial arts, it teaches non-aggression & non-violence for self-defense techniques. Builds coordination, flexibility, self-confidence & more. Courtesy, sportsmanship & teamwork are emphasized. An excellent fitness & health class. Instructor MIKE CHUBB, obtained his black belt in 1965 and has been teaching ever since.

- location NV Way Recreation Bldg
- insurance \$25 annual fee paid to inst
- note wear loose-fitting clothing
- fee \$30 per month
- age 7-17 T&Th 6-7pm
- age 18+ T&Th 7-8:30pm
- note Sep-Feb
- no class 11/25 & 12/23

TAI CHI

The slow, dance-like speed of Tai Chi creates balance, flexibility & calmness with an emphasis on deep breathing & mental imagery. Tai Chi integrates your mind with your body & is very effective at relieving stress. Instructor WILLIAM VANDERVEER is a Lohan School of Shaolin Tai Chi certified instructor & has been teaching since 2002. A lifelong learner, William continuously studies the art of Tai Chi bringing new information to his students.

- age 14+
- note limited Senior Dimension funds
are available for these classes

DAYTIME CLASS

- fee \$30 per month
- day W & F 8:15-9:15am
- location South Esclante Park
or Rec. Center based on
weather conditions

PRIVATE CLASSES

- fee \$15 per hour
- times & dates are arranged
directly with the instructor.



SPECIAL INTEREST CLASSES *Register at the Recreation Department located at 900 Arizona Street*

TENNIS

Instructor **McKAY STEVENS** has been around tennis for many years & has played competitively for over 10 years. He has coached at the high school & college level & loves the sport!

LESSONS

Tennis is a great sport & classes are designed for entry-level & intermediate players. Each session focuses on the fundamental skills of tennis or improvement of those skills through hands-on instruction, drills, games & competitive play. Please speak directly to the instructor regarding classes for special needs students.

CARDIO TENNIS

In a group setting, you will participate in a complete aerobic workout combined with tennis instruction. The level of intensity for each workout will be determined by the capabilities of the class participants. All level of abilities are welcome.

location	Broadbent Park Tennis Courts
day	Thursday
equipment	supplied for class
lessons	age 4-adult 6-7pm
no class	11/25, 12/23&30
cardio	age 18-adult 7:30-8:30pm
	Sep \$50
	Oct \$40
	Nov \$30
	Dec \$30
	Jan \$40
	Feb \$40

TENNIS SEMI, PRIVATE & SMALL GROUP

Lessons are custom designed to meet the needs of the student.

1/2 hour	min. of 4 classes required
fee per person	\$30 - private, 1 person
	\$15 - semi-private, 2 people
	\$10 - small group, 3+ people
times/dates	scheduled with the instructor



www.viniyogawithlyn.com

You are invited to explore the depth of yoga! More than exercise, Yoga is the ancient science of self-development that teaches people the fine art of balancing our multi-dimensional lives while living in a complex world. If you are interested in the journey of Yoga for a life goal, health, healing, or for growth beyond the body into the heart & mind, then Yoga with Lyn is the place for you!

age	12+
location	ABC Park Admin #2
monthly class fee	1-class a week \$45, 2-classes a week \$60
one-to-one fee	\$40 per hour or \$140 for 4-hours
drop-in \$15	Senior Dimensions Approved Activity

GROUP CLASSES This practice of Yoga is a personal experience. In the small group classes you work at your own pace & receive individualized instruction from Lyn that teaches you how to adapt the practice & tailor it to work for your body, your goals, your needs, etc. Mats & props are provided for use in class. Classes are appropriate for 'all-levels' & focus on yoga asana (posture) sequencing.

YOGA FOR BALANCE & FLEXIBILITY Gradually challenging movement with the breath; that can assist in opening areas of tension. **Sat 10-11am or Thu 10-11am**

YOGA FOR STRENGTH & ENDURANCE Progressively challenging movement with breath; that can strengthen bones, build muscle & increase stamina. **Sat 11-12pm or Thu 11-12pm**

YOGA FOR ARTHRITIS Range of motion movement with balanced breath; that can provide pain relief, relax muscle, & ease sore joints. **Thu 12-1pm**

YOGA FOR A BETTER BACK Somatic awareness & structurally aligned movement; that can create new structural patterns & provide pain relief. **Sat 12-1pm or Thu 6-7pm**

YOGA FOR STRESS RELIEF Gentle stretching movement with balanced breath; that can release stress & strain & allow recovery. **Thu 7-8pm**

Schedule or organize the following offerings for yourself, friends, family, colleagues, group, activity or workplace. Contact Lyn to discuss the details 702.245.1691 lynbanas@cox.net.

YOGA ONE-ON-ONE, SPECIAL INTEREST & CORPORATE GROUP Lyn will design a custom practice that addresses your individual or group wants, needs, abilities, desires, goals and/or health concerns.

YOGA THERAPY ONE-ON-ONE Yoga has the power to support healing, reduce symptoms, manage illness, & maintain health. Lyn offers therapeutic yoga programs that address the needs of the whole person according to the individual's capacity & interests & that specifically seek to empower each client in their own healing & wellness processes. **For health & healing** to reduce symptoms, manage illness, promote healing, support lifestyle changes & manage chronic disease. Can help alleviate stress, insomnia, hypertension, sciatica, chronic back & neck pain, chronic headaches/migraines, & more serious illness (cancer, diabetes, etc).

WORKSHOPS Topics include but are not limited to Yoga for Beginners, Healthy Back, Arthritis, Balance & Flexibility, Strength & Endurance, Stress Relief, or for a specific Sport or Health Condition.

YOGA TEACHER & THERAPIST LynnMarie Banas-Petronsky, Certified Yoga Therapist, ERYT500 & CMT with over 2,000-hours of professional yoga teacher/therapist experience.

YOUTH

PRE-REGISTRATION is required for each youth sport and all players must attend a player rating clinic.

SOCCER Fee \$36

The league you play in is determined by your grade on Sept. 1. A child must be 5 years old by Sept. 30 to play in the kindergarten league. *Exception, a 4-year old may play if his/her parent is coaching.

length 6 weeks
location Pratte Field

SOCCER CLINIC DATE & TIME

grade K W 9/1 @ 6pm or
TH 9/2 @ 6pm
grade 1-2 W 9/1 @ 7pm or
TH 9/2 @ 7pm
grade 3-5 T 9/7 @ 6pm or
W 9/8 @ 6pm
grade 6-8 T 9/7 @ 7pm or
W 9/8 @ 7pm

ADULT

age 16+ minors require parental permission
note A Team Manager or Rep. must attend the meeting.
meetings recreation Ctr. Classroom # 4
info please call
Tay Deering, 293-9254

SOFTBALL Recreational
meeting T 8/24 7pm Men
meeting T 8/24 8pm Co-Ed

VOLLEYBALL Women's Recreational
meeting T 8/31 7pm

BASKETBALL Men's Competitive
meeting W 12/1 7pm

FLAG FOOTBALL Fee \$36

location Pratte field

FLAG FOOTBALL CLINIC DATE & TIME

grade 3-4 T 10/12 or W 10/13 7pm
grade 5-6 T 10/12 or W 10/13 7:30pm

BASKETBALL Fee \$36

location Recreation center
length 6 weeks

BASKETBALL CLINIC DATE & TIME

grade 3-4 boys Sat 12/11 or 12/18 9am
grade 3-4 girls Sat 12/11 or 12/18 9:30am
grade 5-6 girls Sat 12/11 or 12/18 10am
grade 5-6 boys Sat 12/11 or 12/18 10:30am
grade 7-8 girls Sat 12/11 or 12/18 10am

FLOOR HOCKEY Fee \$36

location Recreation center

FLOOR HOCKEY CLINIC DATE & TIME

grade K T 1/11 or W 1/12 6pm
grade 1-2 T 1/11 or W 1/12 6:30pm

**PARENT COACHES NEEDED,
PLEASE CALL 293-9256
FOR DETAILS**

RECREATION CENTER OPEN GYM

M-Th 2:30-6pm

Activities include

- ♦ pool ♦ volleyball ♦
- ♦ "drop-in" play ♦
- ♦ uninstruced basketball ♦
- ♦ uninstruced volleyball ♦

Additional hours may be scheduled according to seasonal sport staff availability.

For current information, please see the gym schedule in the Recreation Department lobby or call 293-9256



YOUTH CENTER

The Boulder City Youth Center is a fun, exciting place where kids can be kids in a supervised environment. We offer entertainment from pool & video games to crafts & sports. We also venture out into the world on awesome field trips. If you are struggling with homework, then stop in to the homework room after school & get the help you need. The Youth Center is more than just fun & games, it's a place for children to develop new relationships & grow into young adults. All that is needed to start your adventure is a Release of Liability form filled out by a parent or guardian returned to the Youth Center and a \$20 annual fee.

register Youth Center
 location ABC Park
 801 Adams Blvd
 grades 6-12
 fee \$20 annually
 closed For field trips & Special Events
 note times may be adjusted

SPRING & FALL

Mon-Thurs 2-6pm
 Friday 2-7pm

SUMMER

Mon-Thurs Noon-6pm
 Friday Noon-7pm

491-3679

YOUTH CENTER STAFF
 Coordinator Debbie Barth



TINY TOTS

The Tiny Tots program focuses on enriching children in areas of socialization skills, creativity through varied art medium, motor skills development through P. E. activities, introductory academic skills such as: recognizing & learning to write upper & lower case ABC's, numbers 1-10, & all shapes & colors. We also have field trips to the Boulder City Library once a month & we visit the Boulder City Fire Department annually.

register Recreation Center
 location Recreation Center #4
 required children must be 3 by 9/30 for 3&4 yr class or 4 by 9/30 for the 4&5 yr class & independently potty trained.
 no class school holidays
 rates based on \$4.00 per hour

Note: Students must be signed up by the 20th of each month for the next month; otherwise, a late fee will be charged for students wanting to remain in the program.

age 3-4	Tuesday & Thursday	
	9-11:30am	
	Sept	\$80
	Oct	\$80
	Nov	\$70
	Dec	\$50
	Jan	\$80
	Feb	\$80
	Mar	\$100
	Apr	\$60
	May	\$60

age 4-5	Monday, Wednesday, Friday	
	9-11:30am	
	Sept	\$100
	Oct	\$120
	Nov	\$110
	Dec	\$80
	Jan	\$120
	Feb	\$110
	Mar	\$130
	Apr	\$100
	May	\$90

293-9256

TINY TOTS INSTRUCTORS
 Lisa Wright, Deena Ramthun, Julie Regnell & Staci Selinger

SAFEKEY

The Safekey program is a safe alternative for children home alone before or after school. Youth have supervised fun activities, games, arts & crafts and snacks. Homework help & other learning opportunities are offered.

location Martha P King Multi-Use Room
 register Martha P King Elem. Multi-Use Room or Recreation Center
 closed school holidays
 fees \$3 7-8:10am (before school)
 \$9 2:40pm -6pm (after school)
 + fees for optional field trips
 note prepayment is required & late fees are assessed
 grades K-7

SAFEKEY INSTRUCTORS

799-8260 extension 3055
 Jonas Hernandez
 Carolyn Porter
 Jami Goudy
 & staff

SPRING BREAK is a fun, one-week version of our Summer Parks program that is packed with games, arts & crafts, sports, daily special events & more. This program offers safe supervision & a chance for kids to interact with friends their own age. Sign up early!

register Recreation Center
 location Recreation Center Complex
 fee \$90 (\$20 per day)
 time 7am-6pm

SUMMER PARKS is a fun playground program giving kids a creative way to spend their summer days! Activities include arts & crafts, games, sports, fantastic field trips and weekly special events. Come and party with us during the summer months.

location Recreation Center Complex
 fee \$8 half day-\$16 full day
 \$720 full program
 grades K-7 Starts June 13th

Late fees are assessed & field trips are available with additional charges

SPECIAL EVENTS

- ~ family & class reunions ~
- ~ family & company picnics ~
- ~ tournaments ~
- ~ birthday & swim parties ~
- ~ weddings ~

To reserve, or rent a park or facility, please call the Recreation Department Office at 293-9256 for assistance.

A Facility Use Form must be completed and return to the Recreation Department along with a deposit to finalize confirmation of your reservation.

ADAMS BLVD COMMUNITY PARK (ABC PARK)

801 Adams Blvd.
Hours vary for the Art, Fitness & Youth Center. Gymnasium and classrooms available on a reservation basis.

BICENTENNIAL PARK

999 Colorado Street
This park is seven acres of beautiful green grass and trees for your enjoyment. Excellent for a family get-together. The gazebo band-stand, built for the Bicentennial Celebration, is an excellent covered facility for special events. Park also includes a children's play area.

BOOTLEG CANYON

MOUNT BIKE RACING
1000 Yucca Street
Outstanding trails, beautiful lake views & well-maintained trails. Lower trails are beginner; higher trail are intermediate & expert runs. Open daily, excluding practices & races. Note: Use of safety equipment is strongly recommended. Please leave the area in the same, if not better, condition as when you arrived. Location: turn north on Yucca St. & head toward the BC on Red Mtn., Canyon Road. Follow the signs to the parking area. For more information, call 293-9256.

BRAVO SOFTBALL FIELD & WHALEN BASEBALL FIELD

891 Avenue B
These ball fields accommodate the Youth, Men's & Women's Baseball & Softball Leagues.

ROBERT N. BROADBENT MEMORIAL PARK

861 Avenue B
5 -acres encompass a variety of recreation facilities including 4 lighted tennis courts, picnic areas, play areas, Multi-Use Building located at 1204 6th Street with a kitchen and dining area, Swimming Pool & Racquetball Court Complex, horseshoes & more.

DEL PRADO PARK

901 Utah Street
This 2.5-acre park has playground equipment, basketball courts & open green areas.

FRANK T. CROW MEMORIAL PARK

640 Nevada Way
Approximately 1-acre of one green area including picnic tables & barbecue grills.

HEMENWAY VALLEY PARK

501 Ville Drive This park is comprised of approximately 10 acres. Includes playground equipment, multi-level play structure, gazebos, restrooms, picnic area, baseball courts, 2 lighted tennis courts & 2 lighted softball fields. This lovely park has a fantastic view of Lake Mead and attracts wild big horn mountain sheep. These wild animal deserve respect and consideration. Please use judgment when sheep are present in the park.



LAKE VIEW PARK

103 Walker Way
A 3/4-acre park with a tot lot, playground, basketball court, picnic tables, barbecue grills, trees & green open space.

NEVADA WAY RECREATION FACILITY DEPT. OF WATER & POWER BLDG.

600 Nevada Way (DWP)
OASIS PARK
1419 Marita Drive
5 acres of beautiful open green area. Enjoy the ball field, basketball courts, playground equipment or the para-course.

RECREATION CENTER

900 Arizona Street
Administrative Office hours M-Th 7a-6p. Call for current gymnasium open hours. Classrooms are available to rent when not in use for recreation department programs.

REFLECTION CENTER

300 Railroad Avenue
Beautifully landscaped with 7 sculptures, changing each year, may be enjoyed from any of the many park benches provided along the walkway. Home to community gardens.

RIVER MOUNTAIN HIKING TRAIL

Lakeview Subdivision & Hwy 93
Built in the 1930's, the Civilian Conservation Corps trail, lies between Red & Black Mountain. Boulder City, the National Park Service & the UNLV Geology Department have renovated the 5-1/2 mile trail. Look for the trail-head sign.

SWIMMING POOL & RACQUETBALL COMPLEX

861 Avenue B 293-9286

VETERANS' MEMORIAL PARK

1650 Buchanan Blvd. & Airport Road This park is comprised of 25 acres. It includes 4 lighted multi-use ball fields, 2 beach volleyball courts, open green space, skateboard & bike parks, 2 soccer fields, a splash park & picnic/barbecue area & restroom facilities. Nearby is a 4-acre fishing pond and model boat pond.

WILBUR SQUARE

1100 Colorado Street

Celebrate the 75th Anniversary of the completion of Hoover Dam

Bureau of Reclamation
Hoover Dam
Dedication Reenactment
Thursday, Sept. 30th
For more information contact
Colleen Dwyer 293.8420
or cdwyer@usbr.gov



31er Alice Dodge as a child in Boulder City

31'ers Luncheon & Educational Outreach Showcase Saturday, Oct. 9th

For more information contact
Patty Sullivan 293-9340

psullivan@bcnv.org or visit
www.boulderdam31ers.com

Please contact Patty Sullivan if you
can help with funds, skills, or
manpower, for this outstanding event



Alice Dodge at the 2009 31ers Luncheon



Children participating in 31er reenactment activities