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Arts and Crafts

Most art classes require additional supplies or a materials fee. Supply lists for individual classes are available online at www.washoecommunityed.org.

Why take art?

Learning art teaches you "to see better, to persist, to be playful, to learn from your mistakes and to make critical judgments," according to Studio Thinking: The Real Benefits of Visual Arts Education.

Crafts

Blacksmithing for Art I

Explore this historic craft. Use traditional and modern blacksmithing tools to turn metal into works of art. Discover the function of hand tools, plasma cutting, oxy acetylene welding, wire-feed welding, forges and anvils. \$65 materials fee

9/11-10/30 T 6:30 - 8:30 p.m.
Stokes
Sparks High Metal Shop \$200

Blacksmithing for Art II

Strengthen your blacksmithing skills while exploring a variety of techniques like piercing, tooling, using a striker, upsetting, slitting and punching. Increase your knowledge of tools and design. \$65 materials fee

11/13-12/18 T 6:30 - 8:30 p.m.
Stokes
Sparks High Metal Shop \$200

Pottery on the Wheel

Transform raw clay into a functional piece of pottery. Learn how to prepare clay as well as the techniques of center and throw, pinch, slab and coil. Experiment with different glazing and firing methods. \$50 materials fee

9/18-10/9 OR 10/16-11/13
T 5:30 - 7:30 p.m.

Gandolfo
Reno High \$99

Stained Glass

HOT!

Create stunning stained glass art using the Tiffany copper foil method. Gain glass cutting, foiling and soldering skill experience. \$40 materials fee

9/22-10/6 OR 10/13-10/20
S 1 - 4:30 p.m.

Hutchinson
Kadam Studio \$79

Glass Fusion

Experience the beauty and fun of creating glass art through basic fusing, design, glass cutting, grinding and fixing techniques. Afterward, you will look forward to showing off the wonderful art you've crafted. \$40 materials fee

F 5:30 - 8 p.m.
S 8 - 10:30 a.m.

Salvagione
9/21-9/22 OR 10/5-10/6
Kadam Studio \$79

NEW!

Handmade Greeting Cards and Gift Boxes

Create three unique cards and three gift boxes for the special people in your life. Experiment with cutting, stamping, embossing, folding and embellishing techniques. Collaborate with the instructor for design tips and detail work. \$15 materials fee

10/4-10/18 TH 6:30 - 8:30 p.m.
Fascio
Swope Middle School \$59

Lariat Baskets

Expand your creativity and think of basket making in a whole new way. Using a rope, leather and a signature plate create an unusual work of art that reflects our Western heritage and can be used as a wall hanging, decorative item or to store items. Supplies required.

11/6-11/10 T 7 - 8 p.m.
S 9:30 a.m. - 4:30 p.m.

Myers
TMCC Meadowood Center S103 \$69

NEW!

Swavorski Pearl and Crystal Ornament

Fashion an ornament with the Blueberries and Cream design, then use it as a gift or tree decoration. Learn to use pearl beads and Swavorski crystals in a diamond netting pattern, then use those skills at your leisure to make more. \$20 materials fee

11/13 T 6 - 8 p.m.
Coffey
Shaw Middle School \$25

NEW!

Pearl and Crystal Promise Ornament

This ornate ornament is easy to create when you understand the process. Learn the netting stitch and how to follow a pattern. There will be several different color options. All supplies are included in the materials fee. \$25 materials fee

9/25-10/2 T 6 - 8 p.m.
Coffey
Shaw Middle School \$30

Textiles



Knitting Scarves

Learn how to cast on stitches, make basic knit stitches and how to correct problems in this fun and creative class. In class and practicing on your own, make a scarf for yourself and gain the skills to make gifts this winter. \$10 materials fee

9/10-10/1 M 1-3 p.m.
Gottsacker
TMCC Meadowood Center S300 \$79

HOT!

Crochet for Beginners

Discover this practical, relaxing craft. In Crochet for Beginners, you will learn how to start a project, read basic patterns and finishing techniques. In addition, learn the chain stitch as well as single and double crochet. Be able to differentiate between stitch and space, and how to hold your crochet hook. You'll complete several projects by the time you've finished this class. Supplies required.

9/20-10/11 TH 6-8 p.m.
Foote
Dilworth Middle School \$54

Crochet Intermediate

Take your crochet skills to the next level by using three tones of contrasting colors to make a harvest wrap. Stitches taught include single crochet, double crochet, half-double crochet and treble crochet, front and back stitch and changing colors mid-stitch. Use your creativity to switch colors for a different feel or season. Supplies required.

10/25-11/15 TH 6-8 p.m.
Foote
Dilworth Middle School \$54

Crochet for the Holidays - Snowflakes

Hone your crochet skills by creating handmade heirlooms to add sparkle to your tree, wreath and gifts. Learn to stitch, starch, block and dry a variety of snowflakes. Supplies required.

11/20-12/4 T, TH 6-8 p.m.
Foote
Dilworth Middle School \$54

Sewing I

Learn how to use basic sewing techniques, understand patterns and how to cut fabric. Bring your sewing machine to class and know its basic operations. Supplies required.

9/12-11/14 W 6:30-9:30 p.m.
Pelham
TMCC Meadowood Center S103 \$149

Drawing and Painting

NEW!

Aboriginal Story Painting

Tell your story and explore your inner vision through the acrylic dot painting traditions of other cultures. Develop your artistic talents by decorating paper, canvas, wood or repurposed objects with your own personal symbols. No painting or drawing experience necessary. Supplies required.

9/5-9/26 W 1-5 p.m.
Nichols
TMCC Meadowood Center S103 \$119

NEW!

iPad, iPhone or iPod Brushes

Expand the use of your mobile device by using this app as a sketching and painting tool. Practice working with layers, brushes, color palette, eye drop and blending. Capture incredible detail while sketching and painting anytime, anywhere with perfect composition and design. Experiment with importing photos, emailing and sharing with Wi-Fi.

9/11 T 6-9 p.m.
Nichols
TMCC Meadowood Center S324 \$39

Calligraphy

Develop your own distinctive style by creating beautiful free-flowing letters. Explore the exciting ways you can use your newfound talent for scrapbooking, wedding and party invitations, specialty items and much more. Your multi-award winning instructor will show you how rewarding it is to learn this graceful artistry. Supplies required.

11/6-11/27 T 6-7:30 p.m.
Foldvary-Anderson
TMCC Meadowood Center S324 \$59

HOT!

Drawing I

Open up a world of artistic expression by learning about contour drawing, negative shades, perspective and proportion. Use graphite or pen and ink to create realistic drawings. Supplies required.

9/10-10/8 M 1-4 p.m.
Woodard
TMCC Meadowood Center S103 \$119

"I learned so much. Thank you for helping move my art up to a new level."

- Drawing student

Drawing II

Give your artwork more dimension and realistic features by practicing aerial perspectives, shading, composition and value. In addition, explore using pen and ink, charcoal and graphite techniques. Supplies required.

10/15-11/19 M 1-4 p.m.
Woodard
TMCC Meadowood Center S103 \$119

NEW!

Paint Like Bob Ross

Learn the basics of the Bob Ross method of oil painting without all the expense and time of finding and buying your supplies. Be amazed at how easy it is to use brushes, palettes, thinner, and how to apply brush strokes, direction and application to the canvas. Finish a painting using wet-on-wet painting technique. Classes offered 9/8 or 10/20. \$45 materials fee

See above S 1-5 p.m.
Burkhart
TMCC Meadowood Center S103 \$49

Oil Painting Waterfalls Using the Bob Ross Technique

Learn Bob Ross' innovative technique of wet-on-wet oil painting using thick paints, brushes and knives to create beautiful waterfalls. Experiment with new colors as you paint four scenes to take home. There is a \$20 materials fee, and supplies are required.

9/13-9/27 TH 5:30 - 8:30 p.m.

Burkhart

TMCC Meadowood Center S103 \$99

Oil Painting Landscapes Using the Bob Ross Technique

Discover fun and relaxing oil painting techniques to create beautiful, realistic landscapes. Practice painting techniques used by Bob Ross to create one landscape painting per class session. Find out about paints, brushes, wet-on-wet technique, color mixing and more. There is a \$20 materials fee, and supplies are required.

10/4-10/18 TH 5:30 - 8:30 p.m.

Burkhart

TMCC Meadowood Center S103 \$99

Painting Water Scenes with the Bob Ross Technique

Bring beautiful water scenes to life using the Bob Ross oil painting wet-on-wet technique. Create picturesque lakes, creeks, streams, swamps and an Oriental waterfall. Learn how easy it is to capture the moodiness of water. You will finish a completed masterpiece in each class. There is a \$20 materials fee, and supplies are required.

10/25-11/8 TH 5:30 - 8:30 p.m.

Burkhart

TMCC Meadowood Center S103 \$99

"I learned something new every time. I even learned some stuff here that has helped in my day job!

– Julie H., Bob Ross student

Oil Pastel Smudge Technique

Learn how to create exciting colorful landscapes, flowers and geometric shapes. Experience the mixing of colors while making beautiful handmade cards, gifts and home décor. Develop your own foolproof art compositions and color choice techniques. Play with color, be creative, get a little messy and have fun. Supplies required.

9/11-9/25 T 6 - 7:30 p.m.

Foldvary-Anderson

TMCC Meadowood Center S103 \$59

Colorful Under Painting with Soft Pastels

Add uniqueness and vibrancy to your pastel paintings with colorful under painting. Receive individualized instruction and helpful critiques to improve your skills and advance your level of painting. Supplies required.

11/7-11/14 W 1 - 4 p.m.

Woodard

TMCC Meadowood Center S103 \$49

NEW!

Watercolor Fun From Scratch I

Experiment and have fun creating beautiful watercolors. Explore color theory, traditional and unconventional methods of applying paint on paper, pouring, glazing, wet-on-wet, dry-into-wet and dry brushing. Supplies required.

9/4-9/25 T 1 - 5 p.m.

Nichols

TMCC Meadowood Center S103 \$119

10/2-10/23 T 5:30 - 9:30 p.m.

Nichols

TMCC Meadowood Center S103 \$119

NEW!

Watercolor Fun From Scratch II

Go beyond basic composition and design to create complex watercolors. Delve into color theory and experiment with different effects such as resist and salt sprinkling. Practice controlling the paint while developing your own style. Supplies required.

10/2-10/23 T 1 - 5 p.m.

Nichols

TMCC Meadowood Center S103 \$119

Fall Flower Watercolor Painting

Have fun painting a different flower each week while learning watercolor techniques. Create daisies, iris, roses and sunflowers, among others. Regardless of your experience, develop an appreciation for the beauty and character of fall flowers. Supplies required.

9/25-10/30 T 6 - 9 p.m.

Foss

Damonte Ranch High \$99

NEW!

Watercolor Collage

Unlock your creativity by combining watercolor with collage and creating a texture to enhance one of your previous paintings. Learn about composition and design as well as how to apply layers of paper with glue and gel. Review positive and negative painting, collage techniques and how to create dimension and depth. Explore the endless possibilities the combined media have to offer. Supplies required.

10/3-10/24 W 1 - 5 p.m.

Nichols

TMCC Meadowood Center S103 \$119

Let's Paint Poppies

Paint blue Himalayan poppies, an Oriental poppy and California poppies in a landscape in this fun watercolor class. Paint in a different style with a variety of new techniques each week. Lots of demonstrations and individual help make this class perfect for beginners or experienced painters who want to learn to paint flowers. Supplies required.

10/4-10/18 TH 10 a.m. - 4 p.m.

Foss

TMCC Meadowood Center S103 \$180

Beauty and Wellness

NEW!

Travel Book Journaling with Watercolor

Vividly preserve your memories by incorporating a variety of artistic mediums ranging from watercolor and ink to using stickers. Find out how your creativity can be tapped to create interesting pages, even if the journal is just for everyday use. Enjoy two classroom sessions and two painting field trips. \$30 materials fee

11/5-12/3 M 6-9 p.m.
Mueller
TMCC Meadowood Center S103 \$99

Let's Paint the Four Seasons in Watercolor

Discover how to capture the many facets of the seasons and landscapes through the medium of watercolor. Learn to paint skies, trees, rocks and wildflowers using a variety of watercolor techniques. Regardless of your experience, practice using the wet-on-wet method, masking fluid and negative painting. Also, learn how to use a spray bottle to create foliage texture. Supplies required.

11/8-12/6 TH 6-9 p.m.
Foss
Damonte Ranch High \$120

Winter Wonderland

Discover the keys to painting realistic winterscapes while increasing your watercolor skills. No matter your experience, learn how to create snow-covered trees using masking fluid, how to paint stunning skies and capture the shadows on snow. Supplies required.

12/1 S 10 a.m. - 4 p.m.
Foss
TMCC Meadowood Center S103 \$60



Swedish Massage for Fun

Learn how to bring on relaxation, increase circulation and stimulate the body through touch, breath, focus and intension. Explore the fluid strokes used in professional Swedish massage. Find out how to apply oils using effleurage. \$5 materials fee

10/13 S 9 a.m. - 1 p.m.
Anderson
TMCC Meadowood Center 217 \$39

HOT!

Couples Massage

A fun class for couples. Indulge in the basics of Swedish massage and aromatherapy. Partners will learn and practice techniques and prepare massage oil that can easily be created at home. A relaxing way to celebrate life. Wear your swimsuit and comfortable clothes. Price covers two individuals. Must have a partner. \$5 materials fee

9/22 S 9 a.m. - 2 p.m.
Anderson
TMCC Meadowood Center S217 \$79

This "class is helpful in building closeness with a partner or spouse."

- Debbie G., massage student

Bio Energy Shaking Meditation

Revitalize your body, mind and spirit by practicing this ancient healing tradition. Awaken your untapped dormant energy to burn away your negative blocks. While listening to music, stand and shake to encourage the flow of kundalini.

9/26-11/14 W 6:30 - 7:45 p.m.
Rizzoli
Swope Middle School \$49

Emotional Freedom Techniques and Stress Reduction

Discover and practice the emotional freedom techniques that have been taught worldwide and can be used as a way to relieve emotional and physical blockages that may be expressed as stress, imbalance and illness. In this introductory class you will learn specific tapping points of the body that act as acupressure and clear blockages and how to compliment yourself through affirmative statements. \$5 materials fee

9/18 T 6-9 p.m.
Conner
TMCC Meadowood Center S324 \$49

Meditation

If a health professional suggested meditation or if you need to create peaceful space in a busy schedule, this is the class for you. A number of techniques will be presented so you may select a meditation style which best fits your personal needs.

10/3-10/24 W 6-8 p.m.
Anderson
TMCC Meadowood Center S308 \$79

NEW!

Natural Hormone Balance

Explore natural remedies that can correct your hormone imbalances and find out why replacement therapy may not be good for you. Discuss the Women's Health Initiative, adrenal gland function, fat metabolism, herbal remedies, vitamins and minerals and the role nutrition plays in helping you to feel your best.

9/24 M 6-9 p.m.
Powers
TMCC Meadowood Center 300 \$39

NEW!

Natural Digestive Solutions

Improve your digestive health and learn how medications can cause more side effects than the disease. Find out how prolonged stress, trauma and toxins can inhibit your body's ability to digest food and learn how to counteract these factors.

9/10 M 6-9 p.m.
Powers
TMCC Meadowood Center 300 \$39

Luxurious Bath Products

Learn how to make your own bath products using everyday household items and essential oils. Discover how to make rose milk bath, lavender soak, bath oil, bath salts, soap and bubble bath. These products are all great gift ideas. \$30 materials fee

10/6 S 9 a.m. - 12 p.m.
Anderson
TMCC Meadowood Center S103 \$39

"I enjoyed making everything from scratch. Now, I don't have to settle for store bought!"

— Janet H., bath products student

Ahhh Coffee

Inhale the delicious scent of coffee in your home and bathroom every day by creating sumptuous coffee-scented candles, soaps, body scrubs and lip balms. Save yourself a trip to the coffee house by learning to create your own café mocha and espresso flavored truffles. \$30 materials fee

11/3 S 9 a.m. - 12 p.m.
Anderson
TMCC Meadowood Center S103 \$39

Chocolate Decadence

Indulge yourself and give in to your love for chocolate. Discover the numerous ways to incorporate chocolate into your life. Experience true decadence by creating chocolate brownie candles, peppermint patty foot scrub, cocoa butter hand cream and chocolate truffles. \$30 materials fee

12/5 W 6-9 p.m.
Anderson
TMCC Meadowood Center S103 \$39

HOT!

Makeup Made Easy

Discover your makeup and fashion personality and how it influences the choices you make. In this workshop, learn how to update your look with correct color choices. Also, see live demonstrations for day, evening and special occasion makeup application. You will learn makeup tricks and how to use brushes and makeup tools more effectively. \$5 materials fee

11/5 M 5:30 - 8 p.m.
Lopez
TresImage Salon \$35

Computers for Home Use

For professional computer courses, log on to www.washoecommunityed.org and click on Classroom Courses, then Computers and Software (listed under Business and Career Heading).

**HOT!**

Computer Basics from Hardware to the Internet

Get the most out of your first computer experience by becoming comfortable with this amazing tool. Learn the lingo while using a computer by exploring Windows, typing a letter and drawing a simple picture with a mouse. \$5 materials fee

9/20-9/27 TH 2:30 - 5:30 p.m.
Gage
Mendive Middle School \$99

"I have some computer knowledge, but did not know all the tricks and options. This class showed me so many easy ways to use the program."

— Jo W., computer basics student

HOT!

eBay I: The Basics of Selling

Learn the tips, tricks and traps so you can succeed in all your eBay dealings. Sell more effectively by developing procedures on how to set up a seller account, create listings and set up credit card payments. Streamline packing and shipping procedures, monitor listings and upload great pictures. Taught by an award winning eBay instructor.

10/8 M 6-9 p.m.
Boyd
TMCC Meadowood Center S315 \$49

NEW!

eBay II: Advanced Selling Strategies

Learn the secret strategies that will draw the most bids, maximize sales and beat your competition. Find out how to find a profitable niche and reputable suppliers including drop shippers. You'll also learn marketing and photography tips, eBay stores and free automation tools that organize and streamline your eBay selling. Taught by a multi award winning eBay instructor and published author.

10/13 S 9 a.m. - 12 p.m.
Boyd
TMCC Meadowood Center S315 \$59

Microsoft

Windows 7 FUNdamentals

Immerse yourself in all the fun things without getting bogged down in a bunch of technological babble. Discover quick tips for getting around, where to put your stuff and how to easily find it, smarter ways to shop online, share photos and more. If you ever thought that computer classes were too boring or technical, this is the class for you.

10/6-10/20 S 9 a.m. - 12 p.m.
Morganson
TMCC Meadowood Center S115 \$99

Word 2010 Basics

Master this Microsoft word processing program. Explore the ribbon, tabs, groups and commands, move text, spruce up your work with fonts and colors, among other tasks. Once you complete this class, you will know how to use bullets and numbers for lists and create envelopes and mailing labels. \$5 materials fee

10/4-10/11 TH 2:30 - 5:30 p.m.
Gage
Mendive Middle School \$99

Excel 2010 Basics

Discover tricks to help you use this tool more effectively. Identify and become comfortable with screen components, ribbon, tabs, groups and commands. Discover how to use the four mouse pointers, right-click shortcut menus, and create totals, minimums, averages and percentages. Build a spreadsheet, modify data and refine it with easy formatting. \$5 materials fee

10/18-11/1 TH 2:30 - 5:30 p.m.
Gage
Mendive Middle School \$99

Excel 2010 Intermediate

Expand your skills by freezing panes and splitting the window, easing navigation and using styles and the conditional formatting feature. You'll also learn to create pie, bar, column, XY and other charts in Excel to present your numeric data in a professional-looking and easy-to-read format. Gain tips to better manage data lists and practice working with formulas and functions. \$5 materials fee

12/13-12/20 TH 2:30 - 5:30 p.m.
Gage
Mendive Middle School \$99

PowerPoint 2010 Basics

Learn how to create dynamic, high-impact presentations for anything from professional presentations to weddings. You'll also explore screen components, learn how to type the content of your slide show, and learn how to add to that content with PowerPoint's many themes, graphics, charts, and even animation and sound. PowerPoint makes sharing slides between files easy and the new publish choices give you control over what is hidden and what shows, as well as who can make changes to your file. \$5 materials fee

11/8-11/15 TH 2:30 - 5:30 p.m.
Gage
Mendive Middle School \$99

HOT!**Photoshop Elements Basics**

Release the images held captive inside your camera and jazz them up to create eye-popping photos. Learn how to use the wide array of features of Adobe Photoshop Elements, a mid-range photo editing software. Find out how easy it is to use this software, even if you have no image editing experience.

9/29 S 8:30 a.m. - 3:30 p.m.
Gage
TMCC Meadowood Center S115 \$99

Photoshop Elements Intermediate

Build on the skills you learned in Photoshop Elements Basics class. Explore the powerful layers and effects palettes. Using these two pieces, you can take yourself out of a photo in your kitchen and put yourself relaxing on a beach or climbing a mountain—then make that picture look like a pencil drawing or an oil painting! You are only limited by your imagination.

10/8-10/10 M, W 6 - 9 p.m.
Gage
TMCC Meadowood Center S115 \$99

Digital Photo Editing for Beginners

Spruce up your photos and better preserve your memories. Have fun learning essentials such as how to adjust color and light, fix red-eye, crop, straighten, create a panoramic photo and even an airbrush-like technique. Class uses free Windows Live software that you can install at home.

9/8 S 9 a.m. - 12 p.m.
Morganson
TMCC Meadowood Center S115 \$39

Cultures and Religions**Why take cultural classes?**

Northwestern's Adam Galinsky showed that studying another culture can help increase creativity. In Galinsky's lab, people were more creative after watching a slide show about China: a 45-minute session increased creativity scores for a week.

Perspectives on God

Explore how different faiths define and view God. Engage in a panel discussion with a Christian priest, Muslim imam, Hindu leader, Buddhist priest, Jewish rabbi and an atheist as they explain their beliefs.

9/8 S 10 a.m. - 2 p.m.
Zed
TMCC Meadowood Center S320 \$49

HOT!**Religion and the Paranormal - A Panel Discussion**

Explore how various religions view the paranormal by participating in this panel discussion with experts in Judaism, Buddhism, Islam, and evangelical Christianity. Learn what each faith believes regarding ghosts, angels, demons, the afterlife and more. Ask questions in this casual environment where all views will be treated with respect.

10/18 TH 6:30 - 8:30 p.m.
TMCC Meadowood Center S205 \$24

World Religions

Better understand our world by delving into 12 classical religions. Guest speakers will shed light into the beliefs of Christianity, Islam, Hinduism, Buddhism, Sikhism, Judaism, Confucianism, Taoism and more. Compare different faith traditions and discuss atheism.

11/20-12/18 T 6 - 9 p.m.
Zed
TMCC Meadowood Center S300 \$169

HOT!

Hinduism

Learn about Hinduism, the oldest and third largest religion of the world. Find out about its beliefs, scriptures, deities and more. Compare Hinduism to other world religions.

12/12 W 6-9 p.m.
Zed
TMCC Meadowood Center 300 \$39

The Life, Experiments and Philosophy of Gandhi

Gain a better understanding of the thoughts, theories and history of one of the world's most influential activists in the non-violent resistance movement launched by Mahatma Gandhi. Learn how he managed to relate to religion and politics without corrupting either and was able to develop a political life rooted in spirituality.

12/19 W 6-9 p.m.
Zed
TMCC Meadowood Center 300 \$39

Dance

Why take dance?

Dance builds confidence because it requires a coordinated movement that engages the mind and challenges the person's ability to express themselves in a manner that draws judgment from others, according to Examiner.com.

NEW!

Just Dance

Have a blast learning a variety of dance routines choreographed to today's hits and past eclectic, energizing popular music. In this non-technical class, boost your fitness levels while moving to a fusion of hip hop, jazz, cabaret and funk. The emphasis is on fun while you experiment with a new routine each week in an upbeat, friendly atmosphere.

9/19-10/24 W 7-8 p.m.
Carabio
ACHIEVE Fitness \$72

Hoop Dance

Relive your childhood, relieve stress and laugh while taking this incredibly fun class led by a certified hoop dance instructor. Move in all directions, while you learn the fundamentals of hooping on the waist. Explore transitions on and off the body, change planes of rotations and add flair with tricks. Increase your body awareness and coordination through techniques that build cardiovascular endurance, strength and flexibility. Find the flow as you integrate skills with seamless transitions.

9/25-11/20 T 6:30-7:45 p.m.
Rizzoli
Caughlin Ranch Elementary \$89

"The instructor was tremendous: encouraging, energetic and nonjudgmental. The class exceeded my expectations."

– Hoop Dance student

Zumba

Ditch the workout, join the party. Inspired by Latin America, Zumba is part dance and part aerobics. The up tempo moves will burn calories and tone your body. This popular new way to exercise has low impact for your joints while increasing your cardiovascular fitness, improving your range of motion and increasing your flexibility. For class dates, times and to register, go to www.washoecommunityed.org and click on Classroom Courses, then Zumba. Classes are held weeknights at various locations, and the cost per session is \$69.

This class was "fun and it goes quickly, so you don't really feel like you are exercising."

– Leslie B., Zumba student

Hip Hop

Get in shape with this high-energy style cardio workout, combining club and jazz dance. Listen to popular music while you learn the latest dance moves and tone your body.

9/11-10/30 OR 11/6-1/8
T 7:30-8:30 p.m.

Carabio
ACHIEVE Fitness \$69

Country Western Partner Dancing

Dance the latest country-western trends such as the two-step, 10-step shuffle and original urban style dances. Partner required.

9/5-10/17 W 7-9:10 p.m.
Ross
Billinghurst Middle School \$69



Line Dancing

Kick up your heels and dance to country music. Learn basic steps that when adapted can be used to dance to just about any kind of music. Perfect fun for singles and couples. This beginners class will teach the 10 step, Go Go Stomp, Cupid Shuffle, Slappin Leather, Waltz Across Texas, Cowgirl Twist, and Power Jam.

9/10-10/22 M 7-9 p.m.
Wilson
Sparks Middle School \$59

HOT!**Line Dancing II**

Become familiar with more intricate and challenging routines. Increase your variety of dances and learn 48 and 54 count patterns that are popular at local dance clubs. Have fun in this comfortable private classroom setting. This intermediate class will teach MIB, Sweet Sensations, Toes, Chill Factor, She Bangs, Boot Scoot Boogie and Big Green Tractor.

10/29-12/17 M 7-9 p.m.
Wilson
Sparks Middle School \$59

HOT!**Kickin' Country Line Dancing**

Kick up your heels and dance to country music. Come experience the many benefits of dance—social ease, exercise, increased self-confidence, sense of achievement, stress relief, grace, poise and more. You'll learn the Boot Scoot Boogie, Slap Leather, Electric Slide, Tosh Push and more. New dances include Black Velvet, Cowboy Waltz and others. Join the fun, meet new friends and share in the enjoyment of dance.

9/21-11/16 F 6:30 - 7:30 p.m.
Nelson
Dilworth Middle School \$62

Modern Ballroom and Social Dance

You don't have to dance like a star to feel like one. Feel more relaxed and confident in any social situation. Learn the foxtrot, waltz, rumba, East Coast swing, tango and more. Gain an understanding and application of dance concepts, lead/follow, music interpretation, creative expression and partnership.

9/17-10/29 M 6:30 - 7:30 p.m.
Nelson
Dilworth Middle School \$59

It's Friday, Let's Swing Dance

Learn swing moves while dancing to contemporary music that will get your heart pumping and your feet moving. Dance the jitterbug, country swing and throw-out, underarm turn, left side pass, sugar push and the inside and outside whips. Work on your lead and follow techniques.

9/21-11/16 F 7:40 - 8:40 p.m.
Nelson
Dilworth Middle School \$62

Jitterbug Swing Dance

Move to the beats of big band and fifties-era music. Practice the East Coast and jitterbug styles and more. East Coast Swing is similar to jive as seen in *Dancing with the Stars*. No major lifts. Partner required.

10/24-12/12 W 7-9:10 p.m.
Ross
Billingshurst Middle School \$69

Latin Dancing

Discover how easy it is to perform your favorite Latin dances in a social setting. Learn moves to dances from *Take the Lead*, *Dancing with the Stars*, and *Dirty Dancing: Havana Nights*, as you master the basics to the Cha-cha-cha, Rumba, Salsa, Merengue and more.

9/13-10/25 TH 7:30 - 8:45 p.m.
Suhr
Let's Dance Studio \$69

Sizzling Salsa and Latin Dance

Not only is Latin dance hot, it makes dancers move in a way no other rhythm dance does. Learn sizzling salsa, cha cha and more. Dancers will gain creative expression, strength and physical stamina while improving partnership skills in a relaxed and fun environment.

9/17-10/29 M 7:40 - 8:40 p.m.
Nelson
Dilworth Middle School \$59

Argentine Tango

Learn the beloved dance of Buenos Aires in its authentic form. Practice lead and follow techniques from the founder of Reno Tango Society. Also, find out about the dance history and terminology.

9/10-10/22 M 7:30 - 8:45 p.m.
Suhr
Let's Dance Studio \$69

Belly Dancing I

Experience the beat of the Middle East. As a beginner, learn how to isolate and control muscles for performing the steps and movements. Enjoy this relaxing way to exercise.

9/7-12/7 F 5:30 - 6:45 p.m.
Carver
TMCC Red Mountain Bldg. 240 \$79

**Belly Dancing II**

Further develop your dance technique through music interpretation, improvisation and choreography. Also, delve into the world of costuming.

9/7-12/7 F 6:45 - 8:15 p.m.
Carver
TMCC Red Mountain Bldg. 240 \$79

Belly Dancing III

Welcome to the home of Hipswitch. If you are an advanced student, take your dancing to the next level. Further develop your choreographic and performance skills as you perfect your belly dancing technique. Performance opportunities are available for those who are eligible.

9/7-12/7 F 6:45 - 8:15 p.m.
Carver
TMCC Red Mountain Bldg. 240 \$79

Father-Daughter Ball



HOT!

Royal Father-Daughter Ball

Bring your little girl to this magical evening event where you will dance, sample royal treats and take part in a raffle. The semi-formal dance is designed for girls from kindergarten through sixth grade and their fathers, grandfathers or special friends. Each child will receive a special gift and you can choose to purchase photo memories and flowers to make the evening an extra special event that you will remember for a lifetime.

10/27 S 6-9 p.m.
Grand Sierra Resort \$20

“For three years my husband and daughter have gone to the father-daughter dance. The first one was my idea because of the memories they’d make. Then my husband thanked me so much when they came home. So now I say the dance is coming up, want to go? A grin on his face, means yes. Thank you for the years we’ve had so far.”

-Arwyn P.

Fitness and Sports

Why exercise?

The Mayo Clinic says regular exercise can increase self-confidence and lower the symptoms associated with mild depression and anxiety. Exercise also can improve your sleep, which is often disrupted by stress, depression and anxiety. The end result can be a calming sense of command over your body and life.

Pilates

HOT!

Pilates Using a Reformer

Feel refreshed and alert by applying basic Pilates conditioning principles on the reformer to give you an overall fitness workout. Through this method, enhance your core strength, flexibility and posture. For class dates, times and to register, go to wdce.tmcc.edu and click on Classroom Courses, then Pilates. Classes, held at the TMCC Meadowood Center S200, are offered weekdays, weeknights and Saturdays. Cost is \$99 for eight sessions.

“Excellent environment, excellent teaching, excellent workout and conditioning.”

– Robin D., Pilates student

Sports

HOT!

Volleyball I

Boost your enjoyment of this lively and social sport by learning passing, setting and serving in both drills and game settings.

T 6-8:15 p.m.
Spino
8/28-10/16 OR 10/23-12/11
Sparks Middle School Gym \$89

Fencing

You’ve seen it in movies, now make the art of swordplay a part of your reality. Discover this sport’s artful grace, coordination and timing through demonstrations, exhibitions and hands-on exercises. Equipment provided.

8/27-12/10 M 6:30 - 8:30 p.m.
Germano
TMCC Red Mountain Bldg. 240 \$89

Fencing Intermediate

Now that you know the art of swordplay, expand your knowledge and practice coordination and timing through demonstrations, exhibitions and hands-on exercises. Equipment provided.

8/27-12/10 M 7:30 - 9:30 p.m.
Germano
TMCC Red Mountain Bldg. 240 \$89

Boxing

Decrease stress while reducing your weight through the art of boxing. Increase your energy, stamina, endurance, speed and reflexes by practicing technique, footwork, body alignment and other basics.

8/31-12/14 F 12 - 1:55 p.m.
Manning
TMCC Red Mountain Bldg. 240 \$89

9/17-11/28 M,W 9:30 - 11 a.m.
Manning
TMCC Red Mountain Bldg. 240 \$89

Beginning Golf

Tap into your desire to become a better sportsperson by learning the basics of golf. Gain tips on how to swing and the rules and etiquette of the game from a professional with more than 40 years experience in the industry. Learn to putt, chip and to play with both iron and wood clubs. At the end of this course you should be able to play at least a par three course. \$35 materials fee

9/25-10/30 T 6:15- 7:15 p.m.
Krivanek
Grand Sierra Resort Driving Range \$99

Yoga

Why take yoga?

Yoga can reduce high blood pressure, high cholesterol and may even cut the number of atrial fibrillation episodes, according to the American College of Cardiology.

Gentle, Restorative Yoga

Relax, de-stress and learn to listen to your body through practicing gentle, restorative yoga in a slow and supportive environment. Follow Anusara's basic Universal Principles of Alignment and focus on slow movement, stretching and strengthening postures as well as meditation. Modifications will be offered for all poses. No prior yoga experience is required.

9/11-10/16 OR 10/23-12/4

T 4:45- 5:45 p.m.

MacLellan

Swope Middle School \$79

Vinyasa Flow Yoga

If you have some yoga experience, explore the relationship between breath and movement, awareness and alignment in a non-competitive environment. Gain an understanding of the Universal Principles of Alignment as you move through a sequence of poses, standing postures and calming seated postures. End each session with a final relaxation pose and meditation. Find more balance and flexibility in your body, mind and life.

9/11-10/16 OR 10/23-12/4

T 6- 7 p.m.

MacLellan

Swope Middle School \$79

Cardio

Biggest Loser Challenge

Take this challenge and stop fighting yourself about food and exercise. Explore what types of food and activity you really need for optimal health and energy. Discover the critical aspects of nutrition and exercise. Learn how to incorporate healthy patterns into a wellness lifestyle. You could lose 5 to 20 pounds. Note: Course includes 12 weeks of Wednesday night classes plus two workouts per week on days and times of your choice. Challenge winner gets three months of full membership at ACHIEVE Fitness.

9/5-12/5 W 7-8:30 p.m.

Carabio

ACHIEVE Fitness \$250

Spinning

Enjoy this excellent, non-impact training that carries a low risk of injury and is one of the best cardiovascular exercises you can do no matter your age or fitness level. Ride a specially designed stationary cycle to music under the leadership of an experienced, certified instructor. Regardless your experience, enjoy training at your own level and intensity.

9/19-11/14 OR 11/19-1/16

M, W 5:30- 6:30 p.m.

Carabio

ACHIEVE Fitness \$94

HOT!

Spin For Weight Loss

Get in the spin of things with one of the safest and most effective cardiovascular programs for losing weight. In this eight-week program, learn how to use a heart monitor, track your nutritional intake and achieve fitness and weight goals.

9/8-11/1 OR 11/3-1/3

S 8:30- 9:30 a.m.

T,TH 5:30- 6:30 p.m.

Carabio

ACHIEVE Fitness \$124

"This class, as well as Karen the instructor, helped me turn my life and personal image from a couch potato to an athlete in training."

-Jane O., spinning student

Kickboxing

Use the bags for a sweat-dripping workout that can burn more than 600 calories per hour. Master authentic kickboxing moves, drills and combinations that deliver a total body workout. Improve your cardiovascular function and agility by working the bag like a real pro.

9/11-10/30 OR 11/6-1/8

T 6:30- 7:30 p.m.

Carabio

ACHIEVE Fitness \$69

Hip Hop

Get in shape with this high-energy style cardio workout, combining club and jazz dance. Listen to popular music while you learn the latest dance moves and tone your body. To register online, visit Dance classes.

9/11-10/30 OR 11/6-1/8

T 7:30- 8:30 p.m.

Carabio

ACHIEVE Fitness \$69

Hoop Dance

Relive your childhood, relieve stress and laugh while taking this incredibly fun class led by a certified hoop dance instructor. Move in all directions, while you learn the fundamentals of hooping on the waist. Explore transitions on and off the body, change planes of rotations and add flair with tricks. Increase your body awareness and coordination through techniques that build cardiovascular endurance, strength and flexibility. Find the flow as you integrate skills with seamless transitions. To register online, visit Dance classes.

9/25-11/20 T 6:30- 7:45 p.m.

Rizzoli

Caughlin Ranch Elementary \$89

Martial Arts

NEW!

Martial Arts Training, Principles and Personal Safety

Strengthen your mind, body and essence while learning belt philosophy, codes, stances and Dojang rules. Understand the basic principles and history of martial arts while learning practical and foundational principles of self-defense. \$30 materials fee

9/10-12/17 M 7-8 p.m.
 Bennett
 European Fitness Center \$79

Karate

Begin learning the basic movements of karate. Find out how to block, punch, kick and utilize basic stances while performing these movements. Learn self defense techniques, too.

8/29-12/12 W 6:30 - 8:15 p.m.
 Walker
 TMCC Red Mountain Bldg. 240 \$89

Tai Chi

HOT!

Gain more harmony and equilibrium in your life by integrating the mind and body elements of this ancient balanced, healing Chinese art.

9/4-10/23 T, TH 6:30 - 7:30 p.m.
 Sigler
 TMCC Meadowood Center 308 \$79

Why take tai chi?

UCLA found that adults who practiced tai chi had increased immunities to the diseases they were studying.

Strength Training

Balletone

Have fun developing muscular endurance, core strength, balance and coordination. This workout will leave no muscle untouched. Designed for the non-dancer, you'll enjoy traditional fitness training blended with techniques from Pilates, dance and yoga.

9/10-10/15 OR 10/22-11/26 OR 12/3-1/14
 M 6:30 - 7:30 p.m.

Carabio
 ACHIEVE Fitness \$69

NEW!

Kettlebell Fitness

Get in shape, stay in shape and lose weight. Learn the basic gripping technique, swings, cleans and deadlifts. Enjoy the vast benefits that this full body workout gives you: increased strength, endurance and agility while challenging the cardiovascular and muscular system. Also enhance your balance, coordination, energy and restore joint functionality.

9/8-10/6 S 8:30 - 9:30 a.m.
 Thurston
 TMCC Meadowood Center S308 \$79

Weight Training for Weight Loss

Dive into this challenging weight training workout designed for maximum muscular strength and endurance gains. Build a leaner physique with bars and dumbbells. Boost metabolism to burn more fat.

9/8-11/1 OR 11/3-1/3
 S 8:30 - 9:30 a.m.
 T,TH 5:30 - 6:30 p.m.

Carabio
 ACHIEVE Fitness \$124

Food and Beverage



HOT!

Taste of Scandinavia

Roll up your sleeves and get ready to cook and eat. The Daughters of Norway will take you through the steps to make lefsa, meals, desserts, holiday fare and more. Cookbook included.

11/3 S 11 a.m. - 1 p.m.
 Palm
 Faith Lutheran Church Kitchen \$39

Gingerbread House

Create an edible masterpiece while learning the trick to making perfect royal icing to glue your house together. Use creative techniques to construct and decorate it with candies and cookies. You will end up with a yummy centerpiece for the holidays. \$10 materials fee

12/15 S 10 a.m. - 12 p.m.
 Thez
 TMCC Meadowood Center S103 \$29

Cake Decorating

Learn basic decorating techniques and how to use all of the necessary tools. Gain the skills to trim, frost and fill a cake. Create roses and other beautiful flowers using royal icing. Use your new skills to decorate and write on a birthday cake.

9/10-10/1 M 6:30 - 8:30 p.m.
 Thez
 TMCC Meadowood Center S103 \$49

NEW!

Cake Decorating II

Create memorable cakes for any occasion. Bring out your creative side by making striped flowers and borders, and even more challenging flowers. Learn breathtaking basket weaving, rope and braid borders and delicate embroidery, lace and string work. Discover how easy it is to make professional looking cakes that your family and friends will go crazy over.

10/8-10/29 M 6:30 - 8:30 p.m.
Thez
TMCC Meadowood Center S103 \$49

Indian

Indian Cuisine

Shake up your normal dinner routine by creating exotic meals for your family to enjoy. Discover how Indian spices are used and how they are believed to help heal the body. Prepare and sample affordably priced lentil-based entrees, healthy meat dishes and mouth-watering desserts. \$18 materials fee

9/5-9/26 W 6 - 8:30 p.m.
Zed
McQueen High \$99

Gluten-Free Indian Cooking

Expand your options by making flavorful dishes using the Eastern method of cooking with spices, mixes and chutney. Learn methods and techniques using a variety of gluten-free flours from soy to tapioca to create healthy and nutritious Indian recipes. \$9 materials fee

11/7-11/14 W 6 - 9 p.m.
Zed
McQueen High \$59

Pumpkin Dishes from India

Create something tasty, fun and non-traditional for the holidays. Spice up your holidays and surprise your guests with a pumpkin dish from India. Learn new methods of cooking and use different spices to prepare nutritious dishes. \$4 materials fee

10/17 W 6 - 9 p.m.
Zed
McQueen High \$39

Vegan Indian Cooking

Prepare flavorful authentic vegan dishes from India. Be inspired with the aromas and spices to create flavorful, exciting and colorful dishes. Learn new cooking styles and recipes that include wholesome, healthy and fresh ingredients such as lentils, exotic vegetables and soy products. \$9 materials fee

10/3-10/10 W 6 - 8:30 p.m.
Zed
McQueen High \$59

“This class helped me overcome my hesitation to try Indian cooking on my own.”

—vegan student

HOT!

Breads of India

Bake a variety of different flatbreads including puri, naan, roti and chapatti. Gain knowledge of the various tools, techniques and ingredients to make successful Indian breads. Learn the history behind making different breads for home use, holidays and entertaining. \$8 materials fee

10/24-10/31 W 6 - 8:30 p.m.
Zed
McQueen High \$59

Living Foods

Boost the nutritional value of what you eat and overhaul your wellness! Living foods are the original fast foods: fruits, veggies, seeds, grains and nuts. Learn ingenious ways (without cooking) to bring out the full flavor of nature's bounty without gluten, dairy, preservatives and chemicals. For more details, visit www.naturalnana.com.

Why take Living Foods?

People who practice healthy habits—such as healthy eating—live longer than those who don't, according to the U.S. Centers for Disease Control and Prevention.

Living Food Nutrition - An Introduction

Gain insight into Living Foods — those that have not been compromised by chemicals or cooking. Fresh whole foods incorporated into your daily diet can make a big difference in your life. Come hungry and enjoy foods that are organic and free of dairy, gluten and preservatives. Bring your questions and join the health conscious for an evening of tasting and fun. \$15 materials fee

9/11 T 6 - 7:30 p.m.
Clark
McQueen High \$20

Juicing Benefits

Taste and discover the benefits of juicing fresh fruits and vegetables that have not been compromised by chemicals or cooking. Learn to incorporate fresh whole foods into your daily diet to make a big difference in your wellness. \$15 materials fee

9/25 T 6 - 7 p.m.
Clark
McQueen High \$15

Making Kale Chips

Enjoy tasty treats without the guilt, dairy, gluten or preservatives. Create a variety of snacks and enjoy them with a nutritious faux chocolate shake. Join the health conscious for an evening of tasting and fun. \$15 materials fee

10/9 T 6 - 7:30 p.m.
Clark
McQueen High \$20

The Power of a Living Food Breakfast

Explore the benefits of making granola, muesli, breakfast parfaits and smoothies from whole living foods. Enjoy eating delicious dishes free of dairy, gluten and preservatives. \$35 materials fee

10/23 T 6 - 8 p.m.
Clark
McQueen High \$29

Holiday Desserts Featuring Whole Foods

You don't have to skip dessert during the holidays. Create and taste fudgey pie and a Christmas yule log made without dairy, gluten, preservatives or processed sugar. \$35 materials fee

11/13 T 6-8 p.m.
 Clark
 McQueen High \$29

Herbal Studies



HOT!

Medicinal Plants A-Z

Start building your herbal expertise by learning how plants can promote better health. Incorporate your senses in learning about more than 40 of the most widely used plants, as well as popular Northern Nevada ones. Learn about their properties, qualities, uses, indications and contraindications. Explore cultural, ethical harvesting and ecological concerns. \$15 materials fee

8/28-10/16 T 6-9 p.m.
 Broderick/Powers
 TMCC Meadowood Center \$215

Practical Herbology

Gain hands-on experience in making your own herbal products and develop a deeper understanding of how plants support our health and well-being. Discover how to make salves, tinctures, poultices, teas and more. This lab complements the lecture class above. \$35 materials fee

10/30-12/11 T 6-9 p.m.
 Broderick/Powers
 TMCC Meadowood Center S103 \$225

Plant Identification

Gain the skills you need to accurately identify our region's wild-growing plants. Delve into the basics of botany, morphology and taxonomy during this lecture, lab and field trip class. Develop your analytical thinking by using a plant identification manual known as a dichotomous key. \$30 materials fee

8/30-10/18 TH 5:30-8:45 p.m.
 Broderick
 TMCC Redfield High Tech Center \$259

Essential Oils and Aromatic Medicine

Explore therapeutic uses of plant essential oils and how to effectively apply them. Better understand their chemistry and how they affect the brain and body. Develop blending skills, learn to safely and effectively use essential oils and identify them by aroma. \$35 materials fee

10/25-12/13 TH 6-9 p.m.
 Powers
 TMCC Meadowood Center S324 \$189

HOT!

Wildcrafting - Harvesting Local Medicinal Plants

An array of beneficial native plants thrive in Northern Nevada. Spend the day outdoors collecting and processing medicinal plants, while learning how to ethically harvest them. Learn about their ecology and environment while you gain tips on how to preserve plants for future medicinal uses. \$10 materials fee

8/25 S 9 a.m. - 5 p.m.
 Broderick/Powers
 Reno \$79

Home and Garden

Wood I

Shape wood by learning how to work safely with a planer, jointer, table saw, hand-held power tools, belt sander and more. Start by cutting boards and benches and then continue with more complex projects suggested by you or the instructor. In addition, learn about finishing techniques such as sanding and staining. \$30 materials fee

9/5-12/5 W 6:30-9:30 p.m.
 Sutherland/Hayes
 Clayton Middle School \$199

Wood II or III

Design and create your own masterpiece using joinery such as miter, dovetail, dado, rabbit, mortise and tenon. Learn the art of creating face frames, raised panel doors and drawer construction, or take a break and spin a bowl. Explore the use of exotic woods such as cocobolo, purple hart, padauk and zebra wood. From a simple box to the furniture to display it on, this class can help you develop your skills to achieve whatever you desire. \$30 materials fee

9/5-12/5 W 6:30-9:30 p.m.
 Hayes/Sutherland
 Clayton Middle School \$199

HOT!

Basic Home Repair

Save money and avoid scheduling repairmen by fixing it yourself. Learn from a local construction professional how to do light repairs on drywall, plumbing, electrical and carpentry. \$20 materials fee

9/12-10/17 W 6-8 p.m.
 Shumway
 TMCC/IGT Applied Technology Ctr. \$89

Solar Electricity Introduction

Learn how solar panels can save you money by understanding how solar electricity works and its advantages and disadvantages. Decide whether you can utilize renewable energy in your home or office and the cost of starting your own solar electric system.

9/13-9/20 TH 6-9 p.m.
 Pizur
 TMCC Meadowood Center 300 \$59

HOT!**Floral Arranging for Fun**

Create beautiful flower arrangements like a pro that will smell wonderful and decorate any room beautifully. Learn more about the specifics of floral design including the types of flowers used in bouquets, how to design flowers artistically and the steps necessary to make a flawless arrangement. Get a hands-on demonstration from an expert and an opportunity to use professional tools that will enhance your arrangements. Take home your colorful creation after each class. Every class makes unique designs so repeat students are welcome.

9/13-9/20 TH 5-6:30 p.m.
Henderson
Sparks Florist Design Center \$49

Color Confidence

One of the quickest and most inexpensive ways to makeover a room is through color. Gain the knowledge and confidence you need to create a color palette that suits your home's personality. Discover which shades work best together, the psychology behind colors and how to choose patterns to complement your design scheme.

10/1 M 6-9 p.m.
Tawzer
TMCC Meadowood Center 300 \$39

"This is a great way to update your home."

– Color student

The Right Window Treatments

Lower your energy bill while protecting your furniture and rugs. Explore solutions covering arched windows, large picture windows, sliding doors and very small windows. Determine which design schemes work with your lifestyle.

10/8 M 6-9 p.m.
Tawzer
TMCC Meadowood Center 300 \$39

Feng Shui: Personalize Your Space

The Chinese have long believed that feng shui creates a harmonious environment that fosters happier, healthier and more prosperous lives. Find out how to apply these principles to your own home and draw a floor plan. The instructor will also visit your space to determine compass reading.

10/15-11/26 M 5:30 - 7 p.m.
McKnight
TMCC Meadowood Center 300 \$89

Languages

For professional language courses, visit <http://wdce.tmcc.edu>.

NEW!**Conversational German**

Get more out of your travels and better connect with German-speaking people. Be able to make a personal introduction, reservations, order food and ask questions. Learn how to talk about the weather, describe people and places, and more. Gain an understanding and appreciation for Germany's culture and customs.

9/5-11/7 W 6-8 p.m.
Nichols
TMCC Meadowood Center 300 \$149

Mandarin Chinese

Learn basic conversational skills for the most widely spoken language of China. Practice the most commonly used greetings, phrases and questions used in everyday conversation while gaining an understanding of Chinese culture through its traditions, history and geography. The class is taught by an instructor from China who is fluent in both English and Mandarin Chinese.

9/4-11/6 T 5:30 - 7 p.m.
Nelson
McQueen High 603 \$149

Italian for Travelers

Enrich your Italian vacation experience by learning expressions of courtesy along with travel vocabulary. Become familiar with greetings, hotel lingo, currency and banking practices, shopping, sightseeing and safety tips. \$3 materials fee

10/3-11/7 W 6:30 - 7:30 p.m.
Manca
Reno High \$79

NEW!**Tagalog—the Language of the Philippines**

Learn to understand and speak Tagalog for travel and business. Explore the Filipino culture through movies and music, traditions, attitudes, values and communication styles. Gain tips on how and where to bargain shop, the currency and pointers for a safe and fun trip. \$10 materials fee

9/6-10/25 TH 6:30 - 8 p.m.
Johnson
Damonte Ranch High \$129

HOT!**American Sign Language**

Open up new worlds by learning to communicate with the deaf. Practice basics including introductions, food, ABCs, storytelling and more. Learn in a fun environment that incorporates instruction with games. \$5 materials fee

9/12-10/24 W 6-7:30 p.m.
McPartland
TMCC Meadowood Center S315 \$125

Spanish for Fun and Travel

Boost the enjoyment when you vacation to a Spanish-speaking country by learning basic conversation. Practice basic grammar and vocabulary in a fun, relaxed environment.

10/23-11/20 W 6:30 - 8 p.m.
Andrini
Wooster High \$59

HOT!**Conversational Spanish**

If you once took Spanish, strengthen your conversational skills. Have fun learning phrases in a safe environment. No grammar is presented in this course.

9/13-11/15 TH 5:30 - 7 p.m.
Sefchick
TMCC Meadowood Center S320 \$149

"The instructor's great! We had a lot of fun, and I learned enough to feel a bit more comfortable when traveling."

– Mary D., Conversational Spanish student

Practical French

Whether you're traveling abroad or just want to sound well-traveled, you'll enjoy learning this elegant language. Receive tips on correct pronunciation from the real thing, an instructor who hails from France.

9/6-11/8 TH 6 - 8:30 p.m.
Seelye
 TMCC Meadowood Center S315 \$149

Learn a new language at your own pace with Rosetta Stone®

Enjoy maximum learning flexibility with Rosetta Stone®. Pace yourself with these online courses available 24/7 and immerse yourself in a world of rich, visual imagery to help you think in a new language.

Community Education has partnered with Rosetta Stone® to offer these online classes:

- Hindi
- Persian (Farsi)
- Swedish
- Latin
- Tagalog
- Vietnamese
- English (U.S. and UK)
- Greek
- Spanish (Latin America and Spain)
- Portuguese
- Turkish
- Arabic
- Polish
- French
- Chinese
- German
- Japanese
- Italian
- Hebrew
- Russian
- Irish
- Korean
- Dutch

Rosetta Stone's Dynamic Immersion® method ensures a direct connection between words and their meanings. Become proficient in listening, comprehension, speaking, reading and writing.

You can take up to six months to complete a course, which costs \$150. You will need a computer with Internet access, a headset with microphone for voice recognition and a USB connector to take these courses.

For full details, visit <http://wcsd.rosettastoneclassroom.com>. Click on first time user to take the product tour. To register, visit www.washoecommunity.edu or call 829-9010.

Practical French II

Practice your reading and speaking skills as you further your understanding of French. Delve deeper into grammar, vocabulary and pronunciation while also discussing France, its culture, places to visit and current events.

9/6-11/8 TH 3 - 5:30 p.m.
Seelye
 TMCC Meadowood Center S324 \$149

Money and Investing



Stocks and Bonds

Make better informed investment decisions. Learn how to manage your own assets by understanding stocks, bonds, mutual funds, options and their roles in the market.

9/10-10/15 M 6:30 - 9 p.m.
Gant
 TMCC Meadowood Center S324 \$99

"Chris far exceeded my expectations! He explained terms in a precise manner and left me thirsty for more information!"

- Stocks student

NEW!

Do it Yourself Bankruptcy: Is it Right for You?

Understand the steps that are required to file your own bankruptcy and what court will be like. Learn how to fill out the forms, what documents are required, time lines to expect, the different ways to file for bankruptcy and if you need to hire a professional. Know what happens after bankruptcy and how to rebuild your credit. Be well informed and find out how to be your own advocate.

9/11-9/18 T 6 - 9 p.m.
Valdovinos
 TMCC Meadowood Center 300 \$59

Building Your Financial Portfolio on \$25 a Month or Less

Gain insight on how to invest in historically proven secure investments that can grow even during a recession. Improve your finances by understanding what is happening in our economy and stock market. Learn from successful investors who have implemented their practical strategy since the 1980s. Find out what your broker won't tell you, how to bypass your broker, what the current economy means to your wallet and what your options are. \$15 materials fee

10/19 F 6 - 9 p.m.
Christensen
 Swope Middle School \$49

Manage Your Money and Build Your Wealth

Become a savvy investor by learning how to save and invest wisely. Build your quality of life by making good shopping and investment decisions. Find out how to keep good credit, understand bank statements and figure out your financial position. Protect yourself from Internet scams.

9/11-10/30 T 7 - 9 p.m.
Peng
 Billingshurst Middle School \$159

NEW!

Financial Strategies for Successful Retirement

Understand all areas of retirement planning and improve your monetary outlook. Learn financial basics, investment strategies and minimize the impact of inflation. Be able to make informed decisions about your future and set realistic goals. Comprehend risk management such as Medicare, health and disability insurance and long-term care. Find out why a bucket list is important. \$28 materials fee

10/10-11/14 W 6:30 - 9 p.m.
Gant
 TMCC Meadowood Center S324 \$99

HOT!

Retirement Planning Today

Devise a strategy to get ahead. Assess your financial situation and develop a personalized plan to achieve your retirement goals. Explore the many ways you can save for retirement as well as the disadvantages and advantages of each method. Also, gain advice on how to save money on taxes, manage investment risks and protect your assets from potential long-term health care expenses.

10/20-10/27 S 9 a.m. - 12 p.m.

Costelloe
Nell J. Redfield Building 214 \$69

10/23-10/30 T 6 - 9 p.m.

Costelloe
Nell J. Redfield Building 214 \$69

Music



Why take a music class?

Penn State University found that people who listen to music—regardless of the type—were more optimistic, joyful, friendly, relaxed, and calm.

Harp

Learn the basic playing techniques and music fundamentals of the harp by not having to invest in your own expensive instrument. Get an introduction on how the harp is structured and how to tune and care for it. Also, start to read music and learn simple tunes by developing your rhythm and timing. \$20 materials fee

8/27-11/5 M 5:45- 7:15 p.m.

Roznitovsky
TMCC Meadowood Center S104 \$150

Voice

Feel comfortable and confident singing whether it's with your radio or in public. Find out how to sing vowels and breathe properly along with how to use warm-up exercises, phrasing techniques and musical stage presence.

9/10-12/17 M 7 - 9 p.m.

Lee
Reed High \$145

"This is a wonderful class! It's fun, friendly and enjoyable. I always learn something new. It's great for all voice levels."

– Kathleen C., voice student

HOT!

Piano I

Bring music into your home. Join us in the TMCC piano lab to learn all the basics of piano playing, including reading music. Be prepared to practice your newly acquired skills at home. \$15 lab fee

9/6-12/6 TH 7 - 9 p.m.

Smith
TMCC Red Mountain Bldg. 242 \$99

I Used to Play Piano, But...

If you have a basic knowledge of how to play the piano, but need to regain your skills and technique, this class is ideal for you. Learn to play by ear, sight read, double check chords and harmonies, do ensemble playing and also play for your own amusement. Your lost skills will return in no time and you will be entertaining your friends and family with beautiful music for years to come. \$15 materials fee

9/7-12/7 F 2 - 4 p.m.

Smith
TMCC Red Mountain Bldg. 242 \$99

Blues Guitar for Beginners

Try your hand at this music genre that's the foundation for jazz, rock and rhythm and blues. You will be surprised at how easy it is to play, even if you have no prior playing experience. Develop an understanding of blues guitar and rhythm and lead techniques. Bring an acoustic guitar to class. \$5 materials fee

9/26-11/14 W 6 - 8:30 p.m.

Goodrich
Reed High \$99

HOT!

Guitar I

Learn the beginner fundamentals of contemporary rhythm guitar. Develop skills in proper handling, coordination, timing, open position chords, basic strum patterns and songbook use. Song playing includes folk, blues, rock, R&B, country and classical styles.

9/4-12/11 T 7:30 - 9 p.m.

Perrotte
TMCC Meadowood Center S320 \$99

Guitar II

Transform your guitar playing by learning intermediate contemporary rhythm and lead guitar fundamentals. You'll learn about proper handling, coordination, timing, various chords, strumming and arpeggiating, chart navigation, improvisation and more. Practice playing a wide range of music including folk, blues, rock, rhythm and blues, country, classical and jazz styles.

9/5-12/12 W 6 - 7:30 p.m.

Westmoreland
TMCC Meadowood Center S320 \$99

Guitar III

Progress to the next level of guitar playing by practicing proper handling, using a tuner, tuning by ear and using a metronome. Work on open chords, power chords, barre chords, rhythms, arpeggios, written form, bass runs and chord embellishments. In addition, learn about finger style guitar, primary scales, advanced chord forms, harmonic theory, note reading fundamentals, songwriting and arrangement. Practice playing popular songs you couldn't play before.

9/5-12/12 W 7:30 - 9 p.m.

Westmoreland
TMCC Meadowood Center S320 \$99

Jazz Ensemble

Join our traditional 18 piece big band which plays everything from standard dance band music to more contemporary literature. Hone your reading and improv chops as you develop new musical skills. Must be able to read at an advanced high school level. You must audition for this class if you are not already a member.

9/6-12/13 TH 7 - 9:30 p.m.

Molt
TMCC Vista Bldg B206 \$60

Concert Band

Strike up a tune and join TMCC's band. If you play woodwind, brass or percussion and have an equivalent of high school band performance, you'll study, rehearse and perform music encompassing a wide-range of styles and historical periods. \$25 lab fee

8/28-12/11 T 7-9:50 p.m.
 Branson
 Reno High \$79

Concert Choir

Whether your singing experience is confined to the shower or you can belt out an aria, enhance your singing by joining TMCC's Concert Choir. Learn how to sing a wide range of songs from classical and folk to pop, among others. In addition, work on your performance skills as you prepare for the end of the class concert. \$25 lab fee

8/29-12/12 W 7-9:50 p.m.
 Owens
 Redfield Performing Arts Center \$79

Nevada Ghost and Paranormal Series



NEW!

Spirit Recognition and Identification

Better understand the spirits you encounter during ghost hunts by learning to distinguish the variety of entities that can be present. Discover where these spirits originate and how you can attract a variety of energies. Discuss how an array of spirits, such as guides, angels, totem animals, prankster entities, fairies, residual energies and more, differ. Fine tune your psychic senses and get more out of your paranormal investigations by understanding why you attract the spirits you do and your relationships with them.

9/13-9/20 TH 7-9 p.m.
 Hansen
 TMCC Meadowood Center S324 \$52

NEW!

Ghost Hunting 101

Meet at Virginia City's haunted Mackay Mansion for a lecture and ghost hunt. Gain a solid understanding of how to conduct a legitimate paranormal investigation. Learn about the equipment frequently used in investigations—digital voice recorders, cameras, thermometers, electromagnetic frequency meters and ovilus. Discuss protocol, techniques and how skepticism is a vital tool for any hunt. Learn about the importance of historical research, ethics and respect of spirits. Afterward, use your newfound knowledge to investigate the mansion, built in the 1860s for silver baron John Mackay. The home is said to be haunted by a little girl dressed in white, a colonel and an older woman. Enrollment is limited to ensure a better investigative experience.

9/8 S 7-11 p.m.
 Oberding
 Mackay Mansion \$59

NEW!

Spiritual Energy Circle

Working with an NSAC certified medium in a small group, experiment connecting with higher intelligence in three levels of vibration. The first level, earth intelligence, can present information about people you interact with. The second, spirit intelligence, may connect you with a loved one crossed over into heaven. The third, higher intelligence, brings information on how to improve your quality of life. All connections made are of a high level, positive and a power for good.

9/25 5:30 - 6:45 p.m.
 or 7 - 8:15 p.m.
 or 8:30 - 9:45 p.m.
 Gay
 TMCC Meadowood Center S308 \$39

THANK YOU



photo by Craig L. Marshall, www.clmarshall.com

Thank you to the Mackay Mansion and Washoe Club for their support of the Nevada Ghost and Paranormal Series.

HOT!

Old Washoe Club Ghost Hunt Field Trip

As one of Virginia City's most haunted buildings, the Old Washoe Club was home to the elite Millionaire's Club, a bordello for the town's movers and shakers. Spend the dead of night investigating the paranormal entities rumored to dwell there. Maybe you'll experience the roaming apparition in the ballroom, the ghostly young woman on the spiral staircase or a white softball-sized orb zipping along the second floor. If you are not a member of the Washoe Club, you must pay an additional \$20 entry fee at the door. Early bird discount: register by 8/24 and pay only \$59.

Psychic Hunt:

9/29 F 11:15 p.m. - 3:15 a.m.

Hansen

Technological Hunt:

9/29 F 11:15 p.m. - 3:15 a.m.

Leong

Washoe Club \$72

"This was my first ghost hunt and I had a great time. Everyone was very friendly and helpful and I learned some new things about paranormal investigating."

— Brenda M., 2011 ghost hunt student

NEW!

Is There a Ghost in Your Photo?

Find out if your eerie photo could be proof of the paranormal. Learn how to examine pictures for paranormal anomalies and view examples of what's believed to be ghostly and what is not. If you have a photo you've wondered about, bring it to class to have it analyzed. Also, learn the best practices in ghost photography from the technology directors of the San Francisco Paranormal Society.

9/29 S 2:30 - 4 p.m.

Leong

TMCC Meadowood Center S206 \$32

Decoding Tombstones

Unlock the secrets of headstone symbolism and get more out of your historical, genealogical or paranormal research. Discover the meanings behind tombstone styles, emblems, pictures, epitaphs and even the materials from which they're made. Learn how to discern the deceased's affiliations, military service, economic status and more. Register for the Cemeteries and Tombstones Tour for real-life examples of what is discussed in class.

10/3 W 6:30 - 8:30 p.m.

Davis

TMCC Meadowood Center \$32

NEW!

Cemeteries and Tombstones Tour

Spend the day touring Carson City's Lone Mountain and Virginia City's Silver Terrace cemeteries to see examples of headstone symbols and take in the ghostly tales of these locations. With both dating back to the 1860s, learn about the smaller cemeteries separated by religions and affiliations and how Virginia City's once lush Victorian grounds were treated like a park. Hear stories of Carson City's ghost of Tom Burt, who was lynched at the cemetery gate in the 1800s and of Virginia City's glowing tombstone. This class is a companion course to the Decoding Tombstones lecture held the Wednesday before.

10/6 S 10 a.m. - 4 p.m.

Davis/Oberding

Lone Mountain Cemetery \$42

HOT!

Religion and the Paranormal - A Panel Discussion

Explore how various religions view the paranormal by participating in this panel discussion with experts in Judaism, Buddhism, Islam, and evangelical Christianity. Learn what each faith believes regarding ghosts, angels, demons, the afterlife and more. Ask questions in this casual environment where all views will be treated with respect.

10/18 TH 6:30 - 8:30 p.m.

TMCC Meadowood Center S205 \$24

NEW!

Ghosts, Hauntings and the Paranormal

On the eve of Halloween, take an entertaining and scientific look at belief in supernatural events. Through sleight of hand and magical illusion, witness things appear, transform, levitate and more. Find out what science has learned about the demographics of belief and how the brain creates patterns that make us more likely to think we've seen something paranormal.

10/30 T 7 - 8:30 p.m.

Mehm

TMCC Meadowood Center S315 \$32

Outdoors



Why engage in an outdoor sport?

Studies show outdoor exercise improves one's mood and reduces anxiety, according to WebMD.

HOT!

Beginning Fly Fishing

Experience the serenity of fly fishing by learning about casting strokes and techniques, equipment selection, knot tying, flies, landing trout and more. In addition, gain indepth information on fishing local waters. \$35 materials fee

9/22 S 8:30 a.m. - 12:30 p.m.

Wharton

Hidden Valley Regional Park \$50

10/14 SU 8:30 a.m. - 12:30 p.m.

Wharton

Hidden Valley Regional Park \$50

Reno's Best Urban Hikes

Enjoy Mother Nature without having to invest much time in driving. The Reno area is home to many convenient urban trails and natural Edens. Embark on these hikes with an experienced leader who will also share information on hiking safety, finding groups which offer hikes, and exploring trails on your own.

9/22-11/17 S 8 a.m. - 12 p.m.
Carabio
ACHIEVE Fitness \$89

Rock Climbing

Scale Sierra rock faces for a greater perspective of our beautiful and unique area. Head to the hills to learn about safety, equipment and emergency techniques. \$20 materials fee. Supplies required.

9/8-9/29 S 9 a.m. - 5 p.m.
Spina
TMCC Meadowood Center S105 \$99

Photography

Why take photography?

UC Davis found that those who engage in creative activity are more motivated, inventive and adaptable to change.

HOT!

Digital Camera Basics

Get the best photos out of your camera by learning its features including flash, macro, zoom, menus, modes and scenes and discuss selecting, using and caring for memory cards and batteries. Use Windows Explorer to see your camera's photos, transfer images from your camera to your computer or USB flash drive, and burn CDs to backup photos. Find out how to use a computer slide show and add photos to a Word document.

9/15 S 8:30 a.m. - 3:30 p.m.
Gage
TMCC Meadowood Center S115 \$99

11/29-12/6 TH 2:30 - 5:30 p.m.
Gage
Mendive Middle School
\$99 plus \$5 materials fee

"This is a great beginners course for basic digital camera use, and for the use of e-mailing and transporting photos."

- Leslye R., digital camera student

Digital Camera Intermediate

Now that you are familiar with the features of your camera, it's time to take pictures. Get the results you want by managing aperture, shutter speed and exposure values. Control the colors in your shots with white balance. Experiment with depth of field and other focus techniques. Organize your photos in folders and explore numerous online printing services.

10/1-10/3 M, W 6 - 9 p.m.
Gage
TMCC Meadowood Center S115 \$99

Using Your Digital Camera for Outdoor Portraits

Learn how to work with natural lighting while becoming more comfortable using your digital camera. Increase your ability and technique to glean true expressive portraits of families and children.

9/22 S 9 a.m. - 12 p.m.
Johnstone
TMCC Meadowood Center S315 \$39

Portrait Photography

Capture a person's essence through portraiture. Whatever camera format you use, take this hands-on course to learn about lighting, posing, composition and more. \$10 materials fee

9/22-9/29 S 10 a.m. - 1 p.m.
White
TMCC Meadowood Center 116 \$89

NEW!

Photograph The Great Reno Balloon Race

Create compelling photographs of this spectacular event. Join this award-winning photographer in capturing the beautiful colors and photogenic balloon shapes awash in early morning light. Attend an evening lecture and slide show followed by a morning field shoot of the glow show, dawn patrol and mass ascension competitions. Discover how to bring the experience and pageantry to life in your images.

9/6-9/8 TH 6 - 8 p.m.
Vollmer S 4:30 - 10 a.m.
TMCC Meadowood Center S320 \$89

Photograph Historic Sites

Discover how to capture the rich history of Nevada and the West's prehistoric rock art, ranches, mining towns and renovated downtown landmarks through your camera lens. Learn to photograph historic sites from the award-winning photographer, Mark Vollmer. Get hands-on tips from an expert as you shoot on-site in the Reno area. Gain insight into creating a great picture via lines, patterns, textures and natural light. This class is open to photographers of all levels and both digital and film shooters.

9/27-9/29 TH 6 - 9 p.m.
Vollmer S 2 - 6 p.m.
TMCC Meadowood Center S324 \$89

Photograph Autumn's Splendor

Capture the essence of our beautiful fall season during classroom instruction and Reno location shoots. Whether you use film or digital, learn how to create powerful autumn photographs from your own backyard or while abroad. Furnish your own camera, transportation and walking gear.

10/27 S 9 a.m. - 6 p.m.
Vollmer
TMCC Meadowood Center 300 \$89

Creative Digital Photography

If you've already mastered digital photography basics, take your photos to a higher level. Learn the keys to composition, image adjustment, manipulation, correctly sizing photos and more. In addition, pick up relevant tips, tricks and techniques. This is a great class for digital SLR users.

10/2-10/30 T 6 - 8 p.m.
White
TMCC Meadowood Center S115 \$99

Real Estate



NEW!

Fundamentals of Real Estate Investment

Make better informed purchasing decisions. Recognize the differences between potential rental income, effective rental income, gross operating and net operating income. Determine the capitalization rate of a property and the rate of return earned. Be able to find properties for purchase, property purchase and rental values, loan programs and more. Apply concepts and techniques learned to a case study and evaluate candidate properties. Learn how to use a financial calculator.

10/15-11/26 M 6 - 8 p.m.
Kraus
TMCC Meadowood Center S320 \$119

Special Interest

NEW!

Plan a Dynamite Event on a Firecracker Budget

You can have a fantastic wedding or other special event if you have willing friends and family, flexibility and time. Bring your ideas to class and hear practical advice from a professional event planner who has worked within tight budgets.

8/11 S 2 - 4 p.m.
Schumacher
TMCC Meadowood Center \$29

Improve Your Interviewing Skills

This two-part course is designed to help you prepare for upcoming job interviews and show a potential employer that you are the best person for the job. The goals are to better understand the interview process, follow best practices, prepare your resume, learn application and presentation, deal with hard questions, close the interview and ask for the job professionally and confidently. Classes offered 8/11-8/18 and 10/6-10/13.

See above S 12 - 2 p.m.
Bonano
TMCC Meadowood Center S320 \$39

Autism

Discover how much help and support there is for you and your child with autism. Learn what supportive and financial resources are available, how to access them and how to tell if they are reliable. Create a support system to keep information and communication flowing. Explore ways to improve social interaction skills, help the child with autism communicate more effectively and navigate the service system. There is a brighter future. After the first classroom session, this course goes online 9/10-11/12.

9/8 S 10 - 11 a.m.
Branson
TMCC Meadowood Center S324 \$75

How to Teach a Class for Community Education

Share your knowledge and expertise with others by exploring teaching possibilities with WCSD Community Education. Understand what you need to know to prepare lessons, write course descriptions, materials, class fees and more. Discuss your ideas and get feedback.

9/12 W 6:30 - 8:30 p.m.
Melahn
TMCC Meadowood Center Free

HOT!

Stand Up Comedy

If you have always wanted to be a comic, but weren't sure where to get the exposure, look no further. Gain confidence in your public speaking abilities and learn to write jokes that will get the laughs you want. Also, learn to turn your life's ups and downs into joke materials, structure your performance and enhance your timing.

9/25-10/30 T 6 - 9 p.m.
Damon
TMCC Meadowood Center S324 \$149

NEW!

Divine Comedy—A Voyage of Life

Explore Dante's masterpiece from an ethical and existential perspective for insights into the dynamics of human lives. The Divine Comedy is considered one of Western literature's most famous journeys of exile, loss and return. The book's most important episodes will be used to transfer Dante's vision of hell, purgatory and paradise to your own experience of failure, catharsis and fulfillment. \$3 materials fee

10/4-11/8 TH 6:30 - 8 p.m.
Manca
Reno High \$79

Writing

HOT!

Creative Writing

Explore the diverse world of creative writing. Practice journal writing and collage, poetry and essay writing in an accepting and supportive environment. By the end of class, you will have a portfolio with writing samples and resources to help you in future writing endeavors.

9/4-10/23 T 6:30 - 8 p.m.
Wohlford
TMCC Meadowood Center S315 \$119

NEW!

Fiction Mentoring Clinic

Perfect your writing by learning about your strengths and improving your craft during constructive critique sessions moderated by an experienced novelist. Receive insight by having the class thoroughly discuss your submission, and further your writing knowledge by seeing how other group members tackle their writing challenges. The instructor will offer insights on creating fiction with an impact.

9/5-9/26 W 7 - 8:30 p.m.
Grady
TMCC Meadowood Center S324 \$59

NEW!

Indie Publishing - How and Why eBooks Work

Get published on your own terms by creating your own eBook or starting your own indie publishing company. Learn a variety of tips and tricks to get your book seen. Find out how to format documents for e-conversion, make professional looking covers and set prices. Gain a better understanding of the state of publishing and how to stay current in the industry.

9/15-9/29 S 9 a.m. - 5 p.m.

Geddes

TMCC Meadowood Center S321 \$199

HOT!

Writing, Publishing & Marketing Your First Book (or Seventh)

Learn a ten-step plan to develop and complete your manuscript in just six weeks from an author of ten books, some of which have won awards and are bestsellers. Create a page-turner, whether you are writing fiction, nonfiction, a cookbook or textbook. Discover how to submit your work to a publisher, how to self-publish and how each decision affects your time, money and percentage of profits you keep. Includes forms, contracts and samples. Plus learn about PODs, ebooks, etc. Focus on the six-step marketing plan which includes how to make a profit before your book is printed, setting up book signings, presenting seminars, writing news releases and much more. \$15 materials fee

10/20 S 10 a.m. - 3:45 p.m.

Christensen

TMCC Meadowood Center S315 \$79

"This course was very thorough. It went over things I never would have thought about."

- writing student

Self Publishing

Realize your publishing dreams and see your book in print. Find out the steps to copyrighting, obtaining an ISBN number and marketing your work. Learn to avoid the pitfalls of self publishing while preparing your book for print.

9/8-9/22 S 9 a.m. - 12 p.m.

Oberding

TMCC Meadowood Center S320 \$89

Silver College

Why take Silver College courses?

There National Center for Creative Aging has shown that partaking in social and recreational activities later in life decreased morbidity and mortality as much as physical exercise.

Art for Seniors

**HOT!**

Silver Watercolor

Discover your hidden talent while exploring magical watercolor techniques. Learn about color and composition principles, wet-on-wet, shapes, dimensions, gradation, soft and sharp edges, liftings, reflections and shadows. Experience a sense of accomplishment each week as you finish painting landscapes, winterscapes, seascapes or flowers. Supplies required.

9/12-10/31 W 10 a.m. - 12 p.m.

Mainer

TMCC Meadowood Center S103 \$79

Beginning Crochet

Discover this practical, relaxing craft. Learn how to read basic patterns and finishing techniques. In addition, learn the chain stitch as well as single and double crochet. Be able to differentiate between stitch and space, and learn how to hold your needle. You'll complete several projects by the time you've finished this class. Enjoy one-on-one attention. Supplies required.

9/14-10/5 F 1:30 - 3:30 p.m.

Foote

TMCC Meadowood Center S300 \$49

Intermediate Crochet

Continuation of beginners class. Learn single crochet, double crochet, half-double crochet, treble crochet, front and back post stitch and changing colors mid-stitch. Use creativity to switch up colors to create a different feel or season while learning to make a granny square pillow and v-stitch blanket. Enjoy one-on-one attention. Supplies required.

10/19-11/16 F 1:30 - 3:30 p.m.

Foote

TMCC Meadowood Center 300 \$49

Quilt Basics

Discover how easy it is to create colorful and useful quilts. Learn time-saving techniques, how to calculate fabric size, attach binding, blind stitching and more. Be able to cut your fabric precisely and accurately, improve the overall look of your quilt and increase the speed at which you piece your blocks. Supplies required.

8/6-8/20 M 9 a.m. - 12 p.m.

Lish

TMCC Meadowood Center S103 \$45

"I definitely would recommend this class because it was relaxed, fun and you end up with a nice quilt and new skills at the end."

- quilting student

Cathedral Window Quilt

Discover how easy it is to fold and stitch fabric to create an elegant, colorful and multi-dimensional quilt. This is a quilt-as-you-go project, which means no batting or backing and when you have completed enough squares, you are finished. Develop and build techniques that will help with this and future projects. Supplies required.

8/27-9/24 M 9 a.m. - 12 p.m.

Lish

TMCC Meadowood Center S103 \$59

Jacob's Ladder Quilt

Make a beautiful quilt in the colors and fabrics of your choice to create a one-of-a-kind heirloom. Improve your speed piecing technique by cutting a large number of fabric pieces quickly and accurately. Redesign quilt blocks in different variations. This is perfect for the beginning quilter who is ready to add triangle squares to their repertoire. Supplies required.

10/29-11/19 M 9 a.m. - 12 p.m.

Lish

TMCC Meadowood Center S103 \$59

Quilt As You Go - Reversible Table Runner

Create a fun, one-of-a-kind quilt from t-shirts you have collected from special events or on vacation. Learn how to bind and apply to a quilt, use a square rule and work with fusible interfacing. Enjoy this unique technique while enhancing your quilting skills. Supplies required.

10/1-10/22 M 9 a.m. - 12 p.m.

Lish

TMCC Meadowood Center S103 \$59

Quillows

Discover how easy it is to fold and stitch fabric to create an elegant, colorful and multi-dimensional quilt. This is a quilt-as-you-go project, which means no batting or backing and when you have completed enough squares, you are finished. Develop and build techniques that will help with this and future projects. Supplies required.

11/26-12/17 M 9 a.m. - 12 p.m.

Lish

TMCC Meadowood Center S103 \$59

HOT!

Piano I For Beginners

You may have never played before or you might want to pick up where you left off. Come develop your musical creativity, build piano skills and enjoy learning all the basics of piano playing, including reading music.

9/13-10/25 TH 10 - 11 a.m.

Smith

Steinway Piano Gallery \$69

Piano II for Beginners

Continuation of Piano I reviews all major keys and accompaniment styles to further your playing enjoyment. Upon finishing this class, your skills will have progressed to an intermediate level.

11/1-12/13 TH 10 - 11 a.m.

Smith

Steinway Piano Gallery \$69

Piano III Intermediate

Fill your home with music. If you are comfortable playing or have completed Piano for Beginners II, build on concepts and lessons previously learned. Increase your confidence playing minor scales, chords and understanding accompaniment patterns, sight-reading and playing by ear.

9/13-10/25 TH 11 a.m. - 12 p.m.

Smith

Steinway Piano Gallery \$69

Piano IV Intermediate

Fulfill your desire to play your dream pieces. Continue to build your skills in theory, accompaniment patterns, improvisation and ensemble playing at its best.

11/1-12/13 TH 11 a.m. - 12 p.m.

Smith

Steinway Piano Gallery \$69

Photography for Seniors



HOT!

Digital Camera Basics

Have fun with your digital camera by taking great pictures indoors or outdoors — portraits, birthday parties, scenery and more. Take photos you like while learning the camera's features, including flash, macro, zoom, self-timer and menus. Find out how to select, use and care for memory cards and batteries.

9/10-10/1 M 9 a.m. - 12 p.m.

Gage

TMCC Meadowood Center S115 \$59

Digital Camera Intermediate

Discover how to take all kinds of pictures. Get the results you want by managing the aperture, shutter speed and exposure values, using bracketing and controlling the colors in your shots with the white balance. Experiment with depth of field and other focus techniques and more.

11/26-12/17 M 9 a.m. - 12 p.m.

Gage

TMCC Meadowood Center S115 \$59

Digital Camera and Your Computer

Learn how to copy your pictures from your camera to your computer or flash drive and burn a CD. Use Windows Explorer to create folders on your computer to keep your photos organized. Learn how to enjoy your photos as a computer slide show and add your photos to a Word document or e-mail them to friends and family.

10/8-11/5 M 9 a.m. - 12 p.m.

Gage

TMCC Meadowood Center S115 \$59

Photoshop Elements Basics

Release the images held captive inside your camera and jazz them up to create eye-popping photos. Explore this software's photo editing features including how to remove red-eyes or wrinkles, touch-up scratches or blemishes, change the contrast or brightness of a photo, make it sepia or black and white, and crop out what you don't want in a picture.

9/12-10/3 W 9 a.m. - 12 p.m.

Gage

TMCC Meadowood Center S115 \$59

"The instructor was extremely knowledgeable and patient working with us gray panthers."

-Photoshop Elements student

HOT!

Photoshop Elements Layers and Effects

Build on your Photoshop Elements class experience by exploring the very powerful layers and effects palettes. Discover how to take yourself out of a photo and insert yourself into another more exotic one. Also, try your hand at making a photo look like a pencil drawing or an oil painting. Find that your imagination is limitless.

10/10-11/7 W 9 a.m. - 12 p.m.

Gage

TMCC Meadowood Center S115 \$59

Photoshop Elements Projects

Take your Photoshop Elements skills to the next level by working through fun, hands-on projects. Create a slideshow with your own photos, design a photo collage, construct a panoramic photo, build a 3-D photo and much more. Tackle organizing your photos with Photoshop Elements Organizer.

11/28-12/19 W 9 a.m. - 12 p.m.

Gage

TMCC Meadowood Center S115 \$59

Special Topics for Seniors

Why take tai chi?

"Tai chi reduces the rate of falls and fear of falling, and lowers blood pressure," according to a study published in the Journal of the American Geriatrics Society.

Silver Tai Chi

Feel great by increasing your energy, range of motion and flexibility through the gentle movements of tai chi. Practice fluid, low-impact exercises that improve your balance, coordination and stamina.

9/4-10/23 T, TH 4 - 5 p.m.

Jones

TMCC Meadowood Center Patio \$79

"It has absolutely changed my life, health-wise."

- Roberta H., tai chi student

Silver Spanish

If you have never taken Spanish or took classes years ago, this class will teach you the basics and have you speaking Spanish in a fun, comfortable environment. Learn conversational elements including salutations, commonly used words and phrases and Spanish customs. No grammar is presented in this course.

9/13-11/15 TH 4 - 5 p.m.

Sefchick

TMCC Meadowood Center S320 \$59

Sidelines for Seniors

Retired doesn't mean you need to live on a fixed income. Supplement your earnings in a variety of ways that easily fit into your lifestyle. There are many part-time businesses and freelance gigs particularly well-suited to those over 50. With a little startup money, you can have fun and greatly improve your financial situation.

10/5 F 2 - 5 p.m.

Veltkamp

TMCC Meadowood Center S315 \$39

Technology for Seniors



HOT!

Computer Basics for Beginners

You have a computer, now learn how to use it in a laid back environment. Understand the fundamentals of using the mouse, keyboard, desktop and taskbar. A fun and easy way to learn basic skills.

8/24-10/12 F 9 - 11 a.m.

Chang

TMCC Meadowood Center 116 \$79

Computer Basics II

If you have basic computer skills or have taken Computer Basics I and want to gain more knowledge about your computer, this course is for you. Learn how to create and manage files and folders, and modify simple settings. Explore the Internet and email more fully.

10/19-12/14 F 9 - 11 a.m.

Chang

TMCC Meadowood Center 116 \$79

Make the Most of Your Computer

Save money by keeping your computer running its best. Understand the difference between XP, Vista and Windows 7 operating systems. Increase security and discover why virus protection is important. Know what to look for when buying a computer. In addition, find out the difference between software and hardware along with what different hardware is used to build a computer. Be comfortable backing up your files to a disk, CD, DVD and flash drive.

10/16-11/20 T 1-3 p.m.
Lenga
TMCC Meadowood Center S322 \$59

Getting to Know Windows 7

Learn how to navigate and use new features, tools and programs efficiently and confidently. Gain the knowledge needed to perform basic preventative maintenance to keep your PC safe and running smoothly. Find out how to customize the desktop, easily store, locate and search for files and have fun getting to know this program.

9/14-9/28 F 9 a.m. - 12 p.m.
Morganson
TMCC Meadowood Center S115 \$45

The Fun Side of Windows 7

Easily turn your digital photos and videos into a fun movie slideshow. Learn transitions, motion effects, titles, credits and music. Use Windows Live to fix red-eye, crop, straighten and create a panoramic photo. Simplify your on-line life with smarter ways to surf, shop, and share photos.

10/5-10/19 F 9 a.m. - 12 p.m.
Morganson
TMCC Meadowood Center S115 \$45

Word 2010 Basics

Don't let frustration get the best of you. Take control of your word processing. Explore the new ribbon, tabs, groups and commands. Learn tips for making this program easier to use. Learn the basics, move and copy your text, set margins and spruce up your work with different fonts and colors. Be able to check spelling, grammar, save and print your work. Discover how easy it is to use bullets and numbers for lists and create envelopes and mailing labels.

9/4-9/27 T, TH 9-11 a.m.
Lish
TMCC Meadowood Center S115 \$79

"This course is very helpful for my work."

- Bernard C., Word student

Word 2010 Intermediate

Take your computer skills up a notch learning how to format tables, print labels and envelopes. Find out how to use document templates, work with styles, sections and columns. Learn time saving tips and shortcuts and gain the ability to perform real world tasks.

10/2-10/25 TH 9-11 a.m.
Lish
TMCC Meadowood Center S115 \$79

Excel 2010 Basics

Step up your current knowledge to create a home inventory, checkbook register, monthly expense worksheets and more. Become proficient in spreadsheet design and development. Manage large multiple worksheets, calculate with advanced formulas, filter and sort data.

9/4-9/27 T, TH
Lish 11:30 a.m. - 1:30 p.m.
TMCC Meadowood Center S115 \$79

Excel 2010 Intermediate

Step up your current knowledge of Excel to create a home inventory, checkbook register, monthly expense worksheets and more. Become proficient in spreadsheet design and development. Manage large multiple worksheets, calculate with advanced formulas, filter and sort data.

10/2-10/25 T, TH
Lish 11:30 a.m. - 1:30 p.m.
TMCC Meadowood Center S115 \$79

PowerPoint 2010 Basics

Impress friends and family with presentations for a reunion, group meeting or a beautiful photo tribute for an anniversary party. Learn to use pictures, SmartArt graphics, animation effects, transitions and more. Use your imagination while creating and editing your slides.

11/1-12/25 T, TH 9-11 a.m.
Lish
TMCC Meadowood Center S115 \$79

Email 101

Become a great online communicator by learning how to compose, send and respond to emails. Be able to manage your emails, send pictures and other attachments and create E-cards. Sign up for a free email account through gmail or yahoo.

8/14-8/30 T, TH 9-11 a.m.
Lish
TMCC Meadowood Center S321 \$59

Fun with Social Networking

Have fun learning how to use Facebook and Twitter, as well as LinkedIn and other social networking sites to talk to relatives and friends, reconnect with people, find jobs, network and more. Discover how easy it is to be safe and protect your identity on the Internet.

8/24-9/14 F 12-2 p.m.
Chang
TMCC Meadowood Center 116 \$39

Buying and Selling on the Web

Become a successful buyer, seller or window shopper by learning how to safely use eBay, Craigslist and other Internet auction sites. Gain the skills necessary to sort the good from the bad, how to comparison shop and understand how e-commerce works.

9/21-10/12 F 12-2 p.m.
Lenga
TMCC Meadowood Center 116 \$39

Writing for Seniors

HOT!

Creative Writing

Explore a variety of genres: non-fiction, fiction and poetry and see which ones you'd like to write. Develop your voice and style while stimulating your creativity.

9/10-11/19 M 1-3 p.m.
Brown
TMCC Meadowood Center S324 \$99

"This class has an easy pace, and it's a non-threatening environment for new writers."

— Writing student

Life Stories

Ignite your imagination as you recall and appreciate your life stories. Develop your own creative style and expression as you document your story for your family. Learn how to create memorable narratives and improve your writing skills.

9/12-11/14 W 1-3 p.m.
Brown
TMCC Meadowood Center S324 \$99

Youth Classes

Novel Writing for Teens

Stop dreaming about writing a novel and learn how to become an author. Discuss the basics of fiction writing, practical tips for setting goals, word counts and making time to write. Engage in interactive discussions on writing and practices. Work through problems and writer's block. Understand the different aspects of writing, characterization, pacing, point of view and setting.

10/20-11/17 S 10 a.m. - 12 p.m.
Alburger
TMCC Meadowood Center S320 \$99

"I learned a lot from the instructor."

— Mira J., novel writing student

Art Smart

Explore a variety of art forms from cubism, collage and papier-maché bowls to aboriginal dot painting. Your child will experiment with a variety of media and have fun creating and painting while expanding her artistic development. \$35 materials fee

9/19-10/24 W 3:30 - 5:30 p.m.
Neighbors
Beasley Elementary \$139

HOT!

Royal Father-Daughter Ball

Bring your little girl to this magical evening event where you will dance, sample royal treats and take part in a raffle. The semi-formal dance is designed for girls from kindergarten through sixth grade and their fathers, grandfathers or special friends. Each child will receive a special gift and you can choose to purchase photo memories and flowers to make the evening an extra special event that you will remember for a lifetime. To register online, visit Events.

10/27 S 6-9 p.m.
Grand Sierra Resort \$20

Wheatley Taekwon-Do

Girls and boys of all ages can improve their concentration, increase their discipline, build confidence, develop respect, and more through practicing this martial art. Maybe one day these skills will help your child become a leader. The instructor, Robert Wheatley, is the president of the International Taekwon-Do Federation in the United States.

Hunsberger Elementary
9/5-10/24 W 2:50 - 4 p.m.
\$120
10/31-12/19 W 2:50 - 4 p.m.
\$90

Caughlin Ranch Elementary
9/10-10/29 M 3:10 - 4:20 p.m.
\$120
11/5-12/17 M 3:10 - 4:20 p.m.
\$90

Kenpo Karate

All students from kindergarten to twelfth grade are eligible to participate in this monthly martial arts class that starts in January. Have your child learn discipline, while having fun with instructor Sam Brown, who has taught for more than 30 years. Hour-long classes are held twice a week at 13 area schools. If classes aren't at your school, you may attend a nearby school's program. Children ages five through 11 have class from 6:30 to 7:30 p.m. and older students meet from 7:30 to 8:30 p.m. The cost is \$24 a month, plus insurance (\$12 for six months). Look for fliers at your child's school for details.

HOT!

Kids in the Kitchen

Boys and girls will learn how to create their own meals and snacks. During hands-on classes, they will prepare food from recipes, eat their own creations or take them home to share with their family. In addition, they will learn cooking safety tips and techniques that will help them grow into knowledgeable cooks. Classes, which cost \$64, are taught by Kathy Ishoy. \$25 materials fee

Mendive Middle School
Harvest Fun (ages 6-9) 10/2-10/23
T 4:30 - 6 p.m.
Harvest Fun (ages 10 and up) 10/2-10/23
T 6:30 - 8 p.m.
Holiday Fare (ages 6-9) 11/6-12/4
T 4:30 - 6 p.m.
Holiday Fare (ages 10 and up) 11/6-12/4
T 6:30 - 8 p.m.

Damonte Ranch High
Harvest Fun (ages 6-9) 10/3-10/24
W 4:30 - 6 p.m.
Harvest Fun (ages 10 and up) 10/3-10/24
W 6:30 - 8 p.m.
Harvest Fun (ages 10 and up) 11/7-12/5
W 4:30 - 6 p.m.
Holiday Fare (ages 10 and up) 11/7-12/5
W 6:30 - 8 p.m.

Child and Parent Swimming Programs

Introduce your child to water safety and help them move through progressive steps of swimming. Each class is tailored to various skill abilities. A parent must be in the pool with their child throughout the class. Please register using your child's name.

Jelly Bellies

Give your child the skills that one day may save his life. Work with your child to teach basic survival floating skills, as well as how to close his mouth and hold his breath while his face is in the water.

9/17-10/19 M, W 6-6:30 p.m.
Malone
Piccolo School Pool \$76

9/18-10/11 T, TH 5-5:30 p.m.
Malone
Piccolo School Pool \$76

Sea Monkeys

If your child has taken Jelly Bellies or can show she has an ability to hold her breath underwater and float unassisted, this class is for her. Build her basic swim skills and teach her how to flip onto her back to get her breath.

9/17-10/10 M, W 5-5:30 p.m.
Malone
Piccolo School Pool \$76

Diving Dolphins

If your child is an experienced swimmer, this class is for him. Have your child improve his stroke skills, learn to dive and improve his breath control and side breathing technique.

9/18-10/11 T, TH 6-6:30 p.m.
Malone
Piccolo School Pool \$76

Volunteer and make a difference in a child's education



WCSD seeks volunteers to tutor elementary, middle or high school students; assist in office work; do book drives and more. Find out how you can support our children's education by visiting www.washoe.k12.nv.us/volunteering. Click on opportunities and check out all the many requests for help. We also seek organizations and businesses to volunteer as well.

Call us at 851-5655 or email volserv@washoeschools.net if you have an interested group.

Class Locations

- ACHIEVE Fitness**, 600 So. Center Street, Reno, Bus Rt. 1
- Beasley Elementary School**, 2100 Canyon Pkwy, Sparks, NV
- Billinghurst Middle School**, 6685 Chesterfield Lane, Reno, Bus Rt. 4
- Caughlin Ranch Elementary School**, 4885 Village Green Pkwy., Reno
- Clayton Middle School**, 1295 Wyoming Ave., Reno, Bus Rt. 3
- Damonte Ranch High School**, 10500 Rio Wrangler Pkwy., Reno, Bus Rt. 57
- Depoali Middle School**, 9300 Wilbur May Pkwy., Reno, Bus Rt. 56
- Dilworth Middle School**, 255 E. Prater Way, Sparks, Bus Rts. 21, 25, 26

- Faith Lutheran Church**, 2075 West 7th Street, Reno, NV 89503, Bus Rt. 4
- Grand Sierra Resort**, 2500 E. Second Street, Reno, Bus Rts. 14, 14A
- Hidden Valley Regional Park**, 4740 Parkway Dr., Reno
- Huffaker Elementary School**, 980 Wheatland Dr., Reno
- Hunsberger Elementary School**, 2505 Crossbow Ct., Reno
- Kadam Studios**, 47 Glen Carran Cir., Sparks, Bus Rt. 18
- Let's Dance Studio**, 1151 N. Rock Blvd., Sparks, Bus Rt. 25
- Little Flower School**, 1300 Casazza Dr., Reno, Bus Rt. 19
- McKay Mansion**, 129 South D Street, Virginia City,
- McQueen High School**, 6055 Lancer St., Reno, Bus Rts. 3, 4
- Mendive Middle School**, 1900 Whitewood Dr., Reno
- Nell J. Redfield Building A**, 18600 Wedge Pkwy, Reno
- Nell J. Redfield Foundation Performing Arts Center**, 505 Keystone Avenue, Reno, Bus Rt. 3
- Piccolo Elementary School**, 900 Foothill Rd, Reno, NV 89511, Bus Rt. 57
- Reed High School**, 1350 Baring Blvd., Sparks, Bus Rt. 22
- Reno High School**, 395 Booth St., Reno, Bus Rt. 16
- Shaw Middle School**, 600 Eagle Canyon Dr., Sparks
- Sierra Diving Center**, 104 E. Grove St. Reno, Bus Rt. 1
- Sparks Florist Design Center**, 1440 Hymer, Sparks, Bus Rts. 18, 18X
- Sparks High School**, 820 15th Street, Sparks, Bus Rt. 11
- Sparks Middle School**, 2275 18th Street Sparks, NV, Bus Rt. 2
- Steinway Piano Center**, 500 E. Moana Lane, Reno, NV 89502, Bus Rt. 6
- Swope Middle School**, 901 Keele Dr., Reno, Bus Rt. 16
- TMCC IGT Applied Technology Center**, 475 Edison Way, Reno, Bus Rt. 14
- TMCC Meadowood Center**, 5270 Neil Rd., Reno, Bus Rts. 6, 9, 54
- TMCC Red Mountain Bldg.**, 7000 Dandini Blvd., Reno, Bus Rts. 15, 10
- TMCC Vista Bldg**, 7000 Dandini Blvd., Reno, Bus Rts. 15, 10
- TrésImage Salon**, 9660 S. McCarran, Reno

Policies and General Information

Office Hours

Community Education, located at TMCC's Meadowood Center, 5270 Neil Road in room 216 (across from the Sears Auto Center), is open Monday through Friday, 8 a.m. to 5 p.m. Registrations may be made online at our secure website — www.washoecommunityed.org, over the phone at 775-829-9010 or in person.

Age Range for Classes

Adult courses are open to those 18 and older; some exceptions may be made depending on the class to allow students 16 or 17 years old. Silver College courses are open to those 60 and older. Children's courses have descriptions that stipulate the age group served. Some children's courses require a parent to attend.

Senior Citizen Tuition Assistance/ Discount

Seniors 65 and older can apply for the Senior Sunshine Fund established by Helaine Greenberg. This fund provides financial assistance (\$20 toward any class priced \$50 or more) to attend Community Education's personal enrichment classes. To apply, call our office at 829-9010.

Community Education offers seniors, aged 65 and older, a 10 percent discount on regular personal enrichment classes with the exception of Silver College, conferences/series/events, online classes and a few select other classes. To find out if a course is eligible for a senior discount, visit www.washoecommunityed.org, click on Classroom Courses and the area you are interested in. Each class lists available discounts.

Employer-Paid Tuition

An employer or other third party may pay for any Community Education course. Please provide a check, credit card or purchase order from the third party at registration. Employer or third party registrations may be made in person if you are paying by check or purchase order. If you are paying by credit card, you may register online at www.washoecommunityed.org or by calling 775-829-9010.

Class Completion Certificates

If you would like a certificate to document CEUs earned or to prove your successful completion of a course, you may request a completion certificate for an additional \$10. Some course fees include a completion certificate; check with your instructor. Call 775-829-9010 for details.

Non-Grading

Most Community Education courses do not issue letter grades. Should you need documentation to prove that you successfully completed a course, please notify the instructor at the beginning of the class.

Refund Policy

Should you need to cancel your registration, you will receive

- A full refund—minus a \$10 cancellation processing fee—if you cancel at least three working days prior to the class start date;
- A 50 percent refund—minus a \$10 cancellation processing fee—if you cancel less than three working days prior to the class start date;
- No refund if you are a no-show or cancel after the course has begun.

This refund policy does not apply to conferences or online classes. Please see the policy for those programs. All classes cancelled by Community Education will return 100 percent of the tuition cost back to each student.

Cancellation Policy

Continuing Education courses are self-supporting, so if a course does not have enough students enrolled in it to cover costs, it will be cancelled. If we cancel a course, you will receive a full refund. Beyond providing a timely refund, Community Education assumes no liability for expenses incurred by a student because of a class cancellation.

Inclement Weather Class Cancellations

For courses at a TMCC facility: visit www.tmcc.edu or call 673-7000.

For courses at a Washoe County School District facility: classes are closed during announced snow closures; check www.washoe.k12.nv.us for details. For courses at other locations, call Community Education at 775-829-9010.

Accessibility

Washoe County School District classes, services and programs are readily accessible to and usable by persons with disabilities. We will make reasonable accommodations for the disabled, except for where to do so would: result in undue financial or administrative burden; require fundamental alteration in a program, service or activity; or threaten or destroy the significance of a historic property. Persons with special needs are invited to call Community Education at 829-9010 as far in advance of class as possible.

Increase your earning potential

Get promoted or train for a new career

TMCC's Workforce Development and Continuing Education Division offers accelerated programs to help you get ahead.

Classes offered this fall

Arts / Crafts

Make Art Your Business
Turn Your Crafts into Cash

Computers / Software

Access Database Customization
Access Essentials I & II
Clean Your Hard Drive
Create a Website for Fun, Profit and Business
eBay I: The Basics of Selling
eBay II: Advanced Selling Strategies
Excel Essentials I & II
Excel Financial Functions and Data Analysis
Excel Pivot Tables and Charts
Integrate Microsoft Products and Save Time
QuickBooks Essentials
Start a Profitable Webmaster Business

Florist Industry Training

Grant Writing

Grant Writing Basics
Consulting Skills
Designing Grant Budgets
Finding Funding Sources
Outcomes and Evaluations

Health Careers

Clinical Medical Assistant
Dialysis Technician
Medical Billing and Coding
Pharmacy Technician
Physical Therapy Technician

Languages in the Workplace

Chinese for Business Success
Spanish English Medical Interpreting
Spanish-English Translation Certificate

Professional Skills

25 Hot Home-based Businesses
Bank Teller Career Training Certificate
Better Manage Difficult People
Bilingual Office Assistant Certificate
Coaching Skills for Managers
Forensics for Spanish English Court Interpreters
How to Make it in Voiceovers
Influence: Techniques of the Masters of Compliance
Irresistible Website Promotion
Make Gift Baskets and Earn Money
Make Money Using Blogs, Facebook, YouTube and Other Social Networking Tools
Marketing and PR for Small Business
Marketing for Professionals and Consultants
Secrets of Productivity
Small Business Success Boot Camp
So You've Got a Great Idea?

Registration Form

Name _____

Street Address _____ City _____ State _____ Zip _____

E-mail Address _____ Birthdate (mm/dd/yy) _____

Daytime Phone _____ Evening Phone _____

1. Class Title _____ Beginning Date _____ Cost \$ _____

2. Class Title _____ Beginning Date _____ Cost \$ _____

Total Amount \$ _____

To pay by credit card, print your card number here: _____

Credit card expiration date: _____ Security Code (back of card): _____

Make your check payable to the "Board of Regents." Mail to TMCC WDCE, 5270 Neil Road S216, Reno, NV 89502.